

Monday

Tuesday

Wednesday

Thursday

Friday

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**CALL (925) 771-7641 to
make your reservation**

NEW YEAR CELEBRATION!

Krabby Cake
* **California Blend** 
Rice Pilaf
Tossed Salad w/Honey Mustard Dressing
Tartar Sauce
Pecan Cookies (Pears)

Veal Parmesan a la Romano & Parmesan Cheese
Minestrone Soup
* **Mashed Potatoes**
Italian Green Beans
Mixed Green Salad w/Creamy Italian Dressing
Apricots

COLD PLATE

^ **Thin Ham Slices**
Split Pea Soup
Pickled Beets & Onions
Carrot Raisin Salad
Lettuce & Tomato
Mustard, Mayonnaise
Rye Bread
* **Citrus Fruit**

Orange Chicken Breast
Vegetable Bean Medley
* **Red Potatoes**
Whole Wheat Roll w/Butter
Raspberry Gelatin w/Mixed Fruit
(Diet Raspberry Gelatin w/Mixed Fruit)

C.C. Café and Pleasant Hill Senior Center Closed 1/1/18

8


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12

COLD PLATE

Mock Crab Salad
Potato Leek Soup
Garden Pea Salad 
4-Bean Salad
French Bread
Lettuce, Tomato & Onion
* **Citrus Fruit Cup**

Meatballs w/Mushroom Gravy
Capri Vegetables
Buttered Noodles
Mixed Green Salad w/Balsamic Vinaigrette
* **Tangerine**

Chicken Marsala
Cream of Tomato Soup
Italian Vegetables
* **Mashed Potatoes** 
Roll w/Butter
Fresh Fruit

^ **Vegetarian Bean Burrito w/ Red Sauce & Cheese**
Mexicali Corn
Tossed Salad w/Ranch Dressing
* **Tropical Fruit**

MARTIN LUTHER KING JR CELEBRATION

^ **Southern Style Glazed Ham**
* **Collard Greens w/Onions**
* **Yams**
Corn Bread w/Butter
Grandma's Peach Crisp (Peaches)

MARTIN LUTHER KING JR HOLIDAY!




15

16

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18

19

Breaded Cod
Clam Chowder
* **Cheesy Scalloped Potatoes** 
Capri Vegetables
4-Bean Salad
Tartar Sauce
Fresh Fruit

Tempting Turkey Tamale Pie w/Corn Bread Topping
Pinto Beans
Tossed Salad w/Blue Cheese Dressing
* **Mandarin Oranges**

Ye Old Pub Cheese Burger
* **Potato Wedges**
Vegetable Bean Medley
Lettuce, Tomato & Onion
Catsup, Mustard
Mayonnaise & Relish
Bun
Applesauce

Chicken White Bean Chili
Apple Juice
* **California Blend**
* **Spinach Salad w/Catalina Dressing** 
Roll w/Butter
Ice Cream (Pears)

22

23

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25

26

Grilled Chicken Sandwich
Corn Chowder
* **Sweet Potato Fries**
* **Marinated Broccoli Salad**
Lettuce & Pickles
Mayonnaise
Bun
Chocolate Pudding (Applesauce) 

Cheesy Red Lasagna w/Parmesan Cheese
* **Orange Pineapple Juice**
Italian Green Beans
Mixed Green Salad w/Creamy Italian Dressing
Fresh Fruit

Sweet & Sour Pork
Sweet Peas w/Onions
Brown Rice
* **Cabbage Salad w/ Poppyseed Dressing**
Pears

COLD PLATE
Tuna Salad Sandwich
Chicken Noodle Soup
Carrot Raisin Salad
Pickled Beets & Onions
Lettuce & Tomato
Mustard & Mayonnaise 
Rye Bread
* **Tropical Fruit**

Lincoln's Log Cabin
Hearty Beef Stew
* **Broccoli Spears**
Tossed Salad w/1000 Island Dressing
Biscuit w/Butter
Mixed Fruit

29

30

31

COLD PLATE

Cobb Salad
Mushroom Barley Soup
4-Bean Salad
Dinner Roll w/Butter
Blue Cheese Dressing
* **Citrus Fruit**

Beer Batter Fish
* **Potato Wedges**
Vegetable Bean Medley
* **Confetti Coleslaw**
Tartar Sauce, Vinegar
Banana 

Swedish Meatballs
Hearty Vegetable Soup
Stewed Tomatoes
* **Rice Pilaf**
Mixed Green Salad w/Ranch Dressing
Apricots

^ = Item is higher in sodium
* = Vitamin C
_ = Vitamin A
() = Dessert of Choice
All meals served w/low fat milk



**DELICIOUS DECISIONS! DON'T FORGET TO STOP BY FOR OUR SPECIAL EVENT MEALS ON JAN. 2 AND 12
4 DAILY ALTERNATIVE ENTREE CHOICES: CHEESEBURGER OR GARDEN BURGER, CHEF'S SALAD OR SEAFOOD LOUIE SALADI**