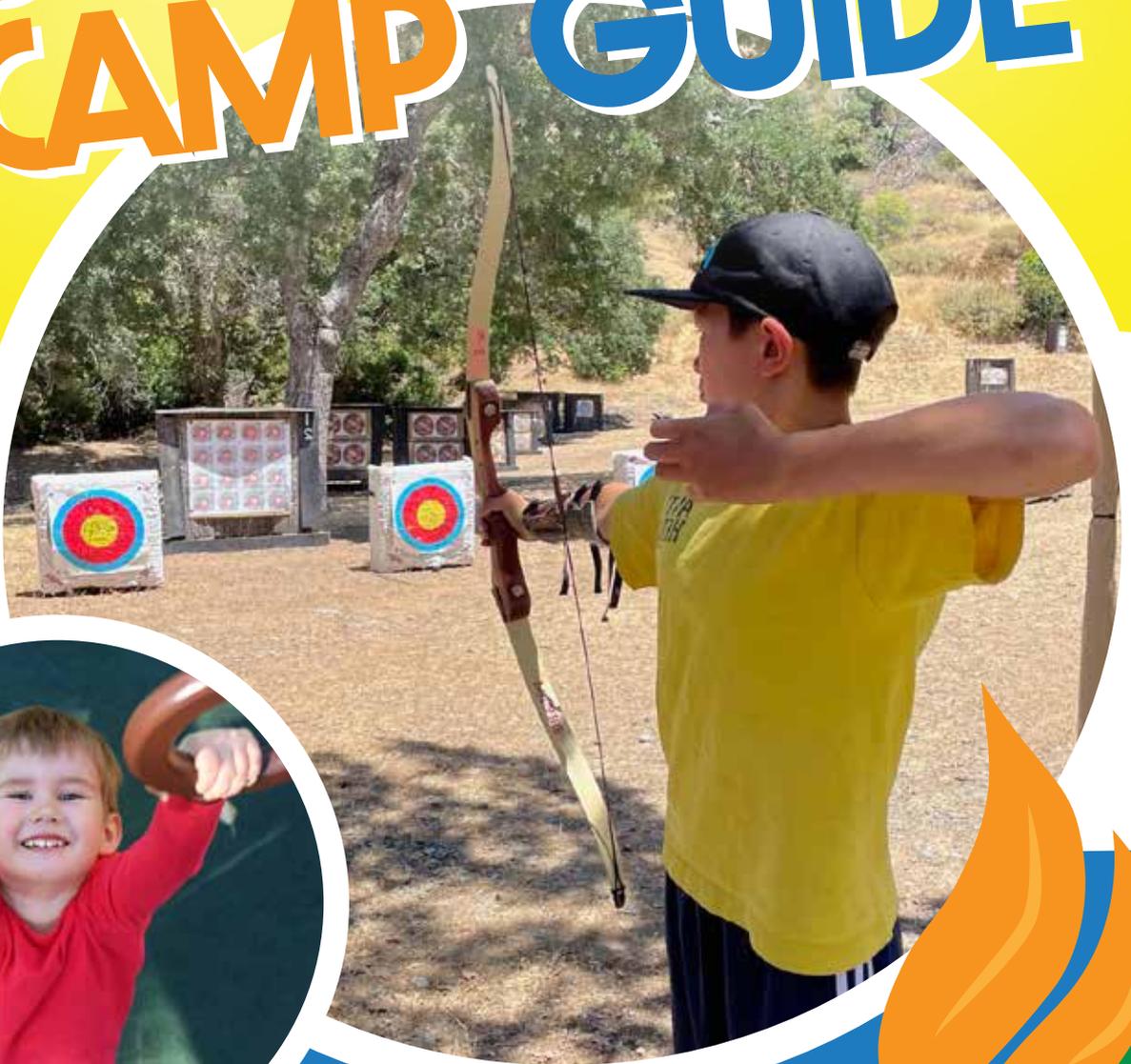




2024

# SUMMER CAMP GUIDE



[pleasanthillrec.com](http://pleasanthillrec.com)

**MAKE IT A WINNING SUMMER!**



# AQUATIC CAMPS

## Junior Lifeguard Camp 🏆

11–14 yrs

Instructor: Aquatics Staff  
PH Aquatic Park: 147 Gregory Lane

Build a valuable foundation to becoming a lifeguard and swim instructor! Learn basic water safety skills, how to prevent aquatic accidents, and how to recognize hazards. Participants must be able to swim 50 yards freestyle with face in the water and rhythmic breathing. After completing the course, you will be eligible to provide volunteer assistance as a Swim Lesson Aide and Junior Lifeguard. All participants will receive a Junior Lifeguard T-shirt. Bring swim suit/towel/goggles, change of clothes, closed-toe shoes, snack, water bottle and apply own sunscreen.

\$220/\$200 (Dist. Res.)

**8770.601** 6/10–6/13 M–Th 8:30 am–12:30 pm

## Splash ‘N Dash Camp 🏆

8–12 yrs

Instructor: Aquatics Staff  
PH Aquatic Park: 147 Gregory Lane

Dive into summer fun at the pool with daily swim practice, water safety skills and lots of fun activities both in the pool and on the deck. Swim practice will include instruction in all four competitive strokes. Other water-based activities include games like water polo, sharks and minnows and Marco-polo plus free swim time. Participants must be able to swim, unassisted, 25 yards each of freestyle (face in the water with rhythmic breathing) and backstroke. Please bring suit/towel/goggles, change of clothes, snack, water bottle and apply own sunscreen.

\$170/\$150 (Dist. Res.)

**8770.602** 6/17–6/20 M–Th 8:30 am–12:30 pm

**8770.604** 7/1–7/3 M–W 8:30 am–12:30 pm

*No class 6/19, 7/4.*

## Class Registration Begins February 24.

### NO ONLINE REGISTRATION FEES!

#### The Spotlight, Spring/Summer 2024:

Published three times/year. Circulation: 68,000 per issue; sent to homes and businesses in Pleasant Hill and surrounding areas. Copies available at the District Office, and local libraries and businesses.

*Featured on the cover: Holland Lee Bird, Archer*

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@pleasanthillrec

*The information provided in this issue is current as of the publication print date and subject to change. For the most updated information, visit the online registration catalog at [pleasanthillrec.com](http://pleasanthillrec.com).*

## Swim Lessons 2024

*Note: An Aquatics Waiver of Liability must be signed before any class participation.*

Please plan your schedule carefully; there are no make-ups or refunds for missed classes. See the lesson manager at the first session if you have any special requests or information regarding your child’s swim lessons. Lesson Managers supervise lessons on the pool deck; they will assist with your concerns.

### Parent/Tot (6 m–4 yrs)

A fun introduction to the aquatic environment focusing on water adjustment through instructor led songs. One adult caregiver must participate in the water with the participant. Swim attire: tight-fitting "swim pants" and swimsuit. No disposable or cloth diapers.

### Tiny Tot (3–4 yrs)

Child must be ready to learn without parent participation. Skills: Water adjustment, basic aquatic skills and water safety. Ratio 3:1

### Preschool (4–6 yrs)

Child must be ready to learn without parent participation. Skills: Water adjustment, elementary aquatic skills, stroke development and water safety. Abilities may vary. Ratio 3:1

### Youth (6–12 yrs)

Students will learn a variety of strokes, personal safety skills and diving techniques, starting with basic aquatic skills and water adjustment. More advanced students will refine their skills. Beginner is levels 1-3. Int./Adv. is levels 4 and up. Ratio 4:1

### Adult/Teen (12+ yrs)

New strokes and techniques for stroke improvement will be taught. Skills: floating, kicking, freestyle, backstroke, breaststroke, butterfly, sidestroke, elementary backstroke, diving and turns. Ratio 5:1

### Private (3.5 yrs–Adult)

One-on-one swim instruction for all ability levels and ages.

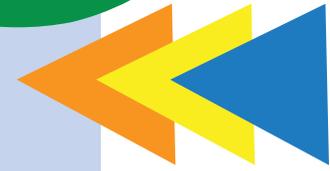
## Spring 2024 Swim Lessons

PH Aquatic Park

### Saturday & Sunday Group Lessons

\*3 weeks, (3) 25-minute classes: \$55/\$44 (Dist. Res.) | Parent/Tot: \$41/\$33 (Dist. Res.)  
 4 weeks, (4) 25-minute classes: \$71/\$57 (Dist. Res.) | Parent/Tot: \$55/\$44 (Dist. Res.)

Time	Age	SATURDAY			SUNDAY		
		3/9-3/23*	4/6-4/27	5/4-5/18*	3/10-3/24*	4/7-4/28	5/5-5/19*
10:00 am	Adult/Teen	8599.501	8599.503	8599.505	8599.502	8599.504	8599.506
10:30 am	Youth	8579.501	8579.503	8579.505	8579.502	8579.504	8579.506
11:00 am	Preschool	8549.501	8549.503	8549.505	8549.502	8549.504	8549.506
11:30 am	Tiny Tot	8539.501	8539.503	8539.505	8539.502	8539.504	8539.506
12:00 pm	Parent/Tot	8510.501	8510.503	8510.505	8510.502	8510.504	8510.506



## Summer 2024 Swim Lessons

PH Aquatic Park

### Weekday Group Lessons: Monday-Thursday

\*3 weeks, (3) 25-minute classes: \$55/\$44 (Dist. Res.) | Parent/Tot: \$41/\$33 (Dist. Res.)  
 4 weeks, (4) 25-minute classes: \$71/\$57 (Dist. Res.) | Parent/Tot: \$55/\$44 (Dist. Res.)

\*No class 6/19, 7/4.

Parent/Tot	6/10-6/13	6/17-6/20*	6/24-6/27	7/1-7/3*	7/8-7/11	7/15-7/18	7/22-7/25	7/29-8/1
11:30 am	8500.601	8500.602	8500.603	8500.604	8500.605	8500.606	8500.607	8500.608
5:30 pm	8501.601	8501.602	8501.603	8501.604	8501.605	8501.606	8501.607	8501.608

Tiny Tot	6/10-6/13	6/17-6/20*	6/24-6/27	7/1-7/3*	7/8-7/11	7/15-7/18	7/22-7/25	7/29-8/1
10:30 am	8530.601	8530.602	8530.603	8530.604	8530.605	8530.606	8530.607	8530.608
11:30 am	8531.601	8531.602	8531.603	8531.604	8531.605	8531.606	8531.607	8531.608
12:30 pm	8532.601	8532.602	8532.603	8532.604	8532.605	8532.606	8532.607	8532.608
4:30 pm	8533.601	8533.602	8533.603	8533.604	8533.605	8533.606	8533.607	8533.608
5:30 pm	8534.601	8534.602	8534.603	8534.604	8534.605	8534.606	8534.607	8534.608
6:30 pm	8535.601	8535.602	8535.603	8535.604	8535.605	8535.606	8535.607	8535.608

Preschool	6/10-6/13	6/17-6/20*	6/24-6/27	7/1-7/3*	7/8-7/11	7/15-7/18	7/22-7/25	7/29-8/1
10:30 am	8540.601	8540.602	8540.603	8540.604	8540.605	8540.606	8540.607	8540.608
11:00 am	8541.601	8541.602	8541.603	8541.604	8541.605	8541.606	8541.607	8541.608
12:00 pm	8542.601	8542.602	8542.603	8542.604	8542.605	8542.606	8542.607	8542.608
12:30 pm	8543.601	8543.602	8543.603	8543.604	8543.605	8543.606	8543.607	8543.608
4:30 pm	8544.601	8544.602	8544.603	8544.604	8544.605	8544.606	8544.607	8544.608
5:00 pm	8545.601	8545.602	8545.603	8545.604	8545.605	8545.606	8545.607	8545.608
6:00 pm	8546.601	8546.602	8546.603	8546.604	8546.605	8546.606	8546.607	8546.608
6:30 pm	8547.601	8547.602	8547.603	8547.604	8547.605	8547.606	8547.607	8547.608

Youth	6/10-6/13	6/17-6/20*	6/24-6/27	7/1-7/3*	7/8-7/11	7/15-7/18	7/22-7/25	7/29-8/1
10:00 am, Beg.	8570.601	8570.602	8570.603	8570.604	8570.605	8570.606	8570.607	8570.608
11:00 am, Int./Adv.	8571.601	8571.602	8571.603	8571.604	8571.605	8571.606	8571.607	8571.608
12:00 pm, Beg.	8572.601	8572.602	8572.603	8572.604	8572.605	8572.606	8572.607	8572.608
5:00 pm, Beg.	8573.601	8573.602	8573.603	8573.604	8573.605	8573.606	8573.607	8573.608
6:00 pm, Int./Adv.	8574.601	8574.602	8574.603	8574.604	8574.605	8574.606	8574.607	8574.608
7:00 pm, Beg.	8575.601	8575.602	8575.603	8575.604	8575.605	8575.606	8575.607	8575.608

Adult/Teen	6/10-6/13	6/17-6/20*	6/24-6/27	7/1-7/3*	7/8-7/11	7/15-7/18	7/22-7/25	7/29-8/1
10:00 am	8590.601	8590.602	8590.603	8590.604	8590.605	8590.606	8590.607	8590.608
7:00 pm	8591.601	8591.602	8591.603	8591.604	8591.605	8591.606	8591.607	8591.608

Camps with this symbol  qualify for an automatic 10% discount at registration. No coupon code needed. Discount valid 9:00 am-11:59 pm on February 24, 2024 only.



Note: Pools are subject to closure without warning, based on attendance, weather, emergencies and training, maintenance or safety issues.

**Summer 2024 Swim Lessons**   
PH Aquatic Park

Camps with this symbol  qualify for an automatic 10% discount at registration. No coupon code needed. Discount valid 9:00 am–11:59 pm on February 24, 2024 only.

**Weekday Private Lessons: Monday–Thursday**

\*3 weeks, (3) 25-minute classes: \$115/\$95 (Dist. Res.)

4 weeks, (4) 25-minute classes: \$145/\$125 (Dist. Res.)

No class 6/19, 7/4.

Private Lessons	6/10–6/13	6/17–6/20*	6/24–6/27	7/1–7/3*	7/8–7/11	7/15–7/18	7/22–7/25	7/29–8/1
10:00 am	8600.601	8600.602	8600.603	8600.604	8600.605	8600.606	8600.607	8600.608
10:30 am	8601.601	8601.602	8601.603	8601.604	8601.605	8601.606	8601.607	8601.608
11:00 am	8602.601	8602.602	8602.603	8602.604	8602.605	8602.606	8602.607	8602.608
11:30 am	8603.601	8603.602	8603.603	8603.604	8603.605	8603.606	8603.607	8603.608
12:00 pm	8604.601	8604.602	8604.603	8604.604	8604.605	8604.606	8604.607	8604.608
12:30 pm	8605.601	8605.602	8605.603	8605.604	8605.605	8605.606	8605.607	8615.608
4:30 pm	8610.601	8610.602	8610.603	8610.604	8610.605	8610.606	8610.607	8610.608
5:00 pm	8611.601	8611.602	8611.603	8611.604	8611.605	8611.606	8611.607	8611.608
5:30 pm	8612.601	8612.602	8612.603	8612.604	8612.605	8612.606	8612.607	8612.608
6:00 pm	8613.601	8613.602	8613.603	8613.604	8613.605	8613.606	8613.607	8613.608
6:30 pm	8614.601	8614.602	8614.603	8614.604	8614.605	8614.606	8614.607	8614.608
7:00 pm	8615.601	8615.602	8615.603	8615.604	8615.605	8615.606	8615.607	8615.608



**Saturday & Sunday Group Lessons**

\*3 weeks, (3) 25-minute classes: \$55/\$44 (Dist. Res.) | Parent/Tot: \$41/\$33 (Dist. Res.)

4 weeks, (4) 25-minute classes: \$71/\$57 (Dist. Res.) | Parent/Tot: \$55/\$44 (Dist. Res.)

Time	Age	SATURDAY			SUNDAY		
		6/1–6/22	7/13–7/27*	8/3–8/24	6/2–6/23	7/14–7/28*	8/4–8/25
10:00 am	Adult/Teen	8599.601	8599.603	8599.605	8599.602	8599.604	8599.606
10:30 am	Youth	8579.601	8579.603	8579.605	8579.602	8579.604	8579.606
11:00 am	Preschool	8549.601	8549.603	8549.605	8549.602	8549.604	8549.606
11:30 am	Tiny Tot	8539.601	8539.603	8539.605	8539.602	8539.604	8539.606
12:00 pm	Parent/Tot	8510.601	8510.603	8510.605	8510.602	8510.604	8510.606



**Saturday & Sunday Private Lessons**

\*3 weeks, (3) 25-min classes: \$115/\$95 (Dist. Res.)

4 weeks, (4) 25-min classes: \$145/\$125 (Dist. Res.)

Time	SATURDAY			SUNDAY		
	6/1–6/22	7/13–7/27*	8/3–8/24	6/2–6/23	7/14–7/28*	8/4–8/25
10:00 am	8620.601	8620.603	8620.605	8620.602	8620.604	8620.606
10:30 am	8621.601	8621.603	8621.605	8621.602	8621.604	8621.606
11:00 am	8622.601	8622.603	8622.605	8622.602	8622.604	8622.606
11:30 am	8623.601	8623.603	8623.605	8623.602	8623.604	8623.606
12:00 pm	8624.601	8624.603	8624.605	8624.602	8624.604	8624.606



**Lessons at Staff Training FREE!**

3–10 years

Join us for a complimentary swim lesson in exchange for helping our aquatics staff practice their teaching techniques with children of various ages. Pre-registration required by noon on June 5.

PH Aquatic Park

6/7 Fri 11:30–11:55 am Free

# SUMMER CLASSICS CAMPS

**What is a "Summer Classics" camp?** Summer Classics camps are run exclusively by trained Rec & Park staff and include flexible full and half-day schedule options. Many of these Summer Classic camps feature staff-supervised off-site field trips around the Bay Area – a classic way to keep the fun going all summer long. All registered participants will receive an information email the week prior to the first day of camp. All camps are in-person unless otherwise noted.

## Preschool Summer Classics

Come join us for a summer full of fun! Our preschool staff will be engaging your campers in science, music, art, cooking and more! Campers must be fully potty trained. Pack a NUT-FREE snack, water bottle and extra clothes daily.

### Preschool Classics Camp

3yrs 6 m–5 yrs

Winslow Center: Room 3

#### AM SESSIONS

Instructors: Ms. Stephanie, Ms. Erika, & Ms. Jaime  
\$435/\$415 (Dist. Res.)

**6651.608** 6/10–6/28 M–Th 8:15–11:15 am  
No class 6/19.

\$620/\$600 (Dist. Res.)

**6651.609** 7/8–8/1 M–Th 8:15–11:15 am

#### PM SESSIONS

Instructors: Ms. Stephanie, Ms. Brittany, & Ms. Jaime  
\$435/\$415 (Dist. Res.)

**6651.610** 6/10–6/28 M–Th 12:45–3:45 pm  
No class 6/19.

\$620/\$600 (Dist. Res.)

**6651.611** 7/8–8/1 M–Th 12:45–3:45 pm

### Hummingbird Prep Camp

(For incoming Hummingbirds ONLY)

2 yrs 6 mo–3 yrs 6 mo

Instructors: Ms. Stephanie & Ms. Heather  
Winslow Center: Room 3

\$120/\$100 (Dist. Res.)

**6651.612** 8/13–8/15 T,W,Th 8:15–11:15 am

### Bumblebee Prep Camp

(For incoming Bumblebees ONLY)

1 yr 6 mo–2 yrs 6 mo

Location: Community Center: Room 1

Instructors: Ms. Elena, Ms. Nozomi, & Ms. Brittany

Community Center: Room 1

\$120/\$100 (Dist. Res.)

**6651.613** 8/13–8/15 T,W,Th 8:15–11:15 am

## YOUTH SUMMER CLASSICS

### Summer Rec Camp

6-13 yrs

Four Weeks of Summer Fun!!

Tuesday/Wednesday/Thursday

Instructors: Rec Camp Staff

Location: College Park High School

Piece together the perfect summer camp unique to your child's interests! Summer Rec Camp gives you the opportunity to choose from a variety of enrichment, sports and recreation activities to build a camp that will keep your child happy, healthy and engaged all summer long! SRC also offers additional schedule options to meet your family's summertime schedule.

\*Material fees apply to specific classes.

4 weeks | \$335/\$315 (Dist. Res.)

**3010.600** 6/18–7/11 Tu–Th 9:00 am–12:00 pm

### Rookie Camp

5-8 yrs

Location: Community Center:

Preschool Classrooms

Explore fun, engaging recreational activities! This program includes outdoor sports & play, arts & crafts, enriching group activities and more! Activities are organized and structured for the entire group. AM & PM camp curriculum and activities differ to offer your camper a new experience. Lunch supervision available. Rookie Campers of age who wish to attend Afternoon Rec will be escorted by Summer Rec Camp staff to the meet up location.

\$420/\$400 (Dist. Res.)

**3050.601** 6/18–7/11 Tu–Th 8:45–11:45 am

**3050.602** 6/18–7/11 Tu–Th 12:30–3:30 pm

No class 7/4.

\$345/\$325 (Dist. Res.)

**3050.603** 7/16–8/1 Tu–Th 8:45–11:45 am

**3050.604** 7/16–8/1 Tu–Th 12:30–3:30 pm

#### LUNCH BUNCH SUPERVISION

**3050.605** 6/18–7/11 Tu–Th 11:45 am–12:30 pm

**3050.606** 7/16–8/1 Tu–Th 11:45 am–12:30 pm

#### HOW REGISTRATION WORKS:

Select three classes from the Activity List. Classes run approximately 50 minutes each, rotating twice. Register early! Activity choices are on a first come, first serve basis. View Activity List at [www.pleasanthillrec.com/camps](http://www.pleasanthillrec.com/camps).

#### SCHEDULE OPTIONS

##### EARLY MORNING CARE

6-13 yrs

4 weeks | \$130/\$110 (Dist. Res.)

Daily Drop In: \$14 a day

**3063.600** Tu–Th  7:00–9:00 am

##### AFTERNOON REC

6-13 yrs

Instructor: Rec Camp Staff

Drop off: College Park High School

Pick up: Pleasant Hill Park: Playground Tables Field Trips, outdoor activities & games, swim days and recreational fun! Trip fees included.

##### + AFTERNOON

\$500/\$480 (Dist. Res.)

**3064.600** 6/18–7/11 Tu–Th 12:00–6:00 pm

##### ONLY AFTERNOON

Location College Park High School

Only need afternoon camp. Drop off at 12 pm to meet the bus for field trip fun.

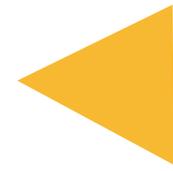
\$520/\$500 (Dist. Res.)

**3064.600** 6/18–7/11 Tu–Th 12:00–6:00 pm

No class 7/4.

Camps with this symbol  qualify for an automatic 10% discount at registration. No coupon code needed. Discount valid 9:00 am–11:59 pm on February 24, 2024 only.

# YOUTH SUMMER CLASSICS



## Adventure Kids Summer Camp

Grades 1–5

Instructor: Kidstop Staff

KIDSTOP Children's Center at Gregory Gardens Elementary School, 1 Corritone Court

Adventure Kids Camp offers a full day camp with a wide variety of unique experiences for your child. Activities are structured to be healthy, engaging, educational and most of all, fun. A highly trained, enthusiastic staff ensures that your child is safe, happy and making positive relationships with fellow campers. Adventure Kids Camp is economical and provides families with flexible options to best fit summertime schedules. Bring cold lunch and drink daily. Two snacks provided.

