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FOR IMMEDIATE RELEASE

PLEASANT HILL RECREATION AND PARK DISTRICT AND DISTRICT PARTNERS WIN MULTIPLE CPRS DISTRICT 3 OUTSTANDING ACHIEVEMENT AWARDS

Pleasant Hill, CA – March 6, 2017- Pleasant Hill Recreation & Park District is pleased to announce multiple winners from the California Park and Recreation Society (CPRS) District 3 Annual Awards Program recognizing excellence of agencies, individuals and professionals in the Park and Recreation in 2016. CPRS District 3 represents all the organizations, agencies and professionals in the parks and recreation field in Alameda and Contra Costa counties.

The District's Care Management Speaker Series won the competitive Agency Showcase Award for Outstanding Park & Recreation Program. This free monthly event brings seniors and their families together to learn about a variety of relevant topics related to the aging experience, facilitating a more educated aging community who can proactively plan and manage their own long-term care. CMS series is tremendously successful and continues to grow as the demand for aging education increases.

District-nominated Rodgers Ranch Heritage Center and District Business Partner, Land Home Financial won Outstanding Agency Awards for outstanding non-profit and business partner in Parks and Recreation, respectively. Both organizations devote tremendous resources for the improvement of the Pleasant Hill community.

Paul Cotruvo was awarded the Outstanding Community Volunteer Award. Cotruvo, a popular local musician, strongly believes that musicians should actively give back to the local communities that support their passion for music. His extensive volunteer efforts at many of the District's signature events have contributed greatly to the quality of these programs all while inspiring others to volunteer.

Bob Berggren, retired District General Manager, won a CPRS District 3 Lifetime Achievement Award for 40 years of outstanding leadership and service with the District and contributions to the community.

"These five award winners exemplify the passion and dedication that the District staff, community partners and affiliated individuals all share to make life better for residents in the Pleasant Hill community," said Zac Shess, Chair of the District's Board of Directors. "We are so appreciative of their efforts."

For more information about CPRS, visit <http://www.cprs.org/>.

About Pleasant Hill Recreation & Park District

The Pleasant Hill Recreation & Park District improves the quality of life for our local community by providing a wide variety of affordable and convenient recreation, sports, health, enrichment, educational and wellness programs, activities and events for all ages. We also offer an extensive system of multi-use parks, open space areas and beautiful community facilities including an Aquatic park, two additional pools, a historical site, a new Community Center, new Senior Center complex and new Teen Center. Pleasant Hill Recreation & Park District facilities opportunities to play, learn and celebrate in our community. For more information, visit pleasanthillrec.com.

Our Impact:

Promote an active, healthy life-style for preschool, youth, teens, adults and seniors.

Foster self-enrichment and personal development in over 2,300 classes, programs and activities.

Preserve and drive community economic value by providing diverse programs, well-maintained neighborhood and community parks, trails and open space to attract and retain residents, businesses and visitors.

Strengthen community engagement by working closely with community partners and clubs, coordinating volunteer activities, co-sponsoring community events, and supporting local charities.

Preserve and protect natural resources of California by conscientiously and proactively maintaining the District's 269 acres of parkland.

Improve safety and security by providing positive recreational activities and safe environments for at-risk groups.

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