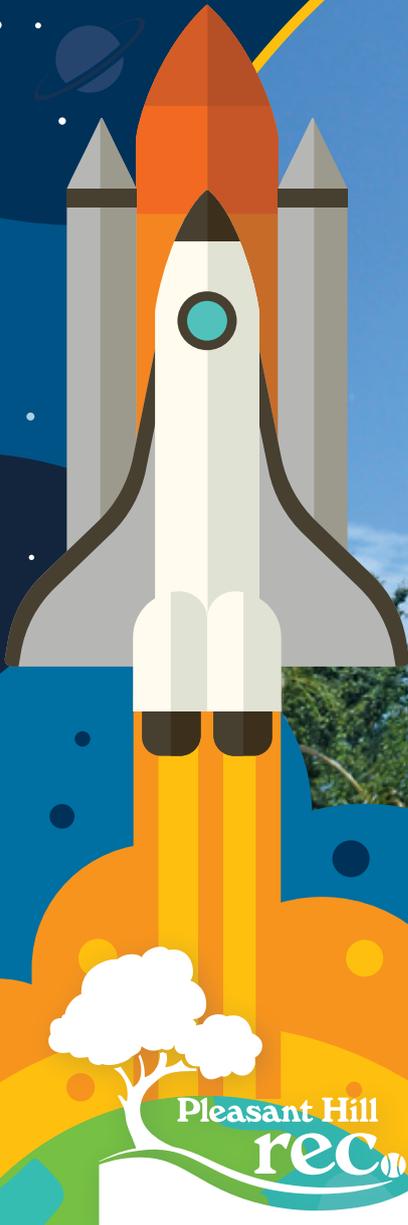


PH REC SUMMER CAMPS 2022



Out of this World Summer Camps!!

**Splashy Aquatics
Camps**
Pages 2–5

Summer Classics
Pages 6–9

Specialty Camps
Pages 10–19

pleasanthillrec.com

OUT OF THIS WORLD SUMMER CAMPS 2022

Registration Begins February 26. See page 34.

NO ONLINE REGISTRATION FEES!

The Spotlight, Spring/Summer 2022:

Usually published three times/year. Circulation: 68,000 per issue; sent to homes and businesses in Pleasant Hill and surrounding areas. Copies available at District facilities, local libraries and businesses.

On the cover: Emi H.

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All activities are subject to changing COVID-19 public health orders. Visit pleasanthillrec.com for updates.



Note: Pools are subject to closure without warning, based on attendance, weather, emergencies and training, maintenance or safety issues.

Splash 'N Dash Camp

8-12 yrs

Dive into summer fun at the pool with daily swim practice, water safety skills and lots of fun activities both in the pool and on the deck. Swim practice will include instruction in all four competitive strokes. Other water-based activities include games like water polo, sharks and minnows and Marco-polo plus free swim time. Participants must be able to swim, unassisted, 25 yards each of freestyle (face in the water with rhythmic breathing) and backstroke. Please bring suit/towel/goggles, change of clothes, snack, water bottle and apply own sunscreen.

Instructor: Aquatics Staff

PH Aquatic Park, 147 Gregory Lane

\$200/\$180 (Dist. Res.)

8770.902 6/13-6/16 M-Th 8:30 am-12:30 pm

8770.903 6/20-6/23 M-Th 8:30 am-12:30 pm

8770.904 6/27-6/30 M-Th 8:30 am-12:30 pm

8770.906 7/11-7/14 M-Th 8:30 am-12:30 pm

8770.907 7/18-7/21 M-Th 8:30 am-12:30 pm

8770.908 7/25-7/28 M-Th 8:30 am-12:30 pm

Junior Lifeguard Camp

11-14 yrs

Build a valuable foundation to becoming a lifeguard and swim instructor! Learn basic water safety skills, how to prevent aquatic accidents, and how to recognize hazards. Participants must be able to swim 50 yards freestyle with face in the water and rhythmic breathing. After completing the course, you will be eligible to provide volunteer assistance as a Swim Lesson Aide and Junior Lifeguard. All participants will receive a Junior Lifeguard t-shirt. Bring swim suit/towel/goggles, change of clothes, closed-toe shoes, snack, water bottle and apply own sunscreen.

Instructor: Aquatics Staff

PH Aquatic Park: 147 Gregory Lane

\$200/\$180 (Dist. Res.)

8770.901 6/6-6/9 M-Th 8:30 am-12:30 pm

8770.909 8/1-8/4 M-Th 8:30 am-12:30 pm



Now Hiring! Join our Out of this World staff this summer!

Cashiers, Lifeguards & Swim Instructors • Summer Camp Leaders

Develop skills, build confidence, and gain valuable experience by working with us this summer! Come see us at the Summer Camp Expo, February 26, 9:00 am-12:00 pm at the PH Community Center. Bring your resume and smile. Dress to impress! Visit pleasanthillrec.com/161 for job descriptions and applications.



Swim Lessons

Spring 2022

Note: An Aquatic Waiver of Liability must be signed before any class participation.

Please plan your schedule carefully; there are no make-ups/refunds for missed classes. See the lesson manager if you have any special requests/information regarding your child's lessons. Lesson Managers supervise lessons on the pool deck; they will assist with your concerns.

PARENT/TOT (6 MOS-4 YRS)

A fun introduction to the aquatic environment focusing on water adjustment through instructor led songs. One adult caregiver must participate in the water with the participant. Swim attire: tight-fitting "swim pants" and swimsuit. No disposable or cloth diapers.

TINY TOT (3-4 YRS)

Child must be ready to learn without parent. Skills: Water adjustment, basic aquatic skills and water safety. Ratio 3:1

TINY SWIMMERS (2.5-4 YRS)

Child must be comfortable in the water and able to take at least one breath on their own. Skills: Elementary aquatic skills, stroke development and water safety. Ratio 2:1

PRESCHOOL (4-6 YRS)

Child must be ready to learn without parent. Skills: Water adjustment, elementary aquatic skills, stroke development and water safety. Abilities may vary. Ratio 3:1

YOUTH (6-12 YRS)

Students will learn a variety of strokes, personal safety skills and diving techniques, starting with basic aquatic skills and water adjustment. More advanced students will refine their skills. Ratio 4:1

ADULT/TEEN (12+ YRS)

New strokes and techniques for stroke improvement will be taught. Skills: floating, kicking, crawl stroke, backstroke, breaststroke, butterfly, sidestroke, elementary backstroke, diving and turns. Ratio 5:1

PRIVATE (3.5 YRS-ADULT)

One-on-one swim instruction for all ability levels and ages.

Spring Lessons are not eligible for 10% Summer Camp Expo discount. Registration opened in December 2021

Spring 2022 Swim Lessons—PH Aquatic Park

Weekday Private Lessons: Choose from Monday, Tuesday, and/or Thursday.

*3 weeks (3) 25-min classes | \$107/\$87 (Dist. Res.)

4 weeks (4) 25-min classes | \$135/\$115 (Dist. Res.)

	MONDAY			TUESDAY			THURSDAY		
	3/7-3/28	4/11-4/25*	5/2-5/23	3/8-3/29	4/12-4/26*	5/3-5/24	3/10-3/31	4/14-4/28*	5/5-5/26
5:30 pm	8614.801	8614.804	8614.807	8614.802	8614.805	8614.808	8614.803	8614.806	8614.809
6:00 pm	8615.801	8615.804	8615.807	8615.802	8615.805	8615.808	8615.803	8615.806	8615.809
6:30 pm	8616.801	8616.804	8616.807	8616.802	8616.805	8616.808	8616.803	8616.806	8616.809
7:00 pm	8617.801	8617.804	8617.807	8617.802	8617.805	8617.808	8617.803	8617.806	8617.809

Saturday & Sunday Group Lessons

*3 weeks, (3) 25-minute classes:

\$51/\$41 (Dist. Res.) | Parent/Tot: \$39/\$31 (Dist. Res.) | Tiny Swimmers: \$81/\$65 (Dist. Res.)

4 weeks, (4) 25-minute classes:

\$65/\$52 (Dist. Res.) | Parent/Tot: \$51/\$41 (Dist. Res.) | Tiny Swimmers: \$105/\$85 (Dist. Res.)

		SATURDAY				SUNDAY		
Time	Age	3/5-3/26	4/2-4/23	4/30-5/21	3/6-3/27	4/3-4/24*	5/1-5/22	
9:30 am	Adult/Teen	8599.801	8599.803	8599.805	8599.802	8599.804	8599.806	
10:00 am	Youth	8579.801	8579.803	8579.805	8579.802	8579.804	8579.806	
10:30 am	Preschool	8549.801	8549.803	8549.805	8549.802	8549.804	8549.806	
11:00 am	Tiny Tot	8539.801	8539.803	8539.805	8539.802	8539.804	8539.806	
11:30 am	Tiny Swimmers	8529.801	8529.803	8529.805	8529.802	8529.804	8529.806	
12:00 pm	Parent/Tot	8510.801	8510.803	8510.805	8510.802	8510.804	8510.806	

*No class 4/17

Saturday & Sunday Private Lessons

*3 weeks (3) 25-min classes | \$107/\$87 (Dist. Res.)

4 weeks (4) 25-min classes | \$135/\$115 (Dist. Res.)

	SATURDAY			SUNDAY		
Time	3/5-3/26	4/2-4/23	4/30-5/21	3/6-3/27	4/3-4/24*	5/1-5/22
9:30 am	8619.801	8619.803	8619.805	8619.802	8619.804	8619.806
10:00 am	8620.801	8620.803	8620.805	8620.802	8620.804	8620.806
10:30 am	8621.801	8621.803	8621.805	8621.802	8621.804	8621.806
11:00 am	8622.801	8622.803	8622.805	8622.802	8622.804	8622.806
11:30 am	8623.801	8623.803	8623.805	8623.802	8623.804	8623.806
12:00 pm	8624.801	8624.803	8624.805	8624.802	8624.804	8624.806

*No class 4/17

AQUATICS CAMPS



Summer 2022 Swim Lessons

PH Aquatic Park

Weekday Group Lessons: Monday–Thursday

*(3) 25-minute classes:

\$51/\$41 (Dist. Res.) | Parent/Tot: \$39/\$31 (Dist. Res.) | Tiny Swimmers: \$81/\$65 (Dist. Res.)

(4) 25-minute classes:

\$65/\$52 (Dist. Res.) | Parent/Tot: \$51/\$41 (Dist. Res.) | Tiny Swimmers: \$105/\$85 (Dist. Res.)

Parent/Tot	6/6–6/9	6/13–6/16	6/20–6/23	6/27–6/30	7/5–7/7*	7/11–7/14	7/18–7/21	7/25–7/28	8/1–8/4
11:30 am	8500.901	8500.902	8500.903	8500.904	8500.905	8500.906	8500.907	8500.908	8500.909
5:30 pm	8501.901	8501.902	8501.903	8501.904	8501.905	8501.906	8501.907	8501.908	8501.909

Tiny Tot	6/6–6/9	6/13–6/16	6/20–6/23	6/27–6/30	7/5–7/7*	7/11–7/14	7/18–7/21	7/25–7/28	8/1–8/4
10:30 am	8530.901	8530.902	8530.903	8530.904	8530.905	8530.906	8530.907	8530.908	8530.909
11:30 am	8531.901	8531.902	8531.903	8531.904	8531.905	8531.906	8531.907	8531.908	8531.909
12:30 pm	8532.901	8532.902	8532.903	8532.904	8532.905	8532.906	8532.907	8532.908	8532.909
4:30 pm	8533.901	8533.902	8533.903	8533.904	8533.905	8533.906	8533.907	8533.908	8533.909
5:30 pm	8534.901	8534.902	8534.903	8534.904	8534.905	8534.906	8534.907	8534.908	8534.909
6:30 pm	8535.901	8535.902	8535.903	8535.904	8535.905	8535.906	8535.907	8535.908	8535.909

Tiny Swimmers	6/6–6/9	6/13–6/16	6/20–6/23	6/27–6/30	7/5–7/7*	7/11–7/14	7/18–7/21	7/25–7/28	8/1–8/4
10:00 am	8520.901	8520.902	8520.903	8520.904	8520.905	8520.906	8520.907	8520.908	8520.909
5:00 pm	8521.901	8521.902	8521.903	8521.904	8521.905	8521.906	8521.907	8521.908	8521.909

Preschool	6/6–6/9	6/13–6/16	6/20–6/23	6/27–6/30	7/5–7/7*	7/11–7/14	7/18–7/21	7/25–7/28	8/1–8/4
10:30 am	8540.901	8540.902	8540.903	8540.904	8540.905	8540.906	8540.907	8540.908	8540.909
11:00 am	8541.901	8541.902	8541.903	8541.904	8541.905	8541.906	8541.907	8541.908	8541.909
12:00 pm	8542.901	8542.902	8542.903	8542.904	8542.905	8542.906	8542.907	8542.908	8542.909
12:30 pm	8543.901	8543.902	8543.903	8543.904	8543.905	8543.906	8543.907	8543.908	8543.909
4:30 pm	8544.901	8544.902	8544.903	8544.904	8544.905	8544.906	8544.907	8544.908	8544.909
5:00 pm	8545.901	8545.902	8545.903	8545.904	8545.905	8545.906	8545.907	8545.908	8545.909
6:00 pm	8546.901	8546.902	8546.903	8546.904	8546.905	8546.906	8546.907	8546.908	8546.909
6:30 pm	8547.901	8547.902	8547.903	8547.904	8547.905	8547.906	8547.907	8547.908	8547.909

Youth	6/6–6/9	6/13–6/16	6/20–6/23	6/27–6/30	7/5–7/7*	7/11–7/14	7/18–7/21	7/25–7/28	8/1–8/4
10:00 am, Beg.	8570.901	8570.902	8570.903	8570.904	8570.905	8570.906	8570.907	8570.908	8570.909
11:00 am, Int./Adv.	8571.901	8571.902	8571.903	8571.904	8571.905	8571.906	8571.907	8571.908	8571.909
12:00 pm, Beg.	8572.901	8572.902	8572.903	8572.904	8572.905	8572.906	8572.907	8572.908	8572.909
5:00 pm, Beg.	8573.901	8573.902	8573.903	8573.904	8573.905	8573.906	8573.907	8573.908	8573.909
6:00 pm, Int./Adv.	8574.901	8574.902	8574.903	8574.904	8574.905	8574.906	8574.907	8574.908	8574.909
7:00 pm, Beg.	8575.901	8575.902	8575.903	8575.904	8575.905	8575.906	8575.907	8575.908	8575.909

Adult/Teen	6/6–6/9	6/13–6/16	6/20–6/23	6/27–6/30	7/5–7/7*	7/11–7/14	7/18–7/21	7/25–7/28	8/1–8/4
10:00 am	8590.901	8590.902	8590.903	8590.904	8590.905	8590.906	8590.907	8590.908	8590.909
7:00 pm	8591.901	8591.902	8591.903	8591.904	8591.905	8591.906	8591.907	8591.908	8591.909



Summer 2022 Swim Lessons—PH Aquatic Park

Weekday Private Lessons: Monday–Thursday

*(3) 25-minute classes: \$107/\$87 (Dist. Res.)

(4) 25-minute classes: \$135/\$115 (Dist. Res.)

Private Lessons	6/6–6/9	6/13–6/16	6/20–6/23	6/27–6/30	7/5–7/7*	7/11–7/14	7/18–7/21	7/25–7/28	8/1–8/4
10:00 am	8600.901	8600.902	8600.903	8600.904	8600.905	8600.906	8600.907	8600.908	8600.909
10:30 am	8601.901	8601.902	8601.903	8601.904	8601.905	8601.906	8601.907	8601.908	8601.909
11:00 am	8602.901	8602.902	8602.903	8602.904	8602.905	8602.906	8602.907	8602.908	8602.909
11:30 am	8603.901	8603.902	8603.903	8603.904	8603.905	8603.906	8603.907	8603.908	8603.909
12:00 pm	8604.901	8604.902	8604.903	8604.904	8604.905	8604.906	8604.907	8604.908	8604.909
12:30 pm	8605.901	8605.902	8605.903	8605.904	8605.905	8605.906	8605.907	8605.908	8605.909
4:30 pm	8610.901	8610.902	8610.903	8610.904	8610.905	8610.906	8610.907	8610.908	8610.909
5:00 pm	8611.901	8611.902	8611.903	8611.904	8611.905	8611.906	8611.907	8611.908	8611.909
5:30 pm	8612.901	8612.902	8612.903	8612.904	8612.905	8612.906	8612.907	8612.908	8612.909
6:00 pm	8613.901	8613.902	8613.903	8613.904	8613.905	8613.906	8613.907	8613.908	8613.909
6:30 pm	8614.901	8614.902	8614.903	8614.904	8614.905	8614.906	8614.907	8614.908	8614.909
7:00 pm	8615.901	8615.902	8615.903	8615.904	8615.905	8615.906	8615.907	8615.908	8615.909



Saturday & Sunday Group Lessons

*3 weeks, (3) 25-minute classes:

\$51/\$41 (Dist. Res.) | Parent/Tot: \$39/\$31 (Dist. Res.) | Tiny Swimmers: \$81/\$65 (Dist. Res.)

4 weeks, (4) 25-minute classes:

\$65/\$52 (Dist. Res.) | Parent/Tot: \$51/\$41 (Dist. Res.) | Tiny Swimmers: \$105/\$85 (Dist. Res.)

Time	Age	SATURDAY			SUNDAY		
		6/4–6/18*	7/9–7/30	8/6–8/27	6/5–6/19*	7/10–7/31	8/7–8/28
9:30 am	Adult/Teen	8599.901	8599.903	8599.905	8599.902	8599.904	8599.906
10:00 am	Youth	8579.901	8579.903	8579.905	8579.902	8579.904	8579.906
10:30 am	Preschool	8549.901	8549.903	8549.905	8549.902	8549.904	8549.906
11:00 am	Tiny Tot	8539.901	8539.903	8539.905	8539.902	8539.904	8539.906
11:30 am	Tiny Swimmers	8529.901	8529.903	8529.905	8529.902	8529.904	8529.906
12:00 pm	Parent/Tot	8510.901	8510.903	8510.905	8510.902	8510.904	8510.906

Saturday & Sunday Private Lessons

*3 weeks (3) 25-min classes | \$107/\$87 (Dist. Res.)

4 weeks (4) 25-min classes | \$135/\$115 (Dist. Res.)

Time	SATURDAY			SUNDAY		
	6/4–6/18*	7/9–7/30	8/6–8/27	6/5–6/19*	7/10–7/31	8/7–8/28
9:30 am	8619.901	8619.903	8619.905	8619.902	8619.904	8619.906
10:00 am	8620.901	8620.903	8620.905	8620.902	8620.904	8620.906
10:30 am	8621.901	8621.903	8621.905	8621.902	8621.904	8621.906
11:00 am	8622.901	8622.903	8622.905	8622.902	8622.904	8622.906
11:30 am	8623.901	8623.903	8623.905	8623.902	8623.904	8623.906
12:00 pm	8624.901	8624.903	8624.905	8624.902	8624.904	8624.906

Free! Lessons at Staff Training

3–10 years

Join us for a complimentary swim lesson in exchange for helping our aquatics staff practice their teaching techniques with children of various ages. Pre-registration required by noon on June 2.

PH Aquatic Park

6/3 F 1:00–1:25 pm Free

Late Summer 2022 Swim Lessons

Register for late summer lessons by the day.

Choose from Monday, Tuesday and/or Thursday.

Private: 4 weeks

(4) 25-minute classes | \$135/\$115 (Dist. Res.)