Online Registration: Search for code 6060. Select the Adventure Kids Camp. Use the calendar to select the dates needed for your child. Once added to the cart, repeat if Extended Morning Care is needed.

### FULL DAY

\$67/\$62 (Dist. Res.)/Day | M-F

<b>Session 1</b>	6/10–6/14	9:00 am–6:00 pm
<b>Session 2</b>	6/17–6/21	9:00 am–6:00 pm
<b>Session 3</b>	6/24–6/28	9:00 am–6:00 pm
<b>Session 4</b>	7/1–7/5	9:00 am–6:00 pm
No camp on 7/4.		
<b>Session 5</b>	7/8–7/12	9:00 am–6:00 pm
<b>Session 6</b>	7/15–7/19	9:00 am–6:00 pm
<b>Session 7</b>	7/22–7/26	9:00 am–6:00 pm
<b>Session 8</b>	7/29–8/2	9:00 am–6:00 pm

### EXTENDED MORNING CARE

\$10/Day | M-F

<b>Week 1</b>	6/10–6/14	7:00–9:00 am
<b>Week 2</b>	6/17–6/21	7:00–9:00 am
<b>Week 3</b>	6/24–6/28	7:00–9:00 am
<b>Week 4</b>	7/1–7/5	7:00–9:00 am
No camp on 7/4.		
<b>Week 5</b>	7/8–7/12	7:00–9:00 am
<b>Week 6</b>	7/15–7/19	7:00–9:00 am
<b>Week 7</b>	7/22–7/26	7:00–9:00 am
<b>Week 8</b>	7/29–8/2	7:00–9:00 am

Additional Fee: \$7 camp t-shirt fee. Every child must have at least one camp t-shirt (2023 THEME). Indicate size/quantity at registration.



## Endless Summer

6–13 yrs

PH Park: Playground Tables

Summer is not over yet! Join the PH Rec & Park Staff in a week of summer fun. Field trips, field games, adventurous hikes, activities, swimming, and so much more!

\$320/\$300 (Dist. Res.)

<b>3070.601</b>	7/15–7/19	M–F	9:00 am–6:00 pm
<b>3070.602</b>	7/22–7/26	M–F	9:00 am–6:00 pm
<b>3070.603</b>	7/29–8/2	M–F	9:00 am–6:00 pm

\$200/\$180 (Dist. Res.)

<b>3070.604</b>	8/5–8/7	M–W	9:00 am–6:00 pm
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Need early morning care from 7:30 am–9:00 am? Register for Teen Xtreme Morning Care.

Activity Schedule may be subject to change.

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	Bowling	Movies	Water Park (Antioch)	Archery (Mt. Diablo)	Potluck & Swim Day
<b>Week 2</b>	i heart art	Movies	A's Game (Alameda)	Adventure Playground (Berkeley)	Potluck & Swim Day
<b>Week 3</b>	Bowling	Movies	Crown Beach (Alameda)	Sailing	Potluck & Swim Day
<b>Week 4</b>	i heart art	Movies	The Wave (Dublin)	No Camp	No Camp

## TEEN SUMMER CLASSICS

### Teen Xtreme Camp: June 5–August 2

Entering grades 6–10

Teen Center (drop off/pick up)

Experience XTREME fun this summer with Teen Xtreme camp! Every Monday includes on-site activities, free time and swimming. Tuesday, Wednesday, and Thursday are jam packed with exciting trips. Friday includes a potluck BBQ and swimming. *Trips are subject to change.* Waiver and Emergency Health Information Sheet required first day of camp.

#### Schedule: June 5–August 4

Full week: \$304/\$284 (Dist. Res.) | Week 1/Week 5: \$192/\$172 (Dist. Res.)

**Monday–Friday, 9:00 am–6:00 pm | Extended care available: 7:30–9:00 am, \$10.50/day**

WK	Session	Dates	Monday	Tuesday	Wednesday	Thursday	Friday
1*	5174.601	6/5–6/7	NO CAMP	NO CAMP	Dave & Busters	Cull Canyon	BBQ
2	5174.602	6/10–6/14	Swim/Art	Bowling	Discovery Kingdom	Tilden	BBQ/Swim
3	5174.603	6/17–6/21	Swim/Art	Park Games	Paddle Board	Mt. Diablo	BBQ/Swim
4	5174.604	6/24–6/28	Swim/Art	Scandia	Cowell Pool	iHeartArt	BBQ/Swim
5*	5174.605	7/1–7/5*	Swim/Art	Cull Canyon	Q-Zar	NO CAMP	NO CAMP
6	5174.606	7/8–7/12	Swim/Art	Bowling	Hurricane Harbor	Ice Skating	BBQ/Swim
7	5174.607	7/15–7/19	Swim/Art	Movies	Crown Beach	Adventure Playground	BBQ/Swim
8	5174.608	7/22–7/26	Swim/Art	Scavenger Hunt	A's Game	Camp Over	BBQ/Swim
9	5174.609	7/29–8/2	Swim/Art	Cowell Pool	The WAVE	Sailing	BBQ/Swim

### Teen Xtreme Camp

Monday or Friday Option

Boredom busting activities, creative arts & crafts, free time, swimming and potluck BBQ on Fridays.

1 day | \$62/\$50 (Dist. Res.)

5154.600	6/7	F	9:00 am – 6:00 pm	5154.608	7/8	M	9:00 am – 6:00 pm
5154.601	6/10	M	9:00 am – 6:00 pm	5154.609	7/12	F	9:00 am – 6:00 pm
5154.602	6/14	F	9:00 am – 6:00 pm	5154.610	7/15	M	9:00 am – 6:00 pm
5154.603	6/17	M	9:00 am – 6:00 pm	5154.611	7/19	F	9:00 am – 6:00 pm
5154.604	6/21	F	9:00 am – 6:00 pm	5154.612	7/22	M	9:00 am – 6:00 pm
5154.605	6/24	M	9:00 am – 6:00 pm	5154.613	7/26	F	9:00 am – 6:00 pm
5154.606	6/28	F	9:00 am – 6:00 pm	5154.614	7/29	M	9:00 am – 6:00 pm
5154.607	7/1	M	9:00 am – 6:00 pm	5154.615	8/2	F	9:00 am – 6:00 pm



### XTREME Day Trips

11–17 yrs

Instructor: Rec Staff

Teen Center (depart/pick up)

Want to join us for just one (or more) of the Teen Scene XTREME Camp Wednesday trips? You can! Choose from a wide variety of exciting excursions around the Bay Area and sign up just for one day. Registration is required for each individual trip. All day trips meet at the Pleasant Hill Teen Center. More details will be emailed to registered participants the Friday prior to trip.

Dave & Busters | \$81.25/\$65 (Dist. Res.)

5153.601 6/5 W 9:00 am–6:00 pm

Discovery Kingdom | \$93.75/\$75 (Dist. Res.)

5153.602 6/12 W 9:00 am–6:00 pm

Paddle Board | \$93.75/\$75 (Dist. Res.)

5153.603 6/19 W 9:00 am–6:00 pm

Cowell Pool | \$75/\$60 (Dist. Res.)

5153.604 6/26 W 9:00 am–6:00 pm

Q-Zar | \$81.25/\$65 (Dist. Res.)

5153.605 7/3 W 9:00 am–6:00 pm

Hurricane Harbor | \$75/\$60 (Dist. Res.)

5153.606 7/10 W 9:00 am–6:00 pm

Crown Beach | \$75/\$60 (Dist. Res.)

5153.607 7/17 W 9:00 am–6:00 pm

A's Game | \$81.25/\$65 (Dist. Res.)

5153.608 7/24 W 9:00 am–6:00 pm

The Wave | \$75/\$60 (Dist. Res.)

5153.609 8/31 W 9:00 am–6:00 pm



Camps with this symbol 🏆 qualify for an automatic 10% discount at registration. No coupon code needed. Discount valid 9:00 am–11:59 pm on February 24, 2024 only.

## VolunTEENS Opportunities!

### Counselors-In-Training

13–15 yrs

Teen Center

Participants will gain hands on experience in leading activities, supervising kids, and basic job skills that will mold them into fantastic future leaders. The C.I.T.'s will be given a two week schedule at a variety of our hugely popular summer day camps. During their time at these camps they will learn leadership skills, safety procedures, discipline techniques and more, all under the supervision of our amazing staff.

To interview for a chance to become a 2024 summer C.I.T. please register for the free group interview! Selected teens will need to attend a mandatory training session. Summer schedule will begin the week of June 10.

Interview | \$0 (Dist. Res.)

**5175.600** 5/10 F 4:30–6:00 pm

Selected C.I.T. Training  
\$145/\$125 (Dist. Res.)

**5175.601** 6/5–6/7 W-F 9:00 am–12:00 pm



### Good Vibe VolunTEENS 🏆

12–15 yrs

Teen Center

A weeklong, volunteer based, teen camp. Participants will spend time volunteering at local non-profits in our area, as well as working on various community service projects in our facility. This is a fantastic experience to give back to our community while having fun and making lasting memories. Each day will bring a new engaging community service experience. We will wrap up the week with a volunteer appreciation party at the Teen Center. The cost of this program is to offset the costs of transportation, staffing and materials. An itinerary with project locations will be sent two weeks prior to the first meeting date.

5 days | \$205/\$190 (Dist. Res.)

**5178.601** 7/15–7/19 M–F 9:00 am–3:00 pm

### Snack Shack Volunteer

Entering grades 7–9

Teen Center

Trained teens earn community service hours, plus gain valuable work experience, by volunteering two or more times a week at the PH Teen Center Snack Shack. Open from June 6 to Aug 5. Volunteers are scheduled 1 weeks at a time, based on their availability, and MUST complete the mandatory Food Handling Training. Register early; limited positions available.

### FOOD HANDLING TRAINING

Teen Center

1 class | \$30

**5179.601** 5/17 F 5:00–6:30 pm



# SPECIALTY CAMPS

**What is a "Specialty Camp"?** Specialty Camps offer fun, educational and inspiring experiences to capture your campers own unique special interests. From LEGO camps and performing arts camps to a wide selection of S.T.E.M. camps, you are sure to find your fun this summer! Specialty camps are listed by interest category rather than age. All camps are in-person unless otherwise noted.

## Summer Lunch Bunch

5-13 yrs

Community Center: Preschool 3

Interested in a full day of camp? Need an extra hr before picking up your kiddo? Join Summer Camp Lunch Bunch and Pleasant Hill Rec staff will supervisor your camper for a fun playground-based lunch bunch. The hr will start with kids sitting down to eat their lunch then as they finish up they will have access to the playground. Scheduled for an afternoon camp? No problem, our staff will walk the campers to their next camp. Don't miss out on this great opportunity.

\$56/\$45 (Dist. Res.)

<b>6001.601</b>	6/10-6/14	M-F	12:00-1:00 pm
<b>6001.602</b>	6/17-6/21	M-F	12:00-1:00 pm
<b>6001.603</b>	6/24-6/28	M-F	12:00-1:00 pm
<b>6001.605</b>	7/8-7/12	M-F	12:00-1:00 pm
<b>6001.606</b>	7/15-7/19	M-F	12:00-1:00 pm
<b>6001.607</b>	7/22-7/26	M-F	12:00-1:00 pm
<b>6001.608</b>	7/29-8/1	M-F	12:00-1:00 pm

\$45/\$36 (Dist. Res.)

<b>6001.604</b>	7/1-7/5	M,T,W,F	12:00-1:00 pm
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## Performing Arts

### Castle Tales Musical Theater Camp

4-7 yrs \*3.5 yr old welcome with a sibling

Instructor: Andrea Gaspari

Community Center: Preschool 1

\*Week of 8/5 is located at Winslow Center

Follow us over land and sea or through the enchanted forest of fairy tales. Your young actor/actress along with their friends will choose 4 of 12 stories. They might build a snow man with Elsa and Anna, get ready for a ball with Cinderella, kiss frogs to find a prince, help Moana and Maui return the heart of Tefiti, make a Wish with Asha, or fight the dragon with St. George. Sing songs, play acting games, dress up and learn four types of storytelling with our bodies, voices and puppets. We'll even craft our own costumes and props. Our performance for our families will be during our last hour of class. Bring a snack daily.

\$10 material fee payable to instructor at first day of camp.

#### AM

\$265/\$245 (Dist. Res.)

<b>6633.611</b>	6/17-6/21	M-F	9:00 am-12:00 pm
<b>6633.613</b>	7/8-7/12	M-F	9:00 am-12:00 pm
<b>6633.614</b>	7/22-7/26	M-F	9:00 am-12:00 pm
<b>6633.615</b>	8/5-8/9	M-F	9:00 am-12:00 pm

#### PM

\$265/\$245 (Dist. Res.)

<b>6633.612</b>	6/17-6/21	M-F	1:00-4:00 pm
<b>6633.623</b>	7/8-7/12	M-F	1:00-4:00 pm
<b>6633.617</b>	8/5-8/9	M-F	1:00-4:00 pm

#### FULL DAY

\$515/\$495 (Dist. Res.)

<b>6633.610</b>	6/17-6/21	M-F	9:00 am-4:00 pm
<b>6633.633</b>	7/8-7/12	M-F	9:00 am-4:00 pm
<b>6633.615</b>	8/5-8/9	M-F	9:00 am-4:00 pm

#### 3-DAY

\$175/\$155 (Dist. Res.)

<b>6633.618</b>	8/5-8/7	M-W	9:00 am-12:00 pm
<b>6633.619</b>	8/5-8/7	M-W	1:00-4:00 pm

\$320/\$300 (Dist. Res.)

<b>6633.620</b>	8/5-8/7	M-W	9:00 am-4:00 pm
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## Creative Spark Theater Camps

Instructor: Jaimee Semyk

\$225/\$205 (Dist. Res.)

### FAIRYTALE MAGIC

4-7 yrs

Come learn about musical theater through games, songs, dances and making art! Each week, we will dive into a new story and learn how to put on a show with lines, choreography, singing and making our own costumes. Class culminates with a short performance on the last day.

Community Center: Preschool 1

<b>6043.601</b>	6/10-6/14	M-F	9:00 am-12:00 pm
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Winslow Center: Assembly Room

<b>6043.603</b>	7/8-7/12	M-F	9:00 am-12:00 pm
<b>6043.605</b>	7/15-7/19	M-F	9:00 am-12:00 pm

### MUSICAL THEATER CAMP

8-14 yrs

Winslow Center: Assembly Room

Ever wanted to be in a musical show? Come learn about musical theater by playing games, learning music and choreography and putting on a 20 minute performance on the last day of camp.

<b>6043.602</b>	6/17-6/21	M-F	1:00-4:00 pm
<b>6043.608</b>	7/15-7/19	M-F	1:00-4:00 pm

### YOUTH IMPROV!

8-14 yrs

Winslow Center: Assembly Room

Come learn about Improv through games and activities. We will have so much fun as we learn about this theater art. On the last day of camp we will culminate with a short performance.

<b>6043.604</b>	7/8-7/12	M-F	1:00-4:00 pm
<b>6043.606</b>	7/22-7/26	M-F	1:00-4:00 pm



## Music Camp

5–14 yrs

Instructor: John Waller  
Winslow Center : Assembly Room

### GUITAR & DRUMMING CAMP

We focus on Guitar during the camp, but we learn rhythms with hand drums and explore fun percussion instruments. We have a new instrument to try everyday like violin, ukulele, and marimba. Rhythm based games make it fun and exciting. You will need to bring a Nylon String Classical guitar to camp. There will be some to borrow on the first day.

\$225/\$205 (Dist. Res.)

**6091.601** 6/10–6/14 M–F 9:00 am–12:00 pm

**6091.602** 6/10–6/14 M–F 1:00–4:00 pm

### UKULELE & DRUMMING CAMP

We focus on Ukulele during the camp but we learn rhythms with hand drums and explore fun percussion instruments. We have a new instrument to try everyday like violin, guitar, and marimba. Rhythm based games make it fun and exciting. You will need to bring a soprano or concert size Ukulele to camp. There will be some to borrow on the first day.

\$225/\$205 (Dist. Res.)

**6091.603** 7/29–8/2 M–F 9:00 am–12:00 pm

**6091.604** 7/29–8/2 M–F 1:00–4:00 pm

## Village Music School

Instructor: Village Music School  
Village Music School, 1770 Linda Dr. PH

### COMICS, PAINTINGS, AND CLAY... OH MY!

8–12 yrs

This all-day camp is perfect for the budding artist in everyone! Create an exciting new world with your very own comic book and characters, paint a masterpiece while learning about famous artists and techniques, and sculp fun characters with colorful clay! There is always something fun to discover in the artist's studio in this everyone-has-a-blast class!

\$365/\$345 (Dist. Res.)

**6057.601** 7/1–7/3 M–W 9:00 am–3:00 pm

### HAMILTON: THE MUSICAL WORKSHOP

8–14 yrs

Our Hamilton Camp Workshop is inspired by the music and choreography of the smash hit Broadway Musical! Students bring to life the compelling history of our Founding Fathers through the clever rhymes and story of the hit Broadway musical! Students are introduced to basic vocal techniques, harmony and choreography.

\$265/\$245 (Dist. Res.)

**6057.602** 7/8–7/12 M–F 9:00 am–12:00 pm

## PROJECT ROCK BAND – FIRST ACT

8–12 yrs

We're making your dreams come true in our no-experience-necessary Music Camp! Students take our stage and are introduced to Guitar, Piano, Drums, Bass, Keyboard and Vocals. Musicians learn songwriting and write an original song, draw their own concert poster and unique band logo, perform in their own band, and more!

\$305/\$285 (Dist. Res.)

**6057.603** 7/15–7/19 M–F 9:00 am–12:00 pm

## PROJECT ROCK BAND – INTENSIVE

12–17 yrs

Join the revolution this summer with our week-long Project Rock Band intensive! Membership in Project Rock Band provides musicians with so much more than basic musicianship. When playing music as a member of a band students gain advancements in musicianship that are not attainable when only playing solo. The week culminates with a Friday Showcase of songs. Experience necessary. Two years of lessons required or strong teacher recommendation.

\$325/\$305 (Dist. Res.)

**6057.604** 7/15–7/19 M–F 11:00 am–1:30 pm

## DISNEY HITS: THE MUSICAL WORKSHOP

8–14 yrs

Sail with Moana and roar with Simba in our Disney Hits Musical Workshop camp! Our theatre workshop improves camper voices, stage presence, and confidence. Students are introduced to basic vocal techniques, harmony, and choreography while performing the popular songs from hit Disney's movies! We don't talk about Bruno ... but everyone's talking about our Disney Hits Workshop camp!

\$305/\$285 (Dist. Res.)

**6057.605** 7/22–7/26 M–F 9:00 am–12:00 pm



Camps with this symbol  qualify for an automatic 10% discount at registration. No coupon code needed. Discount valid 9:00 am–11:59 pm on February 24, 2024 only.

**VOENA Children's Choir** 🏆 **NEW!**

6-13 yrs

Instructor: VOENA Children's Choir Staff member, Macayla Sedeno

Winslow Center: Assembly Room

VOENA, award-winning world-renowned Benicia based children's choir has performed in The White House, Carnegie Hall, Abu Dhabi, Grand Ole Opry, Europe, and theaters throughout the Bay Area. With engaging charisma, Macayla brings her array of multi-cultural world music, rhythm & drumming work, choreography, and solo technique. VOENA has unique programming that uses what Founder/Director, Annabelle Marie, calls "physical singing", whereby the whole body is engaged in singing to allow the body to be the instrument of the voice for fuller expression and emotional connection. Learn College Prep Theory of Solfege, VOENA classic songs, and Drumming (bring your own drum of any kind or bucket). The week ends with a recital for family and friends.

\$265/\$245 (Dist. Res.) | \$10 material fee payable to instructor at first day of camp.



**SINGING & DRUMMING MUSIC CAMP**

\$275/\$255 (Dist. Res.)

**6072.601** 6/24-6/28 M-F 9:00 am-12:00 pm

**6072.602** 7/22-7/26 M-F 9:00 am-12:00 pm

**Dance Camps**

**Miss Christie Dance Camps** 🏆

5-9 yrs

Instructor: Christie Tomlinson

\* Performance on Friday located at Senior Center Chateau Room

\$250/\$230 (Dist. Res.) | \$20 material fee due to instructor first day of camp.

**FAIRYTALE PRINCESS DANCE CAMP**

Winslow Center: Assembly Room

\* Performance at the Winslow Center

Enchanting rhythms and royal moves await at our Fairytale Princess Camp! A delightful week filled with fantasy, imagination and DANCE! Join us for a magical week of dance, where aspiring princesses twirl into a world of grace and glamour. From ballet to jazz, every step is a fairytale dream come true, and danced to beloved Disney Princess songs. Enjoy magical Princess craft time. Camp will have a happily ever after ending with a performance for friends and family on the last day of camp.

**6089.601** 6/17-6/21 M-F 9:00 am-12:00 pm

**TROLLS**

Community Center: Dance Studio 1 and 2

Get ready to groove and glitter! Join Poppy, Branch, and the whole Troll crew for a rhythmic adventure filled with colorful dancing and infectious singing. From hip-hop beats to toe-tapping fun, let the Trolls inspire your child's dance journey. In this fun and energetic environment, campers will have the opportunity to make crafts. It's time to dance, sing, and sparkle! Performance for friends and family on the last day of camp.

**6089.602** 7/8-7/12 M-F 9:00 am-12:00 pm



**BARBIE**

Community Center: Dance Studio 1 and 2

Embark on a summer of elegance and dance at our Barbie Youth Dance Camp! Little dancers will twirl into a world of glamour, learning ballet, jazz, and hip-hop moves fit for a Barbie princess. With a touch of sparkle and a dash of style, let your child's imagination dance to life in Barbie's dreamy realm! Dancers will enjoy Barbie craft time. Camp will have a happily ever after ending with a performance for friends and family on the last day of camp.

**6089.603** 7/15-7/19 M-F 9:00 am-12:00 pm

**6089.604** 7/15-7/19 M-F 1:00-4:00 pm

**WISH DANCE CAMP**

Community Center: Dance Studio 1 and 2

Go on an adventure and make a Wish with Asha! In this energetic dance camp, the campers will learn dances to songs from the movie Wish, that will be performed on Friday for family and friends. Don't forget to send water, and a snack with your camper every day to camp.

**6089.605** 7/29-8/2 M-F 9:00 am-12:00 pm

**6089.606** 7/29-8/2 M-F 1:00-4:00 pm

**New You Dance Camps** 🏆 **NEW!**

6-12 yrs

Instructor: AJ Rogers

Community Center

Your little one will love and adore this dance camp! Bringing the inner entertainer out of your child comes NYDC's Dance Camp with Mr. AJ Rogers. Learning 3 one-of-a-kind choreographies in Jazz, Contemporary, and Hip-Hop to three different songs kids will remember these routines for years. Camp starts with a warmup including ballet technique and vocabulary focusing on flexibility, balance, and core strength. Next campers will learn their outstandingly epic dance choreographies by Mr. AJ. They will build their very own dance program to show their parents first hand how their camp experience went! Ending the week with a mini dance show/party where parents and family are welcome to see what the campers have prepared for the stage!

\$325 /\$305 (Dist. Res.)

