



## **MEMORANDUM**

TO: Board of Directors

FROM: General Manager

DATE: February 3, 2016

RE: February 11, 2016 - 5:30 pm

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**PLEASE NOTE: Pictures will be taken at 7pm, or if closed session gets out earlier, then a little before 7pm. Jennifer Thoits is recommending wearing some type of blue this time.**

We will have closed session starting at 5:30pm.



## **MEMORANDUM**

TO: Board of Directors

FROM: General Manager

DATE: February 3, 2016

RE: February 11, 2016 Board Meeting

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### **Consent Calendar (ACTION)**

- a. To Approve Bills to be Paid
- b. To Approve Minutes of September 24, 2015, November 5, 2015 and February 1, 2016

<u>Check</u>	<u>Date</u>	<u>Vendor No</u>	<u>Vendor Name</u>	<u>Amount</u>	<u>Voucher</u>
22343	02/11/2016	AmFid	American Fidelity	2,973.27	000000
22344	02/11/2016	AmFidAs	American Fidelity Assurance	128.42	000000
22345	02/11/2016	ATT CC	AT & T	200.99	000000
22346	02/11/2016	BatenMar	Mark Batenburg	220.00	000000
22347	02/11/2016	BayAreA	Bay Area Barricade Service Inc	62.78	000000
22348	02/11/2016	BerBob	Robert B. Berggren	400.00	000000
22349	02/11/2016	BillAce	Bill's Ace Hardware	347.60	000000
22350	02/11/2016	BonaSan	Sandra Bonato	200.00	000000
22351	02/11/2016	CA BOE	CA St Board of Equalization	543.00	000000
22352	02/11/2016	CaliCon	California Consulting	4,500.00	000000
22353	02/11/2016	CCHeal	Contra Costa Health Services	1,840.00	000000
22354	02/11/2016	CCWat	Contra Costa Water District	880.10	000000
22355	02/11/2016	CintCorp	Cintas Corp # 185	168.36	000000
22356	02/11/2016	Cole	Cole Supply Co., Inc.	86.79	000000
22357	02/11/2016	CommPool	Commercial Pool Systems, Inc.	512.13	000000
22358	02/11/2016	CopySt	Copy Station	243.39	000000
22359	02/11/2016	DonDen	Dennis A. Donaghu	200.00	000000
22360	02/11/2016	Eames	Eames Hardware & Supply	106.06	000000
22361	02/11/2016	EBMUD	East Bay Mud	1,053.70	000000
22362	02/11/2016	Ewing	Ewing Irrigation	23.79	000000
22363	02/11/2016	FranTx	Franchise Tax Board	105.00	000000
22364	02/11/2016	GlovBob	Bobby Glover	200.00	000000
22365	02/11/2016	LeviJul	Julie Levin	36.00	000000
22366	02/11/2016	LincEqu	Lincoln Aquatics	87.55	000000
22367	02/11/2016	MJStudio	Bruce Jackson MJ Studios	100.80	000000
22368	02/11/2016	MurdDeb	Debbie Murdock	1,016.89	000000
22369	02/11/2016	NaccAll	Allie Naccara	40.00	000000
22370	02/11/2016	Nextel	Nextel Communications/Sprint	699.10	000000
22371	02/11/2016	PERS	CalPERS	15,780.76	000000
22372	02/11/2016	PG&E	Pacific Gas & Electric Co	12,882.22	000000
22373	02/11/2016	PhSen	Pleasant Hill Seniors Club	150.00	000000
22374	02/11/2016	PionRes	Pioneer Research Corp	199.75	000000
22375	02/11/2016	PleaHill	Pleasant Hill Rec & Park Distr	128,460.95	000000
22376	02/11/2016	R-Comput	R-Computer	164.58	000000
22377	02/11/2016	ShessZac	Zac Shess	200.00	000000
22378	02/11/2016	StePrint	Steven's Printing	372.59	000000
22379	02/11/2016	SterSher	Sherry Sterrett	200.00	000000
22380	02/11/2016	SuppWor	Supply Works	729.34	000000
22381	02/11/2016	ThomWest	Thompson Reuters	53.17	000000
22382	02/11/2016	Travel	Travel Center, Trust Account	500.00	000000
22383	02/11/2016	USBank	U.S. Bank	1,512.94	000000
22384	02/11/2016	USBankEq	US Bank Equipment Finance	340.26	000000
22385	02/11/2016	USBankP	U.S. Bank Corporate Payment	29,705.66	000000
22386	02/11/2016	Vagabond	The Vagabond Players	300.00	000000
22387	02/11/2016	Valic	Valic	1,200.00	000000
22388	02/11/2016	Xerox	Xerox Corporation	416.91	000000

**CHECK TOTAL: \$210,144.85**



The September 24, 2015 meeting of the Pleasant Hill Recreation & Park District Board of Directors was called to order by Board Chair Bonato at 7:01 p.m. in the Conference Room at the Administrative Office.

**PLEDGE OF ALLEGIANCE**

Acting General Manager Mark Blair led the Pledge of Allegiance.

**ROLL CALL**

**BOARD PRESENT:** Bonato, Shess, Donaghu, Sterrett, Glover

**STAFF PRESENT:** Blair, Bradley, Hurtado, Thoits, Young,

**PUBLIC COMMENT**

None

**CONSENT CALENDAR (ACTION)**

- a. To Approve Bills to be Paid, warrants #21864 -21915**

Upon motion of Board Members Donaghu & Sterrett, the Board unanimously approved the consent calendar.

**PRESENTATION OF SIGNED COPY OF THE SPOTLIGHT TO SERAPHINA OKETCH, MAYA MCCALL, AND SOPHIA GUERRY**

Marketing Director Jen Thoits introduced the Spotlight Cover individuals, Seraphina Oketch, Maya McCall and Sophia Guerry. The children signed a Spotlight Cover for the Wall of Fame in the District Office. Some photos were taken while the girls autographed the cover. Board Chair Bonato presented each child with their own framed copy of the Spotlight Cover to keep. She also thanked the girls for allowing us to have them on our cover of the Spotlight.

**EX-OFFICIO MEMBER REPORT, ALLIE NACCARA - COLLEGE PARK HIGH SCHOOL**

Ex-Officio Naccara gave the following report:

**Teen Council news:**

- They had their first Teen Council meeting on Monday and elected their officers: Chair is Ryan Hood, Junior at CPHS, Co-Chair is Adrianna Guerrero, Senior at Carondelet, Secretary is Marissa St. Marcel, Junior at CPHS, Asst. Secretary is Melissa Torres, Senior at CPHS, Historian is Monica Rodriguez, Publicity Chair is Allie Naccara.
- They will be helping with the Pleasant Hill Art, Jazz and Wine Festival in the Kid Zone.
- They will be helping with the Teen Center Halloween Party on Oct. 23, 6-8pm.

**College Park news:**

- The school has a new bell schedule where they have block day on Wed and Thurs and they have an RTI, Response To Intervention, where they have an hour long study hall assigned to different classrooms where they can study.
- The Back to School Night was on Sept. 16.

- The Senior Picnic was on Sept. 17 at Six Flags.
- On the 19th, the MOC SAT was offered and it is also going to be offered on Oct. 14 for Sophomores, MOC PSAT.
- There was Club Day on the 25th where the students were able to get information on all the various clubs at CPHS.
- The school will implement a new parking/drop off system starting next week.
- Oct. 9 is Homecoming and there will be a dance this year.

Board Chair Bonato asked Allie if she can check with Teen Council and make sure they participate in the City's Education Initiative programs such as the Anti-Bullying program jointly offered with the Libraries. She also requested staff to ask Katrina Hunn and Sheila Cotruvo to look into bringing back something like the Haunted House for next year.

### **REPORT FROM THE VETERANS OF FOREIGN WARS**

Board Chair Bonato introduced Veterans of Foreign Wars Commander Doug Krause, and he introduced past commander Jeff Messinger. He announced that they participated in the 4th of July parade, Veterans Day events and they donate to the Alameda and Solano County Food Banks. They were District 25, but have merged into District 10, which includes San Francisco, San Jose and Hayward. There are more members, their post is small, but they are going to do a membership drive to get more members. Many are busy with families that are fresh out of service, but they are trying. Doug said they are keeping the building in good shape and they do have a new website. Jeff mentioned he works with the Sea Scouts, where the boats in Alameda are being retrofitted. He keeps the diesels running. Currently, he has been working on restoring a 65 foot torpedo retrieving boat. They are going to convert the rear area that was for loading the torpedoes and it will be a back cabin and galley.

Board Chair Bonato thanked Doug and Jeff for their report.

### **REPORT ON THE JUNE 30, 2015 FINANCIAL REPORT**

- REVIEW OF DISTRICT INVESTMENTS**
- REVIEW OF PUBLIC AGENCY RETIREMENT SERVICES (PARS)**

Acting General Manager Mark Blair reported that the profit for the year was \$248,000, up \$53,000 from last year. Blair said there was a total increase of \$610,000 of programming revenue. He said staff held down expenditures and increased revenue. The Board spoke about how it is a reflection of staff and how hard they work as well as Marketing.

Blair reported on the LAIF fiscal year ending June 30, 2015 statement and also PARS. He mentioned for PARS the return percentage is 2.189%. The Board had some further questions that Blair answered.

### **TO CONSIDER BOARD MEMBER POLICIES (ACTION)**

- **1210 Memberships in Associations**
- **1215 Operating Norms and Principles of the Board of Directors**
- **1220 Remuneration to the Board of Directors**
- **1225 Review of Administrative Decisions**

Board Chair Bonato asked about the memo from Curt Kidder, the District's Attorney. She questioned Policy 1215, Operating Norms and Principles of the Board of Directors. Board Members Shess and Donaghu stated they felt it was archaic and cannot find an example that it would be used or referred to. Acting General Manager Mark Blair said it was included from the

past policy manual. The majority of the Board agreed to strike this policy, which they felt was not needed. Board Chair Bonato had a question on Policy 1225 and wanted it re-worded. Acting General Manager Blair confirmed the Board did not want Policy 1215 and clarified other changes to the remaining policies. He will make the changes and ask Attorney Curt Kidder about the language on Policy 1225 and the other policies as well.

Board Chair Bonato requested staff to bring questions back to Attorney Curt Kidder and check on language of the three policies with the exception of Policy 1215. Board Chair Bonato stated the policies will be tabled until further review.

### **TO CONSIDER OPTIONS FOR SLOWING TRAFFIC ON PASO NOGAL ROAD**

Acting General Manager Mark Blair said the General Manager contacted other agencies to discuss whether they have had situations like this and how they solved them. Board Member Shess said he attended the Traffic Safety meeting and he said the City can put a radar sign coming from the East to the West. He said the issue is coming up the hill from West to East. He thinks we should bring this back to the City and look into putting up a sign from West to East. Shess said that speed bumps are not going to happen unless there is a big outcry from the public. Several Board Members discussed the issue of the speed on Paso Nogal Road. Board Member Sterrett said she would try and get the HOA and the Dog Park participants and PH DOG Group to get involved and start a PR campaign regarding the concern of the speeding cars. Board Member Glover suggested the District write up a formal letter to try and get the City to police the area, expressing the safety concerns regarding the community. He said the letter can be brought back to the attention of the HOA and other community groups. Board Member Shess agreed that a letter would be a great idea to show our concerns.

Board Member Bonato requested the General Manager draft a letter to the City explaining the Recreation & Park District Board's concerns of safety on Paso Nogal Road. She also would like to send a copy of the letter to the community members in that area. Sterrett said to send it to each individual councilmember. Board Member Shess said to also send it to the Chair of Traffic Safety Commission, Chuck Murphy.

### **TO CONSIDER AGREEMENT WITH PLEASANT HILL BASEBALL ASSOCIATION AND PLEASANT HILL RECREATION & PARK DISTRICT CONCERNING USAGE OF PLEASANT OAKS PARK (ACTION)**

Board Chair Bonato requested to have the agreement redlined, but the General Manager said it was not available. Accounting Supervisor Blair had a question on page 2, paragraph 1 in regards to the renewal application and if they do not renew will the District get paid. Board Chair Bonato had several other changes and requested to bring back the agreement for review at a future Board Meeting. Recreation and Parks Manager Lance Hurtado answered some questions in regards to the tournaments and payments. Park Superintendent Tom Bradley brought up concerns on Exhibit B in regards to the annual clean out of the sewer line prior to PHBA's opening day. Bradley stated the sewer line is not ours and is the School District's where the backup occurs. He mentioned some other recommended changes to the agreement as well. Board Member Glover suggested finding out the cost to maintain the fields and maybe figuring out how much we need to receive to cover the costs. This will help determine how much the fees need to be to charge per person.

Board Chair Bonato expressed concerns on making sure that all volunteers involved with PHBA are fingerprinted and will have to report on zero tolerance on abuse. Board Member Shess said it is a good idea to have a policy District wide with all co-sponsored groups. He said in regards to the

PHBA Memorandum of Understanding, it has to deal with usage of the fields and the concern on fingerprinting will be best to consider as a policy to be discussed later.

Board Chair Bonato tabled this item to be approved in the future.

### **REPORTS AND TO SET BOARD COMMITTEE MEETING DATES**

- a. **Land and Facility Development Committee** - There has been no date scheduled for a meeting.
- b. **Personnel Committee** - Acting General Manager Blair said an employee had a request to review the District's policy for the health coverage for full time employees hired after 2011. He said the employee only is covered and not spouse or family. He said the employee requested to check with other agencies. The General Manager approved Blair to research other agencies and do a comparable survey.
- c. **Budget & Finance Committee** - Nothing to report.
- d. **Program Committee** - Nothing to report.

