



ADULT 3-ON-3 BASKETBALL LEAGUE —2019

Welcome to Pleasant Hill Recreation & Park District's Adult 3-ON-3 Basketball league. Seasons are either 8 or 10 weeks of play followed by play-offs (if you qualify).

TEAM FEES/Per Season: \$310 (8 Week Season) or \$380 (10 Week Season)

2019 Seasons
Winter (Jan-Mar) 10 weeks
Spring (April-June) 8 weeks
Summer (July-Sept) 8 weeks
Fall (Oct-Dec) 8 weeks

REGISTRATION:

Submit team payment and rosters to:

Mail/drop off: Adult 3-ON-3 Basketball League Registration
Pleasant Hill Recreation & Park District
147 Gregory Lane
Pleasant Hill, CA 94523-3348

Fax: (925) 682-1633

email Sheila: sgeorge@pleasanthillrec.com

- If paying team fees by bank card, contact Sheila with card number.
- No refunds once a team is placed in a league. If league(s) are cancelled money will be refunded.
- Team Representatives are responsible for full team fees.

ROSTERS / ROSTER CHANGES:

All teams must complete a 2019 team roster. Rosters cannot be carried over from year to year. Please make sure all player information is complete: name, address, phone number and signature. If information is left out or your check bounces, the packet can be declared incomplete.

Roster changes must be made by 5:00 pm, Monday through Friday, prior to your game, at the District's Administrative Office with the League's "Add/Drop Form" (gym staff & scorekeepers do not handle roster changes). Roster additions must be made two weeks prior to the end of each season. Teams may carry a maximum of ten (10) players on their roster. **Only players on the team roster may participate.**

SCHEDULES:

Schedules are available at: <http://www.pleasanthillrec.com/289/Basketball>. If you do not have internet access, you can contact Sheila at the District's Administration Office for a printed schedule, (925) 682-0896/sgeorge@pleasanthillrec.com.

LEAGUE DETAILS:

- All games are held at the Pleasant Hill Middle School Gym, One Santa Barbara Rd. PH
- The leagues are scheduled to play on Wednesday nights.

Teams may play on other nights not designated as above due to gym availability, play-offs, make up games, and/or size of a particular league. Remember, Pleasant Hill Recreation & Park District reserves the right to make FINAL JUDGMENT ON TEAM PLACEMENT and does not guarantee placement of any team.

League fees cover: The specified number of games, gym coordinator, basketballs, championship t-shirts, gym maintenance and lighting. A percentage of league fees are designated for improvements to comply with the American Disability Act.

*Thank you for choosing
Pleasant Hill Recreation & Park District!*

PLEASANT HILL RECREATION & PARK DISTRICT
2019 3-ON-3 ADULT BASKETBALL
ROSTER, AGREEMENT, WAIVER & RELEASE FORM

Winter____, Spring____

MEN'S: A (upper) _____, B (middle) _____, C (Lower) _____,

Summer____, Fall____

Team Name: _____ Team Rep: _____

Primary Ph: _____ email: _____

Asst. Team Rep: _____

Primary Ph: _____ email: _____

Returning Teams—Previous Team Name & Season: _____

NOTE: Team Representatives are responsible for team fees. Please be sure an assistant representative has been specified, including their home and work phone number.

In consideration for being permitted by the above district to participate in the above activity, I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is intended to discharge in advance the above district (its officers, employees, and agents) from any and all liability arising out of or connected in any way with my participation in said activity, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost, or expense which they may incur as the result of my death or any injury or property damage that I may sustain while participating in said activity. I understand that no medical insurance is provided. I am eighteen years of age or older.

I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER, AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE ABOVE DISTRICT AND I SIGN IT OF MY FREE WILL. I FURTHER UNDERSTAND THAT PHOTOGRAPHS AND VIDEO MAY BE TAKEN OF ME DURING THE COURSE OF THE SAID ACTIVITY AND THAT THESE PHOTOGRAPHS AND VIDEO MAY BE USED FOR PLEASANT HILL RECREATION & PARK DISTRICT PUBLICITY PURPOSES. I HAVE READ AND UNDERSTAND THIS RELEASE.

Last Name, First (Print):		Signature:	
Street:	City:	Zip:	
Phone:	Birth Date: / /		

Last Name, First (Print):		Signature:	
Street:	City:	Zip:	
Phone:	Birth Date: / /		

PLEASANT HILL RECREATION & PARK DISTRICT
2019 3-ON-3 BASKETBALL
 ROSTER, AGREEMENT, WAIVER & RELEASE FORM

Team Name: _____

In consideration for being permitted by the above district to participate in the above activity, I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is intended to discharge in advance the above district (its officers, employees, and agents) from any and all liability arising out of or connected in any way with my participation in said activity, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost, or expense which they may incur as the result of my death or any injury or property damage that I may sustain while participating in said activity. I understand that no medical insurance is provided. I am eighteen years of age or older.

I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER, AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE ABOVE DISTRICT AND I SIGN IT OF MY FREE WILL. I FURTHER UNDERSTAND THAT PHOTOGRAPHS AND VIDEO MAY BE TAKEN OF ME DURING THE COURSE OF THE SAID ACTIVITY AND THAT THESE PHOTOGRAPHS AND VIDEO MAY BE USED FOR PLEASANT HILL RECREATION & PARK DISTRICT PUBLICITY PURPOSES. I HAVE READ AND UNDERSTAND THIS RELEASE.

Last Name, First (Print):		Signature:	
Street:	City:	Zip:	
Phone:	Birth Date: / /		

Last Name, First (Print):		Signature:	
Street:	City:	Zip:	
Phone:	Birth Date: / /		

Last Name, First (Print):		Signature:	
Street:	City:	Zip:	
Phone:	Birth Date: / /		

Last Name, First (Print):		Signature:	
Street:	City:	Zip:	
Phone:	Birth Date: / /		

PLEASANT HILL RECREATION & PARK DISTRICT
2019 3-ON-3 BASKETBALL
ROSTER, AGREEMENT, WAIVER & RELEASE FORM

In consideration for being permitted by the above district to participate in the above activity, I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is intended to discharge in advance the above district (its officers, employees, and agents) from any and all liability arising out of or connected in any way with my participation in said activity, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost, or expense which they may incur as the result of my death or any injury or property damage that I may sustain while participating in said activity. I understand that no medical insurance is provided. I am eighteen years of age or older.

I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER, AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE ABOVE DISTRICT AND I SIGN IT OF MY FREE WILL. I FURTHER UNDERSTAND THAT PHOTOGRAPHS AND VIDEO MAY BE TAKEN OF ME DURING THE COURSE OF THE SAID ACTIVITY AND THAT THESE PHOTOGRAPHS AND VIDEO MAY BE USED FOR PLEASANT HILL RECREATION & PARK DISTRICT PUBLICITY PURPOSES. I HAVE READ AND UNDERSTAND THIS RELEASE.

Last Name, First (Print):		Signature:	
Street:		City:	Zip:
Phone:	Birth Date: / /		

Last Name, First (Print):		Signature:	
Street:		City:	Zip:
Phone:	Birth Date: / /		

Last Name, First (Print):		Signature:	
Street:		City:	Zip:
Phone:	Birth Date: / /		

Last Name, First (Print):		Signature:	
Street:		City:	Zip:
Phone:	Birth Date: / /		