	Monday	Tuesday	Thursday
	8/8–8/29	8/9–8/30	8/11–9/1
4:30 pm	8612.910	8612.920	8612.930
5:00 pm	8613.910	8613.920	8613.930
5:30 pm	8614.910	8614.920	8614.930
6:00 pm	8615.910	8615.920	8615.930
6:30 pm	8616.910	8616.920	8616.930
7:00 pm	8617.910	8617.920	8617.930

Group: 4 weeks

(4) 25-minute classes | \$65/\$52 (Dist. Res.)

Tiny Swimmers: \$105/\$85 (Dist. Res.)

		Monday	Tuesday	Thursday
	Age	8/8–8/29	8/9–8/30	8/11–9/1
4:30 pm	Tiny Tot	8534.910	8534.920	8534.930
5:00 pm	Preschool	8546.910	8546.920	8546.930
5:30 pm	Tiny Swimmers	8521.910	8521.920	8521.930
6:00 pm	Preschool	8547.910	8547.920	8547.930
6:30 pm	Youth	8575.910	8575.920	8575.930
7:00 pm	Adult/Teen	8591.910	8591.920	8591.930

SUMMER CLASSICS CAMPS



What is a “Summer Classics” camp? Summer Classics camps are run exclusively by trained Rec & Park staff and include flexible full and half-day schedule options. Many of these Summer Classic camps feature staff-supervised off-site field trips around the Bay Area—a classic way to keep the fun going all summer long. All registered participants will receive an information email the week prior to the first day of camp. All camps are in-person unless otherwise noted.

Jellyfish Camp

3yr 6m–5yr 11m

Summer camp for children 3 years 6 months to 5 years 11 months of age by June 1. Campers will explore science, art, music and more! Pack a NUT-FREE snack, spill-proof water bottle, and a change of clothes daily. Camp is held in Community Center Preschool Room 3. Campers should come with sunscreen applied prior to camp. Must be fully potty-trained to attend.

Instructors: Ms. Brittany and Ms. Emily

Community Center: Preschool Room 3

\$320/\$300 (Dist. Res.) | *\$290/\$270 (Dist. Res.)

6653.991 6/6–6/16 M–Th 8:30–11:30 am

6653.992 6/20–6/30 M–Th 8:30–11:30 am

6653.993 7/5–7/14* M–Th 8:30–11:30 am

6653.994 7/18–7/28 M–Th 8:30–11:30 am

No camp 7/4

Narwhals Camp

4–5yr 11m

Afternoon summer fun! Join us for art, science, water play and more! Campers should be 4–5 years 11 months of age by June 1 and fully potty-trained. Campers bring a nut-free snack, spill-proof water bottle and change of clothes daily.

Instructors: Ms. Heather and Ms. Stephanie

Community Center: Preschool Room 2

\$320/\$300 (Dist. Res.) | *\$290/\$270 (Dist. Res.)

6654.991 6/6–6/16 M–Th 12:30–3:30 pm

6654.992 6/20–6/30 M–Th 12:30–3:30 pm

6654.993* 7/5–7/14 M–Th 12:30–3:30 pm

6654.994 7/18–7/28 M–Th 12:30–3:30 pm

Preschool Summer Classics

Seahorses Camp

1yr 6m–2yr 6m

Summer camp fun for children 1 year 6 months to 2 years 6 months by June 1 2022. Campers will explore science, art, music and more! Please pack a NUT-FREE snack, spill-proof water bottle, diapers, and a change of clothes daily. Camp is held in Community Center Preschool Room 1. Campers should come with sunscreen applied prior to camp.

Instructors: Ms. Heather and Ms. Elena

Community Center: Preschool Room 1

\$320/\$300 (Dist. Res.) | *\$170/\$150 (Dist. Res.)

6651.901 6/6–6/16 M–Th 8:15–11:15 am

6651.902 6/20–6/30 M–Th 8:15–11:15 am

6651.903 7/11–7/14* M–Th 8:15–11:15 am

6651.904 7/18–7/28 M–Th 8:15–11:15 am

Starfish Camp

2yr 3m–4 yrs

Summer camp fun for children 2 years 3 months to 4 years old by June 1. Campers will explore science, art, music and more! Please pack a NUT-FREE snack, spill-proof water bottle, diapers, and a change of clothes daily. Camp is held in Community Center Preschool Room 1. Campers should come with sunscreen applied prior to camp.

Instructors: Ms. Jan and Ms. Stephanie

Winslow Center: Preschool Room 3

\$320/\$300 (Dist. Res.) | *\$290/\$270 (Dist. Res.)

6652.901 6/6–6/16 M–Th 8:15–11:15 am

6652.902 6/20–6/30 M–Th 8:15–11:15 am

6652.903 7/5–7/14* M–Th 8:15–11:15 am

6652.904 7/18–7/28 M–Th 8:15–11:15 am

No camp 7/4



Hummingbird Prep Camp

2yr 3m–3yr 3m (by 6/1/22)

Designed for incoming preschoolers enrolled in Hummingbirds 2022–2023 only. Meet new friends and get acquainted with teachers. Pack a nut-free snack, water, diapers/change of clothes daily.

Instructors: Ms. Jan and Ms. Stephanie

Winslow Center: Preschool Room 3

\$170/\$150 (Dist. Res.)

6655.991 8/9–8/11 Tu–Th 8:15–11:15 am

Kinderprep Camp

See website for details.



Youth Summer Classics

Adventure Kids Summer Camp

**JUNE 6–AUGUST 5
MONDAY–FRIDAY**

Grades 1–5

Instructor: Kidstop Staff

**KIDSTOP Children’s Center at Gregory Gardens
Elementary School, 1 Corritone Court**

Adventure Kids Camp offers a full day camp (9:00 am–6:00 pm) with a wide variety of unique experiences for your child. Activities are structured to be healthy, engaging, educational and most of all, fun. A highly trained, enthusiastic staff ensures that your child is safe, happy and making positive relationships with fellow campers. Adventure Kids Camp is economical and provides families with flexible options to best fit summertime schedules. Bring cold lunch and drink daily. Two snacks provided.

ONLINE REGISTRATION:

Visit pleasanthillrec.com and click on the yellow REGISTER icon. Log in and enter activity number below in “Filter” box.

Adventure Kids Camp

1 week | 9:00 am–6:00 pm
\$320/\$300 (Dist. Res.) per week*;
Flexible pricing \$60 per day

6060.901	Week 1	6/6–6/10	M–F
6060.902	Week 2	6/13–6/17	M–F
6060.903	Week 3	6/20–6/24	M–F
6060.904	Week 4	6/27–7/1	M–F
6060.905	Week 5*	7/5–7/8	Tu–F
6060.906	Week 6	7/11–7/15	M–F
6060.907	Week 7	7/18–7/22	M–F
6060.908	Week 8	7/25–7/29	M–F
6060.909	Week 9	8/1–8/5	M–F

No camp 7/4

*Week 5 is a short week due to the July 4th holiday.

Price: TBD

Extended Morning Care

Morning snack provided.
1 week | 7:00 am–9:00 am
\$50/\$50 (Dist. Res.) per week*;
Flexible pricing \$10 per day

6060.911	Week 1	6/6–6/10	M–F
6060.912	Week 2	6/13–6/17	M–F
6060.913	Week 3	6/20–6/24	M–F
6060.914	Week 4	6/27–7/1	M–F
6060.915	Week 5*	7/5–7/8	Tu–F
6060.916	Week 6	7/11–7/15	M–F
6060.917	Week 7	7/18–7/22	M–F
6060.918	Week 8	7/25–7/29	M–F
6060.919	Week 9	8/1–8/5	M–F

ADDITIONAL FEES

\$20/week fee is applied in addition to daily rates for non-Pleasant Hill residents only.

\$5 camp t-shirt. Every child must have a t-shirt for all offsite field trips as allowed. Indicate size/quantity at registration.

Questions? Contact Adventure Kids Camp Director, Danny Martinez at (925) 680-5298 or dmartinez@pleasanthillrec.com

Summer Rec Camp **Full Day Option**

JUNE 14–JULY 21

Six Weeks of Summer Fun!!
Tuesday/Wednesday/Thursday

Instructors: Rec Camp Staff

Location: TBD

ROOKIE CAMP

Entering Grades K–2

Explore fun, engaging recreational activities! It is an ideal option for younger siblings of campers participating in Summer Rec Camp. This all-inclusive program includes outdoor sports, arts & crafts, enriching group activities and more! Activities are organized and structured for the entire group.

6 weeks | \$420 /\$400 (Dist. Res.)

3050.900 6/14–7/21 Tu–Th 9:00 am–12:00 pm

SUMMER REC CAMP

Entering Grades 3–8

Piece together the perfect summer camp unique to your child’s interests! Summer Rec Camp gives you the opportunity to choose from a variety of enrichment, sports and recreation activities to build a camp that will keep your child happy, healthy and engaged all summer long! SRC also offers additional schedule options to meet your family’s summertime schedule.

6 weeks | \$455/\$435 (Dist. Res.)

3010.900 6/14–7/21 Tu–Th 9:00 am–12:00 pm

HOW REGISTRATION WORKS:

Select three classes from the Activity List. Classes run approximately 50 minutes each, rotating twice. Register early! Activity choices are on a first come, first serve basis. View Activity List at www.pleasanthillrec.com/camps.

SCHEDULE OPTIONS

EARLY MORNING CARE

Grades K–8

6 weeks | \$215/\$195 (Dist. Res.)

Daily Drop In: \$12 a day

3063.600 Tu–Th 7:00–9:00 am

AFTERNOON REC

Grades 1–8

Field Trips*, outdoor activities & games, swim days and recreational fun!

Drop off Location: TBD; Pick-up Location:

Pleasant Hill Park Playground

6 weeks | \$470 /\$450 (Dist. Res.) *Trip fees included*

3064.600 6/14–7/21 Tu–Th 12:00–6:00 pm

*Field trips subject to change based on public health orders

Need Monday/Friday options? See Adventure Kids Camp (Grades 1–5) or Teen Extreme Camp (Grades 6–12) for M/F scheduling.

SUMMER CLASSICS CAMPS



Endless Summer

Grades 1–8

Wish summer could go on forever? We do too! Join the PH Rec & Park Staff during the last few weeks of summer with fun field trips, field games, adventurous hikes, fun themed activities, swimming, and so much more!

PH Park: Playground Tables

Activity Schedule may be subject to change.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Bowling (Pleasant Hill)	Movie & Swim	The Wave (Dublin)	Scandia (Cordelia)	Adventure Playground (Berkeley)
Week 2	i heart art	Movie & Swim	Crown Beach (Alameda)	Sailing (San Francisco)	Ice Cream Tour (Rockridge)

1 Week | \$295/ \$275 (Dist. Res.)

3070.900 7/25–7/29 M–F 9:00 am–6:00 pm

3070.901 8/1–8/5 M–F 9:00 am–6:00 pm

Schedule may be subject to change.

ENDLESS SUMMER EARLY AM CARE OPTION

Search “Teen Xtreme Early Morning” in online catalog at pleasanthillrec.com

Teen Center

Register by the day: \$7.50/child

M–F 7:30–9:00 am



Teen Summer Classics

Teen Xtreme Camp: June 7–August 6

Entering grades 6–10

Experience XTREME fun this summer with Teen Xtreme camp! Every Monday includes on-site activities, free time and swimming. Tuesday, Wednesday, and Thursday are jam packed with exciting trips. Friday includes a potluck BBQ and swimming. Bring a snack, lunch and water unless specified by the Program Leaders. *Trips are subject to change.* Waiver and Emergency Health Information Sheet required first day of camp.

Teen Center (drop off/pick up)

Full week: \$299/\$284 (Dist. Res.) | *Week 5: \$243/\$228 (Dist. Res.)

Monday–Friday, 9:00 am–6:00 pm | Extended care available: 7:30–9:00 am, \$7.50/day

WK	Session	Dates	Monday	Tuesday	Wednesday	Thursday	Friday
1	5174.901	6/6–6/10	Swim/Art	Movies	Mystery Trip	Tilden Park	BBQ/Swim
2	5174.902	6/13–6/17	Swim/Art	Bowling	Discovery Kingdom	Paddle Boarding	BBQ/Swim
3	5174.903	6/20–6/24	Swim/Art	Biking Tour	Paintball	Mt. Diablo	BBQ/Swim
4	5174.904	6/27–7/1	Swim/Art	Scandia	Crown Beach	Canoeing	BBQ/Swim
5	5174.905	7/5–7/8*	No camp	Cowell Pool	Discovery Kingdom	Cull Canyon	BBQ/Swim
6	5174.906	7/11–7/15	Swim/Art	Archery	Hurricane Harbor	Ice Skating	BBQ/Swim
7	5174.907	7/18–7/22	Swim/Art	Movies	Escape Room	Contra Loma	BBQ/Swim
8	5174.908	7/25–7/29	Swim/Art	Scavenger Hunt	A's Game	Ropes Course	BBQ/Swim
9	5174.909	8/1–8/5	Swim/Art	i heart art	The WAVE	Sailing	BBQ/Swim

No camp 7/4

XTREME Day Trips

11-17 yrs

Want to join us for just one (or more) of the Teen Scene XTREME Camp Wednesday trips? You can! Choose from a wide variety of exciting excursions around the Bay Area and sign up just for one day. Registration is required for each individual trip. All day trips meet at the Pleasant Hill Teen Center. More details will be emailed to registered participants the Friday prior to trip.

Instructor: Rec Staff

Teen Center (depart/pick up)

Mystery Trip | \$75/\$60 (Dist. Res.)

5153.901 6/8 W 9:00 am-6:00 pm

Discovery Kingdom | \$80/\$65 (Dist. Res.)

5153.902 6/15 W 9:00 am-6:00 pm

Paintball | \$105/\$90 (Dist. Res.)

5153.903 6/22 W 9:00 am-6:00 pm

Crown Beach | \$75/\$60 (Dist. Res.)

5153.904 6/29 W 9:00 am-6:00 pm

Discovery Kingdom | \$80/\$65 (Dist. Res.)

5153.905 7/6 W 9:00 am-6:00 pm

Hurricane Harbor | \$75/\$60 (Dist. Res.)

5153.906 7/13 W 9:00 am-6:00 pm

Escape Room | \$75/\$60 (Dist. Res.)

5153.907 7/20 W 9:00 am-6:00 pm

A's Game | \$75/\$60 (Dist. Res.)

5153.908 7/27 W 9:00 am-6:00 pm

The Wave | \$75/\$60 (Dist. Res.)

5153.909 8/3 W 9:00 am-6:00 pm

Teen Xtreme Camp

Monday or Friday Option

Boredom busting activities, creative arts & crafts, free time, swimming and potluck BBQ on Fridays.

1 day | \$62/\$50 (Dist. Res.)

5154.900 6/6 M 9:00 am-6:00 pm

5154.901 6/10 F 9:00 am-6:00 pm

5154.902 6/13 M 9:00 am-6:00 pm

5154.903 6/17 F 9:00 am-6:00 pm

5154.904 6/20 M 9:00 am-6:00 pm

5154.905 6/24 F 9:00 am-6:00 pm

5154.906 6/27 M 9:00 am-6:00 pm

5154.907 7/1 F 9:00 am-6:00 pm

5154.908 7/8 F 9:00 am-6:00 pm

5154.909 7/11 M 9:00 am-6:00 pm

5154.910 7/15 F 9:00 am-6:00 pm

5154.911 7/18 M 9:00 am-6:00 pm

5154.912 7/22 F 9:00 am-6:00 pm

5154.913 7/25 M 9:00 am-6:00 pm

5154.914 7/29 F 9:00 am-6:00 pm

5154.915 8/1 M 9:00 am-6:00 pm

5154.916 8/5 F 9:00 am-6:00 pm



Good Vibe Tribe!

12-15 yrs

A weeklong, volunteer based, teen camp. Participants will spend time volunteering at local non-profits in our area, as well as working on various community service projects in our facility. This is a fantastic experience to give back to our community while having fun and making lasting memories. Each day will bring a new engaging community service experience. We will wrap up the week with a volunteer appreciation party at the Teen Center. The cost of this program is to offset the costs of transportation, staffing and materials. There will be a mandatory parent and participant meeting before camp starts; date TBA

Teen Center

5 days | \$205/\$190 (Dist. Res.)

5178.901 7/25-7/29 M-F 9:00 am-3:00 pm

Snack Shack Volunteer

Entering Grades 7-9

Trained teens earn community service hours, plus gain valuable work experience, by volunteering two or more times a week at the PH Teen Center Snack Shack. Open from June 6 to Aug 5. Volunteers are scheduled one week at a time, based on their availability, and MUST complete the mandatory Food Handling Training. Register early; limited positions available.

FOOD HANDLING TRAINING

Teen Center

1 class | \$20

5179.901 5/14 Sa 1:00-3:00 pm

VolunTEENS

Counselors-In-Training

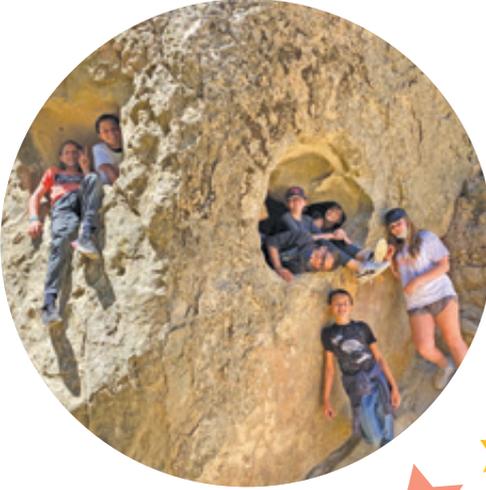
13-15 yrs

Our Counselors-In-Training program is back, and better than ever! Participants will gain hands-on experience in leading activities, supervising kids, and basic job skills that will mold them into fantastic future leaders. The C.I.T.s will be given a two-week schedule at a variety of our hugely popular summer day camps. During their time at these camps they will learn leadership skills, safety procedures, discipline techniques and more, all under the supervision of our amazing staff. To interview for a chance to become a 2022 summer C.I.T. please register for the free group interview! Selected teens will need to attend a mandatory training session 5/13 and 5/20 from 4:00-6:00 pm. Summer Camps begin the week of June 13th. The fee for the selected C.I.T.s training will be \$115/\$95 (Dist. Res.).

Teen Center

Interview | \$0 (Dist. Res.)

5175.901 5/6 4:30-6:00 pm



SPECIALTY CAMPS

What is a “Specialty Camp”? Specialty Camps offer fun, educational and inspiring experiences to capture your camper's own unique special interests. From LEGO® camps and performing arts camps to a wide selection of S.T.E.M. camps, you are sure to find your fun this summer! Specialty camps are listed by interest category rather than age. All camps are in-person unless otherwise noted.

LEGO® Camps

Bricks 4 Kidz

6–12 yrs

Instructor: Bricks 4 Kidz Staff

Community Center: Soroptimist Room 2

\$275/\$255 (Dist. Res.)

\$50 material fee due to instructor first day of camp.

JURASSIC BRICK LAND

Are you ready for the adventure of a lifetime? Put on your hiking boots and camouflage, you're about to enter Jurassic Brick Land! Students will build a world that comes to life with gentle Brontosaurus, ferocious Velociraptor, terrifying T.Rex, and more! Come learn, build and play at Jurassic Brick Land!

6046.901 6/6–6/10 M–F 9:00 am–12:00 pm

GALAXY FAR AWAY

Join us on an adventurous journey through space! Build a rocket to blast through the atmosphere into a realm that is truly out of this world. Build a world where rebels and the dark side start epic battles. We'll build a motorized models that represent spacecraft from your favorite popular space movie. We will also learn a lot about space along the way. Come experience this stellar journey to a galaxy far away.

6046.902 6/27–7/1 M–F 9:00 am–12:00 pm



POCKET BRICK MONSTERS

Get ready for an adventure in the world of Pokémon! Capture wild Pokémon creatures and train them for battle.