**6061.601** 6/17-6/21 M-F 9:00 am-12:00 pm

**6061.602** 7/22-7/26 M-F 9:00 am-12:00 pm



## Special Interest

### Bay Area Driving School

15 yrs & up

Instructor: Bay Area Driving School  
Receive DMV-approved Certificate of Completion

Online program – an email will be sent by Bay Area Driving School with the course information.  
info@bayareadriving.com

This is a virtual Driver's Education with a live instructor. Students will enjoy a series of Driver's Education lectures including understanding the responsibilities of having a driver's license, learning the rules of the road and accident-avoidance procedures. Independent assignments will also be completed during the week. Course also includes practice questions, defensive driving movies and written test prep. Upon successful completion, students will receive a certificate of completion.

\$230/\$210 (Dist. Res.)

**5100.603** 6/17–6/21 M–F 9:00 am–12:00 pm

**5100.604** 7/8–7/12 M–F 9:00 am–12:00 pm

**5100.605** 7/29–8/2 M–F 9:00 am–12:00 pm

### Berkeley Chess School: Chess Challenge

6–11 yrs

Instructor: Berkeley Chess School Staff  
Community Center

Immerse yourself in the exciting world of chess! Chess is fun and can be learned quickly and easily! Studies have found that chess helps improve test results in reading, science, and math, and produces growth in critical cognitive skills. Beyond academia, chess influences social behavior including self esteem, respect for others, patience, and good sportsmanship. And did we mention: it's FUN!

\$400/\$380 (Dist. Res.)

**6070.601** 6/10–6/14 M–F 1:00–4:00 pm

**6070.602** 7/15–7/19 M–F 1:00–4:00 pm

**6070.603** 7/22–7/26 M–F 1:00–4:00 pm

Camps with this symbol  qualify for an automatic 10% discount at registration. No coupon code needed. Discount valid 9:00 am–11:59 pm on February 24, 2024 only.

### Spanish 4 Children

4–8 yrs

Instructor: Miriam Lattanzi  
Winslow Center: Rooms 1 & 2

Pack a lunch & water.

\$20 material fee payable to instructor at first day of camp.

#### UNDER THE SEA – BAJO EL MAR

Children will get to experience under the sea world and with their imagination they will swim with sharks, whales, starfish, seahorse and more. They learn about the beautiful sea plants. Through this hands-on, interactive, and stimulating environment, your child will learn Spanish through singing, doing creative art, and the company of new friends. All that while exploring the wonderful sea world. They will create an ocean diorama out of a shoe box.

\$465/\$445 (Dist. Res.)

**6632.601** 6/10–6/14 M–F 9:00 am–1:00 pm

#### ALL ABOARD – TODOS A BORDO

Pack your luggage and get your passport ready. We are flying to Central America and explore food, culture, language and more. This week campers will create a passport, check in into pretend airport, and get on board. Your child will learn or practice Spanish through music, art, indoor and outdoor games.

\$465/\$445 (Dist. Res.)

**6632.602** 6/17–6/21 M–F 9:00 am–1:00 pm

#### A RAINFOREST ADVENTURE – UNA VENTURA EN UN BOSQUE LLUVIOSO

A Walk through the rainforest will be a great experience for your child this Summer as they learn Spanish through music, role play, and scavenger hunts. In this camp, campers will explore the wonderful world of the rainforest, they will learn about rainforest plants, animals and more. Campers will create a bayou and learn all about it.

\$465/\$445 (Dist. Res.)

**6632.603** 6/24–6/28 M–F 9:00 am–1:00 pm



#### LET'S GO CAMPING – VAMOS A ACAMPAR

Let's go camping! Let your child enjoy this great Spanish Summer Camp. Campers will learn Spanish while having fun creating art, exploring nocturnal animals, going fishing. Their imagination will take them down into the outdoor world, searching for while animals through scavenger hunts. Together they will build a tent and complete their amazing activities.

\$377/\$357 (Dist. Res.)

**6632.604** 7/1–7/5 M, Tu, W, F 9:00 am–1:00 pm  
No Class 7/4.

#### WALKING AROUND TOWN – CAMINANDO POR LA CIUDAD

Bienvenidos a mi pueblo, welcome to my town. This week campers will explore all around town using creative play, music, crafts, dramatic play, scavenger hunts and more fun activities. Monday they will explore the supermarket, Tuesday the post office, Wednesday the hospital, Thursday the firefighter station and Friday the police station. They will take home a book created by them.

\$465/\$445 (Dist. Res.)

**6632.605** 7/8–7/12 M–F 9:00 am–1:00 pm

#### LET'S GO TO THE FAIR – VAMOS A LA FERIA

This week campers will explore the carnival life as they play fair games, pretend fair rides, parachutes games, they will collect compete (boletos) tickets and trade them for prizes on Friday. They will immerse in fun carnival environment while learning the Spanish language.

\$465/\$445 (Dist. Res.)

**6632.606** 7/22–7/26 M–F 9:00 am–1:00 pm

## S.T.E.A.M. Camps

### Bricks 4 Kidz

6–12 yrs

Instructor: Bricks 4 Kidz Staff

Community Center: Soroptimist Room 1

\$275/\$255 (Dist. Res.) | \$50 material fee due to instructor first day of camp. Includes Bricks 4 Kidz Camp T-shirt, Perler bead take-home models, art and craft projects.

### MINECRAFT

Minecraft is a game about placing blocks to build anything you can imagine. At night monsters come out, make sure to build a shelter before that happens. Experience the world of Minecraft with LEGO® Bricks in this fun after school enrichment engineering class! Kids will start by crafting their shelters and some of the mobs, critters and tools using LEGO® Bricks. Students will face new challenges each day, building models and crafting key elements from the popular Minecraft game.

6046.601 6/17–6/21 M–F 9:00 am–12:00 pm

### GAME ON!

For kids today, it's all about the world of online video games and apps! In this interactive summer camp, campers will use LEGO® Bricks to create and build different characters from their favorite video games such as Super Mario Bros, Roblox, Beyblades, Pokémon, and Minecraft come to life through the use of our robots, mosaics, and 3D art, all made out of LEGO® Bricks! Each day will be a new adventure as the virtual and LEGO® worlds combine!

6046.602 6/17–6/21 M–F 1:00–4:00 pm

### GALAXY FAR AWAY

Join us on an adventurous journey through space! Build a rocket to blast through the atmosphere into a realm that is truly out of this world. Build a world where rebels and the dark side start epic battles. We'll build motorized models that represent spacecraft from your favorite popular space movie. We will also learn a lot about space along the way. Come experience this stellar journey to a galaxy far away!

6046.303 7/15–7/19 M–F 9:00 am–12:00 pm

### CRUISING THE JUNGLE

Explore the jungle with LEGO® Bricks in our new Cruisin' The Jungle Camp! Campers embark on a week-long Amazon River adventure, searching for the Tree of Life, while encountering jungle wonders, dangers, and surprises. They'll navigate crocodiles, outwit indigenous tribes, and befriend jungle animals. Get ready for a thrilling summer!

6046.604 7/15–7/19 M–F 1:00–4:00 pm

### Code Ninjas **NEW!**

Instructor: Code Ninjas

Community Center

\$369/\$349 (Dist. Res.)

### BECOME A YOUTUBER

8–15 yrs

Campers will advance both their coding and vlogger skills as they create a complex Scratch, MakeCode, or Roblox game and accompanying video tutorial to be uploaded to their own personalized YouTube channel.

6053.606 7/1–7/5 M, Tu, W, F 9:00 am–12:00 pm

6053.607 7/1–7/5 M, Tu, W, F 1:00–4:00 pm  
No Class 7/4.

### CODE YOUR OWN CARTOON IN SCRATCH

8–15 yrs

Ninjas will learn how to express themselves and let their creativity shine through code as they work together to craft silly, scary, and exciting cartoons in Scratch—a kid friendly, visual programming environment developed by MIT. Throughout this experience, Ninjas will level-up their knowledge of basic coding concepts as well as their storytelling abilities.

6053.608 7/15–7/19 M–F 9:00 am–12:00 pm

### INTRO TO ROBLOX

7–14 yrs

In this hands-on, fully guided experience, Ninjas will learn the basics of game building and creative development in Roblox, an exciting, online gaming platform. Ninjas will spend their time building and exploring new worlds in Roblox before sharing their creations locally and globally. This camp will teach Ninjas how to plan, design, and build their own 3D world to create much more than just a game! concepts as well as their storytelling abilities.

6053.604 6/24–6/28 M–F 1:00–4:00 pm

6053.609 7/29–8/2 M–F 9:00 am–12:00 pm

6053.612 8/5–8/9 M–F 1:00–4:00 pm



### MOVIE MAKING IN MINECRAFT

8–14 yrs

Ninjas will shift their imagination into high gear as they learn scene building, storytelling, and video recording featuring their own Minecraft® world. They will also jump into the basics of editing and mixing audio as they produce their final stories as short movies. Using Minecraft® as a creative medium, Ninjas will have fun expressing themselves and sharing their stories with friends. They will leave this camp with a deeper understanding of how creativity and technology can work together to tell exciting stories.

6053.603 6/24–6/28 M–F 9:00 am–12:00 pm

6053.610 7/29–8/2 M–F 1:00–4:00 pm

6053.611 8/5–8/9 M–F 9:00 am–12:00 pm



## Engineering for Kids

Instructor: Engineering for Kids Staff  
Community Center: Soroptimist Room 1

### WORLD GAMES ENGINEERING

8–11 yrs

Who has the strength to be a world-class engineer? In this five-day camp, campers will separate into teams to test their mental and creative strength! Students will compete for the 'gold' as they take on exciting engineering challenges related to the greatest athletic competitions. They will earn 'medals' throughout the week and will endeavor to become the next great team of world class Engineers. Get ready to step up to the podium as we declare victory in inspiring the next generation of engineers!

\$285/\$265 (Dist. Res.)

*\$60 material fee payable to instructor on first day.*

**6775.601** 6/10–6/14 M–F 9:00–12:00 pm

### APPRENTICE ROBOTICS: ROBO-BATTLES

8–11 yrs

In this LEGO® Robo Battles camp, students create, and program robots to perform challenges such as the SumoBots, Jousting, and a Catapult Challenge. Students work in pairs using LEGO® Robotics and computers to learn principles of robotics, computer programming, and teamwork.

\$285/\$265 (Dist. Res.)

*\$60 material fee payable to instructor on first day.*

**6775.602** 6/10–6/14 M–F 1:00–4:00 pm

### ALL DAY! WORLD GAMES ENGINEERING & APPRENTICE ROBOTICS: ROBO-BATTLES

8–11 yrs

Sign up and save! Registration discount and lunch supervision are provided to those who register for a full day in Engineering For Kids camps! Please see World Games Engineering and Robotics: RoboBattle descriptions!

\$525/\$505 (Dist. Res.)

*\$120 material fee payable to instructor on first day.*

**6775.603** 6/10–6/14 M–F 9:00 am–4:00 pm

### JUNIOR ROBO-CODING: SAFARI ADVENTURES

5–8 yrs

This camp is a perfect mix of fun and learning, using LEGO® bricks and computers/tablets. Students build a variety of animal robots! They learn how to program and operate their creations using a computer or tablet.

\$285/\$265 (Dist. Res.)

*\$60 material fee payable to instructor on first day.*

**6775.604** 6/24–6/28 M–F 9:00 am–12:00 pm

### JUNIOR WINGS, WHEELS AND SAILS

5–8 yrs

Get on Tag! Travel the world with Kelvin and our group of engineers as we explore the continents in just five days. Drive across the United States, sail across the ocean, and fly to the Orient. Join us on this exciting adventure as we build cars, boats, planes and rockets to travel the globe and beyond.

\$285/\$265 (Dist. Res.)

*\$60 material fee payable to instructor on first day.*

**6775.605** 6/24–6/28 M–F 1:00–4:00 pm

### ALL DAY! ROBO-CODING: SAFARI ADVENTURES & WINGS, WHEELS AND SAILS

5–8 yrs

Sign up and save! Registration discount and lunch supervision are provided to those who register for a full day in Engineering For Kids camps! Please see Robo-Coding: Safari Adventures and Wings, Wheels and Sails descriptions!

\$525/\$505 (Dist. Res.)

*\$120 material fee payable to instructor on first day.*

**6775.606** 6/24–6/28 M–F 9:00 am–4:00 pm

### APPRENTICE ELECTRONIC GAME DESIGN: INVADER DEFENSE

8–11 yrs

Video games are everywhere and in almost every form you can imagine. In the Electronic Game Design: Invader Defense camp, we will create our own video game where we will defend against an invasion. We will use the Engineering Design Process to create a storyboard to outline the rules of play and characters for our game. Then, we will bring our storyboard to life with programming. At the end of the class, everyone takes home a working Windows-compatible game. (Final game not compatible with Mac or Linux.)

\$285/\$265 (Dist. Res.)

*\$60 material fee payable to instructor on first day.*

**6775.307** 7/8–7/12 M–F 9:00 am–12:00 pm

### APPRENTICE POWER AND ENERGY

8–11 yrs

How do we harness Power and Energy to make things move, turn on, light up, and make noise? In this camp, we explore these concepts and more through hands-on projects. Campers use the Engineering Design Process to explore Electrical, Environmental and Mechanical Engineering concepts. They build, test and refine machines to accomplish the daily challenges. Get ready for a shock in this energetic and engaging engineering experience!

\$285/\$265 (Dist. Res.)

*\$60 material fee payable to instructor on first day.*

**6775.608** 7/8–7/12 M–F 1:00–4:00 pm

### ALL DAY! VIDEO GAME DESIGN & ENGINEERING OF POWER AND ENERGY

8–11 yrs

Sign up and save! Registration discount and lunch supervision are provided to those who register for a full day in Engineering For Kids camps! Please see Video Game Design: Invader Defense and Engineering of Power and Energy descriptions!

\$525/\$505 (Dist. Res.)

*\$120 material fee payable to instructor on first day.*

**6775.609** 7/8–7/12 M–F 9:00 am–4:00 pm



Camps with this symbol  qualify for an automatic 10% discount at registration. No coupon code needed. Discount valid 9:00 am–11:59 pm on February 24, 2024 only.

**JUNIOR ENGINEERING OF CITIES**

5-8 yrs

Put on your hard hats engineers and get ready to explore civil, mechanical, and environmental engineering like never before. We are going to build our very own Towns and Cities from the ground up! Building roads and tunnels to bridges and skyscrapers, students discover that no job is too tough for an Engineering for Kids engineer!

\$285/\$265 (Dist. Res.)

\$60 material fee payable to instructor on first day.

**6775.610** 7/22-7/26 M-F 9:00 am-12:00 pm

**JUNIOR LEGO ROBOTICS: MISSION TO MARS**

5-8 yrs

This camp is a perfect mix of fun and learning, using LEGO® bricks and computers/tablets. Students build various robotic machines designed for space explorers! They learn how to program and operate their creations using the computer or tablet.

\$285/\$265 (Dist. Res.)

\$60 material fee payable to instructor on first day.

**6775.611** 7/22-7/26 M-F 1:00-4:00 pm

**ALL DAY! JUNIOR ENGINEERING OF CITIES & LEGO ROBOTICS: MISSION TO MARS**

5-8 yrs

Sign up and save! Registration discount and lunch supervision are provided to those who register for a full day in Engineering For Kids camps! Please see Junior Engineering of Cities and Junior Lego Robotics: Mission to Mars descriptions!

\$525/\$505 (Dist. Res.)

\$120 material fee payable to instructor on first day.

**6775.612** 7/22-7/26 M-F 9:00 am-4:00 pm

**IncrediFlix** 

7-13 yrs

Instructor: IncrediFlix

Community Center: Soroptimist Room 2

Production fee included in the price for the camp.

Flix emailed within a month after camp ends.

**SPECIAL EFFECTS MOVIE FLIX**

Explosions, tornados, meteors! In these high intensity live action movies the special effects will blow your mind. In groups, you'll get to direct, act, and even choose special effects to incorporate into your movies. Make a movie that will surprise all your friends and family!

\$375/\$355 (Dist. Res.)

**6064.601** 6/10-6/14 M-F 9:00 am-12:00 pm

**MINECRAFT VS. ROBLOX FLIX**

Make a Minecraft MOVIE, a Roblox MOVIE, or make a mashup MOVIE! Work in groups to create a stop motion movie full of games or challenges for your character to overcome. Students will create their sets out of construction paper, make their Minecraft blocks, film, add some cool effects, and do voice-overs!

\$375/\$355 (Dist. Res.)

**6064.602** 6/10-6/14 M-F 1:00-4:00 pm

**FULL DAY - SPECIAL EFFECTS MOVIE & MINECRAFT VS. ROBLOX FLIX**

Join us for the full day combo for a discount plus free lunch supervision! Please see both half day descriptions. Bring snacks, lunch and drink.

\$692/\$672 (Dist. Res.)

**6064.603** 6/10-6/14 M-F 9:00 am-4:00 pm

**LIVE ACTION FLIX**

Discover your filmmaking talents! You don't have to be an actor to take part, as we'll guide you through the Hollywood process to create, direct, film, act, and more. You won't just make an incredible movie, you'll have the skills to make your own movies with friends.

\$375/\$355 (Dist. Res.)

**6064.604** 7/8-7/12 M-F 9:00 am-12:00 pm



**LEGO FLIX**

Bring Lego worlds to life! We provide Legos. You provide your imagination. Work in groups to create a Lego set with Lego characters for a stop-motion movie you'll storyboard, shoot, and add voice-over too, add some cool effects, and do voice-overs!

\$375/\$355 (Dist. Res.)

**6064.605** 7/8-7/12 M-F 1:00-4:00 pm

**FULL DAY - LIVE ACTION & LEGO FLIX**

Join us for the full day combo for a discount plus free lunch supervision! Please see both half day descriptions. Bring snacks, lunch and drink.

\$692/\$672 (Dist. Res.)

**6064.606** 7/8-7/12 M-F 9:00 am-4:00 pm

Want a full day of camp for your child? Sign up for our Lunch Bunch for extra hour before pick up. See page 9 for more information.



## Little Medical School Camp

6-9 yrs

Instructor: Little Medical School Staff

Winslow Center Rooms 1 & 2

\$300/\$280 (Dist. Res.)

\$25 lab fee due to instructor first day of camp.

### LITTLE DOCTOR CAMP

Discover the fascinating science of the human body with Little Medical School! Through hands-on crafts, games and role playing, participants will learn STEM concepts in a fun and unique way! From broken bones, to stitches, there's something for every future healthcare provider and science lover!

**6048.601** 7/15-7/19 M-F 9:00 am-12:00 pm

### LITTLE VET CAMP

Join Little Veterinarian School for interactive role playing, crafts and games to learn about dog care and veterinary science! STEM concepts are introduced in a fun way, inspiring future veterinarians, and animal lovers. Topics include veterinary care, tick removal, understanding dog behavior, and more!

**6048.602** 7/15-7/19 M-F 1:00-4:00 pm

## Play-Well TEKologies

Instructor: Play-Well TEKologies Staff

Community Center: Multiple Facilities

### MINE, CRAFT, BUILD: ADVENTURE GAME WITH LEGO® MATERIALS

5-7 yrs

Bring Minecraft to life using LEGO® bricks! Resourcefulness, creativity, and cooperation come together in this unique building adventure game; roll the dice to mine for resources, and use these resources to build special items to help in our adventures! Build a Zoo, create a Medieval Castle, and design a Tree House Village! This experience is an original game designed by Play-Well instructors inspired by the popular game, Minecraft. Students will have a blast, even without any prior experience with Minecraft or the LEGO® building system.

\$283/\$263 (Dist. Res.)

**6066.603** 6/10-6/14 M-F 9:00 am-12:00 pm

### MINE, CRAFT, BUILD: SURVIVAL GAME WITH LEGO® MATERIALS

7-12 yrs

Bring Minecraft to life using LEGO® bricks! Resourcefulness, creativity, and cooperation come together in this unique building adventure game; roll the dice to mine for resources, craft tools, and watch out for Creepers! This ultimate LEGO® Minecraft experience is an original game designed by Play-Well instructors, using gameplay elements and characters inspired by the popular Minecraft video game. Students will have a blast, even without any prior experience with Minecraft or LEGO® materials.

\$283/\$263 (Dist. Res.)

**6066.604** 6/10-6/14 M-F 1:00-4:00 pm

### POKEMON ENGINEERING USING LEGO MATERIALS

5-7 yrs

Calling all Pokémon trainers! With the Pokémon Championship approaching, join our enthusiastic Play-Well Instructors as we build and catch our favorite Pokémon, rescue Pikachu from Team Rocket, take a ride on the S.S. Anne to uncover rare and mystic Pokémon, and battle to see who will hold the title of Pokémon Master. Come along on our journey to catch 'em all!

\$232/\$212 (Dist. Res.)

**6066.605** 7/1-7/5 M, Tu, W, F 9:00 am-1:00 pm  
No Class 7/4.

### POKEMON MASTER ENGINEERING USING LEGO MATERIALS

7-12 yrs

LEGO® Master, I choose you!! In the race to be crowned the Ultimate Pokémon Champion, we need your help! Learn to build your favorite Pokémon, level up by teaching them special moves, evolve them into more powerful versions, and come face to face with the current champion in an epic battle for the title. Learn from our Play-Well Pokémon Masters so you can make it to the top!

\$232/\$212 (Dist. Res.)

**6066.606** 7/1-7/5 M, Tu, W, F 1:00-4:00 pm  
No Class 7/4.

### ANIMAL ADVENTURES WITH LEGO MATERIALS

5-7 yrs

Let your imagination run wild with tens of thousands of LEGO® parts as we design and build leaping dolphins, buzzing beehives, and towering giraffes. Play, create, and learn in a world inspired by the animal kingdom. Design and build as never before and explore your craziest ideas.

\$283/\$263 (Dist. Res.)

**6066.607** 7/22-7/26 M-F 9:00 am-12:00 pm

Camps with this symbol  qualify for an automatic 10% discount at registration. No coupon code needed. Discount valid 9:00 am-11:59 pm on February 24, 2024 only.

**Snapology** 🏆

6–11 yrs

Instructor: Snapology Staff, Denise Lee

**Community Center:**

\$275/\$255 (Dist. Res.)

\$10 lab fee due to instructor first day of camp.

**POKEMANIA!**

Campers explore the Pokémon world and practice their Pokémon training skills or learn new ones! They will create their own training gyms, unique battles, create characters and their own generations as they evolve! Plus real-world science as we examine habitats, characteristics, and the needs of the different Pokémon. Join the fun and catch'em all!

**5101.601** 6/17–6/21 M–F 9:00 am–12:00 pm**ANIMATION STUDIO**

Lights-Camera-Action! Kids become their own stop motion animation movie maker by planning and arranging their own movie using an animation app, creating backdrops, and using various props. The variety of props will help inspire using LEGO® bricks, baseplates, "snow", clay, string, mini-figures, dinosaurs, cars, audio and their own drawn art. The mystery of green screening will be overed as well as why green? I bet we have an aware winner in the making!

**5101.602** 6/17–6/21 M–F 1:00–4:00 pm**MEGA MACHINES ROBOTICS**

Mega Machines robotics will have campers creating some of their favorite motorized vehicles as they learn gear ratio, sensors, pulleys, cranks and drag & drop programming. They'll build trucks, space rovers, helicopters and more that come "alive" using their LEGO® bricks

**5101.603** 6/24–6/28 M–F 9:00 am–12:00 pm**DEVELOPING ENGINEERS**

Tinker, puzzler, inquisitive, problem-solver, budding engineer & lover of using LEGO® bricks, this program gives your camper the tools to understand mechanical movement. We'll use simple machines, gears and motors. It'll be STEAM in action by playing often in teams to be creative and challenge. Sparking interest!