### **BOARD ANNOUNCEMENTS AND REQUESTS TO STAFF**

**Sterrett** made the following announcements/questions:

- She said the Board was informed of vandalism to a tree in the Senior Center parking lot. She asked if there was further information on this incident. Park Superintendent Tom Bradley said they have not caught the people that injured the tree. He said they are waiting to see if the tree will survive the damage that it had endured.
- She thanked the Morale Committee and employees. She said she enjoys the Employee Service Awards Luncheon event and it is a great event for everyone.
- She received a call from the recent auditor.
- She said the 50th Anniversary Party for the Senior Center is tomorrow starting at 5pm.
- She reminded everyone that the Pleasant Hill Community Service Day is this Saturday.

**Donaghu** made the following announcements/questions:

- He attended the Employee Service Awards Luncheon and noticed that the bocce courts at Rodgers-Smith Park look great and the quality of maintenance is worth the cost.
- He said the Chamber is wrapping up preparations for the Art, Jazz and Wine Festival. They are still looking for sponsorship for the Beer Garden.
- He received a Chamber update of upcoming events. He requested to have these in the board packets.

**Glover** made the following announcements/questions:

- The Pleasant Hill Community Foundation Golf Tournament is on Monday, September 25, 2016.
- He said that the City of Martinez is possibly putting in a dog park. He said many were commenting that they go to the Paso Nogal Dog Park.

**Shess** made the following announcements/questions:

- He said the Employee Service Awards Luncheon was great and he enjoyed it. He spoke to Ron Stokes, who is heading up the Cornhole league and drop in. It has brought in more revenue for the District and a fun activity for the community.
- He would like to do more for the employees and their spouses as an appreciation for their hard work; nice holiday party or another event.
- Last week, a man and his son found abandoned kittens in the trash can in Pleasant Hill Park. He said they were brought in to the Office and Teen Supervisor Katrina Hunn took them in and is caring for them. They are so young and Katrina is feeding them and nursing them until they can get adopted. He said, "Hats off to Katrina for caring for the kittens and stepping up".

- Congratulations to Kendra on her marriage.

**Bonato** made the following announcements/questions:

- She said the Employee Service Awards Luncheon was touching. She asked if there could be a letter from the Board Chair and to have more involvement. Shess thought it would be nice to have all the Board Members sign the recognition letters.
- She asked Park Superintendent Tom Bradley what the projects are for Community Service Day. He said there are 20 people signed up to work the District projects. He stated there are several tree plantings and clean up at Dinosaur Hill Park. Sterrett asked if the green trash can at the Twin Towers Memorial Park could be moved to an area further from the Monument since one of the plantings will be at the Memorial Park.
- She said she read somewhere that there were some fields built and a small disc golf course was built near the fields. She doesn't know if a mini disc golf course is a possibility. It may not be feasible, but something to look into.
- She commented that the cyber-bullying event that was put on tonight was a missed opportunity for the Teens to be involved in. She suggested that the Teen Coordinator and Special Events Coordinator make an effort to get involved. Sterrett said that the City was involved and the Library, but there was no invite and the Teen Supervisor was not aware of the event. We would like to get involved and support the Education Initiative events, but we need to be aware of the events.

#### **STAFF ANNOUNCEMENTS**

The Acting General Manager, Mark Blair made the following announcements:

- He announced that the Auditors were here on Sept. 21 and will return in early October.

#### **ADJOURNMENT**

Board Chair Bonato adjourned the meeting at 10:00 p.m.

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Mark Blair, Acting General Manager

**Board of Directors Meeting Minutes  
November 18, 2015  
DRAFT**



The November 18, 2015 meeting of the Pleasant Hill Recreation & Park District Board of Directors was called to order by Board Chair Bonato at 7:01 p.m. in the Conference Room at the Administrative Office.

**PLEDGE OF ALLEGIANCE**

Board Member Sterrett led the Pledge of Allegiance.

**ROLL CALL**

**BOARD PRESENT:** Bonato, Shess, Donaghu, Sterrett, Glover

**STAFF PRESENT:** Berggren, Bradley, Blair, Miller

**PUBLIC COMMENT**

Dorothy Boyd, resident of Walnut Creek, spoke supporting Pleasant Hill Senior Center, but not the increase in the non-resident fees for the trip program. Boyd suggested that non-residents pay a one time larger annual membership fee.

Nancy Chriss, resident of Concord, spoke in opposition of the increase in non-resident fees for the Senior Center trip program. She asked for a report on the usage of the Senior Center by non-residents.

Elaine Yeary, resident of Martinez, spoke in opposition of the increase in non-resident fees for the Senior Center trip program. Yeary commented that 60% of the trip participants are non-residents. She is in favor of an annual increase in the membership fee for non-residents.

Nancy Howell, resident of Clayton, spoke in opposition of the increase in non-resident fees for the Senior Center trip program. She is in favor of an annual increase in the membership fee for non residents.

Patrick Clarke, resident of Pleasant Hill, spoke in opposition of the increase in non-resident fees for the Senior Center trip program. He commented that many of the Senior Center volunteers live outside of Pleasant Hill, but participate in the trip program.

Dru Daley, resident of Concord, spoke in opposition of the increase in non-resident fees for the Senior Center trip program.

Sandra Riccabona, resident of Concord, spoke in opposition of the increase in non-resident fees for the Senior Center trip program.

Phyllis Stevens, resident of Walnut Creek, spoke in opposition of the increase in non-resident fees for the Senior Center trip program.

Board Chair Bonato reported that the Senior Club has brought this item to the Board's attention. The Board will be working with the Senior Club in more detail on the issue. She encouraged all who were present to attend the next Senior Center trip meeting on December 1, 2015.

Kim Brandt, resident of Pleasant Hill, reviewed with the Board the comments from the community survey she completed regarding the Oak Park property issue. She asked the Board for an update on the issue. The General Manager reported that the Board will be meeting in closed session tomorrow regarding the issue.

Wendy Gollop, resident of Pleasant Hill, spoke in support of the District purchasing the Oak Park property.

Lenore Krause, resident of Pleasant Hill, spoke in support of the District purchasing the Oak Park property.

Alan Bade, resident of Pleasant Hill, spoke in support of the District purchasing the Oak Park property.

### **CONSENT CALENDAR (ACTION)**

- a. To Approve Bills to be Paid**
- b. To Approve Minutes of August 27, 2015**
- c. To Approve Resolution 2015-11-18, Honoring Jeaneen Cowan**

Upon motion of Board Members Donaghu & Shess the Board approved the consent calendar with corrections to the August 27, 2015 minutes.

### **EX-OFFICIO MEMBER REPORT, ALLIE NACCARA – COLLEGE PARK HIGH SCHOOL**

Ex-Officio Naccara gave the following report:

#### **Teen Council news:**

- The Council will be helping at the Light Up The Night event.
- The Council will be hosting a Holiday Party on December 18, 2015.
- The Council will be helping with the District's Breakfast with Santa event and the Holiday Festival.
- The Council is working to set up a movie day next month for special needs teens.

#### **College Park news:**

- Winter sports are under way.
- Spring sports are already training.
- The College Park dance class will be having a recital tonight. Donations will be given to the families of the girls killed in the car crash on November 1, 2015.
- Report cards came out last week.
- There will be no school the week of Thanksgiving.
- Naccara thanked the Board for the Grad night ticket.
- College Park will be holding the last mock SAT and ACT on November 7, 2015.
- The grad night tickets are already on sale.

### **PRESENTATION AND APPROVAL OF AUDIT AND MANAGEMENT LETTER (ACTION)**

#### **a. Review District Annual Audit**

Craig Fechter of Fechter and Company presented and reviewed the District's Annual Audit Report and Management Letter with the Board.

The Board thanked Fechter for his report.

**b. Pleasant Hill Senior Club Annual Review**

This item was tabled until the Pleasant Hill Senior Club can review.

Upon motion of Board Members Sterrett & Donaghu the Board approved to accept the 2014/15 Audit and Management letter as presented.

**RESERVE STUDY PRESENTATION – BROWNING RESERVE GROUP**

Board Chair Bonato introduced Robert Browning and Jeff Felta from the Browning Reserve Group to the Board.

Browning presented the Board with a Power Point presentation explaining the process of the Reserve Study. He shared the background of his Company, and highlighted other District's and agencies they have completed studies for. He presented the Board with a second draft of the District's reserve study. Browning complimented the Board on the adoption timeline for the study. He reviewed with the Board the amount the District would need to save for future projects.

After the presentation Board Member Sterrett commented that she was not sure there should be a reserve study for a public agency. She is concerned with the State seeing potential financial opportunities.

Board Member Glover commented that it will be beneficial for the District to have reserves for long term maintenance.

Board Chair Bonato commented that the reserve study is very important, but she does not want to lose sight of the in-house work done on projects. She said the in-house work was a financial savings for the District.

Board Member Shess asked about long term plans for the study. Browning explained the reports can be broken down to yearly reports if needed to show priority of projects. He thanked Building Maintenance Superintendent Carrie Miller for the time she spent on the reserve study effort. Shess commented that the study will be an effective tool for the District.

Board Member Donaghu commented that it is crucial for the District to have a reserve study.

The Board asked Browning to produce a seven year cycle for the reserve study.

District staff present at the meeting, when asked by Board Chair Bonato, all said that the reserve study was an important tool for the District to have moving forward.

The Board thanked the Browning representatives for their presentation, and said they are looking forward to seeing a realistic document from the group.

**REPORT ON THE SEPTEMBER 30, 2015 QUARTERLY FINANCIAL REPORT**

**a. Review of Investment Report**

**b. Review of Public Agency Retirement Services (PARS)**

Accounting Supervisor Mark Blair was present to give the Board a report on the September 30, 2015 quarterly financial report. Blair reported that the bottom line results for the General Fund show a loss of \$814k compared to a loss of \$843k for the 2014-15 fiscal year. He stated that

this is a 3.4 % improvement. Blair commented that the current year Non-Recreation department reflects a one-time annual PERS charge of \$159k. He said this is a new formula for our PERS contribution.

Blair reported that the monthly expenses are down approximately 40%. He commented that the Teen program is showing a profit of \$18k compared to a \$4k loss for last year, and the childcare (KIDSTOP) program shows a profit of \$65k compared to an \$18k loss last year.

Blair reported that the District has received \$103k in unsecured tax payments compared to \$108k received through September 2014.

Blair reported that the overall program revenue is up by 21% compared to last year. He said the largest increases are in Childcare and Teens.

Blair reported that overall program expenses are up by 7.22% compared to last year. Blair reported that the long term debt shows a \$53k decrease. He said this entire difference is attributable to the payment on the FF&E loan being changed to September last year, and the current payment is not due until November.

Blair reported that Capital Expenses show a \$68k decrease due to the re-paving and the water leak last year.

**b.** Blair reviewed the current PARS report with the Board

The Board thanked Blair for his report.

### **SELECTION OF BOARD OFFICERS**

- a. Chair**
- b. Vice-Chair**
- c. Secretary**

Upon motion of Board Members Sterrett & Bonato the Board approved to accept the following Board Officers, Chair– Zac Shess, Vice Chair- Dennis Donaghu, Secretary- Bobby Glover.

### **REPORTS AND TO SET BOARD COMMITTEE MEETING DATES**

- a. Land and Facility Development Committee**
- b. Personnel Committee**
- c. Budget & Finance Committee**
- d. Program Committee**

**Land and Facility Development Committee:** Board Member Shess reported that the Committee has not set a meeting date yet.

**Personnel Committee:** Board Member Donaghu reported that the committee had met on the employee benefit issue and will be giving a full report to the Board.

**Budget & Finance Committee:** Board Chair Bonato stated a meeting will be scheduled once they receive staff reports for the Aquatic Center, and the Pleasant Hill Pathways project.

**Program Committee:** Nothing to report.

## **BOARD ANNOUNCEMENTS AND REQUESTS TO STAFF**

**Shess** made the following announcements/questions:

- He attended the Rodgers Ranch event last Saturday. He said the group is very excited for the upcoming year.
- He thanked staff for their work on the reserve study.
- He will be contacting Board Members regarding committee assignments.

**Donaghu** made the following announcements/questions:

- He will be attending the Chamber Meeting tomorrow morning.

**Sterrett** made the following announcements/questions:

- She completed the harassment training through CSDA.
- She was glad to see the CSDA call for officers in the packet.
- She had a good meeting with the District's new special events coordinator.
- She would like to agendaize the CSDA meeting report.

**Bonato** made the following announcements/questions:

- She asked for photos of the train remodel. Thanked the staff for their work on the train.
- She attended the Senior Club meeting. She is feeling that a solution has been found for the Non-Resident fee issue. The issue will be presented to the Senior Club on December 8, 2015.
- She received a call from a broker of the Grayson Woods golf course property letting her know the property was still for sale.
- She received a call from Mr. Gunderson regarding the fence at Rodgers Smith Park.
- She did an interview with a reporter of the FOCUS regarding the Oak Park property.
- She commented that she would like to do something from the District for Elizabeth Hurley's family.
- She spoke to Lisa White about the Contra Costa Times article on the Oak Park property.
- She discussed a science fair event concept with the District's Special Events Coordinator.

## **STAFF ANNOUNCEMENTS**

The General Manager made the following announcements:

- He reported that a dividend in the amount of \$10,953 had been received from CAPRI.
- He reminded the Board of upcoming Holiday events in the community.

## **ADJOURNMENT**

Board Chair Bonato adjourned the meeting at 10:51 p.m.