Improve your accuracy and power as you learn new moves and use special abilities. Tap into your inner engineer as we build Dratini, Pikachu, Poke Balls, and more. Show off your skills as you battle for power in your journey through the Pokémon universe. Do YOU have what it takes to become a Pokémon Master?

6046.903 7/18–7/22 M–F 9:00 am–12:00 pm

MINECRAFT

Minecraft is a game about placing blocks to build anything you can imagine. At night monsters come out, make sure to build a shelter before that happens. experience the world of Minecraft with LEGO® Bricks in this fun summer camp engineering class! Kids will start by crafting their shelters and some of the mobs, critters and tools using LEGO® Bricks. Students will face new challenges each day, building models and crafting key elements from the popular Minecraft game.

6046.904 8/1–8/5 M–F 9:00 am–12:00 pm

Play-Well Jr.

5–7 yrs

Instructor: Play Well TEKnologies Staff

Community Center

\$275/\$255 (Dist. Res.)

ADVENTURES IN STEM USING LEGO® MATERIALS

Ratchet up your imagination with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Space Stations, Fire Trucks, and the Eiffel tower. Design and build as never before and explore your craziest ideas.

6066.901 6/6–6/10 M–F 9:00 am–12:00 pm

ANIMAL ADVENTURES USING LEGO® MATERIALS

Let your imagination run wild with tens of thousands of LEGO® parts as we design and build leaping dolphins, buzzing beehives, and towering giraffes! Play, create, and learn in a world inspired by the animal kingdom. Design and build as never before and explore your craziest ideas.

6066.903 6/13–6/17 M–F 9:00 am–12:00 pm

MINECRAFT ENGINEERING USING LEGO® MATERIALS

Venture into the world of Minecraft in our unique LEGO® experience. Get ready to build your base, craft your tools, use your Minecraft to harvest raw resources, and battle to stop the Ender Dragon from ending the world. Come explore the endless possibilities of LEGO® with a trained Play-Well instructor.

6066.905 6/27–7/1 M–F 9:00 am–12:00 pm

POKÉMON ENGINEERING USING LEGO® MATERIALS

Calling all Pokémon trainers! With the Pokémon Championship approaching, join our enthusiastic instructors as we build and catch our favorite Pokémon, rescue Pikachu from Team Rocket, take a ride on the S.S. Anne to uncover rare and mystic Pokémon, and battle to see who will hold the title of Pokémon Master. Come along on our journey to catch 'em all!

6066.907 7/11–7/15 M–F 9:00 am–12:00 pm

UNPLUGGED GAMING USING LEGO® MATERIALS

Level up your LEGO® Engineering skills in this arcade-inspired experience. Our Play-Well instructors are here to help make your favorite video game adventures a reality. Using LEGO®, we can build go-karts to race Mario, blast asteroids with Star Fox, build neighborhoods with your favorite friends from Animal Crossing, and join Link to restore peace to Hyrule. All the fun of an arcade adventure with no screen necessary!

6066.909 7/25-7/29 M-F 9:00 am-12:00 pm

Play-Well

7-12 yrs

Instructor: Play Well TEKnologies Staff

Community Center

\$275/\$255 (Dist. Res.)

STEM EXPLORATIONS USING LEGO® MATERIALS

Power up your engineering skills with Play-well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: tow trucks, bowlers, and battletanks. Design an build as never before and explore your craziest ideas.

6066.902 6/6-6/10 M-F 1:00-4:00 pm

MARVELOUS ENGINEERING USING LEGO® MATERIALS

LEGO® Builders Assemble! We need you to come join our experienced Play-Well Instructors to save the world. We will use LEGO® to build our strongest Avengers to defeat Thanos, help Thor retrieve Mjolnir, swing through the city with Spider-man, and tell HULK to SMASH! Our journey will take us to battles on this world and beyond; are you up to the challenge?

6066.904 6/13-6/17 M-F 1:00-4:00 pm



MINECRAFT MASTER ENGINEERING USING LEGO® MATERIALS

Bring your favorite Minecraft adventures to life with our enthusiastic Play-Well instructors. In a Minecraft world powered by LEGO® resources, we will build shelters to keep out Creepers, craft mystical items that only true masters can wield, and perfect our crossbow skills to stop the Wither from taking over! If you can imagine it, we can build it.

6066.906 6/27-7/1 M-F 1:00-4:00 pm

POKÉMON MASTER ENGINEERING USING LEGO® MATERIALS

LEGO® Master, I choose you!! In the race to be crowned the Ultimate Pokémon Champion, we need your help! Learn to build your favorite Pokémon, level up by teaching them special moves, evolve them into more powerful versions, and come face to face with the current champion in an epic battle for the title. Learn from our Play-Well Pokémon Masters so you can make it to the top!

6066.908 7/11-7/15 M-F 1:00-4:00 pm

NEXT LEVEL GAMING USING LEGO® MATERIALS

Ready to take your LEGO® Engineering skills to the next level? Give the controller a rest and put your skills to the test by Barrel Blasting with Donkey Kong, Flinging Fireballs with Mario, and battling foes with Kirby. Under the guidance of a Play-Well instructor, you will gear up to take down the final boss. Are you game?

6066.910 7/25-7/29 M-F 1:00-4:00 pm

Snapology

6-11 yrs

Bring a snack and water.

Instructor: Snapology Staff

Community Center: Soroptimist Room

\$250/\$230 (Dist. Res.)

SNAPOLGY ANIMATION STUDIO

Become your own Movie Maker with stop motion animation movies. From production to premiere, you'll produce your own movie plan, backdrops, frame by frame and learn green screen techniques. Materials to use from objects, clay, LEGO® bricks and fishing line will be utilized. Make your own blockbuster!

5101.901 6/6-6/10 M-F 1:00-4:00 pm

\$15 lab fee payable to instructor at first day of camp.

THE AMAZING RACE USING LEGO®

Using a travel passport each day, we'll travel to different destinations learning, building and challenging ourselves based on that area. We'll challenge you in building using LEGO® bricks to "fly" from the U.S. to another country. From there we'll visit Australia to Vietnam—shopping anyone? Then we'll make a tacky sack and try to play a game. Come join the Amazing Race!

5101.902 6/13-6/17 M-F 1:00-4:00 pm

\$20 lab fee payable to instructor at first day of camp.

SNAPOLGY SCIENTISTS

Our scientists will engage and inspire your camper with interactive S.T.E.A.M. concepts and hands-on projects each day like making snow, launching soda in the air, experiencing a "glowie egg" and tinkering with tools to make their own "rocket." Dress to get messy!

5101.903 8/1-8/5 M-F 1:00-4:00 pm

\$25 lab fee payable to instructor at first day of camp.

SPECIALTY CAMPS

Performing Arts

Castle Tales Musical Theater Camp

4-7 yrs

Follow us over land and sea or through the enchanted forest of fairy tales. Your young actor/actress along with their friends will choose four of 12 stories. They might build a snow man with Elsa and Anna, get ready for a ball with Cinderella, kiss frogs to find a prince, help Moana and Maui return the heart of Tefiti or fight the dragon with St. George. Sing songs, play acting games, dress up and learn four types of storytelling with our bodies, voices and puppets. We'll even craft our own costumes and props. Our performance for our families will be during our last hour of class. Bring a snack daily.

Instructor: Andrea Gaspari

Winslow Center: Rooms 1 & 2

\$240/\$220 (Dist. Res.)

6633.901 6/20-6/24 M-F 9:00 am-12:00 pm

6633.902 7/11-7/15 M-F 9:00 am-12:00 pm

6633.903 7/25-7/29 M-F 9:00 am-12:00 pm

6633.904 8/8-8/12 M-F 9:00 am-12:00 pm

\$10 material fee payable to instructor at first day of camp.

Creative Spark Theatre Camps

Bring water and snack.

Instructor: Jaimee Semskey

Winslow Center: Assembly Room

\$225/\$205 (Dist. Res.)

FAIRYTALE MAGIC

4-6 yrs

Come learn about music, singing, dancing, acting and art! We will learn and act out fairytales, learn songs with choreography and make our sets. This class is active and will get messy. Camp culminates with a performance.

6043.901 6/6-6/10 M-F 9:00 am-12:00 pm

6043.903 6/13-6/17 M-F 9:00 am-12:00 pm

6043.905 7/18-7/22 M-F 9:00 am-12:00 pm

6043.907 7/25-7/29 M-F 9:00 am-12:00 pm

YOUTH IMPROV!

7-12 yrs

This camp will teach improv through games and theatre activities. Improv is a very fun, creative and spontaneous art form. Improv helps teach thinking outside of the box. Camp will culminate with a short performance.

6043.902 6/6-6/10 M-F 1:00-4:00 pm

6043.904 7/18-7/22 M-F 1:00-4:00 pm

MUSICAL THEATRE CAMP

7-12 yrs

Do you like to sing and dance? Come learn how to put them together in this active and fun musical theatre camp. Campers will learn several Broadway style songs and choreography. Camp will culminate with a short performance.

6043.906 6/13-6/17 M-F 1:00-4:00 pm

6043.908 7/25-7/29 M-F 1:00-4:00 pm

Dance Camps

5-9 yrs

Instructor: Christie Tomlinson

Community Center: Dance Studio

FAIRYTALE PRINCESS DANCE CAMP

Dancers will have an opportunity to spend an adventure in the imaginary world of Princess Fairytales! A delightful week filled with fantasy, imagination and DANCE! Dancers will imagine themselves in a Princess movie, all the while learning new dance skills in a fun environment. Learn creative movement, ballet and jazz to beloved Disney Princess Songs. Enjoy magical Princess craft time. Have a happily ever after ending with a performance for friends and family on the last day of camp.

\$250/\$230 (Dist. Res.)

6089.901 6/20-6/24 M-F 9:00 am-12:00 pm

\$15 material fee due to instructor first day of camp.

TROLLS DANCE CAMP

Sing, dance and hug with Princess Poppy and her Troll friends! In a fun and loving environment, campers will learn dance routines to the music from Trolls and give a performance for friends and family on the last day of camp. Troll-tastic crafts include making flower headbands and more!

\$250/\$230 (Dist. Res.)

6089.902 6/27-7/1 M-F 9:00 am-12:00 pm

\$15 material fee due to instructor first day of camp.

MOANA DANCE CAMP

Come dance, sing, make new friends, and explore the spirit of the Hawaiian Islands, with your tour guides, Maui and Moana! In this fun and energetic camp, campers will have the opportunity to make crafts, learn songs and dances to be performed for family (Ohana) and friends (Hoaloha) on the last day of camp! ALOHA!

\$250/\$230 (Dist. Res.)

6089.903 7/18-7/22 M-F 9:00 am-12:00 pm

\$15 material fee due to instructor first day of camp.

FROZEN DANCE CAMP

Can't hold it back anymore? Let it go! In this fun and magical dance camp, dancers will make crafts and new friends. Learn dances to songs from the Frozen movies, that will be presented in a performance for family and friends on the last day of camp.

\$205/\$185 (Dist. Res.)

6089.904 7/25-7/28 M-Th 9:00 am-12:00 pm

\$12 material fee due to instructor first day of camp.

No camp 7/29



Special Interest

Cooking Round the World

6–12 yrs

Instructor: Cooking Round the World Staff
Senior Center

PEACE THROUGH FOOD

This camp looks at the conflict between warring countries and discusses how peace could be achieved. We cook and eat foods from both countries in an effort to show how breaking bread could bring about harmony.

\$275/\$255 (Dist. Res.)

6082.901 6/6–6/10 M–F 1:00–5:00 pm
\$50 material fee payable to instructor on first day.

COOKING ROUND THE USA

Campers will visit a different US state each day, learn about what that state is distinctly known for, and eat delicious foods associated with that state.

\$275/\$255 (Dist. Res.)

6082.902 6/13–6/17 M–F 1:00–5:00 pm
\$50 material fee payable to instructor on first day.

HARRY POTTER: TASTE THE MAGIC!

From butterbeer pancakes to double double chocolate cauldron cake, campers will enjoy Hogwarts culinary delights.

\$275/\$255 (Dist. Res.)

6082.903 6/20–6/24 M–F 1:00–5:00 pm
\$50 material fee payable to instructor on first day.

FOODS A-LA-CART-OON NETWORK

From sandwich of death on The Regular Show; to bacon pancakes from Adventure Time; to ramen noodle bowls from Naruto: kids will re-create the yummy dishes they see on Cartoon Network.

\$275/\$255 (Dist. Res.)

6082.904 6/27–7/1 M–F 1:00–5:00 pm
\$50 material fee payable to instructor on first day.



PIZZA MANIA

If your child is a pizza hound, this is the week for them! Pizzas Round the World, at least two different pizzas each day!

From Indian Naan bread pizza to French Benedict Pizza, to German berry dessert pizza...Children will learn to make and love to eat a variety of pizzas.

\$225/\$205 (Dist. Res.)

6082.905 7/5–7/8 Tu–F 1:00–5:00 pm
\$40 material fee payable to instructor on first day.

ISLAND COOKING

Islands have their own special style of cooking, using ingredients that are available on the island: pumpkin pancakes with palm sugar syrup from Aruba; yam bread from Trinidad, Filipino pancit rice noodles with shaved carrots...and more!

\$275/\$255 (Dist. Res.)

6082.906 7/11–7/15 M–F 1:00–5:00 pm
\$50 material fee payable to instructor on first day.

A DISH OF DISNEY

Kids will cook, eat and have fun with Disney characters and movies. Food that we cook is an interpretation of Disney (i.e. Pizza Planet Pizza from Toy Story, grubs and bugs from Lion King, meatball stroganoff from Anastasia, etc.).

\$275/\$255 (Dist. Res.)

6082.907 7/18–7/22 M–F 1:00–5:00 pm
\$50 material fee payable to instructor on first day.

STAR WARS: MAY THE FORK BE WITH YOU!

Visit the dark side and the light side of the galaxy with imaginative food creations from Star Wars characters like Chewbacca, BB8, R2D2, Princess Leia, Yoda and others.

\$275/\$255 (Dist. Res.)

6082.908 7/25–7/29 M–F 1:00–5:00 pm
\$50 material fee payable to instructor on first day.

COOKING ROUND THE WORLD

You won't need a passport to cook from five different countries! Campers will learn about culture, tastes and celebrations while enjoying the foods and flavors from different countries.

\$275/\$255 (Dist. Res.)

6082.909 8/1–8/5 M–F 1:00–5:00 pm
\$50 material fee payable to instructor on first day.



Guitar, Music & More

5–14 yrs

Instructor: John Waller

Winslow Center: Assembly Room

\$225/\$205 (Dist. Res.)

GUITAR & MUSIC CAMP!

We focus on guitar during camp, but we learn rhythm with hand drums, a fun hands-on violin, marimba, ukulele and other musical instruments that we can try every day at Camp, a musical instrument petting zoo. There are drumming and rhythm games plus songs on guitar. You will need to bring a Classical Nylon String Guitar for the camp and there will be some we can share if needed.

6091.901 6/20–6/24 M–F 9:00 am–12:00 pm

UKULELE & MUSIC CAMP!

We focus on Ukulele during camp, but we also learn basic hand drumming. We have a fun new instrument to try every day in our musical instrument Petting Zoo like violin, guitar & marimba. We will try some exotic percussion for fun. On ukulele we will learn well known songs, music melody tabs and chord progressions. You will need a Ukulele to bring to class and there will be a few to share if needed.

6091.902 8/1–8/5 M–F 9:00 am–12:00 pm

SPECIALTY CAMPS

Spanish 4 Children

3-7 yrs

Children are eager to learn new languages! With Miriam, children will learn Spanish in a hands-on interactive and stimulating environment. Pack a lunch and water.

Instructor: Miriam Lattanzi

Winslow Center: Rooms 1 & 2

\$15 material fee payable to instructor at first day of camp.

VAMOS A ACAMPAR: LET'S GO CAMPING

Let your child enjoy this great Spanish Summer Camp. Campers will learn Spanish while having fun creating art, exploring nocturnal animals and going fishing. Their imagination will take them down into the outdoor world, searching for wild animals through scavenger hunts. Together they will build a tent and complete their amazing activities.

\$375/\$355 (Dist. Res.)

6632.901 6/6-6/10 M-F 9:00 am-1:00 pm

UNA AVENTURE CON LOS PIRATAS: PIRATES ADVENTURES

Campers will get to experience their imagination and feel like real pirates hunting for a treasure. Through this hands-on, interactive, and stimulating environment, your child will learn Spanish through singing, doing creative art and the company of new friends. All that while exploring the wonderful sea world.

\$375/\$355 (Dist. Res.)

6632.902 6/13-6/17 M-F 9:00 am-1:00 pm



DE PASEO POR LA SELVA: A WALK THROUGH THE JUNGLE

A walk through the Jungle will be a great experience for your child this summer. As they learn Spanish through music, role play and scavenger hunts. In this camp, campers will explore the wild world of the jungle using their imagination as they swing with the monkeys and swim through the crocodile river.

\$375/\$355 (Dist. Res.)

6632.903 6/27-7/1 M-F 9:00 am-1:00 pm

VAMOS A LA FERIA: LET'S GO TO THE FAIR

Your child will explore the carnival life as they compete for (boletos) tickets and immerse in fun carnival games while learning the Spanish language.

\$305/\$285 (Dist. Res.)

6632.904 7/5-7/8 Tu-F 9:00 am-1:00 pm

VAMOS A CAZAR UNOSO: WE ARE GOING ON A BEAR HUNT

Children will bring the book "We are Going on a Bear Hunt" by Michael Rosen and Helen Oxenbury ALIVE! Campers will cross the grass, go through the forest, cross the river, and go through a snowstorm to find the bear. Many fun activities will help them along the way! On Friday campers will go on a scavenger hunt and practice what they learned as they look for clues and find a surprise.

\$375/\$355 (Dist. Res.)

6632.905 7/18-7/22 M-F 9:00 am-1:00 pm



Techsplosion

Instructor: Techsplosion Staff

Pleasant Hill Park: Grassy area by Senior Center
\$525/\$505 (Dist. Res.)

CHEERLEADING & REC

Campers will learn cheers, chants and dances. They will learn the fundamentals of cheerleading, a variety of jumps and stunts while learning important life values.

6-8 yrs

6094.901 6/13-6/17 M-F 9:00 am-4:00 pm

9-12 yrs

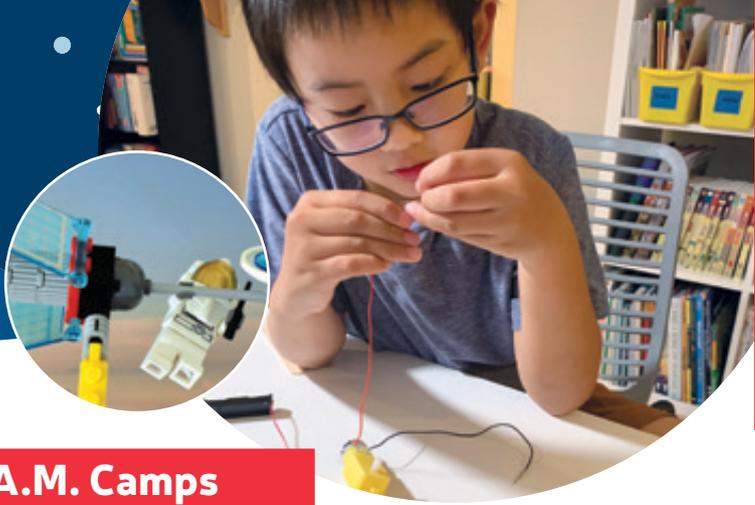
6094.902 6/20-6/24 M-F 9:00 am-4:00 pm

AVENTURA ARTICA: ARTIC ADVENTURE

Campers will have a great experience in this camp, as they learn or practice Spanish. They explore Spanish through music, role play, scavenger hunts and more. In this camp, campers will explore the wildlife of the Arctic. Arctic animals are amazing creatures. Children will go on Bingo walks, play animals sound games. Their imagination will take them down to the ice and discovery new adventures.