**5101.604** 6/24–6/28 M–F 1:00–4:00 pm**MINECRAFT ENGINEERING WITH LEGO MATERIALS**

5–7 yrs

Venture into the world of Minecraft in our unique LEGO® experience. Get ready to build your base, craft your tools, use your Minecart to harvest raw resources, and battle to stop the Ender Dragon from ending the world. Come explore the endless possibilities of LEGO® with a trained Play-Well instructor.

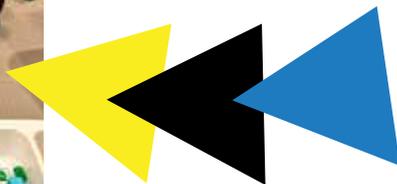
\$283/\$263 (Dist. Res.)

**6066.608** 7/29–8/2 M–F 9:00 am–12:00 pm**MINECRAFT ENGINEERING WITH LEGO MATERIALS**

7–12 yrs

Bring your favorite Minecraft adventures to life with our enthusiastic Play-Well instructors. In a Minecraft world powered by LEGO® resources, we will build shelters to keep out Creepers, craft mystical items that only true master's can wield, and perfect our crossbow skills to stop the Wither from taking over! If you can imagine it, we can build it.

\$283/\$263 (Dist. Res.)

**6066.609** 7/29–8/2 M–F 1:00–4:00 pm**SNAPOLGY SCIENTISTS**

Let's dig in and get all into science labs! We'll be experimenting and making simple machines to roller coasters often using those familiar bricks called LEGO®! Ziplines zipping to soda launching in the air. All while experiencing tools and some spinning art too! Campers will get messy digging their hands in some "snow" and creating some "volcanoes" too! Come STEAM with us!

**5101.605** 7/8–7/12 M–F 1:00–4:00 pm

\$20 lab fee payable to instructor at first day of camp.

**STEAM SURVIVOR**

Ready for an adventure?! Campers head off on trips around the world as they design, build and test their skills in friendly competition. Discovering different culture and historical landmarks as they race to the finish line using their favorite LEGO® bricks and other materials engaging in STEAM as they stamp their passports.

**5101.606** 7/15–7/19 M–F 1:00–4:00 pm**MOVIE MAKING: MINING & BUILDING**

Joining the forces of stop motion animation with the inspiration of Minecraft worlds and characters. Campers will use LEGO® bricks and other materials to animate mobs, biomes, the Nether, portals and maybe Ender the Dragon as an ending! Movie planning, backdrops and green screening with other techniques will be covered. Lights, camera, build!

**5101.608** 7/29–8/2 M–F 1:00–4:00 pm**AMUSEMENT PARK ADVENTURE**

Campers will become engineers of their own amusement park! They'll name it, design it and building thrilling rides using their favorite LEGO® bricks. Engaged engineering design process as they learn core physics with fast, dropping and spinning rides!

\$175/\$155 (Dist. Res.)

**5101.609** 8/5–8/7 M–W 1:00–4:00 pm

\$10 lab fee payable to instructor at first day of camp.



UPDATE: Sports camps qualify for the 10% Summer Camp Expo discount on 2/24/24.

# SPORTS CAMPS

## Tennis Camp

6-12 yrs  
 Instructor: Coach Rafa  
 College Park High School Tennis Courts  
 \$250/\$230 (Dist. Res.)

<b>5589.600</b>	6/10-6/14	M-F	9:00 am-12:00 pm
<b>5589.601</b>	6/17-6/21	M-F	9:00 am-12:00 pm
<b>5589.602</b>	6/24-6/28	M-F	9:00 am-12:00 pm
<b>5589.603</b>	7/8-7/12	M-F	9:00 am-12:00 pm
<b>5589.604</b>	7/15-7/19	M-F	9:00 am-12:00 pm
<b>5589.605</b>	7/22-7/26	M-F	9:00 am-12:00 pm
<b>5589.606</b>	7/29-8/2	M-F	9:00 am-12:00 pm

## Kidz Love Soccer Camps

Instructor: Kidz Love Soccer  
 Pleasant Hill Park

\$258/\$238 (Dist. Res.)

4.5-6 yrs

<b>5039.600</b>	6/10-6/14	M-F	9:00 am-12:00 pm
<b>5039.602</b>	7/8-7/12	M-F	9:00 am-12:00 pm

7-10 yrs

<b>5039.601</b>	6/10-6/14	M-F	9:00 am-12:00 pm
<b>5039.603</b>	7/8-7/12	M-F	9:00 am-12:00 pm

## Soccer Stars CAMPS

Instructor: Super Soccer Stars  
 Pleasant Hill Park

\$260/\$240 (Dist. Res.)

### SOCCER & ART CAMP

3-4 yrs & 5-7 yrs

<b>3040.616</b>	6/17-6/21	M-F	9:00 am-12:00 pm
<b>3040.617</b>	6/24-6/28	M-F	9:00 am-12:00 pm
<b>3040.618</b>	7/15-7/19	M-F	9:00 am-12:00 pm
<b>3040.619</b>	7/22-7/26	M-F	9:00 am-12:00 pm

### SOCCER CAMP

5-10 yrs

<b>3040.612</b>	6/17-6/21	M-F	9:00 am-12:00 pm
<b>3040.613</b>	6/24-6/28	M-F	9:00 am-12:00 pm
<b>3040.614</b>	7/15-7/19	M-F	9:00 am-12:00 pm
<b>3040.615</b>	7/22-7/26	M-F	9:00 am-12:00 pm

## Skyhawks Camps

Pleasant Hill Park  
 \$265/\$245 (Dist. Res.)

### BASKETBALL CAMPS

\$265/\$245 (Dist. Res.)

5-7 yrs

<b>5099.600</b>	6/3-6/7	M-F	9:00 am-12:00 pm
<b>5099.602</b>	7/29-8/2	M-F	9:00 am-12:00 pm

8-12 yrs

<b>5099.601</b>	6/3-6/7	M-F	9:00 am-12:00 pm
<b>5099.603</b>	7/29-8/2	M-F	9:00 am-12:00 pm

### MINI-HAWK CAMP

4-6 yrs

\$265/\$245 (Dist. Res.)

<b>5099.604</b>	6/10-6/14	M-F	9:00 am-12:00 pm
<b>5099.606</b>	7/22-7/26	M-F	9:00 am-12:00 pm

\$170/\$150 (PH Dist Res)

<b>5099.605</b>	7/1-7/3	M-W	9:00 am-12:00 pm
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### CAMP SPORTS GAMES

7-11 yrs

\$265/\$245 (Dist. Res.)

<b>5099.607</b>	6/10-6/14	M-F	9:00 am-12:00 pm
<b>5099.609</b>	7/22-7/26	M-F	9:00 am-12:00 pm

\$170/\$150 (Dist. Res.)

<b>5099.608</b>	7/1-7/3	M-W	9:00 am-12:00 pm
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### BASEBALL CAMPS

\$265/\$245 (Dist. Res.)

5-7 yrs

<b>5099.610</b>	6/17-6/21	M-F	9:00 am-12:00 pm
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8-12 yrs

<b>5099.611</b>	6/17-6/21	M-F	9:00 am-12:00 pm
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### VOLLEYBALL CAMPS

\$265/\$245 (Dist. Res.)

6-9 yrs

<b>5099.612</b>	6/24-6/28	M-F	9:00 am-12:00 pm
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10-13 yrs

<b>5099.613</b>	6/24-6/28	M-F	9:00 am-12:00 pm
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### SOCCER CAMPS

\$265/\$245 (Dist. Res.)

4-6 yrs

<b>5099.614</b>	7/8-7/12	M-F	9:00 am-12:00 pm
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7-11 yrs

<b>5099.615</b>	7/8-7/12	M-F	9:00 am-12:00 pm
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### FLAG FOOTBALL CAMPS

\$265/\$245 (Dist. Res.)

5-7 yrs

<b>5099.616</b>	7/15-7/19	M-F	9:00 am-12:00 pm
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8-12 yrs

<b>5099.617</b>	7/15-7/19	M-F	9:00 am-12:00 pm
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# SPRING BREAK CAMPS

## Full-Day Camps

### Adventure Kids Camps

Grades K–5

Instructor: Kidstop Staff

Gregory Gardens: Kidstop Childcare Building

Adventure Kids Winter Camp offers a full day camp with a variety of activities to keep children engaged and entertained. Ranging from science, art, cooking, group games, sports, and S.T.E.A.M. projects, we have something for all children to enjoy. Please bring a NUT-FREE cold lunch and snacks daily. An AM/PM snack will be provided.

\$60/Day | 7:30 am–5:30 pm

#### SPRING

<b>6060.500</b>	4/1	M
<b>6060.501</b>	4/2	T
<b>6060.502</b>	4/3	W
<b>6060.503</b>	4/4	Th
<b>6060.504</b>	4/5	F

### XTREME Break Camps

Grades 6 & up (siblings grades 3 & up)

Instructor: Teen Center Staff

Teen Center

Experience an action-packed week! Daily on-site activities and local field trips. Register by the day.

*Camps must meet a minimum participation of 8 by 12/18.*

\$62.50/\$50 (Dist. Res.) /Day | 7:30 am–6:00 pm

#### SPRING

<b>5189.501</b>	4/1	M	Mystery Trip
<b>5189.502</b>	4/2	Tu	Movies
<b>5189.503</b>	4/3	W	Scavenger Hunt & Lunch
<b>5189.504</b>	4/4	Th	Archery
<b>5189.505</b>	4/5	F	Escape Room

## Sports Camps

### Tennis Camp

Instructor: Coach Rafa & Coach Giacomo

College Park High School Tennis Courts

6–10 yrs

\$158/\$138 (Dist. Res.)

**5589.500** 4/1–4/5 M–F 9:00 am–12:00 pm

11–15 yrs

\$158/\$138 (Dist. Res.)

**5589.501** 4/1–4/5 M–F 9:00 am–12:00 pm

### Sports Medley Camp

6–12 yrs

Instructor: Skyhawks

Pleasant Hill Park

\$250 /\$230 (Dist. Res.)

**5099.531** 4/1–4/5 M–F 9:00 am–12:00 pm

### Spring Break Soccer Camp

5–10 yrs

Instructor: Super Soccer Stars

Pleasant Hill Park

\$260/\$240 (Dist. Res.)

**5040.508** 4/1–4/5 M–F 9:00 am–12:00 pm

## Enrichment Camps

### Art, Design, STEM Exploration

7–12 yrs

Instructor: Courtney Escanio-Mandel

Community Center: Republic Services Room

Campers will explore various forms of art & design, experiment with different mediums, and unleash their artistic talents in a supportive and inspiring environment. Bridging Art and STEM: campers discover how creativity and innovation are essential in both fields. No art experience necessary, all levels welcomed! To learn more To learn more, visit: [www.picassosatplay.com](http://www.picassosatplay.com) \$15 material fee due to instructor first day of class.

\$325 /\$305 (Dist. Res.)

**6056.602** 4/1–4/4 M–TH 9:00 am–12:00 pm

*See more sessions online at [pleasanthillrec.com](http://pleasanthillrec.com).*



SPECIALTY CAMPS

### Code Ninjas

7–14 yrs

Instructor: Code Ninjas

Senior Center: Classrooms

\$270 /\$250 (Dist. Res.)

#### INTRO TO ROBLOX

Ninjas will learn the basics of planning, designing, and game building their own 3D world in Roblox, an exciting, online gaming platform. Ninjas will share their creations locally and globally.

**6053.601** 4/1–4/5 M–F 9:00 am–12:00 pm

#### MOVIE MAKING IN MINECRAFT

Ninjas will learn scene building, storytelling, and video recording featuring their own Minecraft® world. They will also jump into the basics of editing and mixing audio as they produce their final stories as short movies. Ninjas will gain deeper understanding of how creativity and technology can work together to tell exciting stories.

*\$39 license fee due to Code Ninjas prior to the start of camp.*

**6053.602** 4/1–4/5 M–F 1:00–4:00 pm

# CAMPS AT A GLANCE

		Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11
		Jun 3- Jun 7	Jun 10- Jun 14	Jun 17- Jun 21	Jun 24- Jun 28	Jul 1- Jul 5	Jul 8- Jul 12	Jul 15- Jul 19	Jul 22- Jul 26	Jul 29- Aug 2	Aug 5- Aug 9	Aug 13- Aug 15
PRESCHOOL	AM & PM Peschool Camp Camp (1y 3m-2y 3m) [pg 5]		■					■				
	Bumblebee Prep Camp (1.5-2.5 yrs) [pg 5]											■
	Castle Tales Musical Theater Camps (4-7 yrs) [pg 9]			■			■		■		■	
	Creative Spark Theatre Camps (4-7 yrs) [pg 9]		■				■	■				
	Hummingbird Prep Camp (2.5-3.5 yrs) [pg 5]											■
	Kidz Love Soccer Camps (4.5-6 yrs) [pg 18]		■				■					
	Skyhawk Sports Camps (4-7 yrs) [pg 18]	■	■	■		■	■		■	■		
	Soccer Stars Soccer & Art Camp (3-4 & 5-7yrs) [Page 18]			■	■			■	■			
	Soccer Stars Soccer Camp (5-7 yrs) [Page 18]			■	■			■	■			
	Spanish 4 Children (4-8 yrs) [pg 12]		■	■	■	■	■		■			
YOUTH	Adventure Kids Summer Camp (Gr 1-5) [pg 6]		■	■	■	■	■	■	■	■		
	Afternoon Rec (6-13 yrs) [pg 5]			■								
	Berkeley Chess School (6-11 yrs) [pg 12]		■					■	■			
	Bricks 4 Kidz Camps (6-12 yrs) [pg 13]			■				■				
	Castle Tales Musical Theater Camp (4-7 yrs) [pg 9]			■			■		■		■	
	Code Ninja (7-15yrs) [pg 13]				■	■		■		■	■	
	Creative Spark Theatre Camps (8-14 yrs) [pg 9]			■			■	■	■			
	Endless Summer Camp (6-13 yrs) [pg 6]							■	■	■	■	
	Engineering for Kids (5-11 yrs) [pg 14-15]		■		■		■		■			
	Incredifix (7-13 yrs) [pg 15]		■				■					
	Kidz Love Soccer Camps (7-10 yrs) [pg 18]		■				■					
	Little Medical School Camp (6-9 yrs) [pg 16]							■				
	Miss Christie Dance Camps (5-9 yrs) [pg 11]			■			■	■		■		
	Music Camp-Guitar & Drumming (5-14 yrs) [pg 10]		■							■		
	New You Dance Camp (6-12 yrs) [pg 11]			■					■			
	Play Well TEKologies (5-12 yrs) [pg 16-17]		■				■		■	■		
	Rookie Camp Summer Rec (5-8 yrs) [pg 5]			■				■				
	Skyhawks Sports Camps (7-13 yrs) [pg 18]	■	■	■	■	■	■	■	■	■	■	
	Snapology (6-11 yrs) [pg 17]			■	■	■	■	■	■	■	■	■
	Spanish 4 Children (4-8 yrs) [pg 12]		■	■	■	■	■		■			
	Splash 'N Dash Camp (8-12 yrs) [pg 2]			■	■	■	■	■	■	■	■	
	Summer Rec Camp (6-13 yrs) [pg 5]			■								
	Tennis Camps (6-12 yrs) [pg 18]		■	■	■	■	■	■	■	■	■	
VOENA Children's Choir (6-13 yrs) [pg 11]				■				■				
Village Music School (8-14 yrs) [pg 10]				■		■	■	■				
TEENS	Bay Area Driving School Live Virtual (15+ yrs) [pg 12]			■			■			■		
	Counselors-in-Training (13-15 yrs) [pg 8] *	■										
	Creative Spark Theater Camp (8-14 yrs) [pg 9]			■			■	■	■			
	Good Vibe VolunTEENS (12-15 yrs) [pg 8]							■				
	Incredifix (7-13 yrs) [pg 15]		■				■					
	Junior Lifeguard Camp (11-14 yrs) [pg 2]		■									
	Teen Xtreme Camp (Gr 6-10) [pg 7]	■	■	■	■	■	■	■	■	■		
Village Music Project Rock Band (12-17 yrs) [pg 10]							■					



**SWIM LESSONS** for ages 6 months to adults, all levels • Private and group lessons available. Spring lessons start March 9. Summer lessons start June 10. Weekdays and weekends. View full schedule and **Sign Up NOW!** [pleasanthillrec.com](http://pleasanthillrec.com) or call (925) 682-0896.

# the Spotlight

Spring/Summer  
2024

*Hello Summer Fun!*

**Keep Cool at the Pool**  
Pages 22-25

**Special Events**  
Page 39, Back Cover

**Travel Adventures**  
Pages 40-41



[pleasanthillrec.com](http://pleasanthillrec.com)



# Aquatics

## Public Swimming

**FREE for Summer 2024!**

### PLEASANT HILL AQUATIC PARK

147 Gregory Lane, Pleasant Hill, 682-7830

#### The facility includes:

- 25-yard pool, 3.5–10.5 feet deep
- 20-yard shallow water training pool
- Sprayground
- Changing rooms with showers and restrooms
- Two picnic areas, with BBQ pit/two tables, on lawn area off the pool deck (available for reservation)

15-minute rest breaks are observed every hour. Coast Guard Approved flotation devices allowed with adult supervision.

#### PUBLIC SWIMMING ADMISSION

Admission is FREE for the 2024 summer season! *Keep cool at the pool and enjoy our sprayground!*

*Children 8 years and under must be accompanied in the water by a paying adult (18 yrs/older). Children 12 years and under must be accompanied in the facility by a paying adult.*

*Note: Pools are subject to closure without warning, based on attendance, weather, emergencies and training, maintenance or safety issues.*

#### PUBLIC SWIMMING HOURS

**Spring:** May 25–June 7

Sat/Sun, 1:00–5:00 pm

**Summer:** June 8–August 4

Mon/Wed/Thu, 1:30–4:00 pm

Fri/Sat/Sun, 1:00–5:00 pm

**Late Summer:** August 10–September 2 Sat/

Sun, 1:00–5:00 pm

**Holidays:** 1:00–5:00 pm

May 27, June 19, July 4, September 2

#### PUBLIC SWIMMING PASSES

Public swim is FREE this 2024 summer season! No public swim passes needed.



## Aquatic Rentals

### Aquatic Rentals

Make your next party a big splash! Reservation and refundable security deposit, with use fees for pool picnics and parties are required to confirm your reservation. A minimum of two weeks advance reservation is required. Forms are available at the District Office, 147 Gregory Lane, call (925) 682-0896.

### Aquatic Park Picnics

Reserve the Aquatic Park picnic area for any special occasion. Rental fee includes barbecue grill, two picnic tables and pool access for 20 people.

#### SPRING: MAY 25–JUNE 7

Sat/Sun, 1:00–5:00 pm

#### SUMMER: JUNE 8–AUGUST 4

Mon/Wed/Thu, 1:30–4:00 pm

Fri/Sat/Sun, 1:00–5:00 pm

#### LATE SUMMER:

#### AUGUST 10–SEPTEMBER 2

Sat/Sun, 1:00–5:00 pm

#### HOLIDAYS: 1:00–5:00 pm

May 27, June 19, July 4, September 2

Fee varies based on the day of the week.

### Private Aquatic Park Parties

Reserve the pool for your own private party! Minimum 2-hour rental includes lifeguards. Fees are based on the number of guests and portions of the facility used. No alcohol or smoking permitted in the pool area. Call the District Office at (925) 682-0896 or visit [www.pleasanthillrec.com](http://www.pleasanthillrec.com) for more information.

Available: April–October

Friday/Saturday/Sunday | 5:30–7:30 pm

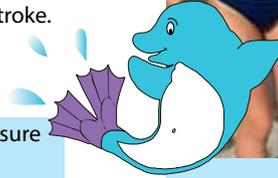
# Pleasant Hill Dolphins Swim Team

Have Fun! Swim Fast! Celebrating 60 years of having fun and swimming fast in 2024, the Pleasant Hill Dolphins is a summer recreational swim team. Daily practice with instruction in all four competitive strokes, racing starts and turns and swim meets in the summer. The team also offers special activities for swimmers and their families. Swimmers must be able to swim 25 yards of freestyle (face in the water with rhythmic breathing) and 25 yards backstroke.

Questions? Email Coach Talli at [tpitcher@pleasanthillrec.com](mailto:tpitcher@pleasanthillrec.com).

## Head Coach: Talli Pitcher

New 10 & under swimmers must register for and attend a free swim try out to ensure correct placement, but **may** register for programs before attending try outs.



60 years of  
Have Fun,  
Swim Fast!



Aquatics

## Practice Schedule (Season runs 4/8–7/26)

Spring practice held at PH Aquatic Park: 147 Gregory Lane;

Summer practice at PH Education Center Pool: 1 Santa Barbara Road

Alternate PM practice for all age groups available for those unable to make AM practice, 5:00-6:00 pm. (No Mini's)

Age as of 6/15/24	Activity Code	Spring: 4/8–6/6 M–Th	Summer: 6/10–7/26 M/Tu/Th/F
6 & under	<b>8223.601</b>	4:15–4:45 pm	10:45–11:30 am
7–8	<b>8224.601</b>	4:45–5:30 pm	10:45–11:30 am
9–10*	<b>8225.601</b>	5:45–6:45 pm*	9:30–10:30 am
11–12*	<b>8226.601</b>	5:45–6:45 pm*	9:30–10:30 am
13–14*	<b>8227.601</b>	6:45–7:45 pm*	8:00–9:30 am
15–18*	<b>8228.601</b>	6:45–7:45 pm*	8:00–9:30 am

\*For 9-18 swimmers: all practices are at PH Education Center Pool.

No practice May 27, July 1, and July 4-7. County meet qualifying swimmers practice through Aug 2.

All practices move to PH Education Center Pool on May 13.

## Work Assignments:

Parents/families play a vital role in the success of this program and parent participation is required. \$500 Family Deposit (per family) must be paid at the time of registration to the Pleasant Hill Dolphins Parent Club. Checks will only be cashed if work assignments are not completed. Parent meeting will be held Thursday, May 9 at 7:00 pm at the Teen Center to discuss work requirements. See [www.pleasanthilldolphins.com](http://www.pleasanthilldolphins.com) for more information.

## Mini Dolphins

8 yrs & under

A program for young swimmers who are not quite ready for the Dolphins Swim Team. Swimmers will be instructed in all competitive strokes. Depending on progress/ability, participants may join the Dolphins. Summer Mini-Dolphins participate in age group/end-of-season parties, receive a team t-shirt and swim in the last home meet. New Minis must register for and attend a free Swim Try Out. See website for pre-requisites.

## SPRING

PH Aquatic Park: 147 Gregory Lane

\$260/\$240 (Dist. Res.)

**8200.601** 4/9–6/6 Tu/Th 4:15–4:45 pm

## SUMMER

PH Education Center Pool: 1 Santa Barbara Rd

Registration Deadline: Friday, 5/31.

\$320/\$300 (Dist. Res.)

**8200.602** 6/10–7/25 M/Tu/Th/F 11:30 am–12:00 pm

Practices subject to change due to events. Check weekly email for updates. No practice 6/28, 7/1, and 7/4–7/7.

