

April 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
MDUSD Spring Break – All Weekday Lap Swim @ PHAP	MDUSD Holiday 6:30-7:30am 8:30-9:30am @ PHAP Training Pool		6:30-7:30am 8:30-9:30am @ PHAP Training Pool		6:30-7:30am 8:30-9:30am @ PHAP Training Pool	10-noon @ PHAP
7	8	9	10	11	12	13
10-noon @ PHAP	6:30-7:30am 8:30-9:30am @ PHAP Training Pool 7-8pm	7-8pm	6:30-7:30am 8:30-9:30am @ PHAP Training Pool	7-8pm	6:30-7:30am 8:30-9:30am @ PHAP Training Pool	10-noon @ PHAP
14	15	16	17	18	19	20
10-noon @ PHAP	6:30-7:30am 8:30-9:30am @ PHAP Training Pool 7-8pm	7-8pm	6:30-7:30am 8:30-9:30am @ PHAP Training Pool	7-8pm	6:30-7:30am 8:30-9:30am @ PHAP Training Pool	Holiday
21	22	23	24	25	26	27
Holiday	6:30-7:30am 8:30-9:30am @ PHAP Training Pool 7-8pm	7-8pm	6:30-7:30am 8:30-9:30am @ PHAP Training Pool	7-8pm	6:30-7:30am 8:30-9:30am @ PHAP Training Pool	10-noon @ PHAP
28	29	30	Lap Swim is held at PH Education Center Pool (1 Santa Barbara Road), unless specified on the calendar. PHAP is Pleasant Hill Aquatic Park (147 Gregory Lane).			
10-noon @ PHAP	6:30-7:30am 8:30-9:30am @ PHAP Training Pool 7-8pm	7-8pm				

M/W/F 8:30-9:30am @ PHAP Training Pool. Weekend lap swim @ PHAP resumes March 23; may share with Lifeguard Training.

The PH Education Center Pool will re-open to programs on Monday, April 8. Thank you for your patience.

May 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim is held at PH Education Center Pool (1 Santa Barbara Road), unless specified on the calendar. PHAP is Pleasant Hill Aquatic Park (147 Gregory Lane).			1	2	3	4
			6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i>	7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i>	10-noon @ PHAP
5	6	7	8	9	10	11
10-noon @ PHAP	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 7-8pm	7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i>	7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i>	10-noon @ PHAP
12	13	14	15	16	17	18
10-noon @ PHAP	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 7-8pm	7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i>	7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i>	10-noon @ PHAP
19	20	21	22	23	24	25
10-noon @ PHAP	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 7-8pm	7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i>	7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i>	Holiday
26	27	28	29	30	31	
Holiday	Holiday	7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i>	7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i>	

M/W/F 8:30-9:30am @ PHAP Training Pool. Weekend lap swim @ PHAP; may share with Lifeguard Training through 5/5.

June 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim is held at PH Education Center Pool (1 Santa Barbara Road), unless specified on the calendar. PHAP is Pleasant Hill Aquatic Park (147 Gregory Lane).						1
						10-noon @ PHAP
2	3	4	5	6	7	8
10-noon @ PHAP	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 7-8pm	7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i>	7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i>	10-noon @ PHAP
9	10	11	12	13	14	15
10-noon @ PHAP	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm 7-8pm	12-1pm 7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm	12-1pm 7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm	10-noon @ PHAP
16	17	18	19	20	21	22
10-noon @ PHAP	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm 7-8pm	12-1pm 7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm	12-1pm 7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm	10-noon @ PHAP
23	24	25	26	27	28	29
No Lap Swim	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm 7-8pm	12-1pm 7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm	12-1pm 7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm	10-noon @ PHAP
30						
10-noon @ PHAP						

M/W/F 8:30-9:30am @ PHAP Training Pool. Weekend lap swim @ PHAP.

July 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm 7-8pm	12-1pm 7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm	Holiday	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm	10-noon @ PHAP
7	8	9	10	11	12	13
10-noon @ PHAP	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm 7-8pm	12-1pm 7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm	12-1pm 7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm	10-noon @ PHAP
14	15	16	17	18	19	20
10-noon @ PHAP	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm 7-8pm	12-1pm 7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm	12-1pm 7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm	10-noon @ PHAP
21	22	23	24	25	26	27
10-noon @ PHAP	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm 7-8pm	12-1pm 7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm	12-1pm 7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm	10-noon @ PHAP
28	29	30	31	Lap Swim is held at PH Education Center Pool (1 Santa Barbara Road), unless specified on the calendar. PHAP is Pleasant Hill Aquatic Park (147 Gregory Lane).		
10-noon @ PHAP	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm 7-8pm	12-1pm 7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm			

M/W/F 8:30-9:30am @ PHAP Training Pool. Weekend lap swim @ PHAP.

August 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim is held at PH Education Center Pool (1 Santa Barbara Road), unless specified on the calendar. PHAP is Pleasant Hill Aquatic Park (147 Gregory Lane).				1	2	3
				12-1pm 7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm	10-noon @ PHAP
4	5	6	7	8	9	10
10-noon @ PHAP	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm 7-8pm	12-1pm 7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm	12-1pm 7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 12-1pm	10-noon @ PHAP
11	12	13	14	15	16	17
10-noon @ PHAP	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 7-8pm	7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i>	7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i>	10-noon @ PHAP
18	19	20	21	22	23	24
10-noon @ PHAP	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 7-8pm	7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i>	7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i>	10-noon @ PHAP
25	26	27	28	29	30	31
10-noon @ PHAP	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i> 7-8pm	7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i>	7-8pm	6:30-7:30am 8:30-9:30am @ <i>PHAP Training Pool</i>	Holiday

M/W/F 8:30-9:30am @ PHAP Training Pool. Weekend lap swim @ PHAP.

September 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Holiday	Holiday	7-8pm	6:30-7:30am 8:30-9:30am @ PHAP Training Pool	7-8pm	6:30-7:30am 8:30-9:30am @ PHAP Training Pool	10-noon @ PHAP
8	9	10	11	12	13	14
10-noon @ PHAP	6:30-7:30am 8:30-9:30am @ PHAP Training Pool 7-8pm	7-8pm	6:30-7:30am 8:30-9:30am @ PHAP Training Pool	7-8pm	6:30-7:30am 8:30-9:30am @ PHAP Training Pool	10-noon @ PHAP
15	16	17	18	19	20	21
10-noon @ PHAP	6:30-7:30am 8:30-9:30am @ PHAP Training Pool 7-8pm	7-8pm	6:30-7:30am 8:30-9:30am @ PHAP Training Pool	7-8pm	6:30-7:30am 8:30-9:30am @ PHAP Training Pool	10-noon @ PHAP
22	23	24	25	26	27	28
10-noon @ PHAP	6:30-7:30am 8:30-9:30am @ PHAP Training Pool 7-8pm	7-8pm	6:30-7:30am 8:30-9:30am @ PHAP Training Pool	7-8pm	6:30-7:30am 8:30-9:30am @ PHAP Training Pool	10-noon @ PHAP
29	30	<p style="text-align: center;">Lap Swim is held at PH Education Center Pool (1 Santa Barbara Road), unless specified on the calendar. PHAP is Pleasant Hill Aquatic Park (147 Gregory Lane).</p>				
10-noon @ PHAP	6:30-7:30am 8:30-9:30am @ PHAP Training Pool 7-8pm					

M/W/F 8:30-9:30am @ PHAP Training Pool. Weekend lap swim @ PHAP.