\$375/\$355 (Dist. Res.)

6632.906 8/1-8/5 M-F 9:00 am-1:00 pm



S.T.E.A.M. Camps

Engineering for Kids Junior

5-8 yrs

Instructor: Engineering for Kids
Community Center

JUNIOR INVENTOR'S WORKSHOP

Put on your thinking caps and join the next generation of inventors at a workshop of fun, creativity, and of course—engineering! Students will invent new machines and explore creative design solutions using Engineering Design Process. Discover how a wind-up toy works, design your own drawing robot and more!

\$285/\$265 (Dist. Res.)

6775.901 6/6-6/10 M-F 9:00 am-12:00 pm
\$50 lab fee payable to instructor first day of camp.

JUNIOR LEGO® ROBOTICS: ROBOTS IN MOTION

This camp is a perfect mixture of fun and learning, using LEGO® WeDo Robots. Using LEGO® bricks, students build various robots. They also learn how to program and operate their creations using a laptop computer or tablet.

\$285/\$265 (Dist. Res.)

6775.902 6/6-6/10 M-F 12:30-3:30 pm
\$50 lab fee payable to instructor first day of camp.

ALL DAY! JUNIOR INVENTOR'S WORKSHOP & LEGO® ROBOTICS

Sign up for a full day camp and save! Kids get to explore both WeDo LEGO® Robotics: Robots in Motion and Junior Inventors Workshop. There will be a 30-minute supervised lunch. Students bring their own lunch.

\$525/\$505 (Dist. Res.)

6775.903 6/6-6/10 M-F 9:00 am-3:30 pm
\$100 lab fee payable to instructor first day of camp.

JUNIOR SOFTWARE ENGINEERING USING SCRATCH: SPACE PIONEERS

Programming with Scratch. Embark on fun journey to space with Scratch! Send an astronaut to the moon and defend your moon base from space rocks. Learn how to use Scratch to create and program sprites, backdrops and basic scripts. Create a new program each day, leave with evidence of your wild space adventure, and be inspired to explore the universe of programming as a Space Pioneer.

\$235/\$215 (Dist. Res.)

6775.904 7/5-7/8 Tu-F 9:00 am-12:00 pm
\$40 lab fee payable to instructor first day of camp.

JUNIOR WINGS, WHEELS AND SAILS

Guten Tag! Travel the world with Kelvin and out core of engineers as we explore the continents in just five days. Drive across the United States build a boat to sail the Mediterranean and fly to the Orient in this fun engineering experience. Join us on an amazing adventure as we engineer planes, cars, boats and rockets to travel the globe, and beyond.

\$235 /\$215 (Dist. Res.)

6775.905 7/5-7/8 Tu-F 12:30-3:30 pm
\$40 lab fee payable to instructor first day of camp.

ALL DAY! SPACE PIONEERS & WINGS, WHEELS AND SAILS

Sign up for a full day camp and save! Kids get to explore both WeDo LEGO® Robotics: Space Pioneers and Junior Wings, Wheels and Sails. There will be a 30-minute supervised lunch. Students bring their own lunch.

\$440/\$420 (Dist. Res.)

6775.906 7/5-7/8 Tu-F 9:00 am-3:30 pm
\$80 lab fee payable to instructor first day of camp.

Village Music School

7-11 yrs

Instructor: Village Music Staff
Village Music School, 1720 Linda Drive
\$25 material fee due to instructor first day of camp.

HAMILTON THE MUSICAL WORKSHOP CAMP: JOIN THE REVOLUTION!

Inspired by the music and choreography of the smash hit Broadway Musical! Students bring to life the compelling history of our Founding Fathers through the clever rhymes and story of the hit Broadway musical! Students are introduced to basic vocal techniques, harmony and choreography.

9:00 am-12:00 pm

6057.901 7/5-7/8 Tu-F \$184

6057.902 7/18-7/22 M-F \$230

PROJECT ROCK BAND

We're making your dreams come true in our no-experience-necessary Music Camp! Students take our stage and are introduced to Guitar, Piano, Drums, Bass, Keyboard and Vocals. Musicians learn songwriting and write an original song, draw their own concert poster and unique band logo, perform in their own band, and more!

9:00 am-12:00 pm

6059.901 7/11-7/15 M-F \$230

COMIC BOOK CREATIONS CAMP: WHERE IMAGINATIONS COME TO LIFE!

Imaginations come to life as students create an array of fun characters and tell a compelling story as they are guided through making their very own comic book from start to finish! Drawing, storytelling, and adventure are made simple through step-by-step examples in this everyone-has-a-blast camp!

9:00 am-12:00 pm

6058.901 7/25-7/29 M-F \$230

SPECIALTY CAMPS



Engineering for Kids

8–12 yrs

Instructor: Engineering for Kids
Community Center

DESIGN THE FUTURE

What does the future look like? Let's take a look at the innovations of today and apply them to create the designs of tomorrow. In an ever-changing world where anything can happen in a flash—we need to stay one step ahead! Using the Engineering Design Process, create ways to harness clean energy, house a growing human population, prepare for outbreaks of highly contagious diseases and more! Join us as we embark on an odyssey to Design the Future while touching upon real life problems and exploring the roles of various engineers and engineering disciplines in solving them including Mechanical, Electrical, Chemical, Software and LEGO® Robotics! Take home at least three of your very own masterpieces every week!

\$285/\$265 (Dist. Res.)

6775.907 8/1–8/5 M–F 9:00 am–12:00 pm
\$50 lab fee due to instructor first day of camp.

Fun with Academics: VIRTUAL

8–13 yrs

Instructor: Fun with Academics

Off-Site: Virtual

Visit <http://funwithacademics.com> for details.

\$225/\$205 (Dist. Res.)

FUN WITH CODE AND ART: LIVING ART WITH JAVASCRIPT

Have fun learning how to write computer programs with JavaScript to create art and music! We will write code to implement a dynamic art display that reacts to whatever sound is being played. Learn code on how to accept user input to create a visually stunning masterpiece!

6047.901 6/13–6/17 M–F 10:00 am–12:00 pm

ELECTRONIC VIDEO GAME DESIGN: FOOD DELIVERY MAYHEM

Design, create and program a platform game that will require players to collect all the different ingredients, make the best pizza and serve hungry customers in record time! We will use the Engineering Design Process to create a storyboard to outline the rules of play and characters for our game and bring our storyboard to life with programming and animation! At the end of the class everyone takes home a working Windows-compatible game on their own Engineering for Kids flashdrive!

\$285/\$265 (Dist. Res.)

6775.908 8/1–8/5 M–F 12:30–3:30 pm
\$50 lab fee due to instructor first day of camp.

ALL DAY! DESIGN THE FUTURE & ELECTRONIC VIDEO GAME DESIGN

Sign up for a full day camp and save! Kids get to explore both Design the Future and Electronic Video Game Design: Food Delivery Mayhem. 30-minute supervised lunch; students bring their own lunch.

\$525/\$505 (Dist. Res.)

6775.909 8/1–8/5 M–F 9:00 am–3:30 pm
\$100 lab fee due to instructor first day of camp.

FUN WITH CODE: GOALIE MANIA WITH JAVASCRIPT

Have fun learning how to write a JavaScript game app, GoalieMania, to which you can challenge your friends! Learn code on how to control the game character and ball physics. Your abilities are put to the test when multiple balls are coming at you!

6047.902 6/13–6/17 M–F 1:00–3:00 pm



FUN WITH CODE: MAZE RUN WITH JAVASCRIPT

Have fun learning how to write a side-scrolling game in JavaScript, Maze Run! With a raging fire at your heels, see how long you can last in the maze! Learn code on how to control the game character and generate a scrolling, random set of passages.

6047.903 6/20–6/24 M–F 10:00 am–12:00 pm

FUN WITH CODE: SUPER PONG WITH JAVASCRIPT

Have fun learning how to write computer programs with JavaScript! Write code to create an enhanced version of Pong, which will run in a web browser and utilize shapes, sound effects, and text. Turbo boost your ball, super-size your paddle, or send back curve balls!

6047.904 6/20–6/24 M–F 1:00–3:00 pm

FUN WITH CODE AND ART: SOUND EFFECTS WITH JAVASCRIPT

Have fun learning how to write computer programs with JavaScript to create cool sound effects! We will write code to implement a sound effects matrix where you will get blasted with different effects depending on where your character is on the grid.

6047.905 6/27–7/1 M–F 10:00 am–12:00 pm

FUN WITH CODE & ART: COLOR BY NUMBERS WITH JAVASCRIPT

Have fun learning how to write an app that your friends can use to color by numbers! Write code to create coloring sheets and the images that are on them. Users will pick the colors and color in the sheets using a keyboard and mouse.

6047.906 6/27–7/1 M–F 1:00–3:00 pm

FUN WITH CODE AND ART: PIXEL ART WITH JAVASCRIPT

Have fun learning how to write a JavaScript app that you, your friends, and your family can use to create pixel art! We will write code to pick colors and draw pixels, using a mouse and keyboard. Recreate your favorite 8-bit characters or create an original!

6047.907 7/18–7/22 M–F 10:00 am–12:00 pm

FUN WITH CODE: WHACK-A-MOLE WITH JAVASCRIPT

Have fun learning how to write computer programs with JavaScript! We will write code to create a carnival game, Whack-a-Mole, which will run in a web browser and utilize images, shapes, sound effects, and text. Learn code on how to smash the moles into submission!

6047.908 7/18-7/22 M-F 1:00-3:00 pm

FUN WITH CODE AND ART: SKETCH WITH JAVASCRIPT

Learn how to write computer programs with JavaScript to create cool sketches! Write code to implement a drawing canvas, similar to an Etch-a-Sketch. Learn code to control your paint brush and change colors to create your masterpiece!

6047.909 7/25-7/29 M-F 10:00 am-12:00 pm

FUN WITH CODE AND ART: ANIMATION AND MUSIC WITH JAVASCRIPT

Have fun learning how to write JavaScript computer programs to animate your favorite characters and set the scene to music! Use code to create character images, props, and backgrounds. Stories will come to life when the scene is animated and the soundtrack sets the mood!

6047.910 7/25-7/29 M-F 1:00-3:00 pm

Little Medical School Camp

5-10 yrs

Instructor: Little Medical School Staff

Community Center: Soroptimist Room

\$280/\$260 (Dist. Res.)

\$25 lab fee due to instructor first day of camp.

LITTLE VETERINARIAN SCHOOL

Children learn to make important measurements on their very own stuffed Puppy. Students will learn how much water their dogs need in a day. They will also learn how to remove ticks using proper techniques and the importance of vaccines, dog behavior and much more.

6048.901 7/11-7/15 M-F 1:00-4:00 pm

Mad Science Camps

Instructor: Mad Science Staff

Community Center

\$295/\$275 (Dist. Res.)

\$35 lab fee due to instructor at first camp.

CRAZY CHEMISTRY

6-12 yrs

Shake up a flask of fun as a JR chemist! These five days of chemistry are packed with cool reactions. We'll explore and create exciting chemical reactions, make colorful concoctions and bubbling brews. Amaze yourself with magical temperature changing baggie science or growing ghost crystals. Study the chemistry involved in chalk and soap, and even experiment with the chemistry used by artists, spies and detectives! Bring home a project each day. Hop on board the chemistry express for a high-speed science experience!

6067.901 6/20-6/24 M-F 9:00 am-12:00 pm

SECRET AGENT LAB

6-12 yrs

This program features fun-filled, hands-on, secret agent-themed science activities that allow kids to play detective, explore forensic science, sharpen their surveillance skills, and crack encrypted messages. Kids become super sleuths!

6067.902 6/20-6/24 M-F 1:00-4:00 pm

LITTLE DENTAL & NUTRITION CAMP

Your child will embark on a journey to learn all about having healthy mouth and oral hygiene by encouraging the students to assume the role of a dentist. Students will also learn different types of sugars, solid fats, and healthy options and more.

6048.902 7/18-7/22 M-F 1:00-4:00 pm

**ROCKIN' ROCKETS & AERODYNAMICS**

6-12 yrs

From the earliest flying machines to the first rocket flights, this hands-on program for children will allow them to build many different flying devices. See how Newton's laws of motion help explain how things move and how rockets fly, and see how amazing our Milky Way is.

6067.903 7/5-7/8 Tu-F 1:00 pm-4:00 pm

MY FIRST LAB

4-6 yrs

Junior Mad Scientists dive into the realms of science with non-stop, hands-on fun! Learn about everything from air pressure to zebras! This week of discovery introduces kids to all facets of science. Explore the science of the sea and the fascinating creatures that live there! Campers become paleontologists by searching for fossils and participating in a mini dinosaur dig. Then we transform into bubbleologists to learn about the science of bubbles! Camp-Day Themes include: Creatures, Critters, Adventures in Air, Water & More, Senses.

6067.904 7/11-7/15 M-F 9:00 am-12:00 pm

3, 2, 1...BLAST OFF!

6-12 yrs

Yes, we are Rocket Scientists! And you can be too! Blast to the top of the class with an in-depth look at all things Rocket! This action-packed week focuses on rockets and the physics of rocket flight. After learning the model rocket safety code, campers will build a number of different rockets. Campers will be divided into three groups: altitude trackers, launch preparation, and launchers. Every camper will have an opportunity to try all three.

6067.905 7/11-7/15 M-F 1:00-4:00 pm

SPECIALTY CAMPS



Tiny Tech Summer Club

Instructor: Tiny Techs Club

Community Center

\$295/\$275 (Dist. Res.)

ROBOTED: LAUNCHERS/ BATTLEBOTS

6–10 yrs

Enter the arena! Build different launchers including a catapult, ninja star, tank, battering ram, and fighter plane. These robots teach the fundamentals of mechanics like gears, levers, pulleys, cranks, and more. Each team of two gets a computer and LEGO® WeDo kit to learn with. Exclusive curriculum with an emphasis technology, engineering, and programming. Prepare for liftoff!

6666.901 6/20–6/24 M–F 1:00–4:00 pm

ROBOTED: MOVIEBOTS

6–10 yrs

Join us as we build different robots inspired by popular movies! The Lion roars, the Bug crawls and the Troll is Angry! Using Circuit Cubes students learn different simple machine concepts while building a model to showcase the focus concept. Easy to use LEGO® like bricks and simple instructions make this camp a fun, engaging and hands-on learning experience!

6666.902 7/18–7/22 M–F 1:00–4:00 pm

CUSTOM BLOCKS WITH SCRATCH

7–11 yrs

Animate with SCRATCH. Learn the fundamentals of coding using this fun, easy-to-use interface and our exclusive curriculum! Students will learn an important aspect of coding in this class and understand the techniques of using custom blocks for each project. Some experience with SCRATCH is helpful. Students can bring their own flash drive or purchase it from us for \$5.

6666.903 8/1–8/5 M–F 1:00–4:00 pm

Young Rembrandts Junior

4–7 yrs

Instructor: Young Rembrandts

Community Center

\$15 material fee due to instructor first day of camp.

JUNIOR DOWN ON THE FARM WORKSHOP

We will explore a farm and all the elements that are seen on a farm, including a barn and a tractor, among others. In addition, we will learn to draw a variety of animals that live and play on our farm. On the last day we will combine all the pieces we learned previously into one large farm scene—full of fun!

\$185/\$165 (Dist. Res.)

6050.902 6/20–6/24 M–F 9:00 am–12:00 pm

JUNIOR TRANSPORTATION WORKSHOP

This workshop gives you the chance to learn to draw all the different modes of transportation we use to get around, maybe even some we don't use! Cars, trucks, airplanes, helicopters and more will fill our drawings. We will complete our last day with one large scene including as many roads, bridges and vehicles as we can draw.

\$175/\$155 (Dist. Res.)

6050.904 7/5–7/8 Tu–F 9:00 am–12:00 pm

JUNIOR MOUSE, COOKIES & CRAYONS WORKSHOP

Children will explore the world of Laura Numeroff in this five-day workshop full of art and reading. Each day the class will read a different Laura Numeroff book, and afterwards, students will draw a Young Rembrandts lesson which incorporates one feature of the book they've enjoyed reading together. Students will create wonderful drawings and bring their favorite stories to life by combining creativity and imagination!

\$185/\$165 (Dist. Res.)

6050.906 7/18–7/22 M–F 9:00 am–12:00 pm

Young Rembrandts

6–12 yrs

Instructor: Young Rembrandts Staff

Community Center

\$185/\$165 (Dist. Res.)

\$15 material fee due to instructor first day of camp

EGYPTIAN WORKSHOP

This summer, explore the mysterious world of Egypt with Young Rembrandts! We will spend five days digging into how the Egyptians lived. We will investigate decorative objects in the treasured tombs including sarcophagi, hieroglyphics and more. We will create drawings full of artifacts and Egyptian imagery using a variety of media.

6050.901 6/13–6/17 M–F 9:00 am–12:00 pm

FANTASY FOREST WORKSHOP

Magical, mythical, marvelous art is coming your way in this new Young Rembrandts Drawing Workshop! Join us for five days filled with fun and creative thought as we explore deep in the Fantasy Forest. Students will tap into their imagination while learning to draw otherworldly creatures like fairies, trolls and a forest queen. Your child's talent will truly enchant you as they create beautiful scenery and new masterpieces every day. Register now to save your child's spot in this fanciful workshop focused on creativity and whimsy!

6050.903 6/27–7/1 M–F 9:00 am–12:00 pm

ANIME & MANGA WORKSHOP

Why sit in front of the TV and watch cartoons when you can draw amazing characters and awesome scenes of your very own? Join us for five, action-packed days as Young Rembrandts hosts a wonderful Anime and Manga Drawing Workshop. Our students will create dazzling illustrations that are influenced by popular Japanese anime and manga themes. Colorful characters with expressive personalities jump off the page. Our students will be delighted as we create drawings that emulate the popular anime and manga art styles. Don't miss out on an exciting opportunity to produce wonderful artwork. Sign up today!

6050.905 7/11–7/15 M–F 9:00 am–12:00 pm

SPORTS CAMPS



SKETCH & FRIENDS: UNDERWATER EXPLORERS WORKSHOP

Underwater exploration comes to life in this 5-day cartoon workshop. Follow our four cartoon characters as they explore the deep blue sea. Students draw the cartoon characters in their underwater sea station, draw jokes about life on the job and illustrate other crazy encounters with Sketch and his animal friends. Cartooning techniques like expression, sequencing and scenic development are just a few of the hilarious lessons learned all workshop long.

6050.907 7/25-7/29 M-F 9:00 am-12:00 pm

Teen Special Interest Camps

LIVE Instructor Virtual Online Driver's Ed

15 yrs & up

This is a virtual Driver's Education with a live instructor. Students will enjoy a series of Driver's Education lectures including understanding the responsibilities of having a driver's license, learning the rules of the road and accident-avoidance procedures. Independent assignments will also be completed during the week.

Course also includes practice questions, defensive driving movies and written test prep. Upon successful completion, students will receive a certificate of completion.

Instructor: Bay Area Driver's Ed

Off-Site: Virtual

\$190/\$170 (Dist. Res.)

5100.901 6/6-6/10 M-F 9:00 am-12:00 pm

5100.902 7/11-7/15 M-F 9:00 am-12:00 pm

5100.903 8/1-8/5 M-F 9:00 am-12:00 pm

Tennis Camps

6-14 yrs

Learn the fundamentals of the game: different grips, forehand, backhand, volley, overhead smash, serve, return of serve and footwork. Wear tennis shoes, bring racquet, a snack and lots of water.

Instructor: Coach Rafa

College Park High School Tennis Courts (adjacent to Community Center parking lot)

9:00 am-12:00 pm | \$250/\$230 (Dist. Res.)