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Robert B. Berggren, Clerk of the Board



## **MEMORANDUM**

TO: Board of Directors  
FROM: General Manager  
DATE: February 3, 2016  
RE: February 11, 2016 Board Meeting

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### **To Consider Hiring a Recruitment Firm for the General Manager Position (ACTION)**

The AD HOC General Manager Recruitment Committee consisting of Sherry Sterrett and Sandy Bonato have met on two occasions to review proposals by two firms, CPS HR Consulting as well as Koff and Associates. The Committee will make a recommendation. The cost of the services ranges from \$23,500 to \$25,000.

PROPOSAL

# Pleasant Hill Recreation & Park District

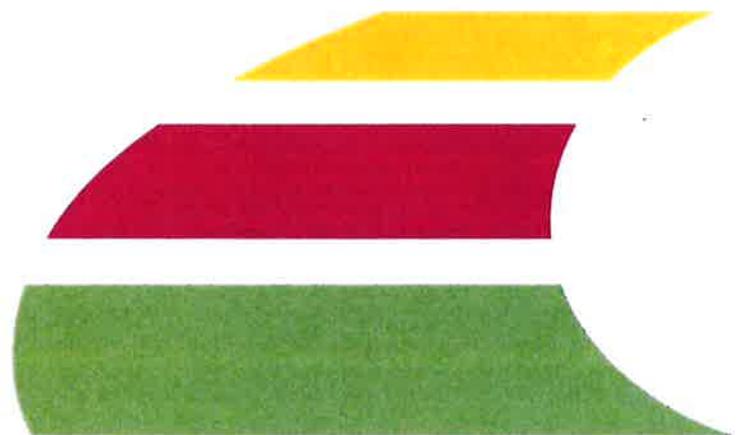
## Executive Recruitment for General Manager

January 7, 2016

SUBMITTED BY:  
VICKI QUINTERO BRASHEAR  
*Director of Products and Services*

CPS HR Consulting  
241 Lathrop Way  
Sacramento, CA 95815  
P: 916-471-3481  
F: 916-561-7281  
vicki@cpsshr.us  
Tax ID: 68-0067209

[www.cpsshr.us](http://www.cpsshr.us)



Your Path to Performance

January 7, 2016

Bob Berggren  
General Manager  
Pleasant Hill Recreation & Park District  
147 Gregory Lane  
Pleasant Hill, CA 94523

**Submitted via email to: [BBerggren@pleasanthillrec.com](mailto:BBerggren@pleasanthillrec.com)**

**Subject: General Manager Executive Recruitment**

Dear Mr. Berggren:

CPS HR Consulting (CPS HR) is pleased to have the opportunity to submit a proposal to assist the Pleasant Hill Recreation & Park District (District) with the recruitment of a new General Manager. We are uniquely qualified to undertake this effort as we have vast experience in assisting public agencies with executive search, screening, and placement.

We possess a number of important strengths to assist the District in accomplishing the goals for this recruitment, including:

- **Broad recruitment experience for public sector executive and managerial positions.** CPS HR has recruited executives and managers for a variety of positions with cities, counties, special districts, and nonprofit entities. We have extensive experience in the recruitment of all types of local government, executive, and professional staff, including council/board appointed executives, department directors, and key professional and management positions. We will apply this expertise to your recruitment.
- **A proven track record with more than 1,700 recruitments for 600+ clients.** We understand and appreciate the intricacies of managing the executive recruitment for an organization and bring that expertise and knowledge to the recruitment process. For this recruiting engagement, we will custom-tailor a program to fit your needs to provide a strong, competitive pool of candidates.
- **An in-depth understanding** of all state and local government operations, programs, and services. This understanding has been gained through consulting engagements with local government agencies throughout the United States.
- **Recent recruiting engagements within California.** We have developed a thorough familiarity with regional issues such as housing costs, transportation, demographics, employment rates, and economic conditions. This, combined with our executive recruitment experience, strengthens our conversations with potential candidates.

It is our commitment to work in partnership with your organization to a successful result.

Thank you for the opportunity to be considered for this assignment. Should you have questions or comments about the information presented in this proposal, **please contact Pam Derby at [pderby@cpsr.us](mailto:pderby@cpsr.us) or (916) 471-3126.**

Sincerely,



Vicki Quintero Brashear  
Director of Products and Services

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## **Our Understanding of the Scope of Work**

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The Pleasant Hill Recreation & Park District (District) is seeking a professional search firm to conduct an executive recruitment for a new General Manager. CPS HR Consulting (CPS HR) realizes the importance of this leadership position and is prepared to assist the District with this endeavor from the initial kick-off meeting to the successful placement of a new incumbent. We envision the successful candidate leading the District in practice to achieve its mission of "... [serving] the diverse recreational needs of individuals and families and to enrich the quality of life for all residents...".

## **Methodology**

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### **Key Stakeholder Involvement**

The Board of Directors (Board) must be intimately involved in the search for a new General Manager. For this reason, our approach assumes their direct participation in key phases of the search process. Additionally, at the discretion of the Board, other key stakeholders may also be invited to participate in focus group sessions or round-table meetings to provide input for the development of the candidate profile.

### **The District's Needs**

A critical first step in a successful executive search is for the Board to define the professional and personal qualities required of the General Manager. To be certain this occurs, we have developed a very effective process that will permit the Board to clarify the preferred future direction for the District; the specific challenges the District is likely to face in achieving this future direction; the working style and organizational climate the Board wishes to establish with the General Manager; and ultimately, the professional and personal qualities that will be required of the General Manager.

### **Aggressive, Proactive, and Robust Recruitment**

We take an aggressive approach in identifying and recruiting the best available candidates. There are those candidates who would gladly rise to the professional challenge and apply for this position; however, some of the best candidates are often not actively seeking a new position and may only consider a change once we present them with your opportunity. Evoking the sense of vision and opportunity in qualified persons is among the responsibilities of CPS HR, and we pride ourselves in our efforts to reach the best available potential candidates.

## Selection

The selection of the best available candidate requires the use of tools specifically designed to evaluate each candidate against the personal and professional qualities identified by the Board. For this reason, we tailor our selection techniques to the District's specific requirements. In addition, we also assume responsibility for administering the selection process for the District.

### Three-Phase Project Approach for Success

Our proposed executive search process is designed to provide the District with the full range of services required to ensure the ultimate selection of a new General Manager who is uniquely suited to the District's needs.



**Phase I:** As desired by the District, our consultant will meet with the Board to ascertain the District's needs and ideal candidate attributes, to target our search efforts, and maximize candidate fit with the District.

**Phase II:** The recruitment process is tailored to fit the District's specific wants and needs, with targeted advertising, combined with personal contacts with qualified individuals from our extensive database.

**Phase III:** The selection process is customized for the District. CPS HR will work with the Board to determine the process best suited to the Pleasant Hill Recreation & Park District.

## Project Tasks

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### *Phase I - Develop Candidate Profile and Recruitment Strategy*

#### **Task 1 - Review and Finalize Executive Search Process and Schedule**

The first step in this engagement is a thorough review of the following with the Board:

- District's needs, culture, and goals
- Executive search process
- Schedule

This will ensure that the District's needs are met in the most complete manner possible.

#### **Task 2 - Key Stakeholder Meetings**

As desired by the District, CPS HR is prepared to meet with any additional key stakeholders to obtain input in developing the ideal candidate profile and to assist CPS HR in understanding key issues and challenges that will face a new General Manager. The specific nature of the involvement process would be developed in consultation with the District. The results of the above activities will be summarized by CPS HR and provided to the District as an additional source of information for developing the candidate profile and selection criteria.



#### **Task 3 - Candidate Profile and Recruitment Strategy Development**

This task will be accomplished during a workshop session involving the Board and CPS HR. It will result in the identification of the personal and professional attributes required for the position and will include the following activities:

- The Board will identify key priorities for the new General Manager.
- CPS HR will assist the Board in identifying the conditions and challenges likely to be encountered in achieving the priorities identified above.
- The Board will describe the type of working relationship they wish to establish with the General Manager.
- CPS HR will assist the District in generating lists of specific competencies, experiences, and personal attributes needed by the new General Manager in light of the analyses conducted above.
- CPS HR will present several recruitment and selection strategies for the District's consideration. The District will choose the recruitment and selection process most likely to produce the intended results.

#### Task 4 – Develop Recruitment Brochure

Following the completion of the workshop session, CPS HR will work with a professional graphic artist to design a recruitment brochure and present it to the District for review prior to printing. Please refer to **Appendix A** for a sample brochure. Additional brochure examples are available on our website at [www.cpshr.us/search](http://www.cpshr.us/search).

#### Task 5 – Place Advertisements

Advertisements (which will include a direct link to your brochure) will be prepared and placed for publication in appropriate magazines, journals, newsletters, job bulletins, social media, and websites to attract candidates on a nationwide, regional, local, or targeted basis, depending on the preference of the District. CPS HR will present examples to the District for review and approval. Examples may include:

Advertising Sources	
• California Parks & Recreation Society	• Jobs Available
• California Special Districts Association	• Western City website
• California Association of Counties	• LinkedIn

CPS HR will prepare an email distribution list containing prospective candidates and referral sources. These individuals will receive a link to the General Manager brochure along with a personal invitation to contact CPS HR should they have any questions about the position.

*CPS HR is focused on reaching a diverse candidate pool* and would recommend publications/websites that are targeted to minority and female candidates. CPS HR will specifically research other jurisdictions in which the demographics mirror those of the Alameda County area and target outreach to those individuals. In addition to placing ads on websites aimed at minority candidates, we will contact leaders within appropriate associations to gain their insight and referrals of possible candidates.

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***Within the past five years, we have successfully placed more than 170 minority and female candidates in executive level positions.***

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## Phase II – Aggressive, Proactive, and Robust Recruitment

### Task 1 - Identify and Contact Potential Candidates

This very crucial task will include a variety of activities. CPS HR will:

- Contact respected and experienced industry leaders to identify outstanding potential candidates on a referral basis. CPS HR maintains a comprehensive, up-to-date database of such professionals; however, we do not rely solely upon our current database. We also conduct specific research to target individuals relevant to your specific needs and expectations to ensure that we are thorough in our efforts to market this position to the appropriate audience and to garner a diverse and quality pool of candidates. These individuals, as well as other potential candidates, are typically contacted very soon after they have received a recruitment brochure in order to maximize the impact of the multiple contacts.
- Select top quality candidates for consideration from past recruitments.
- Provide each potential candidate with a copy of the recruitment brochure.
- Contact potential candidates by telephone to explain the career opportunity, answer questions, and encourage them to submit a resume. Oftentimes this component necessitates multiple conversations with the same person to pique his/her interest and to answer his/her questions sufficiently.

As a consulting firm that interacts with hundreds of public sector executives during engagements, we have a cadre of individuals who we inform of recruitments, both to increase the visibility of the opening and to attract appropriate individuals who fit the special needs of our client. Communication with these professionals ensures that an accurate picture of the requirements of the job is apparent and proliferated throughout their professional networks. The approach utilized by CPS HR employs the following techniques:



- Communicating to candidates, through advertising materials and verbal conversations, a strong sense of the purpose and strategy of the District. For many talented individuals, understanding these aspects is one of the key motivators to compete in such an environment.
- Providing guidance and resources to candidates regarding the area's cost of living, mean and median housing prices, higher education opportunities, K-12 education information, and other aspects of interest to those who are considering relocating to the area. We have found that potential candidates sometimes make the decision not to apply based

on rumored information, rather than facts and research. It is our job to ensure the candidates we are in communication with have accurate and helpful information.

- Actively seeking individuals who are highly visible in the field – widely published, frequent presenters and/or thought leaders – who are seemingly ready for the challenge. These highly qualified candidates may be attracted by the prospect of collaboration with other District departments, providing exceptional leadership to the Pleasant Hill Recreation & Park District, or continuing to ensure the public confidence in the integrity of the District.

### **Task 2 – Resume Review and Screening Interviews**

All resumes will be submitted directly to CPS HR for initial screening. This screening process is specifically designed to assess the personal and professional attributes the District is seeking and will include:

- A thorough review of each candidate's resume, and if applicable, supplemental questionnaire responses and other supporting materials.
- Interviews with the candidates who appear to best meet the District's needs. CPS HR will spend extensive time ascertaining each candidate's long term career goals and reasons why the candidate is seeking this opportunity, as well as gaining a solid understanding of the candidate's technical competence and management philosophy. We will also gather data on any other unique aspects specific to this recruitment based upon the candidate profile.
- Internet research on each candidate interviewed.



### **Task 3 – The Board Selects Finalists**

At the conclusion of the previous tasks, CPS HR will prepare a written report that summarizes the results of the recruitment processes and recommends candidates for further consideration by the District. Typically the report will recommend five to eight highly qualified candidates, and will include resumes and a profile on each interviewee's background. CPS HR will meet with the Board to review this report and to assist the District in selecting a group of finalists for further evaluation.

## Phase III – Selection

### Task 1 - Design Selection Process

Based on the results of the meeting conducted in Phase I, CPS HR will design a draft selection process. CPS HR will meet with the District to review this process and discuss the District's preferred approach in assessing the final candidates. The selection process will typically include an in-depth interview with each candidate, but may also include other selection assessments such as an oral presentation, preparation of written materials, and/or problem-solving exercises.

### Task 2 - Administer Selection Process

CPS HR will coordinate all aspects of the selection process for the District. This includes preparing appropriate materials such as interview questions, evaluation manuals, and other assessment exercises; facilitating the interviews; assisting the District with deliberation of the results; and contacting both the successful and unsuccessful candidates.