Registration through May 20, 2024 at the District Office (Mon-Fri, 9 am-5 pm) or online at [www.pleasanthillrec.com](http://www.pleasanthillrec.com). For more information, call (925) 682-0896.

## Registration Fees (14 & under swimmers):

12/11–2/29 .....\$575/\$555 (Dist. Res.)

3/1–3/31 .....\$610/\$590 (Dist. Res.)

After 4/1 .....\$640/\$620 (Dist. Res.)

## Registration Fees (High School Swimmers):

12/12–3/31 .....\$410/\$390 (Dist. Res.)

After 4/1 .....\$440/\$420 (Dist. Res.)

Fee includes team t-shirt. Register early to take advantage of the optional payment plan and make sure you get a spot on the team! Some age groups will fill.

## Swim Try Outs FREE!

PH Aquatic Park: 147 Gregory Lane

Try outs are required for all new 10 & under swimmers to ensure correct program placement. Pre-registration for try outs is required. You **may** register for programs before you attend try outs – some programs will fill before try outs. See website for program pre-requisites.

Saturday, 3/23, 10:00 am

Saturday, 5/18, 10:00 am



## Classes and Clinics

### So, You Think You Want To Be A Lifeguard? **FREE!**

15 yrs & up

Instructor: Aquatics Staff

PH Aquatic Park: 147 Gregory Lane

If you are interested in becoming a lifeguard, and want to improve your swimming skills, this is the class for you! Sessions allow participants to practice their swimming skills in order to pass the lifeguard training pre-requisites. Sign up for one or multiple dates!

2/1-3/30 Sa 9:00-10:00 pm

### Lifeguard Training

15 yrs & up

Instructor: Aquatics Staff

PH Aquatic Park: 147 Gregory Lane

Learn how to save a life and become an American Red Cross Lifeguard! After successful completion, the American Red Cross will issue certificates in Lifeguarding/First Aid/CPR/AED, Administering Emergency Oxygen and Title 22. Bring swimsuit, towel, lifeguard book (receive in class), resuscitation mask (receive in class), and lunch each day. This class consists of approximately 7 hours of online learning, which must be completed before the first-class meeting. See [pleasanthillrec.com](http://pleasanthillrec.com) for prerequisites which must be successfully completed at the first class meeting.

\$270/\$250 (Dist. Res.)

**8715.503** 3/9-3/23 Sa/Su 9:00 am-5:30 pm

**8715.504** 4/1-4/5 M-F 9:00 am-5:30 pm

**8715.505** 4/13-4/28 Sa/Su 9:00 am-5:30 pm

No class 4/27.

### Lifeguard Training Review

16 yrs & up

Instructor: Aquatics Staff

PH Aquatic Park: 147 Gregory Lane

For those who have taken a lifeguard training course and need to renew their certifications. Course includes lecture and video review, skills practice and testing (written and skills). Upon successful completion, the American Red Cross will issue certificates in Lifeguarding/First Aid/CPR/AED. Bring lunch. Must provide proof of current certification.

\$200/\$180 (Dist. Res.)

**8717.501** 2/24-2/25 Sa/Su 9:00 am-5:00 pm

**8717.502** 4/6-4/7 Sa/Su 9:00 am-5:00 pm

**8717.503** 5/11-5/12 Sa/Su 9:00 am-5:00 pm

## Water Exercise

### Aqua Aerobics: Deep & Shallow

16 yrs & up

Instructor: Sandra Franklin

PH Aquatic Park: 147 Gregory Lane

A no-impact deep water class that incorporates cardiovascular fitness, core strengthening and toning. Swimming skills not required, but participants must be comfortable in deep water. Class can be done in shallow water. Bring own flotation device/belt.

Drop-In: \$15/\$12 (Dist. Res.)

3 classes: \$42/\$34 (Dist. Res.)

4 classes: \$55/\$44 (Dist. Res.)

5 classes: \$66/\$53 (Dist. Res.)

### TUESDAYS (8:30-9:30 AM)

**8127.601** 5/21-6/11\* 4 classes

**8127.602** 7/2-7/30 4 classes

**8127.603** 8/6-8/20\* 3 classes \*

No class 7/16

*\* Note: Session info has been updated in this digital issue (vs printed version)*

### Aqua Zumba®

16 yrs & up

Instructor: Sandra Franklin

PH Aquatic Park: 147 Gregory Lane

Come join the pool party! Aqua Zumba® integrates the exotic rhythms of Zumba with water fitness to create a fun and exciting low impact water workout! No swimming skills required. Water shoes recommended.

Drop-In: \$16/\$13 (Dist. Res.)

3 classes: \$48/\$37 (Dist. Res.)

4 classes: \$60/\$48 (Dist. Res.)

5 classes: \$71/\$59 (Dist. Res.)

### MONDAYS (7:00-8:00 PM)

**8125.601** 5/20-6/10\* 3 classes\*

**8125.602** 7/1-7/29 4 classes\*

**8125.603** 8/5-8/26 4 classes

No class 5/27, 7/15

### Lap Swim

16 yrs & up

PH Aquatic Park: 147 Gregory Lane

Stay fit, work on your stroke technique, improve your endurance; rejuvenate and energize your mind/body while you swim your way to a healthier life!

Daily Fee: \$10/\$8 (Dist. Res.)

Senior 55+: \$8/\$7 (Dist. Res.)

10-Swim Punch Card: \$90/\$72 (Dist. Res.)

Senior 55+ Punch Card: \$79/\$63 (Dist. Res.)

**Spring Lap Swim Hours start April 8;**

**Summer Lap Swim Hours start June 10.**

Visit [pleasanthillrec.com](http://pleasanthillrec.com) or call the District Office at (925) 682-0896 to confirm hours.

Holidays: 3/31, 5/25-5/27, 6/19, 6/29-6/30, 7/4, 8/31-9/2



## Water Aerobics

Instructor: MaryBeth McCarthy  
PH Aquatic Park: 147 Gregory Lane

A full body workout using the resistance of the water! Emphasis is on cardiovascular workout, toning muscles, and slimming the body. Swimming skills are not required.

6-Swim Water Aerobics Punch Card: \$90/\$72 (Dist. Res.) | Senior 55+: \$82/\$66 (Dist. Res.)

*Punch cards are valid for 1 year from date of purchase.  
Water Aerobics Punch Card is only valid for MaryBeth's classes.  
Fees are based on the number of classes per session.*

**Single Day:** \$16/\$13 (Dist. Res.) | Senior 55+: \$15/\$12 (Dist. Res.)  
**2 classes:** \$25/\$20 (Dist. Res.) | Senior 55+: \$22/\$18 (Dist. Res.)  
**3 classes:** \$37/\$30 (Dist. Res.) | Senior 55+: \$33/\$27 (Dist. Res.)  
**4 classes:** \$50/\$40 (Dist. Res.) | Senior 55+: \$45/\$36 (Dist. Res.)  
**5 classes:** \$62/\$50 (Dist. Res.) | Senior 55+: \$56/\$45 (Dist. Res.)

### MONDAYS (8:00–9:00 AM)

**8102.504** 4/1–4/29 5 classes  
**8102.505** 5/6–5/20 3 classes  
**8102.601** 6/3–6/24 4 classes  
**8102.602** 7/1–7/29 5 classes  
**8102.603** 8/5–8/26 4 classes  
*No class 5/27.*

### WEDNESDAYS (8:00–9:00 AM)

**8103.504** 4/3–4/24 4 classes  
**8103.505** 5/1–5/29 5 classes  
**8103.601** 6/5–6/26 4 classes  
**8103.602** 7/3–7/31 5 classes  
**8103.603** 8/7–8/28 4 classes

### FRIDAYS (8:00–9:00 AM)

**8104.504** 4/5–4/26 4 classes  
**8104.505** 5/3–5/30 5 classes  
**8104.601** 6/7–6/28 4 classes  
**8104.602** 7/5–7/26 4 classes  
**8104.603** 8/2–8/30 5 classes

### TUESDAYS (7:00-8:00 PM)

**8105.504** 4/2–4/30 5 classes  
**8105.505** 5/7–5/28 4 classes  
**8105.601** 6/4–6/25 4 classes  
**8105.602** 7/2–7/30 5 classes  
**8105.603** 8/6–8/27 4 classes

### THURSDAYS (7:00-8:00 PM)

**8106.504** 4/4–4/25 4 classes  
**8106.505** 5/2–5/30 5 classes  
**8106.601** 6/6–6/27 4 classes  
**8106.602** 7/11–7/25 3 classes  
**8106.603** 8/1–8/29 5 classes  
*No class 7/4.*



**Be an aquatics hero  
this Spring & Summer!**

**Aquatics Team Now Hiring!**  
15 yrs & up

We want you to join our team of aquatics superheroes! Not only do our superheroes get to work in the great outdoors, teaching people of all ages how to swim and helping to keep them safe around the pool, but you will develop important superhero skills like effective communication, teamwork, leadership, decision making and so much more! Plus, you'll get to work with other recreation-loving heroes who make the work environment lots of fun! Sound like something you'd like? Join us this spring and summer! Superhero capes optional!

- Lifeguards
- Swim Instructors
- Cashiers

For job descriptions, applications and deadlines, visit our website at [pleasanthillrec.com/161](http://pleasanthillrec.com/161).

## Underwater Egg Hunt

All ages

PH Aquatic Park: 147 Gregory Lane

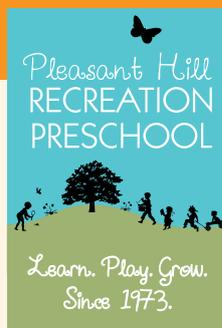
Join Pleasant Hill Rec for an underwater egg hunt! Pools will be open for swimming. Enjoy some splashy springtime fun for everyone! Event will be held rain or shine.

3/30 Sa 1:00-2:30 pm

**Pre-Registration \$20/\$16 (Dist. Res.) by noon on March 29 or when event reaches capacity.** Spectators and adult helpers free.



# Preschool



## 2024-2025 School Year Preschool

The Pleasant Hill Recreation & Park District Preschool has been encouraging the love of learning since 1973. Our preschool establishes the foundation for a child's future education. Come grow with us! Our philosophy: A child who is playing is a child who is learning. Our experienced teachers encourage individual confidence, self-esteem, and social skills that children need to be happy and successful. Classes are in session mid-August through the end of May. Registration for the 2024-2025 school year opens to new families on April 8, 2024 at 9:00 a.m. and online at [pleasanthillrec.com/175](http://pleasanthillrec.com/175). Registration is on a first come, first serve basis. Birth certificate, immunization records and proof of residency are required for discount. For more information and current availability please contact director, Sarah Smith, at (925) 771-7626 or [ssmith@pleasanthillrec.com](mailto:ssmith@pleasanthillrec.com).

### 2024-2025 Tuition Schedule and Monthly Rates

#### Bumblebees: (1.5 to 2.5 yrs)\*

No potty-training required. Children are introduced to preschool in a playful and supportive environment.

Tu/Th	8:15-11:15 am	PHCC1	\$460/\$440
M/W/F	8:15-11:15 am	PHCC1	\$560/\$540

#### Hummingbirds: (2.5 to 3.5 yrs)\*

No potty-training required. Children are working on fine/gross motor skills, independence, and social skills. Introduction to colors and shapes through hands-on process-oriented activities.

Tu/Th	8:15-11:15 am	WC3	\$450/\$430
M/W/F	8:15-11:15 am	WC3	\$550/\$530

#### Bluebirds: (3 to 4 yrs)\*

Building on skills learned in Hummingbirds. Focus on name recognition, phonics, fine motor, and self-help skills. Students go to Robins or TK the following year. No potty-training required.

Tu/Th	8:25-11:25 am	PHCC3	\$430/\$410
M/W/F	8:25-11:25 am	PHCC3	\$475/\$455

#### Peacocks: (3.5-4.5 yrs)\*

**Children are required to be fully potty trained.** This class builds on skills learned in Bumblebees and Hummingbirds. Curriculum designed for those going into Robins or TK the following year.

M-Th	12:45-3:45 pm	WC3	\$580/\$560
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#### Robins: (4-5 yrs)\*

**Children are required to be fully potty trained.** The curriculum includes handwriting, beginning math and phonemic skills. Continuing self-help skills and confidence. Prepares children for kindergarten the following year.

M-Th	8:30-11:30 am	PHCC2	\$595/\$575
M-Th	1:00-4:00 pm	PHCC2	\$595/\$575

Tuition: \$200 non-refundable registration fee per family is required when registering.

\*Children must be age appropriate by 9/1/2024.

## Parent Tot

### Parent and Me Gymnastics

1yr 6m-3 yrs

Instructor: East Bay Gymnastics

East Bay Gymnastics 1441 Franquette Ave  
#7925 Concord CA 94520

Parent and Me is our introductory class for children 18 months to 3 years. This class includes a parent-assisted warm-up, obstacle courses, hand-eye activities, parachute, trampoline, and foam pit.

\$91/\$73 (Dist. Res.)

<b>6603.601</b>	4/11-4/25	Th	10:30-11:00 am
<b>6603.606</b>	4/12-4/26	F	10:00-10:30 am
<b>6603.604</b>	7/11-7/25	Th	10:30-11:00 am
<b>6603.609</b>	7/12-7/26	F	10:00-10:30 am

\$115/\$95 (Dist. Res.)

<b>6603.603</b>	6/6-6/27	Th	10:30-11:00 am
<b>6603.608</b>	6/7-6/28	F	10:00-10:30 am

\$138/\$118 (Dist. Res.)

<b>6603.602</b>	5/2-5/30	Th	10:30-11:00 am
<b>6603.607</b>	5/3-5/31	F	10:00-10:30 am
<b>6603.605</b>	8/1-8/29	Th	10:30-11:00 am
<b>6603.610</b>	8/2-8/30	F	10:00-10:30 am

### Zumbini Bilingual

6 mo-5 yrs

Instructor: Miriam Lattanzi

Pleasant Hill Park: West Lawn by  
Senior Center

This parent and me class is created by Zumba and BabyFirst for kids, this program combines music, dance and educational tools for 45 minutes of can't stop, won't-stop bonding, learning and having fun! This class is bilingual, meaning you will be learning Spanish and having fun with your child. You will be able to create art, and have a Spanish story time. Knowledge of Spanish is not required. \$20.00 material fee due on the first day to instructor for art materials and take home Zumbini Bundle that includes Zumbini Music Codes (access to 20 original songs use in class) and Zumbini Bundles, which include the music codes and a corresponding songbook and plush doll.

\$135/\$115 (Dist. Res.) \$20 materials fee

<b>6634.601</b>	6/29-7/27	Th	10:00-10:45 am
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## Music Classes

### Music Classes

Instructor: Andrea Gaspari

#### LET'S MAKE MUSIC

18 mo–3 yrs

Community Center

Join this multi award winner, song writer and children's entertainer, on an amazing musical adventure. Using your bodies, voices, instruments and props, we will dance, learn, sing, and play making wonderful music together. The perfect class to prepare for circle time and preschool.

\$200/\$180 (Dist. Res.)

6636.601 4/9–5/28 Tu 9:15–9:55 am

#### MUSICAL BABIES

6 mo–1 yr 6 m

Community Center

Babies and their caregivers enjoy the development of the child through singing, dancing, and instrument exploration. We will nurture language skills, fine and large motor skills, space relationships, and bonding with caregivers. There is no better gift for your child than helping them learn new skills with someone they love.

\$200/\$180 (Dist. Res.)

6636.602 4/9–5/28 Tu 10:05–10:45 am

#### PIANO & ME

3 yrs 6 mo–5 yrs

Senior Center: Classrooms

Join multi award winning teacher, entertainer, and songwriter Andrea Gaspari for this fun, educational approach to Group Piano Lessons. Using 7 learning styles, reading, writing and performing music will be practiced and explored. Through singing, games and activities, children will learn finger/number/letter placements, musical symbols, terminology, etc. Note: Any shared instrument wiped down in between each participant.

\$200/\$180 (Dist. Res.)

6636.603 4/9–5/28 Tu 3:30–4:10 pm

## Special Interest

### East Bay Gymnastics

Instructor: East Bay Gymnastics

1441 Franquette Ave #7929,  
Concord, CA 94520

Pre-requisite: 3 yrs/potty trained.

#### PK/3 (YRS)

PK 3 is our student's first independent class. This class begins with warm-ups and basic stretching/body shapes, followed by circuits including obstacle courses incorporating floor and vault skills, balance beam, bars, trampoline, and foam pit.

\$100/\$80 (Dist. Res.)

6603.626 4/11–4/25 Th 2:30–3:15 pm

6603.631 4/12–4/26 F 10:00–10:45 am

6603.629 7/11–7/25 Th 2:30–3:15 pm

6603.634 7/12–7/26 F 10:00–10:45 am

\$125/\$105 (Dist. Res.)

6603.628 6/6–6/27 Th 2:30–3:15 pm

6603.633 6/7–6/28 F 10:00–10:45 am

\$150/\$130 (Dist. Res.)

6603.627 5/2–5/30 Th 2:30–3:15 pm

6603.632 5/3–5/31 F 10:00–10:45 am

6603.630 8/1–8/29 Th 2:30–3:15 pm

6603.635 8/2–8/30 F 10:00–10:45 am

#### PK/4 (YRS)

PK 4 is for our 4-year-old students to continue to develop their gymnastics skills and progress to more advanced skills than the PK 3 class. Students will also become more independent in performing many skills and begin to work together socially with increased peer activities. This class begins with warm-ups and basic stretching/body shapes, followed by circuits including obstacle courses incorporating floor and vault skills, balance beam, bars, trampoline, and foam pit.

\$100/\$80 (Dist. Res.)

6603.636 4/11–4/25 Th 11:00–11:45 am

6603.641 4/12–4/26 F 10:00–10:45 am

6603.639 7/11–7/25 Th 11:00–11:45 am

6603.644 7/12–7/26 F 10:00–10:45 am

\$125/\$105 (Dist. Res.)

6603.638 5/2–6/27 Th 11:00–11:45 am

6603.643 6/7–6/28 F 10:00–10:45 am

\$150/\$130 (Dist. Res.)

6603.637 5/2–5/30 Th 11:00–11:45 am

6603.642 5/3–5/31 F 10:00–10:45 am

6603.640 8/1–8/29 Th 11:00–11:45 am

6603.645 8/2–8/30 F 10:00–10:45 am

### KINDER/5 (YRS)

K/5 is our "bridge" class between our Kindergym Program and our School Age Program. Students will develop their skills and progress to more advanced skills than the PK 4 class. Class includes advanced warm-ups and stretching/body shapes, followed by circuits including obstacle courses incorporating floor and vault skills, balance beam, bars, trampoline, and foam pit.

\$100/\$80 (Dist. Res.)

6603.611 4/10–4/24 W 2:30 pm–3:15 pm

\$150/\$130 (Dist. Res.)

6603.612 5/1–5/29 W 2:30 pm–3:15 pm

125/\$125 (Dist. Res.)

6603.613 6/5–6/26 W 2:30 pm–3:15 pm

6603.613 7/10–7/31 W 2:30 pm–3:15 pm

6603.613 8/7–8/28 W 2:30 pm–3:15 pm

## Preschool Sports

### Baseball

#### BASEBALL TOTS

3–5 yrs

Instructor: Skyhawks Staff

Pleasant Hill Park

\$206/\$165 (Dist. Res.) 5 Classes

5099.500 3/4–4/8 M 4:15–5:00 pm

No class 4/1.

\$206/\$165 (Dist. Res.) 6 Classes

5099.501 4/15–5/20 M 4:15–5:00 pm

### Basketball

Instructor: Skyhawks Staff

Rodgers Smith Park

\$206/\$165 (Dist. Res.)

#### PARENT & ME BASKETBALL

2–3 yrs

5099.507 3/9–4/13 Sa 9:30–10:00 am

5099.510 4/20–5/18 Sa 9:30–10:00 am

No class 4/6.

#### HOOPSTER TOTS

3–5 yrs

5099.508 3/9–4/13 Sa 10:15–11:00 am

5099.509 4/20–5/18 Sa 10:15–11:00 am

No class 4/6.

# Preschool Sports (cont.)

## Sport Medley (Multi-Sports)

Instructor: Skyhawks Staff

### PARENT & ME SPORTS MEDLEY

2-3 yrs

Rodgers-Smith Park

\$206/\$165 (Dist. Res.) 5 Classes

**5099.522** 3/9-4/13 Sa 9:30-10:00 am

**5099.524** 4/20-5/18 Sa 9:30-10:00 am

No class 4/6.

### TOT SPORTS MEDLEY

3-5 yrs

Pleasant Hill Park

\$265/\$165 (Dist. Res.) 5 Classes

**5099.518** 3/4-4/8 M 3:00-3:45 pm

No class 4/1.

\$250/\$200 (Dist. Res.) 6 Classes

**5099.519** 4/15-5/20 M 3:00-3:45 pm

Rodgers Smith Park

\$206/\$165 (Dist. Res.) 5 Classes

**5099.523** 3/9-4/13 Sa 10:15-11:00 am

**5099.523** 4/20-5/18 Sa 10:15-11:00 am

No class 4/6.

### PRESCHOOL SPORTS MEDLEY

3-5 yrs

Pleasant Hill Community Center

\$188/\$150 (Dist. Res.) 5 Classes

**5099.520** 3/7-4/11 Th 11:45 am-12:30 pm

No class 4/4.

\$225/\$180 (Dist. Res.) 6 Classes

**5099.521** 4/18-5/23 Th 11:45 am-12:30 pm

## Tennis

### PEE WEE TENNIS

4-5 yrs

Instructor: Coach Rafa, Coach Loreazo,  
& Coach Giacomo

College Park High School Tennis Courts

Bring your own jr. size tennis racket  
and water.

\$113/\$93 (Dist. Res.) 4 Weeks

**5553.500** 3/9-3/30 Sa 10:00-11:00 am

**5553.501** 4/13-5/4 Sa 10:00-11:00 am

## Soccer

### KIDZ LOVE SOCCER

Instructor: Kidz Love Soccer

Pleasant Hill Park

Mom/Dad & Me | 2 yrs-3 yrs 6 mo

\$191/\$171 (Dist. Res.)

**5031.500** 4/12-5/24 F 5:45-6:15 pm

**5030.502** 4/20-6/1 S 9:00-9:30 am

\$170/\$150 (Dist. Res.)

**5031.600** 7/12-8/16 F 5:45-6:15 pm

**5030.604** 7/13-8/17 S 9:05-9:35 am

Tot/Pre-Soccer | 3 yrs 6 mo yrs-5 yrs

\$191/\$171 (Dist. Res.)

**5031.501** 4/12-5/24 F 5:05-5:40 pm

\$170/\$150 (Dist. Res.)

**5031.601** 7/12-8/16 F 5:05-5:40 pm

### SUPER SOCCER STARS

Instructor: Super Soccer Stars

Pleasant Hill Park

\$282/\$262 (Dist. Res.)