5589.900 6/6-6/10 M-F 6-10 yrs

5589.901 6/20-6/24 M-F 11-14 yrs

5589.902 7/11-7/15 M-F 6-10 yrs

5589.903 7/18-7/22 M-F 6-10 yrs

PRE-SEASON CONDITIONING CAMP

5589.904 8/1-8/5 M-F 11-14 yrs

Kidz Love Soccer Camps at Pleasant Hill Park

4.5-10 yrs

Learn soccer skills including: dribbling, passing, receiving, and shooting. Everyone is a winner as the week's fun culminates in an age-appropriate "World Cup" tournament. All campers receive a Kidz Love Soccer jersey and soccer ball. Campers should bring a full water bottle, a healthy snack and sunscreen. SHINGUARDS ARE REQUIRED.

PH Park, West Field

9:00 am-12:00 pm | \$258/\$238 (Dist. Res.)

5039.900 Level 1 6/6-6/10 M-F 4.5-6 yrs

5039.901 Level 2 6/6-6/10 M-F 7-10 yrs

5039.902 Level 1 7/11-7/15 M-F 4.5-6 yrs

5039.903 Level 2 7/11-7/15 M-F 7-10 yrs

Skyhawks Camps at Pleasant Hill Park

M-F, Half Day: 9:00 am-12:00 pm

\$265/\$245 (Dist. Res.)

5099.900 6/13-6/17 Mini-Hawk 4-6 yrs

5099.901 6/13-6/17 Summer Olympics 7-11 yrs

5099.902 6/20-6/24 Baseball 5-7 yrs

5099.903 6/20-6/24 Baseball 8-12 yrs

5099.904 6/27-7/1 Volleyball 6-9 yrs

5099.905 6/27-7/1 Volleyball 10-13 yrs

5099.906 7/18-7/22 Flag Football 5-7 yrs

5099.907 7/18-7/22 Flag Football 8-12 yrs

5099.908 7/25-7/29 Basketball 5-7 yrs

5099.909 7/25-7/29 Basketball 8-12 yrs

5099.910 8/1-8/5 Mini-Hawk 4-6 yrs

5099.911 8/1-8/5 Summer Olympics 7-11 yrs

National Academy of Athletics Camps at Rodgers-Smith Park

6-11 yrs

M-F, Full Day:

9:00 am-3:00 pm | \$340/\$320 (Dist. Res.)

M-F, Half Day:

9:00 am-12:00 pm | \$250/\$230 (Dist. Res.)

*4 days Tu-F, Half Day:

9:00 am-12:00 pm | \$214/\$194 (Dist. Res.)

5080.910 6/13-6/17 All Sports of Sports Full

5080.911 6/13-6/17 All Sports of Sports Half

5080.912 6/20-6/24 Basketball Camp Half

5080.913 6/27-7/1 Flag Football Half

5080.914 7/5-7/8* All Sports of Sports Half

5080.915 7/11-7/15 Volleyball Camp Half

5080.916 7/25-7/29 Flag Football Half

5080.917 8/1-8/5 Basketball Camp Full

5080.918 8/1-8/5 Basketball Camp Half





2022 CAMPS AT A GLANCE

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10
	Jun 6– Jun 10	Jun 13– Jun 17	Jun 20– Jun 24	Jun 27– Jul 1	Jul 5– Jul 8	Jul 11– Jul 15	Jul 18– Jul 22	Jul 25– Jul 29	Aug 1– Aug 5	Aug 8– Aug 12
PRE-SCHOOL	Castle Tales Musical Theatre Camp (4-7y) [pg 12]			█		█		█		█
	Creative Spark Theatre Camps (4-6y) [pg 12]	█	█				█	█		
	Hummingbird Prep Camp (2.3y-3.3y) [pg 6]									█
	Jellyfish Camp (3.6y-5.11y) [pg 6]	█	█	█	█	█	█	█		
	Kidz Love Soccer (4.5-6y) [pg 19]	█				█				
	Narwhals Camp (4-5.11y) [pg 6]	█	█	█	█	█	█	█		
	Seahorses Camp (1.6y-2.6y) [pg 6]	█	█	█	█	█	█	█		
	Skyhawks Camps (4-6y) [pg 19]		█						█	
	Spanish for Children (3-7y) [pg 14]	█	█		█	█		█	█	
	Starfish Camp (2.3y-4y) [pg 6]	█	█	█	█	█	█	█		
Young Rembrandts Junior (4-7y) [pg 18]			█		█		█			
YOUTH	Adventure Kids Camp (Gr 1-5) [pg 7]	█	█	█	█	█	█	█	█	
	Cooking Round the World (6-12y) [pg 13]	█	█	█	█	█	█	█	█	
	Creative Spark Theatre Camps (7-12y) [pg 12]	█	█					█	█	
	Dance Camps (5-9y) [pg 12]			█	█		█	█		
	Endless Summer (Gr 1-8) [pg 8]							█	█	
	Engineering for Kids (5-8y) (8-12y) [pg 15-16]	█				█			█	
	Fun with Academics: VIRTUAL (8-13y) [pg 16]		█	█	█			█	█	
	Guitar, Music & More (5-14y) [pg 13]			█					█	
	Kidz Love Soccer Camps (7-10y) [pg 19]	█				█				
	LEGO Bricks 4 Kids Camps (7-12y) [pg 10]	█			█			█	█	
	Little Medical School Camps (5-10y) [pg 17]						█	█		
	Mad Science Camps (6-12y) [pg 17]			█		█	█			
	National Academy of Athletics Camps (6-11y) [pg 19]		█	█	█	█	█		█	█
	Play-Well TEKologies Camps (5-7y) (7-12y) [pg 10-11]	█	█		█		█		█	
	Skyhawks Camps (5-7y) (6-9y) (7-11y) (8-12y) [pg 19]		█	█	█			█	█	█
	Snapology (6-11y) [pg 11]	█	█							█
	Splash 'N Dash Camp (8-12y) [pg 2]		█	█	█		█	█	█	
	Summer Rec Rookie Camp (Gr K-2) [pg 7]		█	█	█	█	█	█		
	Summer Rec Camp (Gr 3-8), Afternoon Rec (Gr 1-8) [pg 7]		█	█	█	█	█	█		
	Techplosion Camps (6-8y) (9-12y) [pg 14]		█	█						
Tennis Camps (6-14y) [pg 19]	█		█			█	█		█	
Tiny Tech Summer Club (5-10y) (7-11y) [pg 18]			█				█		█	
Village Music School (7-11y) [pg 15]					█	█	█	█		
Young Rembrandts (6-12y) [pg 18]		█		█		█		█		
TEENS	Good Vibe Tribe! (12-15y) [pg 9]							█		
	Jr. Lifeguard Camp (11-14y) [pg 2]	█							█	
	LIVE Instructor Virtual Online Driver's Ed (15y+) [pg 19]	█					█		█	
	XTREME Summer Camp (Gr 6-10) [pg 8]	█	█	█	█	█	█	█	█	



SWIM LESSONS for ages 6 months to adults, all levels • Private and group lessons available. Spring lessons start March 5 • Summer lessons start June 4 • Weekday and weekend. View full schedule and **Sign Up NOW!** pleasanthillrec.com or call (925) 682-0896.

Spring/Summer
2022

the Spotlight



In-Person Special Events

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Keep Cool at the Pool

Pages 22–24

Adult Classes & Sports

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Aquatics

Public Swimming

PLEASANT HILL AQUATIC PARK

147 Gregory Lane, Pleasant Hill, 682-7830

The facility includes:

- 25-yard pool with two diving boards
- 20-yard shallow water training pool
- Sprayground
- Changing rooms with showers and restrooms
- Two picnic areas, with BBQ pit/two tables, on lawn area off the pool deck (available for reservation)

All persons entering the facility must pay admission. 15-minute rest breaks are observed every hour. Coast Guard Approved flotation devices allowed with adult supervision.

PUBLIC SWIMMING ADMISSION

2 yrs & under.	Free
3-17 yrs	\$5.00
18 yrs/older.	\$5.00
Seniors 55 yrs/older.	\$4.50

Children 8 years and under must be accompanied in the water by a paying adult (18 yrs/older).

Children 12 years and under must be accompanied in the facility by a paying adult.

PUBLIC SWIMMING HOURS

Spring: May 28–June 5
Sat/Sun, 1:00–5:00 pm

Summer: June 6–August 7
Mon/Wed/Thu, 1:30–4:00 pm
Fri/Sat/Sun, 1:00–5:00 pm

Late Summer: August 13–September 5
Sat/Sun, 1:00–5:00 pm

Holidays: May 30, 1:00–5:00 pm
July 4, 1:00–5:00 pm
September 5, 1:00–5:00 pm

PUBLIC SWIMMING PASSES

Come play at the pool; it's a great way to spend the summer! Swim passes save money and are valid 5/28–9/5 during public swimming hours. Passes cannot be shared, are non-transferable and non-refundable.

10-Visit Swim Pass:

3-17 yrs	\$48/\$38 (Dist. Res.)
18 yrs/older.	\$48/\$38 (Dist. Res.)
Seniors 55 yrs/older.	\$43/\$34 (Dist. Res.)

Season Swim Pass:

<i>Unlimited use during public swim hours.</i>	
3-17 yrs	\$115/\$95 (Dist. Res.)
18 yrs/older.	\$115/\$95 (Dist. Res.)
Seniors 55 yrs/older.	\$100/\$85 (Dist. Res.)

Note: Pools are subject to closure without warning, based on attendance, weather, emergencies and training, maintenance or safety issues.

Aquatic Rentals

Aquatic Rentals

Make your next party a big splash! Reservation and \$100 refundable security deposit, with use fees for pool picnics and parties are required to confirm your reservation. A minimum of two weeks advance reservation is required. Forms are available at the District Office, 147 Gregory Lane, call 682-0896.

Aquatic Park Picnics

Reserve the Aquatic Park picnic area for any special occasion. Rental fee includes barbecue grill, two picnic tables and pool admission for 20 people. Additional guests pay regular pool admission.

SPRING: MAY 28–JUNE 5

Sat/Sun, 1:00–5:00 pm

SUMMER: JUNE 6–AUGUST 7

Mon/Wed/Thu, 1:30–4:00 pm
Fri/Sat/Sun, 1:00–5:00 pm

LATE SUMMER: AUGUST 13–SEPTEMBER 5

Sat/Sun, 1:00–5:00 pm

HOLIDAYS:

May 30, 1:00–5:00 pm
July 4, 1:00–5:00 pm
September 5, 1:00–5:00 pm

Fee: TBD

Private Aquatic Park Parties

Reserve the pool for your own private party! Minimum 2-hour rental includes lifeguards. Fees are based on the number of guests and portions of the facility used. No alcohol or smoking permitted in the pool area. Call the District Office at 682-0896 or visit www.pleasanthillrec.com for more information.

Available: April–October
Friday/Saturday/Sunday | 5:30–7:30 pm



Pleasant Hill Dolphins Swim Team

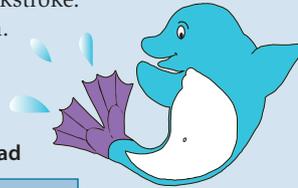
Have Fun! Swim Fast! Founded in 1964, the Pleasant Hill Dolphins is a summer recreational swim team. Daily practice with instruction in all four competitive strokes, racing starts and turns and swim meets in the summer. The team also offers special activities for swimmers and their families. Swimmers must be able to swim 25 yards of freestyle (face in the water with rhythmic breathing) and 25 yards backstroke. Questions? Email Coach Talli at tpitcher@pleasanthillrec.com.

Head Coach: Talli Pitcher

Practice Schedule (Season runs 4/11–7/25)

Spring practice held at PH Aquatic Park: 147 Gregory Lane;

Summer practice at PH Education Center Pool: 1 Santa Barbara Road



Age as of 6/15/22	Activity Code	Spring: 4/11–6/2 M–Th	Summer: 6/6–7/25 M/Tu/Th/F
6 & under	8223.901	4:15–4:45 pm	10:30–11:15 am
7–8	8224.901	4:45–5:30 pm	10:30–11:15 am
9–10*	8225.901	5:45–6:45 pm*	9:30–10:30 am
11–12*	8226.901	5:45–6:45 pm*	9:30–10:30 am
13–14*	8227.901	6:45–7:45 pm*	8:00–9:30 am
15–18*	8228.901	6:45–7:45 pm*	8:00–9:30 am

*For 9–18 swimmers: all practices are at PH Education Center Pool. Combined PM practice for all age groups available for those unable to make AM practice, 5:00–6:00 pm. No practice May 30, July 1–July 4. County meet qualifying swimmers practice through July 29. All practices move to PH Education Center Pool on May 16.

REGISTRATION:

Through May 23, 2022 at the District Office (M–F, 9:00 am–5:00 pm) or online at www.pleasanthillrec.com. For more information, call (925) 682-0896.

Note: Pools are subject to closure without warning, based on attendance, weather, emergencies and training, maintenance or safety issues.

WORK ASSIGNMENTS:

Parents/families play a vital role in the success of this program and parent participation is required. \$500 Family Deposit (per family) must be paid at the time of registration to the Pleasant Hill Dolphins Parent Club. Checks will only be cashed if work assignments are not completed. Parent Meeting at 7:30 pm on Thursday, 5/19, at Senior Center will discuss work requirements. See www.pleasanthilldolphins.com for more information.

Mini Dolphins

7 yrs & under

A program for young swimmers who are not quite ready for the Dolphins Swim Team. Students must be able to take breaths on their own while "swimming." Swimmers will be instructed in all competitive strokes. Depending on progress/ability, participants may join the Dolphins. Summer Mini-Dolphins participate in age group/end-of-season parties, receive a team t-shirt and swim in the last home meet.

SPRING

PH Aquatic Park: 147 Gregory Lane

\$215/\$195 (Dist. Res.)

8200.901 4/12–6/2 Tu/Th 4:15–4:45 pm

SUMMER

PH Education Center Pool: 1 Santa Barbara Rd

\$300/\$280 (Dist. Res.)

8200.902 6/6–7/25 M/Tu/Th/F 11:30–12:00 pm

Practices subject to change due to events. Check weekly email for updates. No practice 6/24, 7/1–7/4

FREE! Swim Tryouts

Tryouts are for Mini-Dolphins and new 8 and under swimmers ONLY. Pre-registration required. You may register for programs before you attend tryouts.

PH Aquatic Park: 147 Gregory Lane

Monday, 2/28, 5:00 pm

Sunday, 3/27, 10:30 am

Friday, 6/3, 10:00 am

Registration Fees

14 & under swimmers:

12/13–2/28 ... \$525/\$505 (Dist. Res.)

3/1–3/31 ... \$555/\$535 (Dist. Res.)

After 4/1 ... \$585/\$565 (Dist. Res.)

High School Swimmers:

12/13–3/31 ... \$370/\$350 (Dist. Res.)

After 4/1 ... \$400/\$380 (Dist. Res.)

Fee includes team t-shirt. Register early to take advantage of the optional payment plan.

Classes and Clinics

Lifeguard Training

15 yrs & up

Learn how to save a life and become an American Red Cross Lifeguard! After successful completion, the American Red Cross will issue certificates in Lifeguarding/First Aid/CPR/AED, Administering Emergency Oxygen and Title 22. Bring swimsuit, towel, lifeguard book (receive in class), resuscitation mask (receive in class), and lunch each day. Approximately seven hours of online learning must be completed before first class. See pleasanthillrec.com for prerequisites.

Instructor: Aquatic Staff

PH Aquatic Park: 147 Gregory Lane

\$270/\$250 (Dist. Res.)

8715.803 3/6–3/20 Sa/Su 9:00 am–5:30 pm

8715.804 4/2–4/16 Sa/Su 9:00 am–5:30 pm

8715.805 4/4–4/8 M–F 9:00 am–5:30 pm

8715.806 4/23–5/7 Sa/Su 9:00 am–5:30 pm

Lifeguard Training Review

16 yrs & up

For those who have taken a lifeguard training course and need to renew their certifications. Includes lecture, video review, skills practice, testing (written and skills). Upon completion, the American Red Cross will issue certificates in Lifeguarding/First Aid/CPR/AED. Bring lunch. Must provide proof of current certification.

Instructor: Aquatics Staff

PH Aquatic Park: 147 Gregory Lane

\$200/\$180 (Dist. Res.)

8717.802 3/26–3/27 Sa/Su 9:00 am–5:00 pm

8717.803 5/14–5/15 Sa/Su 9:00 am–5:00 pm

Water Exercise

Aqua Aerobics: Deep & Shallow

16 yrs & up

A no-impact deep water class that incorporates cardiovascular fitness, core strengthening and toning. Swimming skills not required, but participants must be comfortable in deep water. Class can be done in shallow water. Bring own flotation device/belt.

Instructor: Sandra Franklin

PH Aquatic Park: 147 Gregory Lane

Drop-In: \$15/\$12 (Dist. Res.)

3 classes: \$42/\$34 (Dist. Res.)

4 classes: \$55/\$44 (Dist. Res.)

5 classes: \$66/\$53 (Dist. Res.)

TUESDAYS (AM)

8127.804 4/12-4/26 3 classes 8:30-9:30 am

8127.805 5/3-5/24 4 classes 8:30-9:30 am

8127.901 6/7-6/28 4 classes 8:30-9:30 am

8127.902 7/12-7/26 3 classes 8:30-9:30 am

8127.903 8/2-8/30 5 classes 8:30-9:30 am

WEDNESDAYS (PM)

8130.901 6/1-6/29 5 classes 7:00-8:00 pm

8130.902 7/6-7/27 4 classes 7:00-8:00 pm

8130.903 8/3-8/31 5 classes 7:00-8:00 pm

THURSDAYS (PM)

8130.804 4/14-4/28 3 classes 7:00-8:00 pm

8130.805 5/5-5/19 3 classes 7:00-8:00 pm

Aqua Zumba

16 yrs & up

Come join the pool party! Aqua Zumba® integrates the exotic rhythms of Zumba with water fitness to create a fun and exciting low impact water workout! No swimming skills required. Water shoes recommended.

Instructor: Sandra Franklin

PH Aquatic Park: 147 Gregory Lane

Drop-In: \$16/\$13 (Dist. Res.)

3 classes: \$46/\$37 (Dist. Res.)

4 classes: \$60/\$48 (Dist. Res.)

5 classes: \$73/\$59 (Dist. Res.)

TUESDAY (PM)

8125.804 4/12-4/26 3 classes 7:00-8:00 pm

8125.805 5/3-5/24 4 classes 7:00-8:00 pm

MONDAY (PM)

8125.901 6/6-6/27 4 classes 7:00-8:00 pm

8125.902 7/11-7/25 3 classes 7:00-8:00 pm

8125.903 8/1-8/29 4 classes 7:00-8:00 pm

No class 8/8

Lap Swim

16 yrs & up

Stay fit, work on your stroke technique, improve your endurance; rejuvenate and energize your mind/body while you swim your way to a healthier life!

PH Aquatic Park: 147 Gregory Lane

Daily Fee: \$10/\$8 (Dist. Res.) | Senior 55+: \$8/\$7 (Dist. Res.)

10-Swim Punch Card: \$76/\$64 (Dist. Res.) | Senior 55+ Punch Card: \$68/\$57 (Dist. Res.)

Spring Lap Swim Hours start April 11; Summer Lap Swim Hours start June 5.

Visit www.pleasanthillrec.com or call the District Office at (925) 682-0896 to confirm hours.

Holidays: 4/17, 5/28-5/30, 6/25-6/26, 7/2-7/4, 9/3-9/5.

Water Aerobics

The ultimate in low-impact aerobics! All the benefits of land aerobics while cushioning the body from impact and providing resistance during exercise. Emphasis is on cardiovascular workout, toning muscles, and slimming the body. Swimming skills not required.