### Task 3 – Final Preparation for Appointment

Following the completion of the selection process, CPS HR will be available to complete the following components:

- **Arrange Follow-up Interviews/Final Assessment Process:** Should the District wish to arrange follow-up interviews or conduct a final assessment in order to make a selection, CPS HR will coordinate this effort.
- **Conduct In-Depth Reference Checks:** The in-depth reference checks are a comprehensive 360 evaluation process whereby we speak with current and previous supervisors, peers, and direct reports. (It is our policy to not contact current supervisors until a job offer is made contingent upon that reference being successfully completed so as not to jeopardize the candidates' current employment situation.) The candidates are requested to provide a minimum of six reference sources. CPS HR is able to ascertain significant, detailed information from reference sources due to our assurance and commitment to each individual that their comments will remain confidential, which leads to a willingness to have an open and candid discussion, resulting in the best appointment for the District. A written (anonymous) summary of the reference checks is provided to the District.
- **Conduct Background Checks:** We will arrange for a background records check of a candidate's driving record, criminal and civil court, credit history, education verification, newspaper article publishing's, and other sensitive items. Should any negative or

questionable content appear during these checks, CPS HR will have a thorough discussion with the finalist(s) and will present a full picture of the situation to the District for further review.

#### **Task 4 – Contract Negotiation**

Successful negotiations are critically important, and we are available to serve as your representative in this process. With our expertise, we can advise you regarding current approaches to various components of an employment package. We can represent your interests with regards to salary, benefits, employment agreements, housing, relocation, and other aspects, with the ultimate goal of securing your chosen candidate.

### **Commitment to Communication**

Throughout the recruitment process, we are strongly committed to keeping you fully informed of our progress. We will collaborate with you to provide updates on the status of the recruitment via your preferred method of communication (phone conference, email, etc.).

In addition, during each phase in the process, we are corresponding with candidates and advising them of their status. We place the highest level of importance on customer service and



responding in a timely manner to all client and candidate inquiries. Our previous clients and candidates have expressed a sincere appreciation for our level of service and responsiveness to the management of the recruitment process; as a result, we have many long term relationships with clients that have resulted in the opportunity to assist them with multiple recruitments.

CPS HR's communication extends once you have selected the new General Manager. We will contact both the Board and the newly appointed General Manager within six months of appointment to ensure an effective transition has occurred.

## Project Timeline

The project team CPS HR has selected is prepared to begin work upon receipt of a fully-executed contractual agreement. All search activities up to and including the selection of a new General Manager can be completed in 14 to 16 weeks. The precise schedule will depend on the placement of advertising in the appropriate professional journals, and the ability to schedule, as quickly as possible, the initial meeting. A proposed schedule of major milestones is presented below.

Task Name	Month 1				Month 2				Month 3				Month 4			
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Initial Meeting/Candidate Profile	➤															
Draft Brochure		➤														
Brochure Approved/Printed Place Ads			➤													
Aggressive Recruiting							➤									
Final Filing Date							➤									
Preliminary Screening									➤							
Present Leading Candidates to the District										➤						
District Interviews													➤			
Reference/Background Checks														➤		
Appointment																➤
Weeks	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16

## Executive Recruitment Team

CPS HR has assembled a strong project team with each member possessing extensive recruiting experience and a direct, in-depth understanding of local government. For this engagement, Ms. Pam Derby has been selected to serve as the project manager. Mr. Stuart Satow and Mr. Frank Rojas will be available as additional resources throughout the recruitment efforts.

PROJECT MANAGER CONTACT INFORMATION	
Name	Pam Derby
Title	Project Manager/Senior Executive Recruiter
Address	241 Lathrop Way Sacramento, CA 95815
Phone	(916) 471-3126
Email	pderby@cpsr.us

### Pamela H. Derby

#### Profile

Since joining CPS HR Consulting in 2003, Pam Derby has conducted a wide range of recruitments for county, city, special district and association executives including city attorney, executive director, general manager, city manager, assistant and deputy city manager, police chief, community and economic development director, human resource director, finance director, public works director, registrar of voters, library director, and director of information technology in addition to specialized support positions. In addition, Ms. Derby has just successfully completed the General Manager recruitment for the Hayward Area Recreation and Park District.

Prior to joining CPS HR, Ms. Derby served as the Aide to the Yuba County Board of Supervisors serving as the Board's liaison to County Department Heads, the community, and the media. This experience provided her with a unique perspective into the special circumstances that exist in a Board/Council-Manager relationship and a keen awareness of the inner workings of local government. She is sensitive to balance the wants of the community with the needs of the District so as to tailor a recruitment process that reaches out to the most appropriate candidates and ensures a diverse group of individuals from which to make a selection. She has successfully employed these techniques in jurisdictions ranging from under 10,000 to 10 million. Moreover, she employs a firmly-held personal philosophy that candidates must be treated with the same

respect and careful consideration as her client. Previous to her local government service, Ms. Derby served in the private sector and with several non-profit lobbying associations where she was responsible for the management of several large consumer groups.

### **Employment History**

- Senior Executive Recruiter, CPS HR Consulting
- Professional Management Consultant, CPS HR Consulting
- Administrative Technician, CPS HR Consulting
- Aide to the Board of Supervisors, Yuba County, CA
- Special Cases Manager, Consumer Relations, The Money Store, CA
- Supervisor, Trailing Documents, The Money Store, CA
- Executive Assistant, Randlett Associates, CA

### **Professional Experience**

- Project manager for local government, special district and non-profit executive recruitments. Responsible for all facets of process including proposal interviews, all client meetings, creating marketing and advertising materials, conducting candidate screening interviews and developing finalist candidate interview processes.
- Assisted executive recruiting team in the recruitment of local government and public agency executives.
- Managed staff responsible for addressing escalated customer complaints. Negotiated and mediated pre-litigation settlements with attorneys, state regulators, and other state agencies, involving home improvement loans. Served as department fraud coordinator.
- Provided administrative support to SVP, including drafting correspondence, report writing and special projects as assigned. Supervised department receptionist, responsible for interfacing with vendors and facilities management.
- Provided administrative and research support for private professional lobbying firm. Researched legislative bills, corresponded with professional association members regarding legislative proposals.

### **Education**

- California State University, Chico, major course emphasis – Physical Education/English

## **Stuart Satow**

### **Profile**

Since joining CPS HR Consulting in 2002, Stuart Satow has conducted over 175 successful recruitments covering all areas of public sector executive search including city, county, state, special district, and regional governments. Mr. Satow has extensive experience in conducting high-level recruitments for council/board appointed positions, as well as executive recruitments for mid-management and department head level positions in community development/planning, finance, human resources, information technology, legal, parks and recreation, public safety, and public works/utilities.

Previously, as a sportscaster for ABC affiliate KXTV Channel 10, Mr. Satow interviewed hundreds of management-level executives, university officials, and professional and amateur athletes. He is a popular public speaker and emcee who has long been involved in community events in the Sacramento region. With a BA degree in Communication Studies from California State University, Sacramento and 27 years of experience in the communications industry, Mr. Satow is an experienced writer and interviewer who has excellent people skills and a positive track record in staff and project management.

### **Employment History**

- Senior Executive Recruiter, CPS HR Consulting
- Sports Director, KXTV-10, Sacramento, CA
- Sports Reporter / Weekend Sports Anchor, KXTV-10, Sacramento, CA
- Sports Reporter / Weekend Sports Anchor, KNTV Channel 11, San Jose, CA
- Sports Reporter / News/Sports Photographer, KTXL, Channel 40, Sacramento, CA

### **Professional Experience**

- Conducting public sector recruitments for executive level positions (includes upper- and mid-management, department directors, and council/board appointed positions).
- Managing entire recruitment process: develop and submit responses to proposals, meet with clients to understand their recruitment needs and develop a project plan, develop marketing brochures for recruitments, place advertisements, and research and identify potential candidates. Proactively contact potential candidates; market the position to them. Conduct screening interviews. Facilitate the entire interview process. Perform thorough reference checks and oversee extensive background checks on candidates. Negotiate employment agreements.
- Coordinating activities of the Sports Department for local television news station
- Reporting on local sports events/teams of interest including high school, college and professional sports (and others)

*Proposal to the Pleasant Hill Recreation & Park District  
General Manager Executive Recruitment*

- Liaison to local and regional sports contacts (including local and bay area professional teams, universities/colleges, high school athletic directors/coaches, and other key sports contacts)
- Experienced writer and interviewer with excellent people skills and a positive track record in staff and project management.

**Education**

- B.A., Communication Studies (with honors), California State University, Sacramento

## **Frank Rojas**

### **Profile**

Frank Rojas is a Senior Executive Recruiter with CPS HR Consulting. Frank brings more than 30 years of recruiting experience from the highly competitive direct placement and contract labor industries as well as the corporate environment. Mr. Rojas has significant experience placing corporate leaders, executive, professional, and technical staff including individual contributors for government sector, non-profits, aerospace, architectural and engineering, information technology, petroleum and chemical, energy, power, civil/structural, transportation and private industry. In addition to just completing recruitments for City of San Jose, CA 32<sup>nd</sup> Agricultural District, Casitas MWD and the City of Compton, recent successful efforts include positions of Chief Executive Officer, Chief Information Officer, Vice President of Risk, Director of Community Development, Corporate and Government Controllers, General In-House Counsel, Fire Chief, and Director-level hires for Human Resources, Administrative Services, Engineering, Emergency Services, Fleet, Environmental, Regulatory Compliance, Training, and Division/Site General Managers. Mr. Rojas has established a strong client and customer base through trust, effective recruiting, relationship building, and teamwork.

Mr. Rojas began his career in Contract Labor and over the next 20+ years launched seven start-up offices in several states and locations providing direct placement and contract support to hundreds of clients in virtually all industries and levels of talent. He continued his career in the non-profit environment managing and building talent acquisition support during significant growth periods. Having been a speaker at several networking and career coaching venues, Frank believes in utilizing traditional recruiting methodology with social media. He was named in the top 1% viewed profiles on LinkedIn.

### **Employment History**

- Senior Executive Recruiter, CPS HR Consulting
- Employment Director and Senior Recruiter, PRIDE Industries
- Corporate Recruiter, EMF Broadcasting
- Branch Manager and Acting Vice President, Fastek Technical Services

### **Professional Experience**

- Managed and led recruiting efforts including client interface to define and write position descriptions, profiles, and goals. Responsible for creating marketing plans, screening and selection strategies, conducting interviews and participating in final hire and post-hire activities including reference and background checks.
- Assisted in salary evaluation and competitive comparisons. This includes candidate negotiations, travel and relocation (if appropriate), benefits, and confirmation and acceptance of any requirements prior to the submittal process and acceptance of offer.
- Managed in-house staff to ensure adherence of company policies and legal compliance. Developed and maintained positive, team-building methodologies that increased

productivity, created a positive, productive staff, and maintained cooperativeness and trust.

- Recruited and identified senior-level management for several federal locations including General Managers, Assistant General Managers, HR Directors, Site Controllers, Quality Managers, T-4 Water and Environmental Director and Departmental Leadership at Fort Bliss, El Paso; Fort Polk, Louisiana; Joint Base McGuire-Dix-Lakehurst; New Jersey; Los Angeles Air Force Base; Cape Canaveral, Florida; and the Lawrence Livermore National Laboratory.
- Set up staff procedures and office functions; negotiated service agreements, ensured EEO, safety/OSHA quality, and all local, state, and federal compliance policies. Migrated and implemented several Applicant Tracking Systems including participation as Systems Administrator.
- Initiated effort to define the mission and business plans of expanding organizations. Developed road maps to build client base, relevant labor pools, and resources to sustain growth for the entire enterprise. Started corporate recruiting department and initiated recruiting strategies, hiring processes, retention, and integrated cost-effective marketing tools.
- Hired and motivated in-house talent and created cross-functional business/sales and recruiting process allowing for growth, skills development, and achievement to meet customer needs and provide for an effective team-oriented environment.

#### **Education**

- B.A., Political Science, University of California at Berkeley, Berkeley, CA

## References

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Provided below is a partial list of clients we have recently worked with in providing executive recruitment services. We are confident that these public sector clients will tout our responsiveness and ability to successfully place candidates that were a good fit for their organization's needs.

CLIENT	POSITION	CONTACT
Hayward Area and Park District	General Manager (2016)	Paul Hodges Board President (510) 889-1313 (Res.) (510) 589-3423 (Cell) phodges06@aol.com
Monterey Peninsula Regional Park District	General Manager (2013)	Kathleen Lee Board Chair (831) 372-3196 klee@mprpd.org or Shuran Parker Administrative Services Manager (831) 372-3196 x107 parker@mprpd.org
East Bay Regional Park District	Assistant General Manager, Land Division (2012)	Jim O'Connor Assistant General Manager (510) 544-2500 joconnor@ebparks.org or Robert Doyle General Manager (510) 544-2000 bdoyle@ebparks.org

## Professional Fees, Expenses, & Guarantee

### Professional Services

Our professional fixed fee covers all CPS HR services associated with **Phases I, II, and III** of the recruitment process, including the necessary field visits (up to three) to develop the candidate profile and recruitment strategy, assist the District with finalist selection, and facilitate candidate interviews.

### Reimbursable Expenses

Actual out-of-pocket expenses for such items as consultant travel, advertising, marketing, printing/copying, and postage/delivery charges are reimbursable at cost. There is no mark-up on expenses and ***we will work proactively with the District to ensure that the dollars being spent for expenses are in keeping with the District's expectations.*** Travel expenses for candidates who are invited forward in the interview process are not included under our reimbursable range. The listed reimbursable expenses range includes a background check on the selected finalist candidate.

Professional Fixed Fee & Reimbursable Expenses*	
Professional Services (Fixed Flat Fee)	\$17,000
<b>Reimbursable Expenses</b> <u>Approximate</u> recruitment costs include: <ul style="list-style-type: none"> <li>■ Brochure Design and Printing (\$1,250)</li> <li>■ Advertising (\$3,000)</li> <li>■ Consultant travel based on three trips with one overnight (\$750)</li> <li>■ Background check for one candidate (\$400)</li> <li>■ Other recruitment expenses such as supplies and shipping (\$200)</li> </ul>	\$5,500-\$6,500
<b>Not-to-Exceed Total</b>	<b>\$23,500</b>

\*Professional fees and reimbursable expenses would be billed and paid monthly.

