

AUGUST 2017

C.C. CAFE

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Monday

Tuesday

Wednesday

Thursday

Friday



1
* **Kalua Pulled Pork over Cabbage**
Glazed Carrots
Steamed Rice
Pineapple Chunks



2
Bean & Cheese Burrito w/Red Sauce & Cheese
Mexicali Corn
Tossed Green Salad w/1000 Island Dressing
* **Cantaloupe**

3
COLD PLATE:

Tuna Salad on Lettuce Leaf w/Tomato Slice
Corn Chowder
Carrot Raisin Salad
4-Bean Salad
100% WW Bread X2
* **Tropical Fruit**



4
All American Cheese Burger
Cream of Tomato Soup
* **Garlic Fries**
* **Coleslaw**
Lettuce, Tomato & Onion Catsup, Mustard & Mayo Bun
Brownie (Fresh Fruit)

7

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11

Sallsbury Steak w/Onion Gravy
* **Stewed Tomatoes**
* **Garlic Mashed Potatoes**
Mixed Green Salad w/Blue Cheese Dressing
Seasonal Fresh Fruit

Mediterranean Chicken Taco w/Flour Tortilla
Diced Tomatoes and Onions
* **Red Potatoes**
* **Marinated Broccoli Salad**
Creamy Cucumber Salad
Rainbow Sherbet (Banana)

COLD PLATE:

Thin Ham Slices
Split Pea Soup
Carrot Raisin Salad
Marinated Zucchini Salad
Lettuce & Tomato
Mustard & Mayonnaise
Rye Bread
* **Watermelon**

Spinach & Mushroom Alfredo Pasta w/Parmesan Cheese
* **California Blend**
Tossed Salad w/Creamy Italian Dressing
Peaches



Fish Sandwich w/Cheese
Potato Leek Soup
Succotash
Mixed Green Salad w/Balsamic Vinaigrette
Tartar Sauce
Whole Wheat Bun
* **Tropical Fruit**

14

15

16

17

18

Tertiyaki Chicken
Bok Choy Soup
Spring Bean Medley
Fluffy Rice Pilaf
* **Mixed Cabbage Salad w/Poppysseed Dressing**
* **Citrus Fruit**



COLD PLATE:

Seafood Louie Salad on a Bed of Lettuce
Chicken & Rice Soup
* **Marinated Beets & Onions**
Garden Pea Salad
Sourdough Roll w/Butter
* **Cantaloupe**

Traditional Old Fashioned Turkey Dinner w/Gravy
Green Beans w/Red Pepper
* **Mashed Potatoes**
Stuffing
Cranberry Sauce
Strawberry Gelatin w/Pears (Diet Strawberry Gelatin w/Pears)

Grandma's Meatloaf w/Gravy
* **Broccoli Spears**
* **Scalloped Potatoes**
Mixed Green Salad w/Ranch Dressing
Banana Cake (Banana)



COLD PLATE:
Asian Chicken Salad (Spring Mix, *Mandarin Oranges, Sesame Seed Dressing & Crispy Noodles)
Egg Drop Soup
Carrot Raisin Salad
Hawaiian Roll w/Butter
Fortune Cookie, Fresh Fruit

21

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23

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25

Beef Fajita w/Peppers & Onions
Mexicali Corn
Tossed Salad w/Ranch Dressing
Salsa
Tortilla
* **Strawberries**



Savory Pork Stew
* **California Blend**
Steamed Rice
Mixed Green Salad w/1000 Island Dressing
Cinnamon Applesauce

COLD PLATE:
Chicken Caesar Salad (Mesquite Chicken, Parmesan Cheese, Romaine Lettuce, Cherry Tomatoes, Croutons)
* **Mushroom Barley Soup**
* **Citrus Fruit Cup**
Roll w/Butter
Caesar Dressing
Tapioca Pudding (Fresh Fruit)

Breaded Cod Fish
Clam Chowder
Seasoned Potato Wedges
* **Spinach Salad w/Catalina Dressing**
Tartar Sauce
Cherry Gelatin w/Mixed Fruit (Diet Cherry Gelatin w/Mixed Fruit)

Spaghetti & Meatballs w/Parmesan Cheese
Grape Juice
Tender Green Beans
Tossed Salad w/Blue Cheese Dressing
* **Watermelon**



28

29

30

31

Grilled Chicken Sandwich
* **Sweet Potato Fries**
Spring Bean Medley
Mixed Green Salad w/Honey Mustard Dressing
Lettuce, Pickles, Mayo Bun
Seasonal Fresh Fruit

Veal Parmesan a la Romano & Parmesan Cheese
Italian Vegetables
* **Rotini w/Marinara Sauce**
Tossed Green Salad w/Creamy Italian Dressing
* **Citrus Fruit**

Krabby Cake
Manhattan Clam Chowder
* **Extra Cheesy Scalloped Potatoes**
* **Broccoli Spears**
Tartar Sauce
Ice Cream (Fresh Fruit)

COLD PLATE:
Curried Chicken Salad on a Bed of Mixed Greens
Lentil Soup
Spring Pea Salad
Marinated Beets & Onions
Dinner Roll w/Butter
* **Tropical Fruit**

* = Vitamin C
__ = Vitamin A
() = Dessert of Choice
All meals served w/low fat milk.



RESERVATIONS REQUIRED. CALL 925-771-7641 AT LEAST 1 BUSINESS DAY PRIOR. MAY CALL UP TO 1 MONTH AHEAD!
4 DAILY ALTERNATIVE ENTREE CHOICES: CHEESEBURGER OR GARDEN BURGER, CHEF'S SALAD OR SEAFOOD LOUIE SALAD!