Instructor: MaryBeth McCarthy

PH Aquatic Park: 147 Gregory Lane

6-Swim Water Aerobics Punch Card: \$90/\$72 (Dist. Res.) | Senior 55+: \$82/\$66 (Dist. Res.)

Water Aerobics Punch Card is only valid for MaryBeth's classes.

3 classes: \$37/\$30 (Dist. Res.) | Senior 55+: \$33/\$27 (Dist. Res.)

4 classes: \$50/\$40 (Dist. Res.) | Senior 55+: \$45/\$36 (Dist. Res.)

5 classes: \$62/\$50 (Dist. Res.) | Senior 55+: \$56/\$45 (Dist. Res.)

MONDAYS (8:00-9:00 AM)

8102.803 3/7-3/28 4 classes

8102.804 4/4-4/25 4 classes

8102.805 5/2-5/23 4 classes

8102.901 6/6-6/27 4 classes

8102.902 7/11-7/25 3 classes

8102.903 8/1-8/29 5 classes

WEDNESDAYS (8:00-9:00 AM)

8103.803 3/2-3/30 5 classes

8103.804 4/6-4/27 4 classes

8103.805 5/4-5/25 4 classes

8103.901 6/1-6/29 5 classes

8103.902 7/6-7/27 4 classes

8103.903 8/3-8/31 5 classes

FRIDAYS (8:00-9:00 AM)

8104.803 3/4-3/25 4 classes

8104.804 4/1-4/29 5 classes

8104.805 5/6-5/27 4 classes

8104.901 6/3-6/24 4 classes

8104.902 7/1-7/29 5 classes

8104.903 8/5-9/2 5 classes

Aquatic Events

Public Swim Theme Days

Join us during public swim for a special day of themed activities. Public Swim Passes are valid for entry. See Public Swim Section on page 22 for drop-in admission and additional information.

- **Twilight Swim:**
Sat, June 18, 6:00-8:00 pm
- **Game Day:** Fri, June 24, 1:00-5:00 pm
- **Pirate Day:** Fri, July 15, 1:00-5:00 pm
- **Mermaid Day:** Fri, Aug 5, 1:00-5:00 pm



A Springboard for the Future! Aquatics Team Now Hiring!

When you become a member of the Pleasant Hill Rec & Park Aquatics staff, what you do is important, meaningful and provides a springboard for your future career and life adventures. Not only will you get to work in the great outdoors, teaching people of all ages how to swim and helping to keep them safe around the pool, but you will also learn important career-transferrable skills like effective communication, teamwork, leadership, decision making and so many more. Plus, you will get to work with other recreation-loving people who make the work environment lots of fun! Sound like something you'd like to dive into? Join us this spring and summer!

15 yrs & up

Lifeguards • Swim Instructors • Cashiers

For job descriptions, applications and deadlines, visit our website at www.pleasanthillrec.com/161

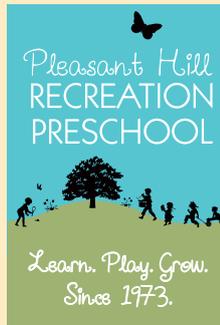


Preschool

School Year Preschool

Registration is on a first come, first serve basis. Birth certificate, immunization records and proof of residency required for discount. Children must be age-appropriate by 9/1/2022. For more information please contact director, Sarah Smith at (925) 771-7626 or ssmith@pleasanthillrec.com.

The Pleasant Hill Recreation & Park District Preschool has been encouraging the love of learning since 1973. Our preschool establishes the foundation for a child's future education. Come grow with us! Our Philosophy: A child who is playing is a child who is learning. Our experienced teachers encourage individual confidence, self-esteem, and social skills that children need to be happy and successful. Classes are in session mid-August through the end of May. Registration for the 2022–2023 school year opens March 31, 2022 ONLINE at 9:00 am. Call Sarah Smith for current availability.



Class	Age	Days	Time	Location	Res/Non
TTH Bumblebees	1.5–2.5 yrs	Tu/Th	8:15–11:15 am	PHCC	\$412/\$432
MWF Bumblebees	1.5–2.5 yrs	M/W/F	8:15–11:15 am	PHCC	\$505/\$525
TTH Hummingbirds	2.5–3.5 yrs	Tu/Th	8:15–11:15 am	PHWC	\$401/\$421
MWF Hummingbirds	2.5–3.5 yrs	M/W/F	8:15–11:15 am	PHWC	\$495/\$515
AM Bluebirds (potty-trained)	3 yrs 3 mo–4 yrs	Tu/W/Th	8:30–11:30 am	PHCC	\$427/\$447
PM Bluebirds (potty-trained)	3 yrs 3 mo–4 yrs	Tu/W/Th	1:00–4:00 pm	PHCC	\$427/\$447
AM Robins (potty-trained)	4–5 yrs	M/Tu/W/Th	8:30–11:30 am	PHCC	\$539/\$559
PM Robins (potty-trained)	4–5 yrs	Tu/W/Th	1:00–4:00 pm	PHCC	\$376/\$396
Peacocks (potty-trained)	4–5 yrs	Tu/W/Th	12:45–3:45 pm	PHWC	\$376/\$396

2022–2023 Rates

Dance Classes

Pre-Ballet

3–5 yrs

The basics of ballet are presented in a fun atmosphere. Teaches grace and the joy of movement in addition to basic ballet technique. Child must be potty-trained and able to participate without parent's presence. Attire: light pink leotard, tights, ballet shoes. Please NO skirts or tutus.

Instructor: Christie Tomlinson

Community Center: Dance Studio

\$109/\$89 (Dist. Res.)

6619.901 5/9–6/27 M 3:00–3:45 pm

6619.902 7/11–8/22 M 3:00–3:45 pm

No class 5/30

Sweet Pea Aerobics

3–5 yrs

An aerobics class for little tots to learn exercise movements through music and the alphabet. By the end of the session each child should know the letters of the alphabet and know how to count. This class is designed to engage children in learning but in a fun way where they will work out their wiggles.

Instructor: Angela Powell

Community Center: Dance Studio 1 & 2

\$180/\$160 (Dist. Res.)

6056.901 5/10–6/14 10:00–10:40 am

Zumbini Bilingual Class

6 months–5 yrs

Created by Zumba and Baby First. Combines music, dance and educational tools for 45 minutes of bonding, learning and having fun! A bonding experience for all involved; caregiver to child, child to child, and caregiver to caregiver in a fun, musical environment. Zumbini focus on energy, fun and play to contribute to the natural development of cognitive, social and emotional skills. Additional \$15 for the original take-home bundle with songbook, Zumbini app, music and TV show to continue the fun at home.

Instructor: Miriam Lattanzi

Winslow Center: Room 1 & 2

\$135/\$115 (Dist. Res.)

6634.901 6/8–7/13 4:30–5:15 pm

\$15 material fee payable to instructor.



Youth

Dance Classes

Instructor: Christie Tomlinson
Community Center: Dance Studio

BALLET

5-10 yrs

Designed for the budding ballerina! Floor exercises increase strength and flexibility. Barre exercises teach basic positions, and proper body alignment. Dance steps improve coordination and grace. Attire: black leotard, pink tights, pink slippers. Please NO skirts or tutus

\$123/\$103 (Dist. Res.)

6042.901 5/9-6/27 M 3:55-4:55 pm

6042.902 7/11-8/22 M 3:55-4:55 pm

No class 5/30

TAP

5-9 yrs

Tip tap toe! It's off to tap we go! In this fun rhythmic energetic class students will learn basic tap steps, such as flaps and shuffles to be combined into a dance routine. Attire: comfortable clothes

\$95/\$75 (Dist. Res.)

6045.901 5/9-6/27 M 5:00-5:30 pm

6045.902 7/11-8/22 M 5:00-5:30 pm

No class 5/30

Japan Karate Do: Beginners

5-12 yrs

Join our traditional karate program and discover the fun and challenges of Karate-Do! More information at pleasanthillrec.com/268.

Instructor: William Fuentes

Winslow Center: Assembly Room

Website: www.PleasantHillKarate.org

MAY SESSIONS

Mondays | \$50/\$41 (Dist. Res.)

6095.809 5/2-5/23 M 5:00-5:45 pm

Tuesdays | \$61/\$50 (Dist. Res.)

6095.829 5/3-5/31 Tu 4:45-5:30 pm

Thursdays | \$61/\$50 (Dist. Res.)

6095.810 5/5-5/26 Th 5:00-5:45 pm

JUNE SESSIONS

Mondays | \$50/\$41 (Dist. Res.)

6095.901 6/6-6/27 M 5:00-5:45 pm

Tuesdays | \$50/\$41 (Dist. Res.)

6095.902 6/7-6/28 Tu 4:45-5:30 pm

Thursdays | \$50/\$41 (Dist. Res.)

6095.903 6/9-6/30 Th 5:00-5:45 pm

JULY SESSIONS

Mondays | \$38.75/\$32 (Dist. Res.)

6095.904 7/11-7/25 M 5:00-5:45 pm

Tuesdays | \$50/\$41 (Dist. Res.)

6095.905 7/5-7/26 Tu 4:45-5:30 pm

Thursdays | \$50/\$41 (Dist. Res.)

6095.906 7/7-7/28 Th 5:00-5:45 pm

AUGUST SESSIONS

Mondays | \$61/\$50 (Dist. Res.)

6095.907 8/1-8/29 M 5:00-5:45 pm

Tuesdays | \$61/\$50 (Dist. Res.)

6095.908 8/2-8/30 Tu 4:45-5:30 pm

Thursdays | \$50/\$41 (Dist. Res.)

6095.909 8/4-8/25 Th 5:00-5:45 pm

The Coder School

GAMES ARE AWESOME: BUILD A GAME WITH CODE!

6-11 yrs

Students make games of their very own through foundational coding! Student must bring their own computer.

Instructor: The Coder School

Senior Center: Computer Lab

\$245/\$225 (Dist. Res.)

6053.901 6/6-6/30 4:30-5:30 pm

Spring Break Camps

Spring break camps do not qualify for the 10% Summer Camp Expo discount.

Adventure Kids Camp

Grades K-5

A full-day camp with activities to keep children engaged and entertained. From science, art, cooking, group games, sports, and S.T.E.A.M. projects, we have something for all children to enjoy. Please bring a NUT FREE cold lunch and snacks daily. An AM/PM snack will be provided. Register by the day.

Instructor: KIDSTOP Staff

Gregory Gardens Elementary School:

1 Corritone Court

SPRING

7:30 am-5:30 pm | \$65/\$55 per day (Dist. Res.)

6060.801 4/4 M | **6060.804** 4/7 Th

6060.802 4/5 Tu | **6060.805** 4/8 F

6060.803 4/6 W

Spanish Spring Break Camp

3-7 yrs

Welcome to Campamento de Primavera! Children will learn Spanish through music, art, stories and more. See details online.

Instructor: Miriam Lattanzi,
Spanish 4 Children

Winslow Center: Rooms 1 & 2

\$325/\$305 (Dist. Res.)

6632.801 4/4-4/8 M-F 9:00 am-1:00 pm

\$10 material fee due first day of camp.



**PLAN
AHEAD FOR
FALL SPORTS**
**NFL Sponsored
Youth Flag Football League**



Grades K-2, 3-5 & 6-8

Starts Play October 1 (6 games)

More information at
pleasanthillrec.com/247.

Lifeguard Training

15 yrs & up

Learn how to save a life and become an American Red Cross Lifeguard! See pleasanthillrec.com for details.

Instructor: Aquatic Staff

PH Aquatic Park: 147 Gregory Lane

\$270/\$250 (Dist. Res.)

8715.805 4/4-4/8 M-F 9:00 am-5:00 pm

Spring Break Sports Camps

MULTI SPORTS

6-11 yrs

Camp games may include, baseball, basketball, dodge ball, soccer, flag football, capture the flag, ultimate frisbee, relay & obstacle races and more.

Instructor: National Academy of Athletics Staff

Pleasant Hill Park

Full Day | \$340/\$320 (Dist. Res.)

5080.822 4/4-4/8 M-F 9:00 am-3:00 pm

Half Day | \$250/\$230 (Dist. Res.)

5080.823 4/4-4/8 M-F 9:00 am-12:00 pm

TENNIS CAMPS

Campers will learn the fundamentals of the game: different grips, the forehand, backhand, volley, overhead smash, the serve, the return of serve and footwork.

Instructor: TBD

College Park Tennis Courts

9:00 am-12:00 pm | \$250/\$230 (Dist. Res.)

5089.800 4/4-4/8 M-F 6-10 yrs

5089.801 4/4-4/8 M-F 11-16 yrs

Youth Sports

TENNIS: Monthly Group Lessons

6-12 yrs

Classes run four weeks each month. Wear tennis shoes, bring racquet and water. Beginner/Advanced Beginner—minimal skills and playing experience.

College Park High School Tennis Courts

4 weeks | \$88/\$70 (Dist. Res.)

5555.900 6/7-6/28 Tu 6:30-7:30 pm

5555.901 7/5-7/26 Tu 6:30-7:30 pm

5555.902 8/2-8/23 Tu 6:30-7:30 pm

5584.900 6/8-6/29 W 6:30-7:30 pm

5584.901 7/6-7/27 W 6:30-7:30 pm

5584.902 8/3-8/24 W 6:30-7:30 pm

TENNIS FOR TEENS 13 YEARS & UP

See page 30.

NATIONAL ACADEMY OF ATHLETICS

Rodgers-Smith Park: Basketball Courts

\$123/\$103 (Dist. Res.)

Jr. Hoops

2-6 yrs

LITTLE SHOTS (2-3 YRS)

Parents and kids, focus on basic basketball skills. Structured challenges and games to develop listening skills, balance, ball skills and hand-eye coordination.

5080.900 6/4-7/9 Sa 10:00-10:45 am

5080.904 7/16-8/13 Sa 10:00-10:45 am

HOT SHOTS (3-4 YRS)

Participants are guided through a series of rhythm, speed, balance and coordination skills and drills. Work through obstacles learning to dribble, pass and shoot the ball. Parent participation is encouraged.

5080.901 6/4-7/9 Sa 11:00-11:45 am

5080.905 7/16-8/13 Sa 11:00-11:45 am

No class 7/2

BIG SHOTS (5-6 YRS)

Focus on rhythm, speed, balance, and coordination as well as fundamental skills: dribbling, passing, lay ups, shooting and begin to understand the rules of the game. Class ends with fun individual and small sided team scrimmages and challenges.

5080.902 6/4-7/9 Sa 12:00-12:45 pm

5080.906 7/16-8/13 Sa 12:00-12:45 pm

No class 7/2

Weekend Basketball Club

7-10 yrs

Beginner or intermediate players! Improve your game—footwork, passing, ball-handling and defense. Participants will do fun challenges, games and competitions in a positive and energetic environment.

5 weeks: \$153/\$133 (Dist. Res.)

5080.903 6/4-7/9 Sa 1:00-2:00 pm

5080.907 7/16-8/13 Sa 1:00-2:00 pm

SKYHAWKS MULTI SPORTS

2-5 yrs

Pleasant Hill Park

1 week | Monday-Friday, 7/11-7/15

\$162/\$142 (Dist. Res.)

5099.912 Parent & Me Soccer 9:30-10:00 am
Tots: 2-3 yrs

5099.913 Soccer Tots: 3 yrs 10:15-11:00 am

5099.914 Soccer Tots: 11:15 am-12:00 pm
4-5 yrs

KIDZ LOVE SOCCER

2-10 yrs

Shin guards are required by the second meeting for all classes except Mommy/Daddy & Me.

KLS Class Status Hotline (888) 372-5803. For information, visit www.kidzlovesoccer.com

Pleasant Hill Park

7-WEEK SPRING SESSIONS:

Fridays, 4/15-5/27 | \$162/\$142 (Dist. Res.)

5030.820 Mom/Dad & Me: 9:30-10:00 am
2-3½ yrs

5031.821 Tot/Pre-Soccer: 10:10-10:45 am
3½-4 yrs

5034.822 Soccer 2: Skillz & Scrimmages, 7-10 yrs 3:30-4:15 pm

5033.823 Soccer 1: 5-6 yrs 4:15-5:00 pm

5031.824 Tot/Pre-Soccer: 5:00-5:35 pm
3½-4 yrs

5030.825 Mom/Dad & Me: 5:45-6:15 pm
2-3½ yrs

Saturdays, 4/9-6/4 | \$162/\$142 (Dist. Res.)

5030.826 Mom/Dad & Me 9:05-9:35 am
2-3½ yrs

5033.827 Soccer 1: 5-6 yrs 9:45-10:30 am

5032.828 Pre-Soccer: 4-5 yrs 10:30-11:05 am

5031.839 Tot Soccer: 3½-4 yrs 11:05-11:35 am

5034.830 Soccer 2: Skillz & Scrimmages, 7-10 yrs 11:35 am-12:20 pm

No class 4/16, 5/28

4-WEEK SUMMER SESSION:

Fridays, 7/8-8/12 | \$112/\$92 (Dist. Res.)

5030.900 Mom/Dad & Me: 9:30-10:00 am
2-3½ yrs

5031.901 Tot/Pre-Soccer: 10:05-10:40 am
3½-4 yrs

5033.902 Soccer 1: 5-6 yrs 10:45-11:30 am
No class 7/15

6-WEEK SUMMER SESSIONS:

Fridays, 7/8-8/19 | \$145/\$125 (Dist. Res.)

5034.903 Soccer 2: 7-10 yrs 4:00-4:45 pm

5033.904 Soccer 1: 5-6 yrs 4:50-5:35 pm

5031.905 Tot/Pre-Soccer: 5:35-6:10 pm
3½-4 yrs

5030.906 Mom/Dad & Me: 6:15-6:45 pm
2-3½ yrs

No class 7/15

Saturdays, 7/9-8/20 | \$145/\$125 (Dist. Res.)

5030.907 Mom/Dad & Me: 9:05-9:35 am
2-3½ yrs

5033.908 Soccer 1: 5-6 yrs 9:45-10:30 am

5032.909 Pre-Soccer: 4-5 yrs 10:30-11:05 am

5031.910 Tot Soccer: 3½-4 yrs 11:05-11:35 am

5034.911 Soccer 2: 7-10 yrs 11:35-12:20 pm
No class 7/16

Youth



Teen Scene



Teen Scene programs are designed for youth in grades 6–12 unless otherwise noted. Some programs are open to youth and adults.

Teen After School Program

Grades 6–12

Monday–Friday @ Pleasant Hill Teen Center

School Dismissal until 6:00 pm

Our Afterschool Program (ASP) offers a perfect combination of fun structured activities and time to just hang out with friends. Program activities include homework help, sports, computers, ping-pong, foosball, pool table, outdoor fitness, and games. Snack Shack open daily. For more program details, visit pleasanthillrec.com/246

Plan Ahead!

Fall 2022 Registration Open House! Registration begins Wed, May 16th at 6:00 pm. We will stay open that evening until 7:30 pm. During this time you can meet the staff, complete registration paperwork, and see our facility.

2022/23 Fees: \$12/day | \$16/day with transportation from VVMS & PHMS

Annual Membership Fee of: \$60/\$50 (Dist. Res.)

XTREME Spring Break Camp

Grades 6 & up (siblings Grade 3 & up)

Experience an action-packed week! Daily on-site activities and local field trips. Register by the day. Camps must meet a minimum participation of seven participants by 3/18.

Instructor: Teen Center Staff.
Teen Center

SPRING

1 Day | 7:30 am–6:00 pm | \$55/\$45 (Dist. Res.)

5189.801	4/4	M	Mystery Trip
5189.802	4/5	Tu	Movies
5189.803	4/6	W	Scavenger Hunt & Lunch
5189.804	4/7	Th	Archery
5189.805	4/8	F	Escape Room

Babysitting 101 for Beginners

10–16 yrs

Learn the skills needed to be a trusted and responsible babysitter. Learn all about childhood development, bedtime strategies, positive redirection, how to get a job, and ways to make babysitting fun for you and the kids. Basic first aid, general safety, and what to do in an emergency will also be covered. Students should bring a water bottle, snack and dress to play!