### Two Year Guarantee

If the employment of the candidate selected and appointed by the District, as a result of a full executive recruitment (Phases I, II, and III), comes to an end for any reason before the completion of the first two years of service, CPS HR will provide the District with whatever professional services are required to appoint a replacement. Professional consulting services will be provided at no cost. The District would be responsible only for reimbursable expenses. Additionally, should the initial recruitment efforts not result in a successful appointment, CPS HR will extend the aggressive recruiting efforts and screen qualified candidates until an offer is made and accepted.

## Qualifications

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CPS HR specializes in the recruitment and selection of key professionals for cities, counties, special districts, and non-profits. Working in partnership with the governing body or selection team, we develop customized search strategies that focus on locating and recruiting qualified candidates who match the agency's unique needs. Our wealth of recruitment experience has been gained through more than 13 years of placing top and mid-level executives in public agencies throughout the United States.

### ■ **Unmatched Recruitment Experience for Government Agencies**

CPS HR has extensive experience in recruiting executive-level professionals for public agencies across the United States. As a public agency ourselves, we understand how to work with and within government. Our understanding of public sector culture and policy uniquely sets us apart from our competitors.

### ■ **Seasoned Executive Recruiters**

Our recruiters possess a high level of expertise in recruiting and placing executive-level professionals. Our staff of experts includes an exceptional group of full-time employees as well as a full complement of subject matter experts, intermittent employees, and part-time employees with a variety of public and private sector experience.

### ■ **Detailed Needs Assessments**

We conduct a detailed needs assessment to identify 1) future organizational direction; 2) challenges facing the position; 3) the working style and organizational climate; and 4) required core and job specific competencies as well as personal and professional characteristics.

### ■ **Vast Pool of Public Agency Contacts**

CPS HR maintains a database of candidates and an extensive network of external resources to leverage for executive-level positions. We utilize our vast pool of public and non-profit contacts to deliver a strong list of competitive candidates who will be well prepared to assist you in the accomplishment of your specific mission and goals.

### ■ **Success Recruiting Non-Job Seeking Talent**

We recognize that the very best candidates for some types of positions may not be looking for a career change, therefore, our recruitment team takes a very aggressive approach to identify and recruit such candidates.

### ■ **Diversity Sensitivity**

CPS HR encourages applicant diversity and incorporates a variety of activities to attract the best available candidates. We have successfully recruited and placed minority and female candidates for a variety of executive-level positions.

■ **Cost Effective**

The combination of CPS HR's seasoned recruitment management and highly qualified staff enable us to reliably deliver successful results on time and on budget.

■ **Satisfied Clients**

*Our executive search client satisfaction rating averages 4.6 on a scale of 5.* While many companies talk about client satisfaction, how many measure the impact of that through assessing client satisfaction by distributing written surveys and tying the results of these surveys to their performance management system? CPS HR Consulting does. A client satisfaction survey is sent at the end of every engagement requesting feedback on the quality of our staff, deliverables, and the overall consulting relationship.

■ **Strong Base of Repeat Clients**

We make sure we understand our client's challenges and customize our process to fit their needs. As a result, we have a long and growing list of returning clients who seek our services for multiple engagements.

■ **Proven Placement Success**

Please refer to **Appendix B** for a partial listing of successful placements within the past three years.

## About CPS HR Consulting

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CPS HR Consulting has been assisting organizations with their talent management needs for 30 years. We have unique expertise in delivering HR management and consulting services, employment testing, and assessment services to government agencies throughout North America.

CPS HR's core competency is its knowledge of and expertise in the public sector. As a public agency, we understand the challenges and issues facing our client base. As a self-supporting public entity, we also understand the need for innovative yet practical results. CPS HR can provide expertise that is unique because we share with our clients a common perspective. There is no competitor in the industry that can make this claim.



CPS HR offers clients a comprehensive range of competitively priced services, all of which can be customized to meet your organization's specific needs. We are committed to supporting and developing strategic organizational leadership and human resource management in the public sector. We offer expertise in the areas of organizational strategy, recruitment and selection, training and development, and organization and workforce management.

CPS HR is a public agency governed by regulations and public sector concerns. We understand what it is to work with and within government. Unlike other public sector organizations, CPS HR is self-supporting. We employ the strategy, innovation, and flexibility found in the private sector to the client's advantage. CPS HR's unique position in the public arena attracts professionals from both public and private sectors who are driven to help the client reach its organization's vision and mission. We work collaboratively with the client to generate solutions that are creative yet practical, to meet the organization "where it is" while also moving it to the next level.

CPS HR currently has a staff of 80+ full-time employees and more than 1,200 subject matter experts and contract employees who have a wide variety of government, public, and private sector human resources experience. CPS HR has worked with more than 1,200 government and public/non-profit clients throughout the United States and Canada.

Our headquarters are located in Sacramento, California. We have regional offices in Rockville, Maryland and Austin, Texas.

*Proposal to the Pleasant Hill Recreation & Park District  
General Manager Executive Recruitment*

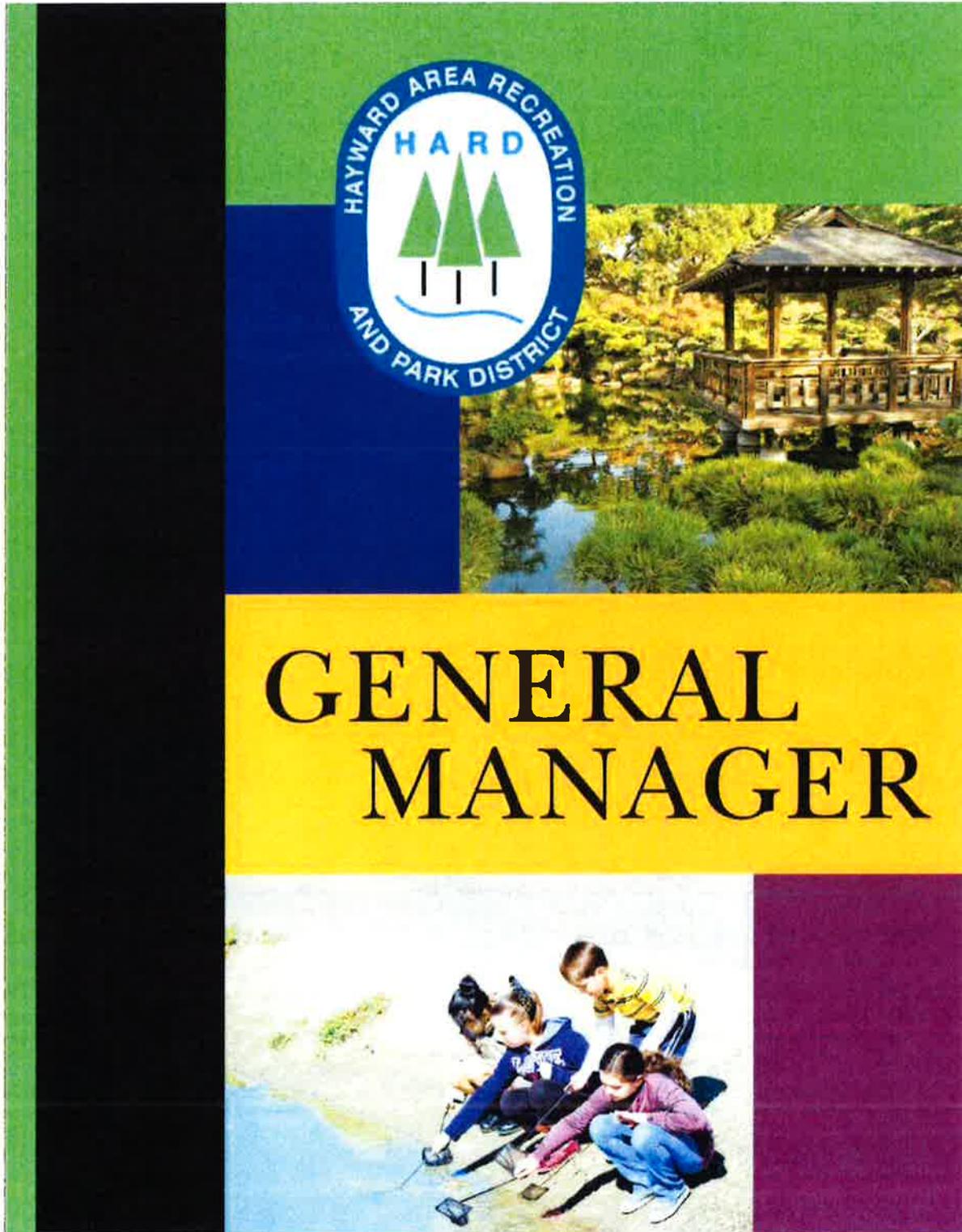
CPS HR Consulting offers a comprehensive range of products and services. Our systematic approach to human resource management ensures that the solutions, strategies, and methodologies we implement improve your organization. For more information on our services, please visit our website at [www.cpshr.us](http://www.cpshr.us).

<b>CPS HR CONSULTING SERVICES</b>	
<b>ORGANIZATIONAL STRATEGY</b>	<b>TESTING, RECRUITMENT &amp; SELECTION</b>
<ul style="list-style-type: none"> <li>● Workforce &amp; Succession Planning</li> </ul>	<ul style="list-style-type: none"> <li>● Job Analysis</li> </ul>
<ul style="list-style-type: none"> <li>● Organizational Assessment, Redesign and Re-Engineering</li> </ul>	<ul style="list-style-type: none"> <li>● Develop/Deliver Assessment Center Services</li> </ul>
<ul style="list-style-type: none"> <li>● Performance Management</li> </ul>	<ul style="list-style-type: none"> <li>● Executive Search</li> </ul>
<ul style="list-style-type: none"> <li>● Employee Engagement</li> </ul>	<ul style="list-style-type: none"> <li>● Test Development*</li> </ul>
<ul style="list-style-type: none"> <li>● Change Management</li> </ul>	<ul style="list-style-type: none"> <li>● Test Administration*</li> </ul>
<ul style="list-style-type: none"> <li>● Complaint Investigations &amp; HR Outsourcing</li> </ul>	<ul style="list-style-type: none"> <li>*(for employment and licensing certification)</li> </ul>
<b>CLASSIFICATION AND COMPENSATION</b>	<b>TRAINING AND DEVELOPMENT</b>
<ul style="list-style-type: none"> <li>● Classification</li> </ul>	<ul style="list-style-type: none"> <li>● Training</li> </ul>
<ul style="list-style-type: none"> <li>● Compensation</li> </ul>	<ul style="list-style-type: none"> <li>● Coaching</li> </ul>
	<ul style="list-style-type: none"> <li>● Accelerated Leader 360° Assessment™</li> </ul>
	<ul style="list-style-type: none"> <li>● Leadership Development</li> </ul>



***We thank you for your consideration of our proposal. We are committed to providing high quality and expert solutions and look forward to partnering with the Pleasant Hill Recreation & Park District in this important endeavor.***

## Appendix A: Sample Brochure



Proposal to the Pleasant Hill Recreation & Park District  
General Manager Executive Recruitment



*This is a unique opportunity for a dynamic, collaborative servant leader to join our team and lead the largest recreation and park district in California.*

**MISSION**

*To enrich the quality of life for our community by providing a variety of recreation activities, parks, and facilities that promote health and wellness, learning and fun.*

**THE DISTRICT**

The Hayward Area Recreation and Park District, known locally as "HARD" is an independent special use district created in 1944 by public vote to provide park and recreation services for over 275,000 residents. The District's boundaries encompass a 64 square mile area, which includes the City of Hayward and the incorporated communities of Castro Valley, San Lorenzo, Ashland, Cherryland, and Fairview. Today, HARD has become the largest recreation district in California.

The District provides residents with two golf courses and many beautiful facilities and parks that have received national and state recognition for their design, innovation and beauty, as well as hundreds of educational and recreational classes and programs including:

- After School Programs
- Aquatics
- Arts
- Camps
- Dance & Music
- Fitness
- Gymnastics
- Golf
- Mobile Recreation
- Nature
- PhotoCentral
- Preschool
- Special Interest
- Senior/Active Adult (50+)
- Special Needs
- Sports
- Tennis
- Theater Arts

In addition to its incredibly varied array of programs, HARD manages several signature facilities including:

**The Douglas Morrison Theatre** is nestled along a creekbank and provides year-round live productions, accompanied with community chorus concerts, youth theatre camps in the summer, and seasonal corporate events.

**The Japanese Gardens** are the oldest in California designed along traditional lines with plants trimmed and cared for in the traditional fashion and is available for small wedding ceremonies.

**The Hayward Shoreline Interpretive Center** is a natural history and ecology interpretive nature center. The Center focuses on San Francisco Bay wetland and shoreline ecosystems and operates primarily as a resource center for local schools, educational field trips.

**Kennedy Park** contains a merry-go-round, petting zoo, playground, and a fountain addition to picnic and activity areas and a snack bar.

**Meek Estate Park** is located in Chabotland, just north of Hayward. Equipped with nearly 70 acres, the park honors the historic **Meek Mansion**, a Victorian home built in 1889 and listed on the National Historic Register. Currently under the management of the Hayward Area Historical Society. The West Terrace and grounds are available as a wedding facility.

**Rowell Ranch Rodeo Park** is a special event facility that can be rented for rodeos, special events and picnics. The special event capacity is up to 1,000 people.