Parent & Me - Pre-Soccer Movement Class

1-2.5 yrs

**3040.605** 3/23-5/25 Sa 9:00-9:40 am

Soccer Skills & Drills | 5-7 yrs

**3040.600** 3/24-5/26 Su 11:30 am-12:20 pm

**3040.608** 3/26-5/21 Tu 5:10-6:00 pm

Soccer FUNDamentals | 2-3 yrs

**3040.604** 3/23-5/25 Sa 9:50-10:30 am

**3040.603** 3/24-5/26 Su 9:00-9:40 am

**3040.610** 3/26-5/21 Tu 3:30-4:10 pm

Soccer FUNDamentals | 3-4 yrs

**3040.602** 3/23-5/25 Sa 10:40-11:20 am

**3040.607** 3/24-5/26 Su 9:50-10:30 am

**3040.606** 3/24-5/26 Su 10:40-11:20 am

**3040.609** 3/26-5/21 Su 4:20-5:00 pm

Soccer FUNDamentals | 4-5 yrs

**3040.601** 3/23-5/25 Sa 11:30 am-12:20 pm

For more Soccer Stars summer classes  
visit [www.pleasanthillrec.com](http://www.pleasanthillrec.com)

Tot Soccer | 3 yrs 6 mo yrs-4 yrs

\$191/\$171 (Dist. Res.)

**5031.504** 4/20-6/1 Sa 11:05-11:35 am

\$170/\$150 (Dist. Res.)

**5031.606** 7/13-8/17 Sa 11:10-11:40 am

Pre-Soccer | 4-5 yrs

\$191/\$171 (Dist. Res.)

**5031.503** 4/20-6/1 Sa 10:25-11:00 am

\$170/\$150 (Dist. Res.)

**5031.605** 7/13-8/17 Sa 10:30-11:05 am

### SOCCER TOTS

Instructor: Skyhawks

3 yrs

Rodgers-Smith Park

\$185/\$165 (Dist. Res.)

**5099.530** 3/5-4/13 Sa 11:30 am-12:15 pm

**5099.532** 4/20-5/18 Sa 11:30 am-12:15 pm

No class 2/17, 4/1, 4/2.

3-5 yrs

Pleasant Hill Park

\$187/\$150 (Dist. Res.)

**5099.526** 3/4-4/8 M 11:45 am-12:30 pm

No class 4/1.

\$185/\$165 (Dist. Res.)

**5099.528** 3/5-4/9 Tu 4:45-5:30 pm

No class 4/2.

\$225/\$180 (Dist. Res.)

**5099.527** 4/15-5/20 M 11:45 am-12:30 pm

\$250/\$200 (Dist. Res.)

**5099.529** 4/16-5/21 Tu 4:45-5:30 pm

4-5 yrs

Rodgers-Smith Park

\$185/\$165 (Dist. Res.)

**5099.531** 3/9-4/13 Sa 12:30-1:15 pm

**5099.533** 4/20-5/18 Sa 12:30-1:15 pm

No class 4/6.

# Youth



Gregory Gardens Elementary  
1 Corritone Court, Pleasant Hill

Contact Danny Martinez, Site Director at  
(925) 680-5298 or via email at  
dmartinez@pleasanthillrec.com.

## Get Inspired!

KIDSTOP offers science, technology, engineering, arts & mathematics (S.T.E.A.M.) inspired youth programs provided by the Pleasant Hill Recreation & Park District. We provide:

- Before & after-school care,
- Holiday break camps, and
- Summer Adventure Kids Camp.

Come visit and meet our professional staff!

**New youth art class coming this summer: Monoprint Mania!**  
Visit [pleasanthillrec.com](http://pleasanthillrec.com)

### FREE! Pop Up Play Dates

Pleasant Hill Park  
Pop In and play with us this spring! Join Rec & Park staff for organized outdoor games and activities! We will provide the fun – you provide the smiles. FREE to the public. varies.

Friday, April 12 | 2:30-4:00 pm

Wednesday, May 15 | 2:30-4:00 pm

## Dance Classes

### Bay Twilights Pee Wee Cheer

5–11 yrs

Instructor: Angela Powell

Ultimate Sports Connections 1150 Concord Ave Suite 150 Concord, CA 94520

This is a beginner cheer class. Athletes will learn the basics of cheerleading including different arm motions, cheers, dance routines, some tumbling, and stunting. At the end of the program they perform at one of the Jamz Competitions.

*For those returning from last session you will not get charged a material fee.*

\$325/\$305 (Dist. Res.)

**6058.601** 4/3–5/29 W 6:45–7:45 pm

### Filipino Folk Dance

7–12 yrs

Instructor: Alverna Bautista

Community Center: Dance Studio

Have fun learning Filipino Folkdance steps and dances, while also learning about Filipino fun facts, culture, greetings, and phrases. Traditional Filipino folk dance is taught with dance basic, similar to ballet. Tagalog words and phrases taught along with the dance steps.

\$142/\$122 (Dist. Res.)

**6063.601** 4/12–5/24 F 4:00–4:45 pm

### New You Dance

Instructor: AJ Rogers

Senior Center: Dance Studio

These combo classes are students favorites, and are great start for any newcomer or returning dancer. Each entertaining class works on flexibility, strength, and technique. Participants will develop a true vocabulary of each movement while learning fun choreography by Mr. AJ Rogers!

\$169/\$149 (Dist. Res.)

### HIP-HOP BASICS

4–10 yrs

**6061.603** 4/10–5/29 W 3:00–3:45 pm

No class 2/14.

### HIP-HOP/BALLET I

4–7 yrs

**6061.604** 4/10–5/29 W 3:45–4:30 pm

### HIP-HOP/BALLET II

8–12 yrs

**6061.605** 4/10–5/29 W 4:30–5:15 pm

## Music Classes

### Youth Guitar

7–16 yrs

Instructor: John Waller

Winslow Center: Rooms 1 & 2

This introduction to guitar will provide an easy way to get your hands and fingers playing quickly. The focus is on basic technique, easy folk songs and open chords that will make it fun and give the student a sense of accomplishment. Videos of the lessons will be part of the curriculum to motivate students to pick up the guitar and play every day. Bring a guitar to the first class if you can.

\$161 /\$141 (Dist. Res.)

**6091.605** 4/16-5/21 Tu 5:00-5:50 pm

**6091.606** 6/4-7/16 Tu 5:00-5:50 pm

### Rhythm Piano - group lessons

5–8 yrs

Instructor: Andrea Gaspari

Senior Center: Classrooms

Join multi- award-winning teacher, entertainer, and songwriter Andrea Gaspari for these fun, group piano lessons. Children will learn through singing, games and activities, finger/number/letter placements, musical symbols, terminology, etc.

*Shared instrument wiped down in between users.*

\$225 /\$205 (Dist. Res.)

**6088.601** 4/9–5/28 Tu 4:15–5:00 pm



Youth

## Japan Karate Do

Instructor: William Fuentes

Winslow Center: Assembly Room

Join our traditional karate program and discover the fun and challenges of karate-do! Our program instills politeness, discipline and self esteem in the students' lives as they work towards earning their black belt. Our motto is "Achieving Excellence Through efforts." Sessions include fun and action-packed activities to build strength, balance and coordination. Recommendation: Take two classes a week. Intermediate students may begin at blue belt or instructor's recommendation. These classes will introduce sparring drills and free sparring. Kids should wear loose-fitting clothing for first class. Karate uniform (Gi) will be available for purchase before and after class for \$40. Website: [www.PleasantHillKarate.org](http://www.PleasantHillKarate.org)

### BEGINNERS

5-12 yrs

\$55/\$44 (Dist. Res.)

<b>6095.603</b>	4/11-4/25	Th	5:00-5:45 pm
<b>6095.604</b>	5/6-5/20	M	5:00-5:45 pm
<b>6095.612</b>	7/11-7/25	Th	5:00-5:45 pm

\$71/\$57 (Dist. Res.)

<b>6095.601</b>	4/8-4/29	M	5:00-5:45 pm
<b>6095.602</b>	4/9-4/30	Tu	4:45-5:30 pm
<b>6095.605</b>	5/7-5/28	Tu	4:45 pm-5:30 pm
<b>6095.607</b>	6/3-6/24	M	5:00-5:45 pm
<b>6095.608</b>	6/4-6/25	Tu	4:45 pm-5:30 pm
<b>6095.609</b>	6/6-6/27	Th	5:00 pm-5:45 pm
<b>6095.613</b>	8/5-8/26	M	5:00-5:45 pm
<b>6095.614</b>	8/6-8/27	Tu	4:45 pm-5:30 pm

\$87.50/\$70 (Dist. Res.)

<b>6095.606</b>	5/2-5/30	Th	5:00 pm-5:45 pm
<b>6095.610</b>	7/1-7/29	M	5:00-5:45 pm
<b>6095.611</b>	7/2-7/30	Tu	4:45 pm-5:30 pm
<b>6095.615</b>	8/1-8/29	Th	5:00 pm-5:45 pm

### INTERMEDIATE

6-13 yrs

\$55/\$44 (Dist. Res.)

<b>6095.617</b>	4/11-4/25	Th	6:00-6:45 pm
<b>6095.618</b>	5/6-5/20	M	6:00-6:45 pm
<b>6095.623</b>	7/11-7/25	Th	6:00-6:45 pm

\$71/\$57 (Dist. Res.)

<b>6095.616</b>	4/8-4/29	M	6:00-6:45 pm
<b>6095.620</b>	6/3	M	6:00-6:45 pm
<b>6095.621</b>	6/6-6/27	Th	6:00-6:45 pm
<b>6095.624</b>	8/5-8/26	M	6:00-6:45 pm

\$87.50/\$70 (Dist. Res.)

<b>6095.619</b>	5/2-5/30	Th	6:00-6:45 pm
<b>6095.622</b>	7/1-7/29	M	6:00-6:45 pm
<b>6095.625</b>	8/1-8/29	Th	6:00-6:45 pm

### ALL BELTS

5-12 yrs

\$55/\$44 (Dist. Res.)

<b>6095.626</b>	4/10-4/24	W	5:45-6:45 pm
<b>6095.628</b>	6/5-6/26	W	5:45-6:45 pm
No class 6/19.			

\$71/\$57 (Dist. Res.)

<b>6095.630</b>	8/7-8/28	W	5:45-6:45 pm
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\$87.50/\$70 (Dist. Res.)

<b>6095.627</b>	5/1-5/29	W	5:45-6:45 pm
<b>6095.629</b>	7/3-7/31	W	5:45-6:45 pm

### BO CLASS

5-13 yrs

Pre-requisite: purple belt or instructor's approval. This class will focus on the "king" of Okinawan weapons, the bo/staff. Bo basics, partner drills, kata applications, and kata. Furthermore, the learning of bo kata opens up the weapons category for our students to compete in tournaments we attend. Due to spacing, registration will be limited.

*Do not register for this class until you order a bo from the instructor.*

\$47.50/\$38 (Dist. Res.)

<b>6095.631</b>	4/10-4/24	W	7:00-7:45 pm
<b>6095.639</b>	6/5-6/26	W	7:00-7:45 pm
No class 6/19.			

\$75/\$60 (Dist. Res.)

<b>6095.632</b>	5/1-5/29	W	7:00-7:45 pm
<b>6095.634</b>	7/3-7/31	W	7:00-7:45 pm

\$61/\$49 (Dist. Res.)

<b>6095.635</b>	8/7-8/28	W	7:00-7:45 pm
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### TOURNAMENT KIDS

7-13 yrs

Pre-requisite: Student must know their kata and have sparring gear. Please don't register until both requirements are met. These sessions focus on kata and sparring for tournaments, and includes mock tournaments in class. Students do not have to compete in tournaments join class. This class also provides an opportunity to practice kata for the next belt, and improve their sparring abilities. All belts are welcomed, but white belts to yellow stripe must, at least, know Kihon Kata Ichi.

*\*Contact the instructor to purchase sparring gear.*

\$47.50/\$38 (Dist. Res.)

<b>6095.636</b>	4/11-4/25	Th	7:00-7:45 pm
<b>6095.639</b>	7/11-7/25	Th	7:00-7:45 pm

\$75/\$60 (Dist. Res.)

<b>6095.637</b>	5/2-5/30	Th	7:00-7:45 pm
<b>6095.640</b>	8/1-8/29	Th	7:00-7:45 pm

\$61/\$49 (Dist. Res.)

<b>6095.638</b>	6/6-6/27	Th	7:00-7:45 pm
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## S.T.E.A.M. Classes

### Aloha Mind Math

6-12 yrs

Instructor: ALOHA Mind Math Staff

Senior Center: Classroom 3

Kids find learning math on the abacus fun! Hands on learning inspires confidence while learning mental math techniques. Students will develop agility with numbers and acquire visualization and problem solving skills. Your child will broaden their understanding of math and realize that they too can be math rock stars.

\$210/\$190 (Dist. Res.)

<b>6071.501</b>	4/10-5/22	W	3:30-4:30 pm
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## S.T.E.A.M. Classes

### Art + Design for Good

7-12 yrs

Instructor: Courtney Escanio-Mandel

Senior Center: Arts & Crafts Room

Our program goes beyond the basics of art & design and teaches students how to use their skills to make a difference. Through project-based learning, they'll explore how design can be used to address real world issues, creating purpose-driven works of art that inspire change. All projects will be available to take home. No art or design experience necessary, all levels welcome! To learn more, visit: [www.picassosatplay.com](http://www.picassosatplay.com).

\$248/\$215 (Dist. Res.) \$15 material fee due to instructor first day of class.

**6056.601** 4/18-5/30 Th 3:30-4:30 pm  
No class 5/9.

### Play-Well **NEW!**

Instructor: Play-Well TEKologies

Community Center: Republic Services Room

\$65/\$52 (Dist. Res.)

### WOMEN INNOVATORS IN STEM

5-10 yrs

Discover history's impactful women using thousands of LEGO® pieces. Recreate Bertha Benz's pioneering car journey, study chimps like Jane Goodall, launch satellites with Mary Sherman Morgan. Unleash creative innovation!

**6066.601** 3/9 Sa 9:00 am-12:00 pm

### DISCOVER PI DAY USING LEGO MATERIALS

7-12 yrs

Explore circular LEGO® creations on Pi Day with expert guidance from Play-Well TEKologies. Discover the math behind pi, enhance building skills, and enjoy endless circular fun!

**6066.602** 3/9 Sa 1:00-4:00 pm

### Talentnook **NEW!**

Instructor: Talentnook Staff

Senior Center

\$200/\$180 (Dist. Res.) \$15 material fee due to instructor first day of class.

### ART INTEGRATION - BLENDING STEM AND CREATIVITY

6-10 yrs

In this course, students dive into diverse STEM topics with art integration. Each day features a unique theme, from science exploring animal habitats and celestial phenomena to math focusing on symmetry and measurement through creative projects. Language and art sessions inspire storytelling and comic book creation, while history lessons explore iconic landmarks and ancient civilizations. This course seamlessly blends art and STEM for a dynamic learning experience.

**6054.602** 4/8-5/20 M 4:00-5:00 pm

### CREATIVE WRITING: COMEDY AND THRILLER

6-7 yrs

Get ready for giggles and gasps as your young comedians and thrill-seekers embark on a journey of storytelling and creative writing magic. Children will explore the art of crafting comedy and thrilling tales. They'll develop writing skills, create unforgettable characters, and learn the secrets of plot twists. Join us, and let your children's creativity shine as they present their comedy and thriller portfolio. A world of laughter and excitement awaits!

**6054.603** 4/10-5/22 W 4:00-5:00 pm

### CREATIVE WRITING: COMEDY AND THRILLER

8-10 yrs

Join us for an exciting journey into creative writing! In this course, your kids will explore comedy and thriller genres, crafting stories that tickle funny bones and send shivers down the spines. They'll master character creation, plot twists, and the art of punchlines. The course finale showcases their portfolio, reflecting their newfound storytelling skills. Get ready for creativity to soar in this thrilling adventure!

**6054.604** 4/11-5/30 Th 4:00-5:00 pm

No class 5/9.

### SPANISH SAFARI: SING, RHYME, PLAY, AND WRITE!

6-10 yrs

This course provides a comprehensive introduction to the Spanish language and culture. Topics covered include pronunciation, the alphabet, greetings, common verbs and nouns, colors, family members, animals, verb conjugation, numbers, food, professions, countries, body parts, and everyday objects. The course culminates in student projects and a review of all material through games.

**6054.601** 4/8-5/20 M 4:00-5:00 pm

### WORDSMASH! READING AND WORD FUN

6-7 yrs

Join our wordplay adventure! With themes like Solar System Day and Word Treasure Hunts, we explore puns, word searches, and more. Kids create imaginative projects after reading funny stories and poems.

**6054.604** 4/10-5/22 W 4:00-5:00 pm

### WORDSMASH! READING AND WORDFUN

8-10 yrs

In this exciting course, every week, we explore thrilling themes like Food Day and Animal Day, diving into word games, puns, and hilarious prompts. Kids get to create their own jokes, puzzles, and whimsical stories, fostering creativity and plenty of laughter. WORDSMASH! will help children develop their thinking skills in a relaxed setting while reading about zany ideas. Join us for a delightful journey filled with contagious fun and giggles, and watch your child's love for language grow!

**6054.606** 4/10-5/22 Th 4:00-5:00 pm

No class 5/9.

## Special Interest

### East Bay Gymnastics

Instructor: East Bay Gymnastics

East Bay Gymnastics: 1441 Franquette Ave  
#7925 Concord CA 94520

#### ACRO

5-14 yrs

Class is designed to teach basic acro techniques on floor and blocks. You will learn balancing and toss/catch skills. Classes will incorporate strength, shaping, and tumbling. Classes are co-ed, so participants must be comfortable working in pairs and doing holds and lifts with co-ed partners.

\$111/\$91 (Dist. Res.)

**6603.621** 4/10-4/24 W 3:30-4:30 pm

\$169/\$149 (Dist. Res.)

**6603.622** 5/1-5/29 W 3:30-4:30 pm

\$140/\$120 (Dist. Res.)

**6603.623** 6/5-6/26 W 3:30-4:30 pm

**6603.624** 7/10-7/31 W 3:30-4:30 pm

**6603.625** 8/7-8/28 W 3:30-4:30 pm

#### GIRLS

6 yrs +

This is our entry-level class for girls' gymnastics at East Bay. Students will be introduced to the basic skill elements on the four women's gymnastics events. They will be taught proper progressions to ensure safe and efficient learning of the foundational skills that they will need to be successful in the following levels.

\$111/\$91 (Dist. Res.)

**6603.616** 4/10-4/24 W 2:30-3:30 pm

\$169/\$149 (Dist. Res.)

**6603.622** 5/1-5/29 W 2:30-3:30 pm

\$140/\$120 (Dist. Res.)

**6603.623** 6/5-6/26 W 2:30-3:30 pm

**6603.624** 7/10-7/31 W 2:30-3:30 pm

**6603.625** 8/7-8/28 W 2:30-3:30 pm

## Sports Classes

### Flag Football

Grades 1-5

Instructor: Skyhawks

Pleasant Hill Park

\$215/\$195 (Dist Res)

**5099.534** 3/7-4/11 Th 3:30-5:00 pm

\$250/\$230 (Dist Res)

**5099.501** 4/18-5/23 Th 3:30-5:00 pm

No class 4/4.

### Soccer

#### SKYHAWKS AFTERSCHOOL SOCCER

Grades 2-5

Instructor: Skyhawks Staff

Pleasant Hill Park

\$185/\$165 (Dist Res)

**5099.538** 3/5-4/9 Tu 3:30-4:30 pm

\$200/\$180 (Dist Res)

**5099.536** 4/16-5/12 Tu 3:30-4:30 pm

#### KIDZ LOVE SOCCER

Instructor: Kidz Love Soccer Staff

Pleasant Hill Park

\$191/\$171 (Dist. Res.)

*SOCCER 1 Techniques & Teamwork*

5-6 yrs

**5033.501** 4/12-5/24 F 4:15-5:00 pm

**5033.502** 4/20-6/1 Sa 9:35-10:20 am

\$170/\$150 (Dist. Res.)

**5031.602** 7/12-8/16 F 4:15-5:00 pm

**5031.607** 7/13-8/17 Sa 9:40-10:25 am

*SOCCER 2 Skillz & Scrimmages | 7-10 yrs*

**5034.500** 4/12-5/24 F 3:25-4:10 pm

**5034.503** 4/20-6/1 Sa 11:40 am-12:25 pm

\$170/\$150 (Dist. Res.)

**5031.603** 7/12-8/16 F 3:25-4:10 pm

**5031.608** 7/13-8/17 Sa 11:45 am-12:30 pm

### Tennis for All!

College Park High School Tennis Courts

6-12 yrs

#### BEGINNER/ADV BEG

Minimal skills and playing experience.

\$88/\$70 (Dist. Res.)

Instructor: Coach Rafa

**5555.500** 3/6-3/27 W 6:30 - 7:30 pm

**5555.501** 4/10-5/1 W 6:30 - 7:30 pm

**5555.502** 5/8-5/29 W 6:30 - 7:30 pm

#### BEGINNER/INTERMEDIATE

Instructor: Coach Rafa

**5555.503** 3/6-3/27 W 7:30 - 8:30 pm

**5565.500** 3/8-3/29 F 6:30 - 7:30 pm

**5555.504** 4/10-5/1 W 7:30 - 8:30 pm

**5565.501** 4/12-5/3 F 6:30 - 7:30 pm

**5555.505** 5/8-5/29 W 7:30 - 8:30 pm

**5565.502** 5/10-6/1 F 6:30 - 7:30 pm

No class on 5/24.

Instructor: Coach Sandra

**5584.500** 3/6-3/27 W 6:30-7:30 pm

**5584.501** 4/10-5/1 W 6:30-7:30 pm

**5584.502** 5/8-5/29 W 6:30 - 7:30 pm

10-12 yrs

#### INTERMEDIATE

Must have 2 months beginner class experience.

Instructor: Coach Rafa

**5554.400** 9/6-9/27 W 7:30-8:30 pm

**5554.401** 10/4-10/25 W 7:30-8:30 pm

**5554.402** 11/1-11/29 W 7:30-8:30 pm

No class 11/22.

#### ADVANCED

Instructor: Coach Rafa

**5565.500** 3/8-3/29 F 7:30 - 8:30 pm

**5565.501** 4/12-5/3 F 7:30 - 8:30 pm

**5565.502** 5/10-6/1 F 7:30 - 8:30 pm

No class on 5/24.



# Teens



Teen Scene programs are designed for youth in grades 6–12 unless otherwise noted. Some programs are open to youth and adults.

## Teen After-School Program

Grades 6–12

### Monday–Friday

@ Pleasant Hill Teen Center School dismissal until 6:00 pm

Our after school program (ASP) offers a perfect combination of fun, structured activities and time to just hang out with friends. Program activities include homework help, sports, computers, ping-pong, foosball, outdoor fitness, and games. Snack Shack open daily. For more program details, visit [pleasanthillrec.com/246](http://pleasanthillrec.com/246).

2024/2025 fees: \$12.50/day | \$17/day with transportation from VVMS & PHMS. Annual membership fee: \$60/\$50 (Dist. Res.)

### Fall 2024 Registration Open House!

Registration begins Thursday, May 16 at 5:30 pm. We will stay open that evening until 6:30 pm. During this time, you can meet the staff, complete registration paperwork, and see our facility.

## Pleasant Hill Teen Council

Grades 6-12

Teen Council Now Accepting Applications for 2023-2024 School Year

Get Involved! Plan Fun Activities for Teens! Meet New Friends from other schools! Make a Positive Impact! Teen Council is an outstanding opportunity for teens to develop, plan and implement events, classes, dances, sports, and trips for their peers. Meetings are held on the 1st and 3rd Mondays, September-June (excluding holidays) from 7:00 to 8:00 p.m at the Pleasant Hill Teen Center.