Instructor: Morgan Dziad

Senior Center: Classroom 1

\$104/\$84 (Dist. Res.)

5105.901	6/16	Th	9:00 am–1:00 pm
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Pleasant Hill Teen Council

Entering grades 6–12

Apply now for the 2022–2023 Pleasant Hill Teen Council! Selected Teen representatives from local middle and high schools will plan activities, classes, events and trips for their peers as well as volunteer at local community events throughout the year. Applications are available at pleasanthillrec.com/322 Deadline for applications is May 13. Meetings: First and third Mondays, mid-September–June (excluding holidays), 7:00–8:00 p.m., Pleasant Hill Teen Center, 147 Gregory Lane.

CHECK OUT SUMMER VOLUNTEEN OPPORTUNITIES ON PAGE 9

- Counselor-In-Training
- Good Vibe Tribe
- Snack Shack Volunteers

Online Driver's Ed

15 yrs & up

Receive DMV-approved Certificate of Completion

ONLINE COURSE

DMV allows Teens to receive their Learner's Permit at age 15½ and a license at age 16. This class is the first, required step that must be completed. This is an online course with videos, animated driving scenarios and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. A licensed instructor is available to answer any questions. Sign up at safetydrivesed.com.



Adult

Special Interest

Exploring Watercolor

Perfect for the continuing artist who wants a fresh start or needs a gentle push along their way. Students will work together in a series of little paintings using the magic of watercolor to create our own Artists Voice. Supply kits are no longer available for purchase through the instructor.

Instructor: Casey White

Senior Center: Arts & Crafts Room
\$100/\$85 (Dist. Res.)

2231.901	4/5-5/17	Tu	9:30 am-12:00 pm
2231.904	4/8-5/20	F	9:30 am-12:00 pm
2231.902	5/31-7/5	Tu	9:30 am-12:00 pm
2231.905	6/3-7/8	F	9:30 am-12:00 pm
2231.903	7/12-8/16	Tu	9:30 am-12:00 pm
2231.906	7/15-8/19	F	9:30 am-12:00 pm

No class 4/26, 4/29

Quilting

Instructor: Carol Madsen

Senior Center: Chateau Room, Window Side

BEGINNING QUILTING

Focus on the beginning skills needed to create your own simple quilt. Experienced quilters welcome. Receive supply list at first class. Bring sewing machine, thread, fabric, scissors, rulers, rotary cutter.

\$74/\$60 (Dist. Res.)

2243.901	6/13-8/22	M	12:30-3:00 pm
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No class 7/4

QUILTING BEYOND THE BASICS

Emphasis on quilting patterns using various techniques, some simple and others more complex. Participants should have completed at least one quilt.

\$80/\$65 (Dist. Res.)

2244.901	6/13-8/22	M	9:00 am-12:00 pm
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No class 7/4

QUILTING BASICS+

Topics include: use of color, picking out fabrics, piecing techniques, rotary cutting, introduction to machine quilting, basting, binding & more. Beginners work on a lap sized quilt using basic techniques while more advanced techniques will be taught to those with more experience.

\$80/\$65 (Dist. Res.)

2245.901	6/7-8/23	Tu	6:30-9:00 pm
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No class 7/5

Dance

Proof of covid vaccine or negative covid test within 72 hours of each class (no home tests) required (per the health order) as well as masking during class.

Ballroom Dance

Are you looking for a fun hobby, weekly date night or a place to meet people? Our Ballroom Dance class is the place for you! This class will provide students with all the easy basics needed in Ballroom and Latin style dancing. PARTNER REQUIRED.

Instructor: Alberta Bagneschi

Senior Center: Chateau Room
\$56/\$45 (Dist. Res.)

Fox Trot & Cha Cha Cha: Beginning

4114.901	4/20-5/11	W	6:45-7:40 pm
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Fox Trot & Cha Cha Cha: Intermediate

4114.902	4/20-5/11	W	7:45-8:40 pm
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Swing & Rumba: Beginning

4114.903	5/25-6/15	W	6:45-7:40 pm
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Swing & Rumba: Intermediate

4114.904	5/25-6/15	W	7:45-8:40 pm
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Waltz & Tango: Beginning

4114.905	6/29-7/20	W	6:45-7:40 pm
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Waltz & Tango: Intermediate

4114.906	6/29-7/20	W	7:45-8:40 pm
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Mambo & Nite Club 2 Step: Beginning

4114.907	8/3-8/24	W	6:45-7:40 pm
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Mambo & Nite Club 2 Step: Intermediate

4114.908	8/3-8/24	W	7:45-8:40 pm
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Line Dance

A combination of country-western, polkas, waltzes and line dances for men and women. Partners are not required! Note: please refrain from wearing heavy perfumes and scents; instructor experiences perfume allergies.

Instructor: Millie Dusha

Senior Center: Dance Studio

Drop In: 1 class, \$3; 2 classes, \$8; 3 classes (same day): \$10

Basics: new to line dancing

5/7-9/24	Sa	8:15-9:00 am
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Beginners: basic knowledge required

5/7-9/24	Sa	9:00-10:00 am
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Improver: more advanced steps

5/7-9/24	Sa	10:00-11:00 am
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Intermediate: most advanced

5/7-9/24	Sa	11:15 am-12:30 pm
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No class 5/28, 6/18, 6/25, 7/2, 7/9, 8/27, 9/3

Bollywood & Belly Dance Fusion

This Bollywood-inspired dance fitness program combines dynamic choreography with music from around the world. Its 50-minute cardio workout cycles between higher and lower intensity dance sequences to get you moving, sweating and motivated.

Instructor: Lois Davis

Senior Center: Dance Studio

\$87/\$72 (Dist. Res.)

4660.901	4/6-5/11	W	6:00-6:50 pm
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\$75/\$60 (Dist. Res.)

4660.902	6/1-6/29	W	6:00-6:50 pm
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\$87/\$72 (Dist. Res.)

4660.903	7/27-8/31	W	6:00-6:50 pm
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Belly Dance I & II

Belly dance is fun, good for cardio health, balance and flexibility. Learn the beginner techniques and short choreographies. Includes warm-up and stretching. Level II: Take your dance performance to another level! Focus will be on solo improvisation and choreography covering anything from props and balancing, to cymbals, modern and traditional style of belly dance. Class includes both level I & II. Level I is 7:00-8:00 pm and Level II is 7:30-8:30 pm.

Instructor: Sharifa

Senior Center: Dance Studio

\$80/\$65 (Dist. Res.)

4133.803	4/26-5/24	W	7:00-8:30 pm
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Fitness

Nia: Music, Movement & Magic

Looking for strength, healing, better balance? Nia provides a safe, supportive, encouraging environment to move to feel better and get a great aerobic workout. Nia's world musical rhythms and variety of moves in fun choreography will feed your spirit and leave you energized and smiling! Optional: Yoga mat and water.

Instructor: Kathleen Bate

Senior Center: Dance Studio

\$80/\$65 (Dist. Res.) | Drop in: \$15

4692.803	4/5-5/17	Tu	5:45-6:45 pm
4692.901	5/24-6/28	Tu	5:45-6:45 pm
4692.902	7/5-8/9	Tu	5:45-6:45 pm
4692.903	8/16-9/20	Tu	5:45-6:45 pm

No class 4/26

Pilates

14 yrs & up

A new challenging workout that's fun and exciting. Bring the mind, body and breathing together while learning the fundamentals of Pilates. Learn muscular control, core awareness, coordination, flexibility and posture. Wear comfortable clothing, no shorts. Have padded mat & 1 lb weight; ball is provided. All levels.

Instructor: Alison Raphael-Klippel

Community Center: Dance Studio 1 & 2

\$110/\$95 (Dist. Res.)

4688.903	4/14-6/10	Th	9:00-9:45 am
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Community Center: Republic Services Room

\$100/\$85 (Dist. Res.)

4688.901	4/11-6/6	M	5:30-6:30 pm
4688.902	6/27-8/29	M	5:30-6:30 pm
4688.904	6/30-6/10	Th	9:00-9:45 am

No class 5/30, 7/4, 8/1, 8/4

Sugi Yoga

Anyone can do Sugi Yoga! A combination of Hatha Yoga and the Feldenkrais technique of movement. Learn gentle Yoga postures, breath exercises and deep relaxation to help relieve stress on three levels: spirit, mind and body. Wear comfortable clothing; bring Yoga mat and pillow.

Instructor: Nancy Guzzaldo

Winslow Center: Assembly Room*

\$75 for 5-class punch card; Drop in: \$16

4637.901	5/3-8/30	Tu	10:00-11:15 am
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*6/7, 6/14, 6/21, 7/19, 7/26 & 8/2 classes held at Community Center



Check website at pleasanthillrec.com for class updates.

Proof of covid vaccine or negative test within 72 hours (no home tests) required.

Tai Chi/Martial Arts

Instructor: Bryce Ikeda

Senior Center: Dance Studio

\$80/\$65 (Dist. Res.)

BEGINNING TAI-CHI CHUAN

Introduction to the Tai Chi Chuan Yang style long form. Through gentle movements and meditative breathing, students will improve balance, relieve stress and quiet the mind. All levels.

2210.901	5/3-6/7	Tu	1:00-2:00 pm
2210.902	5/4-6/8	W	1:00-2:00 pm
2210.903	6/21-7/26	Tu	1:00-2:00 pm
2210.904	6/22-7/27	W	1:00-2:00 pm

TAI-CHI CHUAN II

Tai Chi Chuan II will help improve balance, relieve stress, and quiet the mind through gentle movements and meditative breathing. This class is an ongoing practice of Tai Chi Chuan Yang style long form, for the student that would like to continue learning beyond the first set.

2218.901	5/4-6/8	W	10:30-11:30 am
2218.902	6/22-7/27	W	10:30-11:30 am

TAI-CHI CHUAN III (ADVANCED)

An ongoing practice of Tai Chi Chuan Yang style long form, for the student that is comfortable with the first and second set and would like to learn the third set. Help improve balance, relieve stress, and quiet the mind through gentle movements and meditative breathing.

2218.903	5/4-6/8	W	9:00-10:00 am
2218.904	6/22-7/27	W	9:00-10:00 am

Total Fitness

Work your body from head to toe, inside and out! A ten-minute warm-up; a 30-minute aerobic (cardiovascular) segment; then toning and strength training. Last, a cool down/stretch. Modifications given so every BODY can work at its own pace! Bring mat/towel, water bottle, hand weights.

Instructor: Christie Tomlinson

Community Center: Dance Studio 1 & 2

\$118/\$103 (Dist. Res.)

4636.901	5/9-6/27	M	5:45-7:00 pm
4636.902	7/11-8/22	M	5:45-7:00 pm

No class 5/30

Weight & Strength

Jump-start your day with a combination of low-impact weight work. Students should bring hand weights and a mat. Purchase punch card from Instructor. If purchase punchcard online, please bring a printed receipt into class to receive your physical punch card.

Instructor: Debbie Murdock

Senior Center

7-class anytime punchcard: \$70

M/Th 9:00-10:00 am

No class 5/30, 7/4

Adult Sports (ages 18+)

Adult Sports Leagues

- Basketball
- Bocce
- Flag Football
- Soccer (5 on 5)
- Softball

For league details, visit www.pleasanthillrec.com/288

For questions call (925) 682-0896 or email sgeorge@pleasanthillrec.com

Cornhole Bag Toss: Drop-in Play

TOSSIN' TUESDAYS

All skill levels welcome.

Winslow Center: 2590 Pleasant Hill Road (corner of PH Road and Taylor)

\$7 per person

Tuesdays 6:30-9:00 pm

Tennis: Monthly Group Lessons

13 yrs & up

Classes run four consecutive weeks.

Wear tennis shoes, bring racquet and water.

College Park High School Tennis Courts

TEEN/ADULT

Beginner/Advanced Beginner—minimal skills and playing experience.

4 weeks | \$88/\$70 (Dist. Res.)

5565.900	6/2-6/23	Th	6:30-7:30 pm
5565.901	7/7-7/28	Th	6:30-7:30 pm
5565.902	8/4-8/25	Th	6:30-7:30 pm
5566.900	6/2-6/23	Th	7:30-8:30 pm
5566.901	7/7-7/28	Th	7:30-8:30 pm
5566.902	8/4-8/25	Th	7:30-8:30 pm



Travel

Travel

Explore your world with us!

Pleasant Hill Recreation & Park District Travel Services offer a variety of exciting adventures that allow you to experience unique cultures, gain broader perspectives and make new friendships in amazing, beautiful places in our great big world. We make traveling easy for all with all-inclusive, organized trips that optimize your travel experience. No planning. No hassles. Just Adventure.

Where in the world do you want to go? Call our Travel Coordinator who will be happy to help you with your next travel adventure.

TRAVEL OFFICE INFORMATION: The Travel Office Volunteers are back! Our new hours are 10:30 am–2:30 pm. Call (925) 798-8788 to sign up for any day trip or for any questions you might have. We are here to help!

Travel Coordinator: Cassie Eternal
Phone: (925) 771-7636
Hours: Monday–Friday, 9:00 am–4:00 pm

Senior Center: 233 Gregory Lane

National Parks with lots of perks!

National Parks of the Southwest

JUNE 26–JULY 4, 2022

On a single holiday the beauty of the Southwest’s National Parks come alive. From delicate stone arches and beautiful, multi-colored canyons to towering stone monoliths and crystal-clear lakes, this journey is a delight to behold. Arches National Park contains the largest concentration of stone arches in the world. A local guide shows you the massive sandstone arches and describes the culture of those that have occupied the region. Visit the incredible Monument Valley Navajo Tribal Park, where numerous Western movies, television shows and commercials have been filmed. Experience traditional Navajo lunch and Navajo-guided, four-wheel drive tour. Experience the wonders of the Grand Canyon’s North Rim. Begin with an excursion to Cape Royal and Point Imperial, offering incomparable views of this gaping chasm, about one mile deep and ten miles across. Those who have visited the heavily-traveled South Rim will be surprised to see that the views and environment are distinctively different here. Drive to the famed “Pink Cliffs” of Bryce Canyon National Park. Follow the Rim Drive to view the vividly colored, fantastic rock formations approximating castles, temples and even whole cities sculptured in stone! Later, return to Springdale and Zion National Park, where the Virgin River has cut a dramatic rugged gorge through multihued sandstone, shale and limestone.

Cost: \$3,754 pp/double | \$4,893 pp/single

Yellowstone & Jackson Hole

SEPTEMBER 17–23, 2022

The beauty of Yellowstone National Park comes to life with the natural wonder Old Faithful, Tower Junction and Mammoth Hot Springs. Tour scenic Grand Teton National Park, take a scenic float trip on the Snake River and discover treasures of the Old West in historic Jackson Hole. The nation’s first national park, Yellowstone, features outstanding natural spectacles including renowned geysers and thermal basins. Your tour begins with the awesome 1,200-foot deep Grand Canyon of Yellowstone, including views from Inspiration and Lookout Points. Continuing your tour of Yellowstone National Park, head for storied Old Faithful Geyser, named for its regular eruptions about every 80–90 minutes for some 150 years. The spectacular vistas of the Grand Teton Mountains offer a thrilling view from the white waters of the Snake River during a delightful floating trip. With its wooden boardwalks and unique antler-horn arches, downtown Jackson Hole brings the Old West to life. Take a step back in time as you explore Salt Lake City’s historic Temple Square and walk in the footsteps of the Mormon settlers who founded this city more than 150 years ago.

Cost: \$3,354 pp/double | \$4,593 pp/single

Travel Social Meeting

We’ve brought back a more casual style of the Trip Meeting where we announce the newest extended and day trips as soon as they are available for sale. We have wonderful representatives who can answer your travel questions and help you navigate the future of travel. Looking forward to seeing you there!

WHEN WILL THE SOCIALS BE HELD?

1:00 pm at the Senior Center Chateau Room on the following Tuesdays:

April 12th, May 10th and more to be announced. Call travel office or visit pleasanthillrec.com.



East African Safari Adventure

SEPTEMBER 8–20, 2022

The safari adventure begins with the first game-viewing drive through Amboseli National Park, you will then have five other safaris awaiting you throughout your 13-day tour including, Tarangire National Park, Ngorongoro Conservation area, Serengeti National Park, Masai Mara Game Reserve and Lake Nakuru National Park. All of your wild game dreams will come true as you see rhinos, buffalo, giraffe, leopards, lions, zebras and elephants, don’t forget all the birds as well as flora! This trip is truly amazing.

Cost: \$8,613 pp/double
\$9,712 pp/single

Albuquerque Balloon Fiesta

OCTOBER 5–10, 2022

Welcome to a veritable “land of enchantment.” New Mexico is a place diverse in culture and scenic beauty. In Santa Fe and Albuquerque, discover cities rich in multiculturalism, natural beauty and profound history. Join in the excitement of the annual hot air ballooning extravaganza, and experience one of the world’s most photographed events. Watch as the balloons launch in one of the most spectacular displays of sound and color in all of aviation. History unfolds at the National Museum of Nuclear Science & History where a docent takes you on an intriguing journey that includes details of the Manhattan Project. Next, visit the gateway to the 19 Pueblos of New Mexico at the Indian Pueblo Cultural Center. See the ever-changing galleries that highlight local and national Native American artists. With a focus on Pueblo artists, this center strives to preserve the Pueblo culture.

Cost: \$2,898 pp/double | \$3,598 pp/single

The Magnolia Trail & The Heart of Texas

NOVEMBER 5–10, 2022

Explore Dallas and Fort Worth, “The Cowboy Way.” Experience a Tour of AT&T Stadium, home of the Dallas Cowboys. See the press box, post-game interview room, field access and other stadium areas. Next, head to the Historic Fort Worth Stockyard District, see the Perot Museum, Pioneer Plaza, American Airlines Center, home of the Dallas Mavericks and the Dallas Stars, the Deep Ellum neighborhood, and Thanks-Giving Square. explore Waco, a small Texas town, made famous by Chip and Joanna Gaines and their HGTV hit series, “Fixer Upper.” A local step-on guide will take us on a Waco and HGTV Tour around town, pointing out some of the homes that have been featured on “Fixer Upper,” as well as a stop at Harp Design and Jimmy Don’s Place also both featured on “Fixer Upper.” Later head to the Magnolia Market at the Silos where there’s something for everyone. Round trip transfers, airfare, six meals, four nights hotel accommodations, travel insurance and baggage handling are included.

Cost: \$2,737 pp/double | \$3,659 pp/single

Washington DC Holiday

DECEMBER 7–13, 2022

Stay five nights at the spectacular Gaylord National Resort where an 18-story glass atrium welcomes you. The premier resort features 1,996 luxurious rooms, over 150 shops, and over 40 dining options. The hotel and surrounding National Harbor area will be decorated for the holidays. Includes access to ICE™!, an interactive walk-thru attraction of holiday scenes, kept at 9°F; jackets provided. Ride the mobile tram to see John F. Kennedy and Robert Kennedy’s graves, and the Changing of the Guard at the Tomb of the Unknown Soldier. Visit the Marine Corps Memorial (Iwo Jima Statue). Depart on a driving tour to see buildings decorated for the holidays and illuminated monuments. See the National Christmas Tree. Tour Ford’s Theater, restored as it was the night John Wilkes Booth shot President Lincoln. Visit the new Center for Education & Leadership, with exhibits of President Lincoln. Arrive at Capitol Hill to visit the Capitol Visitor’s Center, highlighting the US lawmaking process. Visit the US Library of Congress and view the exterior of the Supreme Court Building.