**The Sulphur Creek Nature Center** is a nature and wildlife rehabilitation center with facilities for taking in and providing medical and rehabilitation services for wild animals, including mammals and birds, and a small display of San Francisco Bay Area native reptiles and amphibians.

**OPPORTUNITIES**

The next General Manager will be joining a dedicated, collegial staff and a District highly regarded by the communities it serves. In addition, there are several areas of opportunity and growth for the next General Manager to address:

- The District is large and most parks do not meet Quinby standards in addition to being unevenly distributed
- Aging infrastructure
- Development of new parks and creating recreation opportunities in underserved areas
- High housing that generate park development fees



## Proposal to the Pleasant Hill Recreation & Park District General Manager Executive Recruitment



- Continue to focus on outreach and affordable programs for all constituents
- New and revised partnership with city, county, state and other local entities

To learn more go to [www.haywardnet.org](http://www.haywardnet.org)

### GOVERNANCE

The District is overseen by an **elected** five-member Board of Directors, serving the City of Hayward and the unincorporated California cities of San Lorenzo, Ashland, Cherryland, and Fairview communities.

The Board determines policies, rules, regulations and ordinances necessary for the governing of the District. It rules on all matters relative to fiscal expenditures, acquisitions, development, improvement and maintenance of park and recreation facilities and programs.

When making policy level decisions the Board operates under a set of Core Values established in their 2009 Strategic Plan:

1. Does it provide cost-appropriate programs to our wide service area?
2. Does it build on and leverage our network of partners?
3. Does it reflect our commitment to meeting the diverse needs of those we serve?
4. Will it support high quality customer service?
5. Does it clearly protect and enhance our investments in facilities and other assets?
6. Does it support those that make it happen every day – our employees?
7. Will it support best workplace practices?
8. Does it support our ability to govern as a Board team with honesty, openness and respect?
9. Will it support our commitment to public learning?
10. Does it support a sustainable environment?
11. Is it cost-efficient?

### GENERAL MANAGER

**A**ppointed by and reporting to the Board of Directors (Board), the General Manager oversees the Board's Executive Office and is charged with planning, organizing, coordinating, and administering recreation and park programs and facilities. An important

part of this responsibility is in achieving public acceptance and support of the programs and facilities. The General Manager's direct reports include four Department heads: Business, Golf, Park and Recreation. The District is supported by 124 FTEs and a FY2015/16 total budget of \$45.1 million.

Essential duties include:

- Confer with and makes recommendations to the Board of Directors on matters of policy, personnel appointments, finance, land acquisition and park development.
- Serves as principal advisor to the Board of Directors on present and prospective matters.
- Institutes measures to ensure that Board policies are carried out in a manner which will best serve community interests.
- Presents and justifies the annual budget and administers the expenditure of allocated funds; establishes procedures for keeping of financial accounts and records of recreational activities and services, personnel and property.
- Studies the recreation and park needs of the District and develops plans for future expansion and improvement of the District to meet these needs; reports on findings and makes recommendations for the acquisition, design and construction of recreation facilities and areas.
- Directs the selection, training and general assignment of employees of the District; enforces District personnel policies and regulations; takes such disciplinary measures as may be indicated within the policies and regulations.
- Promotes and stimulates community interest and participation in recreation programs and the use of recreation areas and facilities; studies community conditions and needs for special recreation services and group programs; consults with community groups concerning recreation and park services; coordinates the work of the District with that of other governmental or private agencies; maintains effective and cooperative relationships with other recreational and youth-serving agencies; and with public officials and the general public; represents the District on recreation matters; delivers talks before professional clubs, by groups and participates in conferences; prepares articles for publication on the accomplishments of the District.
- Directs the preparation and maintenance of Board of Directors' agendas and meetings and other District records.

### THE IDEAL CANDIDATE

**T**he ideal candidate will be an experienced manager/administrator who is well versed in the management of an organization's operations including finance, personnel, and long range planning.



## Proposal to the Pleasant Hill Recreation & Park District General Manager Executive Recruitment



Model candidates will be skilled in partnership building both inside the organization and with external stakeholders. Highly qualified candidates will be able to effectively manage within a public agency environment with numerous governmental policies and practices. Successful candidates will possess the ability to lead the organization through positive change. This collaborative, enthusiastic and results-oriented leader will bring outstanding communication, interpersonal and consensus building skills and must be able to work cooperatively with the District's management team and with the District's elected officials who maintain a keen interest in the workings of the organization. A healthy sense of humor and an optimistic attitude will complement the District's energetic and dedicated team.

#### Desirable Qualifications

- Financial acumen and previous experience managing Board relationships
- Previous experience with Board elections
- Politically astute but apolitical
- Dedicated servant leader willing to commit time to the District
- Fosters teambuilding and maintains a positive rapport with staff and Board alike
- Direct and honest, possessing unwavering integrity
- Media savvy
- Past experience developing atypical park sites, dealing with community planning, public works and other municipal departments, creative funding solutions and construct/constructive management.

#### Education/Experience

Possession of Bachelor's Degree in Park and Recreation Administration, Public Administration, or in a closely related field and seven (7) years of increasingly responsible experience in park and recreation administration with at least five (5) years in an administrative or supervisory capacity are expected. A Master's Degree in Park and Recreation Administration or Public Administration or a closely related field is desirable.

### COMPENSATION

The salary range for this position is **\$143,724 - \$166,132**. Actual salary will be dependent on experience and qualifications.

HARD offers an attractive benefits package that includes:

- Public Employees' Retirement System 2% at 62 for new hires; 2% at 60 for new employees hired after January 1, 2013 that are already members of CalPERS.
- Ten (10) working days paid vacation each year; fifteen (15) days after five (5) years of service; and twenty (20) days after thirteen (13) years of service.

- Fourteen (14) paid holidays a year
- Sick leave is accrued at the rate of one (1) day per month
- Choice of three (3) health plans for employees and their dependents; most, if not all of which is paid for by the District
- Comprehensive dental plan for employees and their dependents
- Vision care reimbursement benefit
- Social Security paid for by District and employee
- Long term Disability Plan paid by District
- Life Insurance policy (\$40,000) paid by District
- District Deferred Compensation Plan available, employee funded
- Employee Credit Union Services
- Educational Tuition Reimbursement
- Employee Assistance Program
- Post-employment health care plan contribution of 2% of base salary paid by District
- State Disability employee funded

### APPLICATION AND SELECTION PROCEDURE

The application deadline is **Monday, October 12, 2015**. To be considered for this exceptional opportunity, please immediately submit a resume (including dates of employment and staff and budgets managed) cover letter, current salary, the name of six work-related references and answers to the four (4) supplemental questions provided below, directly to:

### CPS HR CONSULTING

Pam Derby  
Tel: 916 / 263-1401 • Fax: 916 / 581-7205  
Email: [resumes@cpsahr.com](mailto:resumes@cpsahr.com)  
CPS web site: [www.cpsahr.us/search](http://www.cpsahr.us/search)

#### Supplemental Questionnaire

Please limit your answers to no more than one typed page of text per question.

1. Describe your experience related to planning, organizing, coordinating and administering recreation and park programs and facilities.
2. Describe your experience related to budgeting and fiscal management procedures including control analysis of expenditures.
3. Describe your experience in achieving public acceptance and support of Recreation and Parks, as well as revenue enhancement initiatives such as a bond measure or parcel tax.
4. Describe your interactions with elected and/or appointed Boards or Commissions.

#### Selection Process

Resumes will be screened in relation to the criteria outlined in this brochure. Candidates deemed to have the most relevant qualifications will be invited to interview with the consultant, following which the most qualified candidates will be referred for interviews with the District. The District anticipates making an appointment to the position following final interviews and the completion of reference and background checks to be coordinated with the successful candidate.

## Appendix B: Partial Recruitment Listing

Agency	Title	Year Completed
Anaheim, City of	Engineering Manager - Design Services	2015
Anaheim, City of	Engineering Manager - Development Services	2015
Fairfield, City of	Transportation Manager	2015
Housing Authority of Stanislaus County	Executive Director	2015
Marinwood Community Services District	District Manager	2015
Monterey Regional Water Pollution Control Agency	Chief Financial Officer	2015
Puget Sound Clean Air Agency	Human Resources Manager	2015
Fairfield, City of	Director of Community Resources	2015
32nd Agricultural District Association/Orange County Fair	Chief Executive Officer	2014
Alameda County Bar Association	Chief Executive Officer	2014
Alameda County Employees' Retirement Association	Chief Counsel	2014
Apache Junction, City of	Director of Development Services	2014

*Proposal to the Pleasant Hill Recreation & Park District  
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Bar Association of San Francisco	Executive Director	2014
Brentwood, City of	Director of Parks and Recreation	2014
California Department of Consumer Affairs- California Medical Board	Executive Director of the California Medical Board	2014
Chandler, City of	City Engineer	2014
Citrus Heights Water District	Assistant General Manager	2014
Compton, City of	Director of Community Development	2014
Concord, City of	Director of Information Technology	2014
Davis, City of	Finance Administrator	2014
East Bay Regional Park District	Chief of Interpretive and Recreation Services	2014
East Bay Regional Park District	District Counsel	2014
East Bay Regional Park District	Human Resources Manager	2014
East Bay Regional Park District	Assistant District Counsel	2014
East Bay Regional Park District	Chief of Park Operations	2014
East Bay Regional Park District	Chief Financial Officer/Controller	2014

*Proposal to the Pleasant Hill Recreation & Park District  
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Fairfield, City of	Assistant Public Works Director/City Engineer	2014
Five Cities Fire Authority	Fire Chief	2014
Florin Resource Conservation District (Elk Grove Water)	Finance Manager	2014
Goodyear, City of	Engineering Director	2014
Greater Vallejo Recreation District	Maintenance and Development Manager	2014
Las Vegas, City of	Director of Parks and Recreation	2014
Marana, Town of	Deputy Town Manager	2014
Maricopa, City of	Chief Information Officer	2014
Maricopa, City of	City Manager	2014
Maricopa, City of	Director of Human Resources	2014
Maricopa, City of (Partial)	Assistant to the City Manager	2014
Merced County Employees' Retirement Association (Partial)	Plan Administrator	2014
Monterey Regional Water Pollution Control Agency	Director of Operations and Maintenance/Deputy General Manager	2014
Paradise Valley, Town of	Town Manager	2014

*Proposal to the Pleasant Hill Recreation & Park District  
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Sacramento Metropolitan Air Quality Management District (Partial)	Division Manager Administrative Services	2014
Sacramento, City of	Fire Chief	2014
San Francisco Estuary Institute	Executive Director	2014
San Francisco Municipal Transportation Agency	Deputy Director Program Delivery	2014
San Francisco Municipal Transportation Agency	Deputy Director of Rail Maintenance	2014
San Francisco Municipal Transportation Agency	Director of Sustainable Streets	2014
San Francisco Municipal Transportation Agency	Senior Operations Manager, Cable Car	2014
San Francisco Municipal Transportation Agency	Director of Taxis	2014
San Jose, City of	Division Manager, Sanitary Sewer Maintenance/Division Manager of Sewer and Storm Services	2014
San Jose, City of	Division Manager of Pavement Services	2014
San Jose, City of	Deputy Director of Emergency Services (Fire)	2014
San Jose, City of	Deputy Director of Treasury	2014

*Proposal to the Pleasant Hill Recreation & Park District  
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San Jose, City of	Assistant Finance Director	2014
San Jose, City of	Assistant Library Director	2014
Santa Clara Valley Habitat Agency	Executive Officer	2014
Superior Court of California, County of Orange (Partial)	Chief Technology Officer	2014
Surprise, City of	Community Development Director	2014
Surprise, City of	Fire Chief	2014
Tacoma Employees' Retirement System	Retirement Director	2014
Welfare Client Data Systems Consortium	Executive Director	2014
Anaheim, City of	Chief of Police	2013
California Department of Developmental Services	Executive Director of Sonoma Development Center	2013
California Earthquake Authority	Chief Information Officer	2013
Carmichael Recreation and Park District	District Administrator	2013
Chandler, City of (Partial)	Assistant City Manager	2013
Coconino, County of	County Manager	2013

*Proposal to the Pleasant Hill Recreation & Park District  
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East Bay Regional Park District	Chief of Stewardship	2013
Gilbert, Town of	Fire Chief (Partial)	2013
Gilbert, Town of	Public Works Director	2013
King, County of	Section Manager in Public Health	2013
Las Vegas, City of	Fire Chief	2013
Maricopa, City of	Development Services Director	2013
Modesto Irrigation District	Assistant General Manager, Finance	2013
Modesto Irrigation District	General Counsel	2013
Monterey Peninsula Regional Park District	General Manager	2013
Morgan Hill, CA, City of	Community Development Director	2013
Morgan Hill, CA, City of	Community Services Director	2013
Nevada Irrigation District	General Manager	2013
Oakland, Port of	Chief Technology Officer	2013
San Jose, City of	Deputy Director of Transportation for Planning, Policy, and Program Delivery	2013
San Jose, City of (Partial)	IT Manager, Department of Transportation	2013

*Proposal to the Pleasant Hill Recreation & Park District  
General Manager Executive Recruitment*

San Jose, City of	Operations Division Manager-Regional Wastewater Facility	2013
Santa Clara Valley Water District	Deputy Operating Officer of the Water Utility Operations and Maintenance Division	2013
Southern Nevada Health District	Chief Health Officer	2013
Southern Nevada Health District	Director of Administration	2013
Surprise, City of	Chief Financial Officer	2013
Vallejo, City of	Chief Assistant City Attorney	2013



**Submittal Date: January 26, 2016**

# General Manager Executive Recruitment Proposal

**Pleasant Hill Recreation & Park District**

## **Koff & Associates**

**GEORG S. KRAMMER**  
Chief Executive Officer

2835 Seventh Street  
Berkeley, CA 94710  
[www.KoffAssociates.com](http://www.KoffAssociates.com)  
**EIN: 61-1493064**

[gkrammer@koffassociates.com](mailto:gkrammer@koffassociates.com)  
Tel: 510.658.5633  
Fax: 510.652.5633



January 26, 2016

**SUBMITTED VIA EMAIL**

Mr. Bob Berggren  
General Manager  
Pleasant Hill Recreation & Park District

Dear Mr. Berggren:

Thank you for the opportunity to submit a proposal for recruitment services for the General Manager position for the Pleasant Hill Recreation & Park District ("District"). We are most interested in assisting with this critical effort and are committed to providing exceptional service and excellent results.