Teen Scene

## Teen Enrichment

### Online Driver's Ed

15 yrs & up

Instructor: Bay Area Driver's Ed Staff  
Receive DMV-approved Certificate of Completion. Class login info shared by Bay Area Driving School staff.

#### ONLINE COURSE

DMV allows teens to receive their Learner's Permit at age 15 ½ and a license at age 16. This class is the first, required step that must be completed. This is an online course with videos, animated driving scenarios and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. A licensed instructor is available to answer any questions. Sign up at [safetydriversed.com](http://safetydriversed.com).

#### VIRTUAL LIVE INSTRUCTOR

Off-Site: Virtual

This is a virtual driver's education with a LIVE instructor. Students will enjoy a series of driver's education lectures, including understanding the responsibilities of having a driver's license, learning the rules of the road and accident avoidance procedures. Independent assignments will also be completed during the week. Course also includes practice questions, defensive driving movies and written test prep. Upon successful completion, students will receive a certificate of completion.

\$230/\$210 (Dist. Res.)

5100.601 5/4–5/25 Sa 9:00 am–12:00 pm

### Babysitting Classes

10–16 yrs

Instructor: Morgan Dziad  
Senior Center: Classroom 3 (former computer lab)

Learn the skills needed to be a trusted and responsible babysitter. Learn all about childhood development, bedtime strategies, positive redirection, how to get a job, and ways to make babysitting fun for you and the kids. Basic first aid, general safety, and what to do in an emergency will also be covered. Students should bring a water bottle, snack and dress to play!

\$144/\$124 (Dist. Res.)

5103.601 6/12 W 10:00 am–2:00 pm

## Teen Sports

### TENNIS

13 yrs +

Instructor: Coach Rafa

B/AB.Beginner/Adv Beg--minimal skills and playing experience.

College Park High School Tennis Courts

4 weeks | \$66/\$53 (Dist. Res.)

5566.500 3/8–3/29 F 7:00–8:00 pm

5566.501 4/12–5/3 F 7:00–8:00 pm

5566.502 5/10–6/7 F 7:00–8:00 pm

5566.602 8/2–8/23 F 7:00–8:00 pm

No class 5/24

3 weeks | \$88/\$70 (Dist. Res.)

5566.600 6/14–6/28 F 7:00–8:00 pm

5566.601 7/12–7/26 F 7:00–8:00 pm

Note: Some session info has been updated in this digital issue vs. print version



# Adult

## Special Interest Classes

### Drumming

Instructor: John Waller  
Winslow Center: Rooms 1 & 2

Learn the very basics of rhythm through hand drums, bells and shakers. We start out slowly and get our hands to memorize the motions. Punch cards will no longer be sold (if you already have a punch card for drumming. Please note you may use up the remaining punches and pay a drop-in rate for the remainder of the session. Please talk to the instructor for more details).

\$110/\$90 (Dist. Res.)

**4574.601** 4/16-5/21 Tu 7:00-8:00 pm  
**4574.602** 6/4-7/16 Tu 7:00-8:00 pm

### Guitar

Instructor: John Waller  
Winslow Center: Rooms 1 & 2

This guitar class will help motivate you to pick up the guitar and finally play it. We will start with the basics and work toward learning chords and easy songs to get you motivated to keep going. There are fun guitar riffs and exercises that will help you start. If you already have some technique then this class will help you get to the next level with more songs and exercises. Sign up to change your life forever.

\$156/\$136 (Dist. Res.)

**4575.601** 4/16-5/21 Tu 6:00-6:50 pm  
**4575.602** 6/4-7/16 Tu 6:00-6:50 pm

### Exploring Watercolor

Instructor: Casey White  
Senior Center: Arts & Crafts Room

Perfect for the continuing artist who wants a fresh start or needs a gentle push along their way. Students will work together in a series of little paintings using the magic of watercolor to create our own Artists Voice. Supply kits are no longer available for purchase through the instructor.

\$115/\$95 (Dist. Res.)

**2231.601** 4/2-5/14 Tu 9:30 am-12:00 pm  
**2231.602** 5/28-7/9 Tu 9:30 am-12:00 pm  
**2231.603** 7/23-8/27 Tu 9:30 am-12:00 pm  
*No class 4/23, 6/18.*

### Golden Notes Chorus

50+ yrs  
Instructor: Douglas Emigh  
Senior Center: Chateau Room

Established over 50 years ago this voice chorus is perfect for those who love to sing and read music. Please bring a 1.5 inch three-ring binder to the first class. \$10 payable at the first class to help defray the cost of the accompanist.

\$81/\$65 (Dist. Res.)

**2350.601** 4/2-6/18 Tu 9:30-11:30 am  
*No class 5/14.*

### Improv - Spontaneous Minds

Instructor: Jaime Rich  
Senior Center: Classrooms

Laugh/learn/have fun/play games/think on your feet. Improv for all levels. Learn to make it up as you go and be in the moment. Gain confidence for stage work or everyday life.

\$140 /\$120 (Dist. Res.)

**4062.601** 5/28-7/2 Tu 5:00-6:30 pm

## Quilting

Instructor: Carol Madsen

### BEGINNING QUILTING

Senior Center: Chateau Room

Emphasis on the beginning skills necessary to create your own simple quilt. More experienced quilters welcome to join the class. A supply list will be given out at the first class. Bring sewing machine, thread, fabric, scissors, rulers, rotary cutter. No experience necessary.

\$82/\$65 (Dist. Res.)

**2243.601** 4/1-6/10 M 12:30-3:00 pm  
**2243.602** 6/17-8/19 M 12:30-3:00 pm  
*No class 5/27.*

### QUILTING BEYOND THE BASICS

Senior Center: Chateau Room

Emphasis on quilting patterns using various techniques, some simple and others more complex. Bring sewing machine, thread, fabric, scissors, rulers, rotary cutter. Participants should have completed at least one quilt.

\$88/\$70 (Dist. Res.)

**2244.601** 4/1-6/10 M 9:00 am-12:00 pm  
**2244.602** 6/17-8/19 M 9:00 am-12:00 pm  
*No class 5/27.*

### QUILTING BASICS +

Senior Center: Classrooms

Quilting class topics include: use of color, picking out fabrics, piecing techniques, rotary cutting, introduction to machine quilting, basting, binding, and more. Beginners work on a lap-sized quilt using basic techniques while more advanced techniques will be taught to those with more experience. Handouts and supply list are given on the first day of class. Bring sewing machine, fabric, thread, needles, pins, scissors, rotary cutter, additional sewing supplies.

\$88/\$70 (Dist. Res.)

**2245.502** 3/26-6/4 Tu 6:00-8:30 pm  
**2245.601** 6/11-8/20 Tu 6:00-8:30 pm

# Online Classes

anytime, anywhere...

- Accounting & Finance
- Business
- College Prep
- Computer & Technology
- Health Care & Medical
- Language & Arts
- Personal Development
- Teaching & Education



For more detailed class list, visit [www.ed2go.com/pleasanthillrec](http://www.ed2go.com/pleasanthillrec).

## Wills, Trusts & Estate Planning

Instructor: Randall Thompson  
Senior Center: Classrooms

Estate planning is crucial. Everyone needs this information for themselves, their parents and their children. This class covers wills, living trusts, joint tenancies, beneficiary designations and tax planning. Determine when your existing estate planning documents need to be updated. Learn how to avoid capital gains and probate fees. Randall Thompson is an experienced attorney and an adjunct professor at Diablo Valley College. Each person attending must sign up.

\$25/\$20 (Dist. Res.)

4610.601 6/19 W 7:00-8:30 pm

## Belly Dance Technique Levels I & II

Instructor: Sharifa M  
Senior Center: Dance Studio

Belly Dance is fun, good for cardio health, balance and flexibility. Learn the beginner techniques and short choreographies. Includes warm-up and stretching. Level II: Focus will be on solo improvisation and choreography covering anything from props and balancing, to cymbals, modern and traditional style of belly dance. Wear loose exercise clothing, bring slippers or go barefoot. Bring or borrow a hip scarf. This class includes both level I & II.

\$81/\$65 (Dist. Res.)

4133.601 4/9-5/7 Tu 7:00-8:15 pm

# Dance Classes

## Ballroom Dance

Instructor: Alberta Bagneschi  
Senior Center: Chateau Room

Become a great dancer! Bring your favorite partner and learn to feel confident on the dance floor at parties, cruises, and weddings. This class will provide students with all the easy basics needed in ballroom and Latin style dancing. PARTNER REQUIRED. When you sign up you will be prompted to enter the name of your partner (pricing and signups are per couple, except for Singles class).

### FOX TROT & CHA CHA CHA - BEGINNING

\$140/\$120 per couple (Dist. Res.)

4114.601 4/10-5/1 W 7:00-7:55 pm

### FOX TROT & CHA CHA CHA - INTERMEDIATE

\$140/\$120 per couple (Dist. Res.)

4114.602 4/10-5/1 W 8:00-9:00 pm

### RUMBA & SWING - BEGINNING

\$140/\$120 per couple (Dist. Res.)

4114.606 6/12-7/3 W 7:00-7:55 pm

### RUMBA & SWING - INTERMEDIATE

\$140/\$120 per couple (Dist. Res.)

4114.607 6/12-7/3 W 8:00-9:00 pm

### WALTZ & SALSA - BEGINNING

\$140/\$120 per couple (Dist. Res.)

4114.604 5/15-6/5 W 7:00-7:55 pm

### WALTZ & SALSA - INTERMEDIATE

\$140/\$120 per couple (Dist. Res.)

4114.605 5/15-6/5 W 8:00-9:00 pm

## Bollywood & Beyond

Instructor: Layla Habib  
Senior Center: Dance Studio

This Bollywood inspired dance fitness program that combines dynamic choreography with the hottest music from around the world. It's 50-minute cardio workout cycles between higher and lower intensity dance sequences to get you moving, sweating and motivated.

\$90/\$72 (Dist. Res.)

4660.601 4/24-5/29 W 6:00-6:50 pm

4660.602 7/17-8/21 W 6:00-6:50 pm

### NIGHTCLUB TWO STEP & TANGO - BEGINNING

\$140/\$120 per couple (Dist. Res.)

4114.608 7/10-7/31 W 7:00-7:55 pm

*Class on 7/10 will be in the Dance Studio.*

### NIGHTCLUB TWO STEP & TANGO - INTERMEDIATE

\$140/\$120 per couple (Dist. Res.)

4114.609 7/10-7/31 W 8:00-9:00 pm

*Class on 7/10 will be in the Dance Studio.*

## WEDDING & SPECIAL OCCASION FIRST DANCE WORKSHOP

The date is set, your plans are made. Now make the most of your first dance together! Make that special moment one you'll always remember. Learn both the waltz and fox trot. Traditional and contemporary wedding dances. For wedding couples (and others interested in special occasion dances).

\$88/\$70 per couple (Dist. Res.)

4114.603 5/8 W 7:00-9:00 pm

## Line Dance

Instructor: Millie Dusha  
Senior Center: Dance Studio

A combination of country-western, polkas, waltzes and line dances for men and women. Partners are not required! Note: Please refrain from wearing heavy perfumes and scents; instructor experiences perfume allergies.

Drop In: 1 class, \$5; 2 classes, \$8;

3 classes (same day): \$10

Sa 4/6-8/31

**Basics** (new to line dancing): 8:15-9:00 am

**Beginner** (basic knowledge required): 9:00-10:00 am

**Improver** (more advanced steps): 10:00-11:00 am

**Intermediate** (most advanced): 11:15 am-12:30 pm

*No Class 4/13, 5/18, 5/25, 6/8, 6/15, 8/3.*



## Tap Dance / Wake up & Move

Instructor: AJ Rogers

Senior Center: Dance Studio

4-Class anytime punch-card: \$80

Can be used for any of AJ Rogers' regularly scheduled adult dance/fitness classes at the Pleasant Hill Senior Center: Wake-Up and Move, Tap Basics, or Tap Intermediate.

Fridays, 4/12-8/30

No class 5/10.

### WAKE UP AND MOVE | 9:00-10:00 am

A fun class designed to stretch and dance your way to fitness, improve balance, coordination and body alignment. Includes warm-ups, dance and total body movements to music. Each class ends with breathing and stretching.

### ADULT TAP BASICS | 10:00-11:00 am

Did you tap in your childhood, or are you interested in trying something new? Adult Tap Basics is a great start for any newcomer or adults who have danced in the past and want to get those tappers back on! Come in and enjoy an entertaining class that works on flexibility, strength, and technique along with the true vocabulary of each movement. Need to bring your own tap shoes.

### ADULT TAP INTERMEDIATE

11:00 am-12:00 pm

For adults who have tap danced in the past or have already taken the beginner class and are ready to take it to the next level. Unsure if this is the level of class for you? Please check with the instructor. Come in and enjoy an entertaining class that works on flexibility, strength, and technique along with the true vocabulary of each movement. Need to bring your own tap shoes.

## Fitness Classes

### Fencing

Instructor: James Parker

District fencing instructor for 35 years.

Winslow Center: Assembly Room

Fencing is a physical and mental challenge, developing mind and body while improving agility, alertness, balance, coordination, and competitiveness. Foils, plastrons/masks provided; bring equipment if possible. Teens 16-17, welcome with parent. Drop-in class is for experienced fencers.

Drop-in \$10

4630.601 4/1-8/26 M 7:00-10:00 pm

No class 5/27.

### Fit for Life

Instructor: Tari Nicholson

Senior Center: Dance Studio

Low-impact, easy dance moves for a good cardio workout. Have FUN while burning calories. Muscle conditioning and stretching are part of the program. Appropriate for all fitness levels. If you purchased a punch card online, please bring your receipt to the Senior Center front desk during office hours to receive your punch card. You can try one class for free.

8-class punchcard: \$50

4/2-8/29 Tu, Th 10:00-11:00 am

No class 7/4.

### Nia-Music, Movement & Magic

Instructor: Kathleen Bate

Senior Center: Dance Studio

Are you looking for strength, healing, better balance? Nia provides a safe, supportive, encouraging environment to move to feel better and to get a great aerobic workout. Nia's world musical rhythms and wide variety of moves in fun choreography will feed your spirit and leave you energized and smiling! Optional: Yoga mat and water.

\$103 /\$83 (Dist. Res.) | Drop-in fee \$18

4692.601 4/2-5/7 Tu 5:45-6:45 pm

4692.602 5/14-6/18 Tu 5:45-6:45 pm

4692.603 6/25-7/30 Tu 5:45-6:45 pm

4692.604 8/6-9/10 Tu 5:45-6:45 pm

### Meditation & Mindfulness

Instructor: Greg Riley

Senior Center: Dance Studio

Find serenity, peace, and happiness through the time honored practice of meditation. Everyone can do it, it's time you did! Wear comfortable clothes. Class can be done while seated in a chair.

5-class punchcard: \$75

4511.601 4/5-8/30 F 1:30-2:30 pm

No class 5/10.

### Moving to Heal Nia

Instructor: Kathleen Bate

Senior Center: Dance Studio

Are you looking for strength, healing, better balance? Nia provides a safe, supportive, encouraging environment to get a healing and effective aerobic workout. Nia's world musical rhythms and wide variety of moves in fun choreography will feed your spirit and leave you energized and smiling! This class adapted for different levels of fitness is a 45 minute class done in a chair or standing.

Optional: Yoga mat and water.

\$69/\$55 (Dist. Res.) | Drop-in fee \$15

4693.602 5/13-6/17 M 10:30-11:15 am

No class 5/27.

\$81/\$65 (Dist. Res.) | Drop-in fee \$15

4693.601 4/1-5/6 M 10:30-11:15 am

4693.603 6/24-7/29 M 10:30-11:15 am

4693.604 8/5-9/9 M 10:30-11:15 am

### Pilates

Instructor: Alison Raphael-Klippel

Winslow Center: Assembly Room

A new challenging workout that's fun and exciting. Bring the mind, body and breathing together while learning the fundamentals of Pilates. Learn muscular control; core awareness, coordination, flexibility and posture. Comfortable clothing; no shorts. Bring padded mat & ball is optional. All levels welcome.

\$146/\$126 (Dist. Res.)

4688.601 4/4-6/13 Th 12:00-12:40 pm

\$135/\$115 (Dist. Res.)

4688.602 6/20-8/29 Th 12:00-12:40 pm

No class 7/4.

## Tai-Chi/ Balance Classes

### Tai Chi Chuan

Instructor: Bryce Ikeda  
Senior Center: Dance Studio

#### TAI-CHI CHUAN - SECOND SET

Ongoing practice of Tai Chi Chuan Yang style long form. This class is for the student who is comfortable with the first set and would like to learn the second. Classes will include standing meditation, Qigong, and a breakdown of the second set.

\$94/\$75 (Dist. Res.)

**2310.502** 3/5-4/16 Tu 2:30-3:30 pm

\$81/\$65 (Dist. Res.)

**2310.601** 4/30-6/4 Tu 2:30-3:30 pm

**2310.602** 6/18-7/30 Tu 2:30-3:30 pm  
No Class 7/2.

#### TAI-CHI CHUAN - THIRD SET

Ongoing practice of Tai Chi Chuan Yang style long form. This class is for the student who is comfortable with the first and second and would like to learn the third. Classes will include standing meditation, Qigong, and a breakdown of the third set.

\$94/\$75 (Dist. Res.)

**2311.502** 3/6-4/17 W 11:00 am-12:00 pm

\$81/\$65 (Dist. Res.)

**2311.601** 5/1-6/5 W 11:00 am-12:00 pm

**2311.602** 6/19-7/31 W 11:00 am-12:00 pm  
No Class 7/3.

#### TAI-CHI CHUAN PRACTICE

Ongoing practice of Tai Chi Chuan Yang style long form. This class is for the student who is comfortable with all three sets and is interested in refining and improving their form. Classes will focus on the needs/problems presented by students that day.

\$94/\$75 (Dist. Res.)

**2312.502** 3/6-4/17 W 9:30-10:30 am

\$81/\$65 (Dist. Res.)

**2312.601** 5/1-6/5 W 9:30-10:30 am

**2312.602** 6/19-7/31 W 9:30-10:30 am  
No Class 7/3.

### Total Fitness

Instructor: Christie Tomlinson  
Community Center: Dance Studio 1 & 2  
or Soropt. rooms 1 & 2

Work your body from head to toe, inside and out! A ten-minute warm-up; a 30-minute aerobic (cardiovascular) segment; then toning and strength training. Last, a cool down/stretch. Modifications given so every BODY can work at its own pace! Bring mat/towel, water bottle, hand weights.

\$130/\$110 (Dist. Res.)

**4636.601** 4/1-5/13 M 5:45-7:00 pm

**4636.602** 5/20-7/8 M 5:45-7:00 pm

**4636.603** 7/15-8/26 M 5:45-7:00 pm  
No class 5/27.

### Yoga & Movement for Every Body

Instructor: Greg Riley  
Senior Center: Chateau Room

Participate in this new, highly accessible yoga class designed for every body. Greg has the knack for making the life-enhancing benefits of yoga available to all and specializes in offering all movements in mild, medium and "spicy" variations, so everyone can participate at their current level of ability. Greg's teaching style is highly encouraging, non-judgmental, extremely effective and most of all, fun!

10-class punchcard: \$150

**4510.601** 4/2-8/27 Tu 6:00-7:00 pm

No class 6/4.

### Weight & Strength

Instructor: Debbie Murdock  
Senior Center: Dance Studio/Chateau Room

Jump-start your day with a combination of low-impact weight work. Students should bring hand weights and a mat. Purchase punch card from instructor or purchase punch card online and bring a printed receipt to instructor to receive your physical punch card. Held in Dance Studio Mondays and Chateau Room Thursdays.

7-class punchcard: \$70

4/1-8/29 M,Th 9:00-10:00 am

No class 5/23, 5/30, 5/27, 7/4.



### Tai-Chi and Qigong

Instructor: Jon Finch  
Senior Center: Dance Studio

Learn and practice Tai Chi and Qigong, gentle movement to improve balance, strengthen the body, quiet the mind, and relieve stress. Each class includes: standing meditation, Qigong and Tai Chi movement (from Yang-style long form). Beginners and experienced students are welcome.

\$105/\$85 (Dist. Res.)

**2210.502** 3/6-4/24 W 1:00-2:00 pm

**2210.601** 5/1-6/19 W 1:00-2:00 pm

\$94/\$75 (Dist. Res.)

**2210.602** 6/26-8/7 W 1:00-2:00 pm

### Balance through Qigong

Instructor: Jon Finch  
Senior Center: Dance Studio

Learn and practice gentle movements, done seated or standing, designed to improve balance, along with mental focus, strength, and general health. Classes include meditation, Qigong and Tai Chi style movement focused on improving balance. Great for beginners and adults of all ages.

\$94/\$75 (Dist. Res.)

**2219.502** 3/5-4/16 Tu 1:00-2:00 pm

\$105/\$85 (Dist. Res.)

**2219.601** 4/23-6/11 Tu 1:00-2:00 pm

**2219.602** 6/18-8/6 Tu 1:00-2:00 pm



# Adult Sports

## Adult Sports Leagues

- Basketball (5 v 5 and 3 v 3 Summer tournament)
- Bocce
- Flag Football
- Soccer (5 v 5)
- Softball

For league details, visit [www.pleasanthillrec.com/288](http://www.pleasanthillrec.com/288). Check individual sports pages for the most up to date details and how to register.



## Drop-In Adult Sports (18 yrs +)

### Badminton

PH Middle School Gym,  
1 Santa Barbara Road  
Fridays: 7:30-9:30 pm  
\$7 p/person (CASH ONLY)

### Basketball

PH Middle School Gym,  
1 Santa Barbara Road  
Fridays: 5:30 - 7:30 pm  
\$7 p/person (CASH ONLY)

### Cornhole Bag Toss: Drop-in Play

#### TOSSIN' TUESDAYS

*All skill levels welcome.*

Winslow Center: 2590 Pleasant Hill Road  
(corner of PH Road and Taylor)

Tuesdays 6:30-9:00 pm

\$7 per person



### 3v3 Basketball Summer Splash Tournament **NEW!**

Visit [pleasanthillrec.com/289](http://pleasanthillrec.com/289) for tournament league details including weekly play dates, times, tournament playoff qualification and prizes!

### Tennis: Monthly Group Lessons

13yrs & up

Instructor: Coach Rafa

College Park High School Tennis Courts

Classes run four consecutive weeks. Wear tennis shoes, bring racquet and water.

#### TEEN/ADULT : BEGINNER/ADVANCED BEGINNER

\$66/\$53 (Dist. Res.)

**5566.500** 3/8-3/29 F 7:00-8:00 pm

**5566.501** 4/12-5/3 F 7:00-8:00 pm

**5566.502** 5/10-6/7 F 7:00-8:00 pm

No class 5/24.

\$88/\$70 (Dist. Res.)

**5566.500** 3/8-3/29 F 7:00-8:00 pm





50+

## Pleasant Hill Senior Center

233 Gregory Lane • (925) 798-8788 • [www.phseniorcenter.com](http://www.phseniorcenter.com)

Join the Pleasant Hill Senior Center now! Annual membership is open to anyone 50 years and over for \$20, regardless of residency. Members receive a monthly newsletter and discounts on some events and classes. You don't have to be a member of the Senior Center to come to the Senior Center. For more details on dates and times of the following services and activities please visit the website at [www.pleasanthillrec.com](http://www.pleasanthillrec.com) and download a copy of the Senior Sounds monthly newsletter. Please note, at the time of this printing, activities may not be up-to-date. Check our website or call 798-8788 for more information.

