

Spring 2021 Water Fitness Schedule

All programs held at Pleasant Hill Aquatic Park (147 Gregory Lane)

Lap Swim Schedule: March 8-April 2, 2021

Day	45-Minute Reservation Starting:
Monday	8:15 am 3:15 pm 4:15 pm 5:15 pm 6:15 pm 7:15 pm
Tuesday	3:00 pm* 4:00 pm* 5:00 pm*
Wednesday	8:15 am 3:15 pm 4:15 pm 5:15 pm 6:15 pm 7:15 pm
Thursday	3:00 pm* 4:00 pm* 5:00 pm*
Friday	8:15 am

*Tuesday & Thursday Lap Swim is in the Dive Pool (25 yards)

Schedule for Spring Break (April 5-9) and April TBD. Watch website and email for schedule information.

Lap Swim Fees (per 45-Minute Reservation)
\$12/\$10 (Dist. Res.)
Senior 55+: \$11/\$9 (Dist. Res.)

Spring 2021 Water Fitness Schedule

All programs held at Pleasant Hill Aquatic Park (147 Gregory Lane)

Aqua Zumba with Sandra

Monday Evening, 7:00-8:00 pm		
Code	Dates	Fees
8125.501	3/8-3/29	\$65/\$52 (Dist. Res.)
8125.502	4/5-4/26	\$65/\$52 (Dist. Res.)
8125.503	5/3-5/24	\$65/\$52 (Dist. Res.)
8125.601	6/7-6/28	\$65/\$52 (Dist. Res.)
8125.602	7/12-8/2	\$65/\$52 (Dist. Res.)
8125.603	8/9-8/30	\$65/\$52 (Dist. Res.)

No class 5/31 and 7/5

Drop-in will be available based on class registration. Drop-in fees: \$18/\$15 (Dist. Res.).

Register for the class to ensure your space and to avoid session cancelation.

Deep Water Aerobics with Sandra

Wednesday Evening, 7:00-8:00 pm		
Code	Dates	Fees
8130.501	3/10-3/31	\$55/\$44 (Dist. Res.)
8130.502	4/7-4/28	\$55/\$44 (Dist. Res.)
8130.503	5/5-5/26	\$55/\$44 (Dist. Res.)
8130.601	6/2-6/30	\$68/\$55 (Dist. Res.)
8130.602	7/7-7/28	\$55/\$44 (Dist. Res.)
8130.603	8/4-8/25	\$55/\$44 (Dist. Res.)

Drop-in will be available based on class registration. Drop-in fees: \$15/\$12 (Dist. Res.).

Register for the class to ensure your space and to avoid session cancelation.

TriFIT Aqua Circuit with NuWave USA

Sunday Morning, 9:00-10:00 am		
Code	Dates	Fees
8115.501	3/14-3/28	\$43/\$35 (Dist. Res.)
8115.502	4/11-4/25	\$43/\$35 (Dist. Res.)
8115.503	5/2-5/23	\$56/\$45 (Dist. Res.)
8115.601	6/6-6/27	\$56/\$45 (Dist. Res.)
8115.602	7/11-8/1	\$56/\$45 (Dist. Res.)
8115.603	8/8-8/29	\$56/\$45 (Dist. Res.)

No class 4/4, 5/30, 7/4

Drop-in will be available based on class registration. Drop-in fees: \$18/\$15 (Dist. Res.).

Register for the class to ensure your space and to avoid session cancelation.

Spring 2021 Water Fitness Schedule

All programs held at Pleasant Hill Aquatic Park (147 Gregory Lane)

Water Aerobics with Bryce

Monday, Wednesday & Friday Morning, 8:00-9:00 am

Monday Morning		Wednesday Morning		Friday Morning	
Code	Dates	Code	Dates	Code	Dates
8102.501	3/8-3/29	8103.501	3/10-3/31	8104.501	3/12-4/2
8102.502	4/5-4/26	8103.502	4/7-4/28	8104.502	4/9-4/30
8102.503	5/3-5/24	8103.503	5/5-5/26	8104.503	5/7-5/28
8102.601	6/7-6/28	8103.601	6/2-6/30**	8104.601	6/4-6/25
8102.602	7/12-7/26*	8103.602	7/7-7/28	8104.602	7/2-7/30**
8102.603	8/2-8/30**	8103.603	8/4-8/25	8104.603	8/6-8/27

No class 5/31, 7/5

Water Aerobics Fees

*3 classes	4 classes	**5 classes
\$39/\$33 (Dist. Res.)	\$52/\$44 (Dist. Res.)	\$66/\$55 (Dist. Res.)
Senior 55+ \$36/\$30 (Dist. Res.)	Senior 55+ \$48/\$40 (Dist. Res.)	Senior 55+ \$60/\$50 (Dist. Res.)