Koff & Associates is a small firm with a specialty in public sector human resources. We have been assisting public agencies with their recruitment and other human resource needs for thirty-two (32) years. Our practice has grown as a result of satisfied clients who refer us to their colleagues in other organizations. Being responsive to your needs is our number one priority. We feel that our firm is exceptionally qualified to support you in this search effort because of our extensive experience with local government agencies, including other executive recruitments for agencies throughout the State of California. We have successfully placed numerous executive, directorial, and staff level positions with city and county governments, public agencies, JPAs, and non-profit organizations, from individual contributors to chief executives, and are confident that we can accomplish a successful placement for this effort.

For example, we recently completed successful recruitments of: a Division Manager for Parks for the City of San José, a General Manager and five (5) Division Managers for Central Contra Costa Sanitary District, a GM for Central Contra Costa Sanitary District, a GM for South Coast Water District, a GM for Yorba Linda Water District, a GM for Ojai Sanitary District, two (2) Directors for Vallejo Sanitation and Flood Control District, and a Director of Facilities for Alameda Housing Authority.

We will aggressively market your position seeking the best available candidates. Our efforts are to find the active, as well as passive, candidates through significant public outreach and sourcing of viable candidates that may not be actively looking for work. Depending upon the professional organizations we are able to tap into, we advertise positions through various media to attract the largest possible candidate pool.

We employ various methods during the applicant review and assessment process in order to present only the most qualified individuals to the District for final interviews. Our approaches include a competency and factor-based evaluation tool that clarifies each candidate's qualifications, extensive telephone screening interviews, and in-depth personal interviews to discuss each candidate's experience, accomplishments, and management and interpersonal style, in order to screen out all but the most highly qualified candidates.



These approaches to a recruitment effort provide our clients with a substantial talent pool that is closely matched to the organization's needs. Having placed countless professionals with numerous public agencies over the past thirty-two years, we understand the importance of technical competence and cultural match.

We maximize the effectiveness of the recruitment activity to ensure quality and integrity of the recruitment campaign as well as the quality of the candidate pool that we are able to generate.

As Chief Executive Officer of the firm, I will be Project Director for the recruitment effort. You can reach me at the address and phone number below (our Berkeley address is our principal place of business; we have a satellite office in Brea, CA but all work and efforts for this recruitment will be conducted out of our Berkeley office). Our tax I.D. number is on the cover page of this proposal.

My email address is: [gkrammer@koffassociates.com](mailto:gkrammer@koffassociates.com). Please contact me if I can provide any additional information.

We look forward to the opportunity to provide professional services to the Pleasant Hill Recreation and Park District.

Sincerely,

Georg S. Krammer  
Chief Executive Officer



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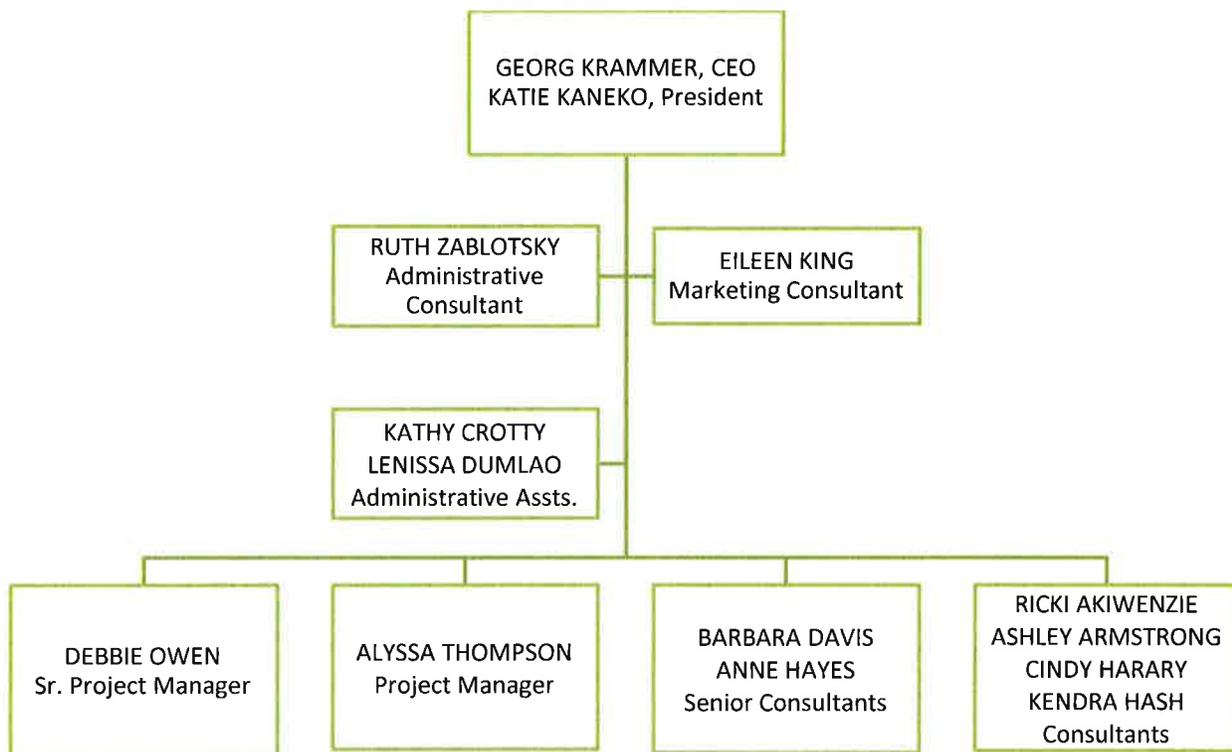
## CONSULTANTS

K&A’s entire team consists of fourteen (14) members. Several members of our team have worked on multiple comprehensive recruitment and search efforts and are well acquainted with the wide array of organizational structures, recruiting and operational needs, as well as the challenges and issues that arise when conducting executive search efforts.

No portion of this engagement will be assigned to subcontractors.

### Organization Chart

Project chart of Koff & Associates, and professional qualifications of staff included in this recruitment:



**Georg Krammer, M.B.A., S.P.H.R.**  
**Chief Executive Officer**

Georg brings almost twenty (20) years of management-level human resources experience to Koff & Associates with an emphasis in executive and staff recruitment; organizational development; classification and compensation design; market salary studies; performance management; and employee relations, in the public sector, large corporations and small, minority-owned businesses.



## General Manager Recruitment

### Pleasant Hill Recreation & Park District

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After obtaining a Master of Arts in English and Russian and teaching credentials at the University of Vienna, Austria, Georg came to the United States to further his education and experience and attained his Master of Business Administration from the University of San Francisco. After starting his HR career in Wells Fargo's college recruiting department, he moved on to HR management positions in the banking and high-tech consulting industries. With his experience as a well-rounded senior HR generalist, his education in business and teaching, and his vast experience with public sector HR programs and functions, Georg's contribution to K&A's variety of projects greatly complements our consulting team. Georg joined K&A in 2000 and has been the firm's Chief Executive Officer since 2005.

Georg has more than fifteen (15) years of recruiting experience in the public sector, including agencies such as the City of San José, City of Oxnard, City of Hayward, City of Delano, City of Pinole, City of Richmond, City of Tracy, Town of Atherton, County of Solano, Superior Court of California-Orange County, Superior Court of California-Los Angeles, Delta Diablo, Central Contra Costa Sanitary District, South Coast Water District, Yorba Linda Water District, Joshua Basin Water District, United Water Conservation District, Ojai Valley Sanitary District, Bay Area Clean Water Agencies, Central Marin Sanitation Agency, Mid-Peninsula Water District, Dublin San Ramon Services District, Union Sanitary District, Alameda Housing Authority, Alameda County Transportation Commission, Shasta Regional Transportation Agency, Port of Oakland, etc.

Georg will be key personnel and assigned as the Project Director for this executive recruitment. He will coordinate all of K&A's efforts, will attend all meetings with the City, and be responsible for all work products and deliverables related to this executive recruitment.

#### **Barbara Davis, M.B.A.** **Senior Consultant**

Barbara's diverse experience includes over twenty (20) years of experience in all aspects of Human Resources, with ten (10) years focused on full-cycle recruiting. She spent the first nine (9) years in the private sector, with two (2) years as a Financial Analyst working on budgets and cost/benefit and manpower analyses and seven (7) years in an HR management role where she gained experience as Assistant Vice President & Director of Benefits, Compensation, and HRIS. She then developed an independent consulting practice in which she focused primarily on benefits and recruitment, working with a diverse range of clients including the California Pacific Medical Center in San Francisco.

Just before joining K&A, Barbara worked for eight (8) years in Human Resources at two school districts where she managed all HR areas including recruitment, benefits including HIPAA and ACA compliance, labor relations, employment law compliance, and employee relations.

Barbara earned an MBA in Finance at San Francisco State University and two Bachelor of Arts degrees from University of California, Riverside.

She has worked on important recruitment efforts for City of Oxnard, the Port of Oakland, Superior Court of California-Los Angeles, County of Solano, Castro Valley Sanitary District, Union Sanitary District, First 5 Alameda County, Vallejo Sanitation and Flood Control District, and Alameda County Transportation Commission.



# General Manager Recruitment

## Pleasant Hill Recreation & Park District

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**Ricki Akiwenzie, M.B.A.**  
**Consultant**

Ricki earned her Bachelor's degree in Psychology from the University of California, Berkeley and her Master's in Business Administration from Mills College in Oakland, California. She also attained a Certificate in Human Resources Management from UC Berkeley Extension.

Having worked in the non-profit, private, and public sectors, she brings over 10 years of human resources experience. Her recruitment experience began while working for an environmental engineering consulting firm where she recruited for both civil and environmental engineers and administrative support positions. Her experience covers the full spectrum of the recruitment cycle from advertisement, resume review, interviewing, candidate selection and offer negotiations.

Some of the recruitments headed by Ricki include the City of San José, Union Sanitary District, Housing Authority of the City of Alameda, County of Solano, and Dublin San Ramon Services District. Previous positions have been successfully filled for clients including Central Marin Sanitation Agency, Castro Valley Sanitary District, and the County of Solano.

Ricki will work closely with Georg and Barbara on this recruitment effort.

## FIRM EXPERIENCE

**Koff & Associates** is a woman-owned, State-registered small business and a full-spectrum human resources consulting services firm and has been assisting public-sector agencies and non-profit organizations for over thirty (30) years. The firm's areas of focus are executive search and staff recruitments; compensation and classification studies; strategic management tools for organizational performance; individual employee performance management and incentive compensation programs; policy/procedure and employee handbook development; Human Resource audits; and serving as off-site Human Resources Director for smaller public agencies that need the expertise of a Human Resources Director but do not need a full-time, on-site professional.

We have extensive experience working in both union and non-union environments (including serving as the management representative in meet & confer meetings), with Boards of Directors, County Boards, Merit Boards, Civil Service Commissions, and City Councils. We have specific experience with cities and special districts, such as wastewater, water, housing, and transportation industries, having worked with countless special districts and other public agencies within these industries throughout the State of California.

Without exception, all of our recruitments have successfully met all of our intended commitments; communications were successful with client agencies and job candidates; and we were able to assist each agency in successfully placing highly qualified candidates. All recruitments were brought to completion within stipulated time limits and proposed fees. K&A relies on our stellar reputation and on the recommendations and referrals of current clients to attract new clients.



# General Manager Recruitment

## Pleasant Hill Recreation & Park District

Our work speaks for itself and our primary goal is to provide professional and technical recruiting assistance with integrity, honesty, and a commitment to excellence.

## REFERENCES

All recruitment efforts below were completed on time and within the proposed budget and were completed by our own professional staff without subcontractors or joint ventures.