### Senior Services:

- Advance Health Care Directives Program and Workshops
- Care Management Program
- Consult an Attorney Program
- County Nutrition Program (Café Costa—weekly lunch program)
- iHelp (help for Mac, iPad, iPhone users)
- Grief Support Group
- Medicare & Supplemental Insurance Policy Counseling (HICAP)
- Movie and Book Library
- Vet-to-Vet Café
- Memory Café

### Senior Center Activities:

- Amistad—Spanish Resource Group
- American Mah Jongg
- Boutique Group
- Bingo
- Bocce Ball
- Bridge
- Calming Coloring
- Chair Volleyball
- Hand & Foot Card Game
- Men's Corner (Men's discussion group)
- Pinochle
- Tea Dance
- Ted Talks
- Weavers

For more activities see [pleasanthillrec.com](http://pleasanthillrec.com).

## Events

### Laugh, Love, Learn Senior Live Well Forum

Friday, May 10, 9:00 am–12:30 pm  
Pleasant Hill Senior Center  
(925) 798-8788

Senior Live Well Forum: A morning full of educational speakers on a variety of interesting and relevant subjects. Lunch included. All funds raised benefit the Senior Center Care Management Program. For registration and more information, call the Senior Center at (925)798-8788. Registration opens 3/11.

Tickets are \$20 for Senior Center members/\$25 for non-members.

*Come Early for the Free Ultimate Senior Resource Fair from 8:30 am-12:00 pm. Over 50 vendors from the local area and free giveaways!*

### Clarinet Fusion Summer Concert

Thursday, June 27, 7:00 pm  
Senior Center: Chateau Room

Pleasant Hill's very own Clarinet Fusion will perform live music to the delight of all ages! Bring the whole family! Tickets will stop being sold online at 4pm day of the show. You may purchase at the door (student tickets are just \$5).

Tickets are \$7 for Senior Center members/\$10 for non-members.

Special Student rates \$5 should automatically discount anyone under the age of 18 in the cart, if you run into difficulty with this you can contact the front desk at (925) 798-8788 for assistance.

### Golden Follies Summer Show

Thursday, August 22, 1:30 pm  
Senior Center: Chateau Room

Catch this fast paced Las Vegas style revue featuring performers ages 55+, strutting their stuff to musical sounds from nostalgia to today's hottest sounds while wearing gorgeous, colorful costumes. Doors open at 1:15pm. Tickets are \$16 for Senior Center members/\$20 for non-members.



# Travel

## Explore your world with us!

Pleasant Hill Recreation & Park District Travel Services offer a variety of exciting adventures that allow you to experience unique cultures and gain broader perspectives. Immerse yourself into the journey and amazing destinations. We make traveling easy for all with all-inclusive, organized trips that optimize your travel experience. No planning. No hassles. Just experience the journey and adventure.

### TRAVEL OFFICE INFORMATION:

Our travel office hours are 10:30 am-2:30 pm. Call (925) 798-8788 to sign up for any day trip or for any questions you might have. We are here to help!

### Travel Coordinator: Michael Manalastas

Phone: (925) 771-7636

Hours: Monday-Friday, 8:00 am-4:00 pm

### TRAVEL SOCIAL MEETING

Learn about exciting travel adventures and socialize with fellow travel enthusiasts at our quarterly travel social meetings. For meeting dates, times and locations, visit [pleasanthillrec.com/351](http://pleasanthillrec.com/351).

*Travel Insurance is not included, if you want to purchase travel insurance, you must contact Travel Center at 925-937-2223 and they will quote you. Travel Insurance will protect your purchase and will get you a refund only if you need to cancel due to a medical emergency.*

## Greece Featuring Athens, Mykonos, and Santorini

**MAY 14-22, 2024**

Explore the Wonders of Greece! Step into the past with a visit to Athens, a city with a rich heritage dating back nearly four millennia. Upon arrival, you'll be warmly greeted by a Mayflower Cruises & Tours representative and escorted to your hotel. Take the rest of the day to begin your exploration of this capital city followed by a delightful welcome dinner back at the hotel. The next morning, you will take a guided tour of the Parthenon, an ancient UNESCO World Heritage Site, dedicated to the goddess Athena. The rest of the week will include a visit to the Acropolis Museum, which houses a treasure trove of art, sculpture, and historical artifacts from the Mycenaean period, and a stop at the Temple of Zeus and Hadrian's Gate ruins. You will also enjoy the drive through Constitution (Syntagma) Square to see the Parliament Building and the Tomb of the Unknown Soldier, guarded by Evzones dressed in traditional Fustanella attire. Not only will gain a strong appreciation of fascinating history, mythology, and beauty of Athens but this Greece excursion also includes visits to two Greek island paradises, Mykonos, and Santorini. You may never want to return home!

**Cost: \$4,858 pp/double | \$5,957 pp/Single**

## America's Cowboy Country

**MAY 30-JUNE 6, 2024**

Explore the Beauty of the Badlands of South Dakota and Yellowstone National Park. The adventure begins at the Badlands National Park Visitor Center where you will be introduced to the area's history through informative exhibits, displays, and films. The tour continues the Badlands Loop Road where you will see stunning rock formations, pinnacles, and vistas on this scenic drive. Enjoy a lunch break (and a free glass of water) at the expanded historical Wall Drug store. In the evening, you'll dine with a Lakota Native American who will share insight into the Native American way of life. The adventure continues over the next few days starting in Custer State Park where you will see herds of wild bison and visit the Crazy Horse Memorial which includes Native American museums, a cultural center, interactive artist studios, and more. Next stop, Deadwood, a national historical western town, followed by a visit to Mount Moriah Cemetery where notable "Wild West" characters lie to rest. You will also visit Kevin Costner's Tatanka: "Story of the Bison" interpretive center before heading to Sheridan, Wyoming, and Yellowstone National Park. No Yellowstone visit would be complete without a stop at the famous Old Faithful geyser. Next, you will travel over the scenic Sylvan Pass and skirt around beautiful Yellowstone Lake. This week-long trip to America's cowboy country wraps up with a two-night stay in the popular tourist destination of Jackson, Wyoming. Yee-Ha!  
**Cost: \$4,248 pp/double | \$5,248 pp/Single**



## 50+ Travel

Pleasant Hill Recreation & Park District Travel Services offer special day trips and excursions for 50+ seniors. Meet new friends and have fun as you explore Northern California in the company of fellow travel enthusiasts.

We offer our daytrips for any type of mobility and caretakers younger than 50 are welcome. Special Accommodations can be made for Power Wheelchairs, Special Dietary Requests and Service Dogs with advance notice and as long as the trip venues are ADA accessible.

50+ Pleasant Getaways – Here are some of our upcoming trips – Call 925.798.8747 to sign up!

**To prepare for an upcoming Pleasant Hill Getaway, visit [pleasanthillrec.com/351](http://pleasanthillrec.com/351)**

## Day Tripping!

### Upcoming Day Trips

#### Jelly Belly Self-Guided Factory Tour Fairfield, CA

**WEDNESDAY, MAY 8, 2024**

Join us on a trip down to the Jelly Belly factory on a self-guided factory tour experience. You will have the opportunity to explore the 1/4-mile journey above the factory at your own pace, enjoying the all new look and process making candy.

Experience interactive exhibits, games, browse the Jelly Belly Jelly Bean Art Gallery, shop at the candy store, dine at the Jelly Belly Cafe, and shop at the Jelly Belly Chocolate Shoppe and Fudge Counter. This trip you will experience a ton of walking! So wear comfortable shoes and attire. Cost includes Luxury Motorcoach transportation and ticket entrance for the tour

**Bus pick-up location: 147 Gregory Lane**  
\$69/\$59 (Dist. Res.)

Arrive by 8:45 am; Depart by 9:00 am/Arrive Home Approx. 3:00 pm

#### Stunt Dog Experience Modesto, CA

**SUNDAY, MAY 19, 2024**

Chris Perondi (aka the Stunt Dog Guy) and wife Suhey Perondi, along with their famous stunt dogs, are out of this world! The Perondis are master dog trainers and have been entertaining audiences of all sizes since 1999. They have produced over 10,000 live shows since the creation of Stunt Dog Experience using positive training methods. You will witness some of the most incredible stunts and behaviors ever performed by dogs--up to two dozen talented shelter pups! This experience offers amazing tricks, big air stunts, comedy antics, dancing dogs, athletic feats, and is one of the most entertaining shows of its kind. Prior to the show you will enjoy a delicious lunch at Skewers kabob house a few minutes away from the Gallo Center. You will enjoy a banquet style menu of Chicken saffron handed trimmed chicken breast in marinated saffron and lemon, hand trimmed angus sirloin skewers with bell pepper and onion. Menu also includes fluffy basmati rice topped with saffron, grilled tomatoes, grilled veggies, and Caesar salad. Soft drinks and coffee are included. Alcoholic beverages will be purchased on your own. All ages welcome.

**Bus pick-up location: 147 Gregory Lane**  
\$139/\$129 (Dist. Res.)

Arrive to bus by 1:15 pm; Bus departs by 1:30 pm and arrives home at approx. 8:30 pm

#### Battle of the Bay SF Giants vs Oak A's San Francisco, CA

**TUESDAY, JULY 30, 2024**

Come out and enjoy the battle of the bay baseball game with your family and friends as the San Francisco Giants take on the Oakland Athletics. The Giants have won eight World Series titles and 23 National League pennants. Ticket game includes \$25 food voucher for food/beverages. Please bring a debit/credit to purchase any additional food, drinks, desserts, or merchandise. Seat Location: 131 Lower Box Row 28, 29, 30, 31 Cost includes: Round trip transportation, ticket to game, and \$25 food/beverage voucher. All ages welcome.

**Bus pick-up location: 147 Gregory Lane**  
\$125/\$115 (Dist. Res.)

Arrive by 4:30 pm; Depart at 4:45 pm; Arrive home at approx. 10:00 pm



#### Elkhorn Slough Eco Tour Moss Landing - Monterey, CA

**FRIDAY, MAY 10, 2024**

Join us on a one-of-a-kind, electric-powered catamaran ride for a wildlife tour along one of California's largest tidal waterways. Enjoy a narrated cruise along the Elkhorn Slough, a vibrant and lively wetland located on Highway 1 between Santa Cruz and Monterey in Moss Landing. Want to see otters? This is your chance! While we can't guarantee what the otters will be doing because this is an active bunch of sea otters in the Elkhorn Slough. We are also very proud to be certified Wildlife Stewards with Sea Otter Savvy. What does that mean? It means that we take great care in making sure we have the least amount of impact on these amazing creatures as possible. The otters of the Elkhorn Slough have pups all year long, so you have an excellent chance to see a mom feeding or playing with her pup. After the tour you will head to Sea Harvest to have lunch on your own

**Bus pick-up location: 147 Gregory Lane**  
\$130/\$120 (Dist. Res.)

Arrive to bus by 8:15 am; Bus departs by 8:30 am and arrives home at approx. 5:30 pm

**Time for a new adventure in the new year!**

Our group is going places!  
Want to join? Check out the newest in extended travel!



**Michelle Lacy, General Manager**

Dear Friends,

Our busiest season is here! Spring and Summer at Pleasant Hill Rec & Park District are non-stop and filled with action-packed fun. Staff has put together an exciting line up of winning camps, activities, classes, and special events with a focus on bringing people together to play, connect and enjoy positive shared experiences. Our goal is to provide the ultimate win: lifelong memories of summer fun!

The first half of this combination issues features our 2024 Summer Camp Guide which includes Classic and Specialty Summer Camps for preschoolers, youth, and teens. Summer Classic camps are run exclusively by trained Rec & Park staff, offer flexible full and/or half-day schedule options and often include staff-supervised, off-site field trips around the Bay Area. Specialty Camps offer fun, educational, and inspiring enrichment experiences to capture your camper's own unique special interests. Need help planning for summer? View our Camps-At-A-Glance chart on page 20.

The second half of this issue features all of our recreational classes and activities, followed by the gold-standard of community special events. Register early for events with registration requirements (they sell out fast)!

New this summer! Our sports staff is turning up the heat on summer fun by providing opportunities for adults to win medals in our Sports Leagues. In addition to our traditional leagues such as softball, bocce, and soccer, we are introducing a new 3-on-3 Summer Splash Basketball Tournament. Do you and two of your friends have what it takes to compete for GOLD? Visit [www.pleasanthillrec.com/289](http://www.pleasanthillrec.com/289) for all the details.

Wishing you only wins this summer!

Sincerely,  
Michelle Lacy, General Manager

**Our Vision: To be the leaders in providing WOW! experiences every day.**

**Our Mission: Put people first.**

**BOARD OF DIRECTORS**

- Sandy Vinson, Chair**
- Quy Tran, Vice Chair**
- Bobby Glover, Secretary**
- Derek Wurst, Member**
- Sandy Bonato, Member**

Board Meetings: 2nd & 4th Thursdays, 7:00 pm, see website for details. In person format.

# 3 Ways to Register Now!

Follow us @pleasanthillrec



**Online at [www.pleasanthillrec.com](http://www.pleasanthillrec.com)**  
**Visa/MasterCard/American Express accepted.**  
**No convenience fees for online registration!**



**Phone: (925) 682-0896 M-F, 9:00 am-5:00 pm,**  
**VISA/MasterCard/American Express/Discover accepted.**



**Walk-in:**  
**Administration Office, 147 Gregory Lane, M-F, 9:00 am-5:00 pm.**

## Registration Begins February 24

See class listings for exceptions to registration dates. For refund and satisfaction guarantee info, visit [pleasanthillrec.com/178](http://pleasanthillrec.com/178)

### ADMINISTRATIVE STAFF

- Michelle Lacy, General Manager
- Chris Petlock, Administrative Services Manager
- Tom Bradley, Park Superintendent
- Holly Frates, Senior Services Manager
- Ryan Herriman, Facilities Manager
- Katrina Hunn, Youth Services Manager
- Lance Hurtado, Building Maintenance & Facilities Management Superintendent
- Susie Kubota, Executive Secretary
- Korey Riley, Aquatics & Sports Manager
- Jen Thoits, Marketing & Events Manager
- Nicole Watson, Recreation Superintendent

### CO-SPONSORED CLUBS & ORGANIZATIONS

- For club information, visit [pleasanthillrec.com/148](http://pleasanthillrec.com/148)
- American Legion #331
  - Contra Costa Camera Club
  - Diablo Valley Track & Field
  - Diablo Valley Macintosh User Group
  - East Bay Artists Guild
  - Friends of PH Library
  - Las Juntas Artists
  - Onstage Theatre
  - PH Baseball Association
  - PH DOG Owners Group
  - PH 4th of July Commission
  - PH Garden Study Club
  - PH Historical Society
  - PHMSA-AYSO Soccer
  - PH Tennis Club
  - Rodgers Ranch Heritage Center
  - Society of Young Magicians
  - Veterans of Foreign Wars

**Classes that have not met minimum enrollment five business days before first meeting will be cancelled.**

### FACILITY & PARK LOCATIONS

- Administration: 147 Gregory Lane  
M-F, 9:00 am-5:00 pm  
(925) 682-0896 • Fax (925) 682-1633
- Community Center: 320 Civic Drive  
M-F, 9:00 am-4:30 pm  
(925) 676-5200 • Fax (925) 246-9842
- Senior Center: 233 Gregory Lane  
M-F, 9:00 am-3:00 pm • (925) 798-8788
- Teen Center: 147 Gregory Lane  
(925) 691-5645
- Park Maintenance Operations:  
310 Civic Drive • M-F, 6:30 am-3:00 pm  
(925) 671-4649 • Fax (925) 676-7628
- Paso Nogal Off-Leash Dog Park:  
on Paso Nogal Road
- Rodgers Ranch Heritage Center:  
315 Cortsen Road • [www.rodgersranch.org](http://www.rodgersranch.org)
- Winslow Center: 2590 Pleasant Hill Road

**Map of District Parks & Facilities available at [pleasanthillrec.com](http://pleasanthillrec.com).**



**The Pleasant Hill Community Foundation** was founded in 1987 to promote and support educational, recreational, cultural and other activities for people living and working in the Pleasant Hill area. In addition to its other funds, the Foundation created the "Park Development Fund" to provide the Pleasant Hill Recreation & Park District monies to develop, protect, restore, and conserve our parks. It is organized under section 501(c)(3) of the Internal Revenue Code. Contributions are tax-deductible.  
**Details: [info@phcommunityfoundation.org](mailto:info@phcommunityfoundation.org)**



### AMERICANS WITH DISABILITIES ACT (ADA)

5% of rental fees and \$1 per person per class will be designated for facilities improvements and services to comply with the ADA. PHR&PD welcomes persons with disabilities. For information, call 682-0896.



# Community Events

For updated information, special event details, and pre-registration, visit [pleasanthillrec.com/35](http://pleasanthillrec.com/35)

## Inclusive Recreation Dances

Fridays, 7:00–9:00 pm

Pleasant Hill Rec & Park District, in partnership with City of Concord, City of Martinez, and City of Walnut Creek, hosts dances specifically designed for developmentally disabled adults (18 years and up). For more information contact Karen McKimmy at [kmckimmy@pleasanthillrec.com](mailto:kmckimmy@pleasanthillrec.com).

Complete schedule and locations can be found on our website at [pleasanthillrec.com/449](http://pleasanthillrec.com/449).

**Admission: \$8 cash (caregivers free)**

- April 12: Concord Senior Center
- May 17: Martinez Senior Center
- June 7: Pleasant Hill Senior Center
- July 19: Walnut Creek Heather Farm
- August 9: Concord Senior Center

## “Egg”citing Spring Egg Hunt!

Ages 0-10 yrs

Saturday, March 30 (Rain or Shine),

9:30 am–12:00 pm

Pleasant Hill Park: Basketball Court

Join us for this springtime tradition! Will you find the special golden egg? All who attend will take away with a goody and a smile. Visit with Bunny and enjoy other “egg-citing” activities (weather permitting). Bring your camera and your Easter baskets.

**Egg Hunt | \$11.25/\$9.00 (Dist. Res.) /egg hunter**  
**Check-in begins for ALL AGE GROUPS at 9:30 am**

**IMPORTANT: Pre-registration is required by 3/29.**

All activities close at 12:00 pm sharp (long lines will be cut off at 11:30 am) so please plan to arrive prior to your time slot to enjoy all the fun activities before they close at noon.

## Underwater Egg Hunt

Saturday, March 30, 1:00–2:30 pm

All Ages

PH Aquatic Park:  
 147 Gregory Lane

Join Pleasant Hill Rec Aquatics Staff for an underwater egg hunt! Pools will also be open for recreational swimming. Enjoy some splashy springtime fun for everyone! Event will be held rain or shine.

**\$20/\$16 (Dist. Res.)**

*Pre-register by 12 pm, 3/29 or when event reaches capacity. Spectators and adult helpers free.*



## Senior Resource Faire **FREE!**

Friday, May 10, 8:30 am–12:00 pm

Pleasant Hill Senior Center | (925) 798-8788

Come to the Free Ultimate Senior Resource Fair from 8:30 am-12:00 pm. Over 50 vendors from the local area and free giveaways!

## Aloha Family Luau

Friday, May 17, 5:00–7:00 pm

Pleasant Hill Senior Center: Chateau Room

Gather your keiki (little children, 1-10 yrs) for a family night of Island fun! Get into the aloha spirit by wearing your favorite beach attire and flip flops. Dance the hula and take home an aloha craft. Kid-friendly dinner and dessert included. Alooooooha!

**\$16/\$14 (Dist. Res.) Per Person**

## Pleasant Hill 2024 Summer Bike Challenge

June–August



Explore your town from the seat of your bike! 511 Contra Costa's recreational bike promotion is back! Bike around town, cross off destination squares, pick up free treats and enter the Grand Prize drawing! Challenge Cards available in May at City Hall, the library, PH Community, Senior & Teen Centers; PH Aquatic Park Pool, the YMCA and online at [511cc.org/sbc](http://511cc.org/sbc). Free, healthy and fun for all ages! More details: [511cc.org/sbc](http://511cc.org/sbc).

## **FREE! Sunset Cinema Movie In The Park**

Saturday, June 8

Saturday, August 10

Pleasant Hill Park (behind Teen Center)

*See back cover for details.*

## Pleasant Hill's 13th Annual Blues & Brews Festival

**JULY 19 & 20**

Friday, 6:00–9:00 pm

Pre-Party & Free Concert

Saturday Festival, 3:00–9:00 pm

Festival & Free Concert

*See back cover for details.*

## **FREE! Tinkers & Thinkers Innovation Faire**

Saturday, September 14, 12:00–3:00 pm

Pleasant Hill Park & Senior Center

*Brought to you by Pleasant Hill Library & PH Rec & Park District.*

*See back cover for details.*

*Thank you to our community event sponsors, Republic Services, City of Pleasant Hill, Pleasant Hill Lions Club, and Laura Wucher Real Estate.*





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Pleasant Hill, CA 94523

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Pleasant Hill Recreation & Park District • (925) 682-0896 • The Spotlight Spring/Summer, Volume 29, Issue 2

## MAKE IT A WINNING SUMMER OF FUN!

### Summer Camp EXPO

Saturday, February 24, 2024

9:00 am–12:00 pm

Pleasant Hill Community Center

Get inspired at our Summer Camp EXPO and enroll that day to save 10%!

Visit [pleasanthillrec.com/493](http://pleasanthillrec.com/493)

**10% discount is automatically applied during registration process for camps and swim lessons that qualify.**



### Sunset Cinema – Movies in the Park **FREE!**

Saturday, June 8

Saturday, August 10

Pleasant Hill Park (Fields)

Join us for warm summer nights and fun under the stars! We're hosting a series of movie nights in the park so bring your family, friends, and blanket and enjoy a free movie on the big screen. Snacks and drinks are available for purchase. Visit our [pleasanthillrec.com/85](http://pleasanthillrec.com/85) and social media for more updates closer to the event. See you at the park!

Movie begins at Sunset.

### Tinkers and Thinkers Innovation Faire

Saturday, September 14, 12 PM – 3 PM

Pleasant Hill Senior Center and Pleasant Hill Park

Don't miss this exciting day of learning and exploration at the Annual Tinkers and Thinkers Innovation Faire! Enjoy interactive S.T.E.A.M. exhibits and hands-on activities that showcase the exciting worlds of science, technology, engineering, art, and math. Come and discover the latest innovations from local makers, entrepreneurs, businesses, and educators. This event is **FREE** and perfect for curious minds of all ages so join us for a day of discovery and fun!

Brought to you by the PH Rec and Park District and the Pleasant Hill Library.



### Pleasant Hill Rec and Park's 13th Annual Blues and Brews Festival

Friday Pre-Party, July 19, 6:00–9:00 PM

Saturday, July 20, 3:00–9:00 PM

Pleasant Hill Park

The ultimate summer party is back in Pleasant Hill Park this July. Groove to a fantastic lineup of free live music, enjoy craft beer tasting from only the best local craft breweries, shop craft vendors, and nosh on delicious food from a variety of food vendors. This event is a free public event for all to enjoy. Want to upgrade your experience with beer-tasting tickets? Learn more at [BluesandBrewsFestival.com](http://BluesandBrewsFestival.com). Mark your calendars and invite your friends now for the summer event you all won't want to miss!



[pleasanthillrec.com](http://pleasanthillrec.com)