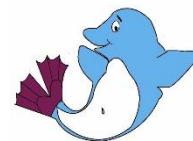




Pleasant Hill Dolphins Swim Team

Code of Conduct



This Code of Conduct applies to swimmers, parents, visitors, officials, pool staff and coaches (participants), at all Pleasant Hill Dolphins Swim Team (PHD) events.

As a swimmer, parent, visitor, official or spectator at PHD events, we agree to abide by the following Code of Conduct:

1. We will demonstrate good sportsmanship by conducting ourselves in a manner that earns the respect of swimmers, parents, visitors, officials, pool staff and coaches at all times.
2. We will treat swimmers, parents, visitors, officials, pool staff and coaches with courtesy and respect at all times.
3. We will demonstrate teamwork with all swimmers, parents, visitors, officials, pool staff and coaches by supporting the values of commitment, fairness, discipline and hard work.
4. During meets, questions or concerns regarding decisions made by Meet Officials or Coaches are only to be discussed with the Head Coach and/or Team Director at the conclusion of the meet.
5. We understand that criticizing, name-calling, use of foul or abusive language or gestures, sexual harassment, bullying and/or fighting, directed towards any participant at a PHD event will not be permitted or tolerated.
6. We will respect the facilities used for PHD events (home or away), by following all facility rules, leaving our area in a neat and clean condition, observing all parking signs and limiting excessive noise which may disturb nearby residents
7. We understand that the use of alcohol, tobacco and/or illicit drugs, in any form, at any time and in any amount, is strictly prohibited at PH Aquatic Park and all MDUSD school sites. Violations of this rule could lead to cancellation of PHD permits for MDUSD sites and jeopardize the future of the program.
 - a. Violators will be banned from the premises.
 - b. At away events, alcohol and tobacco may only be used if allowed under host facility rules, and in compliance with all applicable laws and the PHD Code of Conduct.
8. We understand that parents/families play a vital role in the success of the team and parent participation/completion of work shifts is required.

We have read, understand and agree to the Pleasant Hill Dolphins Swim Team Code of Conduct. Failure to meet and uphold the Code will result in disciplinary action ranging from suspension to removal from PHD team events as determined by the PHD Parent Club.