Cost: \$3,260 pp/double | \$3,860 pp/single

50+ Travel

PH Rec & Park District Travel Services offer special day trips and excursions for 50+ seniors. Meet new friends and have fun as you explore Northern California in the company of fellow travel enthusiasts.

Effective January 2022, trip pricing will change to be based on District residency status and not on Senior Club membership status. The new price structure is more consistent with the resident/non-resident pricing in place for other District programs. This two-tiered pricing provides a discount for residents who live within District boundaries and subsequently pay taxes that support District parks and programs.

We offer our daytrips for any type of mobility and caretakers younger than 50 are welcome. Special Accommodations can be made for Power Wheelchairs, Special Dietary Requests and Service Dogs with advance notice and as long as the trip venues are ADA accessible.

50+ Pleasant Getaways

Here are some of our upcoming trips. Call (925) 798-8747 to sign up!

Up on a Roof with Craig Smith: SF TUESDAY, MARCH 8, 2022

Discover all the beautiful, hidden gardens of San Francisco. Since the 1960s, SF has required new buildings to incorporate public spaces to make downtown more beautiful. Since there was not enough room at street level, architects created “Rooftop Gardens.” Meet Craig Smith, your tour guide, at the Salesforce Transit Center in the roof-top garden, then head off to view the Rolling Reflections by Joseph Havel. After lunch at Max’s Opera Cafe, you will visit more magnificent gardens like the Yerba Buena Gardens. Put on your walking shoes and enjoy exploring the beautiful San Francisco Cityscapes!

Bus pick-up location: 147 Gregory Lane
\$121/\$106 (Dist. Res.)

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Arrive to bus by 8:15 am; Bus departs by 8:30 am and arrives home at approx. 5:00 pm

Dancing with the Stars Live! At Gallo Center Modesto

SUNDAY, MARCH 27, 2022

America’s favorite dance show is coming to the Gallo Center for the Arts with Dancing with the Stars—Live Tour 2022! Your favorite dancers hit the stage this winter with an all new show. Starring Brandon Armstrong, Alan Bersten, Artem Chigvintsev, Sasha Farber, Daniella Karagach, Pasha Pashkov, Gleb Savchenko, Emma Slater, Britt Stewart and more! Fans will see time honored dances like the Cha Cha, Foxtrot, Salsa, and Tango. Before the show, you will enjoy lunch at Skewer’s Restaurant in Downtown Modesto. Lunch will feature chicken saffron, beef sirloin and beef lula kabobs, served with basmati rice, grilled tomatoes and veggies, Caesar salad, dessert; soft drink or coffee included.

Bus pick-up location: 147 Gregory Lane
\$217/\$202 (Dist. Res.)

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Arrive to bus by 10:00 am; Bus departs by 10:30 am and arrives home at approx. 6:30 pm

Wakamatsu Farms Tour & Lunch in Placerville

TUESDAY, APRIL 26, 2022

Join us for a beautiful day on Wakamatsu Farm, a landmark historic farm in Placerville. Wakamatsu is the original site of the Wakamatsu Tea and Silk Farm Colony established June 8, 1869 and is the home of the grave of the first Japanese immigrant to be buried on American soil. There is a historic farm house to visit as well as a beautiful lake with accessible trail. Still a working farm to this day. Wakamatsu is a historical landmark not to be missed. We will have several docents available to us to go over the stories and walk us through the farm. After you enjoy your tour, we will have lunch at the Main Street Tap House with your choice of chicken caesar salad, chipotle lime steak tacos, veggie tacos, cheeseburger, chicken club sandwich or rueben sandwich.

Bus pick-up location: 147 Gregory Lane
\$110/\$95 (Dist. Res.)

Arrive to 147 Gregory by 7:30 am; Depart at 7:45 am; Arrive home at approx. 5:30 pm

Private Empress Yacht Tour: SF Bay

TUESDAY, MAY 17, 2022

The San Francisco skyline is one of the most beautiful sights to see in the world, and nowhere is that more self-evident than from the San Francisco Bay. As you cruise out past Alcatraz and Angel Island, and under the Golden Gate Bridge, you will see the most spectacular views in the Bay Area and many say, one of the best views in the world! Enjoy this cruise on the Empress Yacht, which will feature two no host bars, four passed appetizers (avocado spring rolls, twice baked potatoes, chardonnay chicken salad cups and crab stuffed mushrooms), a cheese and fruit platter and unforgettable views. Boat departs from Point Richmond Marina and is three hours long.

Bus pick-up location: 147 Gregory Lane
\$251/\$236 (Dist. Res.)

Arrive to 147 Gregory by 11:00 am;
Arrive home 5:00 pm

Visit pleasanthillrec.com/351
for more information about
upcoming day trips!



50+

Pleasant Hill Senior Center

233 Gregory Lane • (925) 798-8788 • www.phseniorcenter.com

The award-winning Pleasant Hill Senior Club, sponsored by the Pleasant Hill Recreation & Park District, operates as a non-profit organization with an elected Board of Directors. Annual membership is open to men & women 50 years and over for \$20, regardless of residency. Members receive a monthly newsletter and discounts special events.

For more details on dates and times of the following services and activities please visit the website at www.pleasanthillrec.com and download a copy of the *Senior Sounds* monthly newsletter. Please note, at the time of this printing, activities may not be up-to-date. Check our website or call 798-8788 for more information.

Senior Services:

- Advance Health Care Directives Program and Workshops
- Care Management Program
- Consult an Attorney Program
- County Nutrition Program (Café Costa—weekly lunch program)
- iHelp (help for Mac, iPad, iPhone users)
- Grief Support Group
- Medicare & Supplemental Insurance Policy Counseling (HICAP)
- Movie Library and Book Library

Senior Center Activities:

- Amistad—Spanish Resource Group
- American Mah Jongg
- Boutique Group
- Bingo
- Chess
- Marathon Bridge
- Men's Corner (Men's discussion group)
- Pinochle
- Senior Bridge
- Spanish Book Club
- Tea Dance

For more activities and details see pleasanthillrec.com/341.

Programs & Events

Clarinet Fusion Summer Concert

THURSDAY, MAY 26, 2022

Pleasant Hill's very own Clarinet Fusion is back with their annual summer concert. All ages welcome. Concert will be either indoors or outdoors based on current Covid status. Tickets on sale 4/18. More information will be available when tickets go on sale. Visit pleasanthillrec.com/341.

Pleasant Hill Senior Center

Tickets: \$7 (presale), \$10 (after 5/13),
Students: \$5

Laugh, Love & Learn Senior Resource Faire

Date TBD; postponed due to COVID.



Register online now! www.pleasanthillrec.com | (925) 682-0896

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Dear Friends,

We are so excited for this 2022 Spring/Summer season! We have a full line-up of youth specialty summer camps planned that are sure to capture your child's unique and special interests. For parents who

want to give their children an extended day camp experience, our popular "classic" camps will also return this summer including Preschool Classic Camps, Summer Rec Camp, Adventure Kids Camp and Teen Xtreme Camp. Our classic camps are run exclusively by trained Rec & Park staff and many feature off-site field trips around the bay area. My personal favorite trip is going to the A's game! Go A's!

Summer would not be complete without spending some time at our Aquatic Park. From our "Splash and Dash" youth camp and Junior Lifeguard Camp to swim lessons and recreational swim, we have lots of ways to keep cool at the pool. Water safety is so important especially during the summer months when people spend more time in, on and around the water. I encourage everyone, regardless of age, to review the water safety tips on our website at pleasanthillrec.com/156. Save a life. Be water safe.

Camps and aquatic programs are not the only exciting activities we have planned this season. We also have a variety of spring/summer recreational classes, workshops and activities for all ages including water exercise, arts, dance, fitness, sports and travel. Last, but not least, plans are underway to thoughtfully bring more in-person special events back to the community as health orders permit. See page 35 and the back cover to view what fun events are in the works. Be sure to mark your calendars and register early.

Although planning is challenging in pandemic times, with two years of pivoting our programs and re-imaging events, we continue to confidently move forward to find fun ways for all to re-connect, stay active and play more in the months ahead. For program updates and news, follow us on Instagram and Facebook at @pleasanthillrec.

Here's to an "out-of-this-world" fun spring and summer! Let's play!

Michelle Lacy, *General Manager*

Our Vision: *To be the leaders in providing WOW! experiences every day.*

Our Mission: *Put people first.*

BOARD OF DIRECTORS

Bobby Glover, *Chair*
Sandra Bonato, *Vice Chair*
Sandy Vinson, *Secretary*
Zac Shess, *Board Member*
Quy Tran, *Board Member*

Board Meetings:

2nd & 4th
Thursdays,
7:00 pm
See website for
location details.

3 Ways to Register Now!

Follow us
@pleasanthillrec



Online at www.pleasanthillrec.com

Visa/MasterCard/American Express accepted.
No convenience fees for online registration!



Phone: (925) 682-0896 M-F, 9:00 am-5:00 pm,
VISA/MasterCard/American Express/Discover accepted.



Walk-in:
Administration Office, 147 Gregory Lane, M-F, 9:00 am-5:00 pm.

Registration Begins February 26

See class listings for exceptions to registration dates. **For refund and satisfaction guarantee info, visit pleasanthillrec.com/refund.html.**

ADMINISTRATIVE STAFF

- Michelle Lacy, *General Manager*
- Chris Petlock, *Administrative Services Manager*
- Tom Bradley, *Park Superintendent*
- Ryan Herriman, *Facilities Manager*
- Katrina Hunn, *Youth Services Manager*
- Lance Hurtado, *Recreation & Parks Manager*
- Susie Kubota, *Executive Secretary*
- Korey Riley, *Aquatics Manager*
- Jen Thoits, *Communications Manager*
- Nicole Watson, *Recreation Superintendent, Interim Senior Services Manager*

CO-SPONSORED CLUBS & ORGANIZATIONS

For club information, visit pleasanthillrec.com/clubs.html

- American Legion #331
- Contra Costa Camera Club
- Diablo Valley Track & Field
- Diablo Valley Macintosh User Group
- East Bay Artists Guild
- Friends of PH Library
- Las Juntas Artists
- Onstage Theatre
- PH Baseball Association
- PH DOG Owners Group
- PH 4th of July Commission
- PH Garden Study Club
- PH Historical Society
- PHMSA-AYSO Soccer
- PH Tennis Club
- Rodgers Ranch Heritage Center
- Society of Young Magicians
- Veterans of Foreign Wars

Classes that have not met minimum enrollment five business days before first meeting will be cancelled.

FACILITY & PARK LOCATIONS

Administration: 147 Gregory Lane
M-F, 9:00 am-5:00 pm
(925) 682-0896 • Fax (925) 682-1633

Community Center: 320 Civic Drive
M-F, 9:00 am-4:30 pm
(925) 676-5200 • Fax (925) 246-9842

Senior Center: 233 Gregory Lane
M-F, 9:00 am-3:00 pm • (925) 798-8788

Teen Center: 147 Gregory Lane
(925) 691-5645

Park Maintenance Operations:
310 Civic Drive • M-F, 6:30 am-3:00 pm
(925) 671-4649 • Fax (925) 676-7628

Paso Nogal Off-Leash Dog Park:
on Paso Nogal Road

Rodgers Ranch Heritage Center:
315 Cortsen Road • www.rodgersranch.org

Winslow Center: 2590 Pleasant Hill Road

Map of District Parks & Facilities available at pleasanthillrec.com.



The Pleasant Hill Community Foundation

was founded in 1987 to promote and support educational, recreational, cultural and other activities for people living and working in the Pleasant Hill area. In addition to its other funds, the Foundation created the "Park Development Fund" to provide the Pleasant Hill Recreation & Park District monies to develop, protect, restore, and conserve our parks. It is organized under section 501(c)(3) of the Internal Revenue Code. Contributions are tax-deductible. **Details: info@phcommunityfoundation.org**



AMERICANS WITH DISABILITIES ACT (ADA)

5% of rental fees and \$1 per person per class will be designated for facilities improvements and services to comply with the ADA. PHR&PD welcomes persons with disabilities. For information, call 682-0896.

Community Events

For special event details, updates, and pre-registration deadlines, visit pleasanthillrec.com/35



Literary Women

Saturday, May 28

Bay Area Bluestocking Festival of Authors! Join literary enthusiasts for insightful author presentations and group discussions. For readers as well as writers and book club members too! Boxed lunch included. Purchase tickets at pleasanthillrec.com.

PH Community Center

Literary Women is hosted in partnership with Orinda Books. Orindabooks.com.

Underwater Egg Hunt is Back!

Saturday, April 2, 1:00–2:30 pm

Join Pleasant Hill Rec Aquatics Staff for an underwater egg hunt! Pools will be open for swimming. Enjoy some splashy springtime fun for everyone! Event will be held rain or shine.

PH Aquatic Park: 147 Gregory Lane

\$18/\$15 (Dist. Res.) | *pre-register by noon April 1 Spectators and parent helpers free.*

“Egg”citing Egg Hunt!

Saturday, April 16th (RAIN OR SHINE)

Important! Pre-registration is required and this event will sell out! Register by noon, April 11. All will come away with a goody and a smile. Bring your camera and your Easter baskets. Visit the Easter Bunny and have fun with facepainting. Catch the Pleasant Hill Express train. Find the GOLDEN TICKET in your hunt area to win a special prize! All activities begin at 9:30 am and close at noon.

Pleasant Hill Park

Egg Hunt | \$7.50/\$6.00 (Dist. Res.)

Check-in begins for ALL AGE GROUPS at 9:30 am

6160.801	0–3 yrs	10:30–10:45 am
6160.802	0–3 yrs	10:50–11:05 am
6160.803	4–6 yrs	11:15–11:30 am
6160.804	7–10 yrs	11:35–11:50 am

Sponsored by Pleasant Hill Recreation & Park District and Pleasant Hill Lions Club.



NEW! Aloha Family Luau

Friday, May 6, 6:00–7:30 pm

Gather your keiki (little children, 1–10 yrs) for a family night of Island fun! Get into the aloha spirit by wearing your favorite beach attire and flip flops. Dance the hula and take home an aloha craft. Kid-friendly dinner and dessert are included.

PH Senior Center: Chateau Hall

\$12/\$11 (Dist. Res.) per person

Proof of COVID vaccine(s) or a negative COVID test within 72 hours (not a home test) will be required to enter for participants (12+ yrs). Masks will be required.

Inclusive Recreation Dances

Fridays, 7:00–9:00 pm

Pleasant Hill Rec & Park District, in partnership with City of Concord and City of Walnut Creek, hosts dances specifically designed for developmentally disabled adults (18 years and up). For more information contact Holly Frates at hfrates@pleasanthillrec.com. Complete schedule found on our website.

Pleasant Hill location: 233 Gregory Lane

Admission: \$7 cash (caregivers free)

April 8: Concord Senior Center

June 17: PH Senior Center

August 12: Concord Senior Center

Family Camp Out

Saturday–Sunday, 6/18–6/19

4:00 pm–9:00 am

See back page for details.



FREE! Sunset Cinema Movie In The Park

Saturday, August 6, 7:00 pm

Get ready for a fun-filled summer movie night with family and friends under the stars! Watch a new hit movie on a giant professional outdoor screen in Pleasant Hill Park. Bring low lawn chairs and blankets to stay cozy (no tents). Please leave pets at home. Concessions available at Teen Center Snack Shack! Visit pleasanthillrec.com/35 for the featured movie closer to event date.

Event Check-in time: 7:00 pm

Movie begins at sunset

Pleasant Hill Park (behind Teen Center)

All participants must pre-register by Friday, August 5 at 12:00 pm (noon).

Pleasant Hill's 11th Annual Blues & Brews Festival

JULY 15 & 16TH

Friday, 6:00–9:00 pm:

Pre-Party & Live Concert

Saturday, 3:00–9:00 pm:

Festival & Live Concert

See back page for details.

FREE! Pleasant Hill 2022 Summer Bike Challenge

June–August

Explore your town from the seat of your bike! 511 Contra Costa's recreational bike promotion is back! Bike around town, cross off destination squares on Bike Challenge cards, pick up free treats and enter the Grand Prize drawing! Free, healthy and fun for all ages! More details at 511cc.org/sbc.

FREE! Tinkers & Thinkers Innovation Faire

Saturday, September 17, 12:00–3:00 pm

See back page for details.

Pleasant Hill Park & Senior Center

Brought to you by Pleasant Hill Library & PH Rec & Park District



147 Gregory Lane
Pleasant Hill, CA 94523

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Pleasant Hill Recreation & Park District • (925) 682-0896 • The Spotlight Spring/Summer, Volume 27, Issue 2

Summer Camp Expo

Saturday, February 26
9:00 am–12:00 pm

A whole new world of adventure awaits this summer! Get inspired at our Summer Camp EXPO and enroll that day to save! 10% DISCOUNT offered on EXPO day only on Full Week Camps and summer swim lesson registrations made in-person at the EXPO from 9:00 am–12:00 pm and online until midnight, February 26, 2022.

COUPON CODE: EXPO22

- Hands-on Activities
- Meet camp staff & instructors
- Register early and save!

PH Community Center,
320 Civic Drive



Family Camp Out

Saturday–Sunday,
June 18–19, 4:00 pm–9:00 am

Join us as Pleasant Hill Park becomes Camp Pleasant Hill. Celebrate Father's Day weekend with family time in the great outdoors! A great way to introduce your kids to camping! Fun for the whole family! Enjoy an outdoor movie under the stars! Enjoy Hot dogs and hamburgers for dinner and donuts, juice and coffee for breakfast. Bring: tent, sleeping bags, chairs, flashlights, snacks, change of clothes, and personal items. NO pets. Register at pleasanthillrec.com or call (925) 682-0896. Last day to register is June 15.

Check In: Saturday, 3:00 pm

Check-out: Sunday, 9:00 am

Pleasant Hill Park, 147 Gregory Lane

Fee: \$15/person (food included)

Twilight Family Swim add-on: \$5/person

Saturday, 6:00–8:00 pm

6164.301 6/18–6/19 Sa/Su 4:00 pm–9:00 am



FREE! Pleasant Hill Rec & Park's 11th Annual Blues & Brews Festival

Friday, July 15, 6:00–9:00 pm: Pre-Party & Live Concert

Saturday, July 16, 3:00–9:00 pm: Main Festival & Live Concert

We are thrilled to bring the community back together again in beautiful Pleasant Hill Park for Blues & Brews 2022! Two days of music and fun for everyone! Friday night is the family-friendly kick-off party featuring dancing and music from Landbirds, a British invasion cover band and The Big Jangle, a Tom Petty tribute band. Saturday is the main festival featuring a line-up of talented musicians including headliner, ZEBOP. For craft brew enthusiasts, a craft beer tasting tent will be set up on Saturday featuring unlimited beer tastings from the finest local breweries. Frankie G will also play during the VIP beer tasting hour. Beer tasting tickets must be purchased to enter tent and participants must be 21+ years (ID checked). To purchase beer tasting tickets and to see what's new for 2022, visit www.bluesandbrewsfestival.com or follow the event on Facebook at @pleasanthillbluesfestival. Entry tickets are not required to attend the Friday pre-party or the Saturday main festival & live music concert.

Food and beverages are available for purchase on both days.

Pleasant Hill Park,
147 Gregory Lane



FREE! Tinkers & Thinkers Innovation Faire

Saturday, September 17, 12:00–3:00 pm

Creative Thinkers! Amazing Tinkers! Don't miss Pleasant Hill's spin on the popular "Makers Fair"! Participate in a variety of "hands-on" and make-and-take activities. Engage in science, technology, engineering, arts & mathematics (S.T.E.M.)! Marvel at the latest mind-blowing innovations from local makers, entrepreneurs, businesses, non-profits and educators. Free for all ages. Calling all Young Innovators! Show off your latest great ideas in our new Brightest Young Minds showcase.

Location: Pleasant Hill Park & Senior Center
Brought to you by Pleasant Hill Library and PH Rec & Park District.