Recruitments	Contact Information
<p><b>City of San José</b>  <u>Division Manager: Parks, Recreation &amp; Neighborhood Services</u>            Asst. Chief Information Officer            Public Information Officer for the Mayor’s Office            Environmental Services Program Manager            Insurance &amp; Risk Manager            Public Information Manager            Principal Engineer            Safety Officer            Senior Electrical Engineer            Zoo Manager            Communications Director</p>	<p><b>Ms. Sarah Nunes, IMPA-CP</b>            Division Manager, Human Resources            (408) 975-1458            200 E. Santa Clara St., 2<sup>nd</sup> Floor Wing            San José, CA 95113-1905  <a href="mailto:sarah.nunes@sanjoseca.gov">sarah.nunes@sanjoseca.gov</a></p> <p>and,</p> <p><b>Mr. Jim Reed</b>            Chief of Staff - San José Mayor Sam Liccardo            (408) 535-4800  <a href="mailto:jim.reed@sanjoseca.gov">jim.reed@sanjoseca.gov</a></p>
<p><b>South Coast Water District</b>            General Manager</p>	<p><b>Ms. Candi Judd</b>            Human Resources Manager            (949) 342-1155            31592 West Street            Laguna Beach, CA 92651  <a href="mailto:cjudd@scwd.org">cjudd@scwd.org</a></p>
<p><b>Central Contra Costa Sanitary District</b>            General Manager            Director of Administration            Director of Engineering            Plant Operations Division Manager            Capital Projects Division Manager            Environmental Services Division Manager            Plant Maintenance Division Manager            Collection Systems Division Manager</p>	<p><b>Ms. Teji O’Malley</b>            Human Resources Manager            (925) 228-9500            5019 Imhoff Place            Martinez, CA 94553  <a href="mailto:tomalley@centralsan.org">tomalley@centralsan.org</a></p>
<p><b>Yorba Linda Water District</b>            General Manager</p>	<p><b>Mr. Robert Kiley</b>            Board of Directors            (714) 701-3000            1717 E. Miraloma Avenue            Placentia, CA 92870  <a href="mailto:rkiley@ylwd.com">rkiley@ylwd.com</a></p>



# General Manager Recruitment

## Pleasant Hill Recreation & Park District

<b>Ojai Valley Sanitary District</b> General Manager	<b>Ms. Brenda Krout</b> Administration Officer (805) 646- 5548 1072 Tico Road Ojai, CA 93023 <a href="mailto:Brenda.krout@ojaisan.org">Brenda.krout@ojaisan.org</a>
<b>Joshua Basin Water District</b> General Manager	<b>Mr. Curt Sauer</b> General Manager (760) 366-8438 61750 Chollita Road Joshua Tree, CA 92252 <a href="mailto:csauer@jbwd.com">csauer@jbwd.com</a>
<b>Coastside County Water District</b> Assistant General Manager (Finance)	<b>Mr. David Dickson</b> General Manager (650) 726-4405 766 Main Street Half Moon Bay, CA 94019 <a href="mailto:DDickson@coastsidewater.org">DDickson@coastsidewater.org</a>



## APPROACH AND METHODOLOGY

The following are the tasks to be completed for an executive level recruitment:

### Task 1. Needs Assessment: Meet with Key Decision Makers to Develop Ideal Candidate Profile

The identification of the desired profile of the ideal job candidate for a management level position is crucial for a successful search process. We will meet with the Ad Hoc Search Committee, the current General Manager if desired, Board of Directors if desired, and other stakeholders, to discuss and refine the District's needs and resulting position requirements. It will also be helpful to speak to other key staff in the District to gain their perspectives on which competencies the position will need to bring to the table.

The goal of this phase of the recruitment is to identify and/or develop:

- ❖ The various organizational needs, vision, mission, goals, strengths, challenges, opportunities, dynamics, culture, and staff of the District;
- ❖ Position profile requirements, i.e., knowledge, skills, and abilities;
- ❖ Ideal candidate's competencies, experiences, and characteristic profile;
- ❖ Personal and professional attributes required of and priorities for the new incumbent;
- ❖ Conditions and challenges in achieving the priorities identified above;
- ❖ Scope of community input and participation in the process;
- ❖ Type of working relationship District leadership desires with the new incumbent;
- ❖ Concerns and issues regarding the recruitment and the position;
- ❖ Advertising strategies in conjunction with a national outreach;
- ❖ Geographic strategies;
- ❖ Compensation levels; and
- ❖ Completion timetable.

Working closely with District leadership, and other stakeholders referenced above, Koff & Associates assists in identifying the specific needs of the District and the key competencies and characteristics of the "ideal candidate."

### Task 2. Position Specification and Action Plan

Once the "ideal candidate" criteria have been established, we will prepare a written specification that outlines the required skills, competencies, position responsibilities, and criteria for job success. We will provide the written specification to the stakeholder group for review and approval. In addition, salary and benefit considerations are discussed to ensure market competitiveness, credential requirements are considered, geographic recruitment boundaries are identified, and a recruitment action plan will be developed.

At the conclusion of the meeting(s) with the stakeholder group, there should be a clear consensus of the key qualifications and characteristics of the position and the process, action plan, and timetable to be utilized for the recruitment activity.



# General Manager Recruitment

## Pleasant Hill Recreation & Park District

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### Task 3. Research: Develop and Implement Recruitment and Advertisement Strategy

Following the development of the candidate profile, a professionally produced recruitment brochure will be prepared and presented to the Ad Hoc Search Committee, the Board of Directors, and other stakeholders for review prior to printing. The brochure/job flyer will highlight the strengths and challenges of the District, its organizational structure and services, its mission and goals, pertinent facts regarding the position, and necessary and desirable candidate qualifications.

Advertisements will be prepared and placed for publication in appropriate newsletters, job bulletins, websites, professional magazines, industry trade journals, professional organizations, public sector newsletters, etc. The approach we recommend taking is to place priority on job-related professional publications online job postings versus printed line ads. We are flexible and can also place print ads in local newspapers if desired, although our experience has been that those are very costly and it is questionable whether job seekers will use hardcopy newspaper career sections to identify suitable jobs, as opposed to using other means of job search. We will also place ads on LinkedIn and use this recruiting and candidate sourcing tool as one of our most dynamic resources. We will use our own resources and coordinate with the stakeholder group to identify relevant local government and industry sources where prospective candidates are likely to be found.

Finally, we will also send brochures and announcements to other public agencies, cities, and counties, locally and statewide. In addition, we have developed various industry-specific mailing lists for direct marketing to individuals who hold certain desirable professional licenses and certifications.

### Task 4. Prospect Identification

Additional search strategies will be developed in conjunction with the approaches above and the initial organizational assessment. With management recruitments, we believe that it is critical to develop a high level of visibility with a comprehensive outreach program supplemented by a focused search and sourcing approach.

Having worked in the public sector for 32 years, we have established excellent relationships with many agencies and their management teams. Utilizing this effective network, we discreetly solicit recommendations and contact individuals meeting our criteria who may not be actively seeking other employment. Time and again, this has proved to be a valuable candidate source that is used concurrently with more traditional recruitment strategies as described above. We will develop a list of targeted candidates based on our contacts, referrals, and recommendations from key sources who have extensive contacts and networks in the industry. The individuals on the contact list will be directly contacted and encouraged to apply for the position.

K&A will work with the key stakeholders to make the final decision regarding which recruitment strategy to employ. The goal is to recruit candidates from diverse backgrounds utilizing local, regional, and statewide, and national, as well as the LinkedIn professional website, as appropriate.

Having conducted countless management search efforts has made K&A an expert in identifying, targeting, recruiting, and successfully placing women and minority candidates in many of our recruitments. Being a



# General Manager Recruitment

## Pleasant Hill Recreation & Park District

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majority woman-owned and State registered small business, our firm has a vast pool of resources at our fingertips when designing a successful advertising campaign that targets women and minorities.

Finally, we will also place internet postings on public and private sector employment bulletin boards, the District's website, if desired, and our own company website.

### Task 5. Contact Potential Candidates

To further detail this task, as described above, the effort will include a variety of activities designed to attract the best available candidates. K&A will:

- ❖ Contact professionals to identify outstanding potential candidates;
- ❖ Provide each potential candidate with a copy of the recruitment brochure transmitted by personal letter and/or email; and
- ❖ Contact potential candidates by telephone to explain the career opportunity, answer questions, and encourage them to submit a resume and application.

### Task 6. Review Application Packets and Assess Candidates

Typically, we require applicants to submit a fully completed application form, a résumé and cover letter, a supplemental questionnaire if desired, and any other information that applicants would like to add. We can provide our generic application form unless the District prefers using its own application form.

After application materials are received, we prepare a thorough assessment of the merits of each candidate and their appropriateness for hire, including their professional and educational credentials. Initially, candidates and application materials are carefully evaluated based upon an objective and clearly defined factor ranking analysis that incorporates the concerns and issues previously discussed, as well as the specific requirements of the job description. All elements from the initially developed position profile will be incorporated in the evaluation, including required experience, education, licenses/certifications, knowledge, skills, and abilities; ideal candidate competencies, experiences, and characteristic profiles; and personal and professional attributes required of and priorities for the new incumbent. Candidates are also ranked against each other and a numerical score that clearly distinguishes the most qualified candidates recommended for further consideration.

### Task 7. Presentation of Prospects

We will present the preliminary slate of top prospects to the key stakeholders. The District will approve the number of prospects that it would like the consultant to schedule for consideration. Koff & Associates will facilitate the process with District leadership and the stakeholder group to review the recommended group of candidates.

### Task 8. Prospect Evaluation: Conduct Initial Screening/Preliminary Interviews

Top candidates will initially be screened by means of a telephone screening interview to further assess their experience and qualifications, to clarify any issues raised by the submitted documents; reasons for



# General Manager Recruitment

## Pleasant Hill Recreation & Park District

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position interest will be identified; the level of commitment to the position and the organization will be determined; and other issues, including salary requirements will be discussed.

In addition, top candidates will be personally interviewed to further narrow the pool to only the most highly qualified candidates and to further establish best organizational fit of each potential finalist. The goal is to narrow the pool to only the most highly qualified candidates and to further establish best organizational fit of each potential finalist.

This screening process is specifically designed to assess the personal and professional attributes the District is seeking and will focus on each candidate's management ability, technical competency, fit with the District's values, culture, needs, the candidate's behavioral styles and situational experience, and other relevant characteristics.

### **Task 9. Background and Professional Reference Checks**

K&A will conduct extensive reference and background checks for the final candidate(s). This task can be completed for all candidates that are being recommended for the next phase of the examination process or, if the District prefers, after the panel interviews and before the District conducts its second round of interviews, if any.

This review includes employment and professional references, a public records search, Internet, media and newspaper searches, confirmation of educational degrees, driving record check, criminal record search and military service check (if applicable), and a financial history check.

We, as well as our background contract firm, meet or exceed all of California's extensive reporting requirements.

### **Task 10. Recommend a Slate of Candidates**

K&A will submit for review by the key stakeholders, clear written recommendations and analysis of the most qualified applicants as finalists. Our recommendations will include all relevant data submitted by the applicants, such as application forms, cover letters, résumés, and any additional information the applicants have submitted.

In addition, we provide our detailed assessment from each of the various steps of the assessment process, as outlined above.

### **Task 11. Applicant Interviews: Coordinate and Facilitate the Oral Board Interview Process**

Working with the appointing authority, HR, and other stakeholders, we will develop a set of key questions that will help analyze the candidates' qualifications and management/work style. We will complete all of the necessary communications with the members of the interview panel and candidates so that all parties are well-prepared for the interviews.



## General Manager Recruitment

### Pleasant Hill Recreation & Park District

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Our firm will provide oversight during the interview process and facilitate a focused panel discussion at the conclusion of the interviews to identify the most qualified candidates for final consideration. Our facilitation skills usually prove useful in the assessment of candidates at the end of the interview process.

#### **Task 12. Final Interviews: Coordinate Final Interview Process**

Our experience is that often the interview panel will narrow the field of candidates to two or three finalists who are asked back to the District for a more informal second and final interview. This may include meeting other District staff, touring District facilities, and spending more quality time with key individuals at the District and other stakeholders.

#### **Task 13. Negotiate Terms and Conditions of Employment**

If desired, our firm is available to assist in the negotiations of the final terms and conditions of employment, such as compensation package, benefits, and other perquisites.

#### **Task 14. Maintain All Required Legal Documentation**

We are responsible for ensuring compliance with and establishing and maintaining all legally mandated documentation throughout the process.

#### **Task 15. Complete all Correspondence**

We believe that each candidate, regardless of their qualifications and success in the selection process, deserves the courtesy and respect of being informed throughout the process. Applicants receive ongoing communications via our office, which not only keeps all the candidates abreast of the process and their continued candidacy, but also enhances the District's reputation and image of being considerate, thoughtful, and professional.

#### **Task 16. Maintain Regular and Ongoing Communications**

Our #1 priority is meeting the District's needs. Regular, ongoing dialogue with the key decision makers is integral and critical to successfully managing a recruitment campaign. We will provide progress reports to the appointing authority and HR Manager at critical points in the recruitment process or as issues arise. Reports shall describe our progress in meeting the goals of the scope of services and issues. We will be responsible for scheduling, coordinating, and preparing all of the necessary materials for the key stakeholders, and other meetings throughout the duration of the process.

#### **Task 17. Post-Employment Support**

In addition to the steps of the process leading to an offer of employment to the top candidate, we are committed to ensuring that the new incumbent's transition into the new position will be smooth and successful.



## DIVERSITY RECRUITING STRATEGY

Having conducted countless executive search efforts has made Koff & Associates an expert in identifying, targeting, recruiting, and successfully placing women and minority candidates in many of our recruitments. Being a majority woman-owned and State registered small business, our firm has a vast pool of resources at our fingertips when designing a successful advertising campaign that targets women and minorities.

## TIMEFRAME & KEY TARGET POINTS

We are able to begin the recruitment process immediately upon receipt of a contract.

Shown below is a sample schedule for conducting recruitment efforts. Our experience has been that search efforts of this scope take three to four (3 to 4) months to complete, allowing enough time for all phases of the process. Therefore, the timeline stated in Mr. Berggren’s phone call to our office on January 25 is realistic and achievable. If the project kick-off occurs on or before February 1, 2016, an offer of employment by May 31, 2016, is a reasonable goal.

### Key Target Points:

Development of Ideal Candidate Profile:	Within 1 week of contract award
Needs Assessment:	1 week from initial meeting
Position Specification and Action Plan:	2 weeks from initial meeting
Develop Recruitment Strategy:	2 weeks from initial meeting
Prospect Identification:	2-6 weeks from initial meeting
Contact Potential Candidates:	2-6 weeks from initial meeting
Assess Candidates:	7 weeks from initial meeting
Presentation of Prospects:	7 weeks from initial meeting
Initial Screening/Preliminary Interviews:	8-9 weeks from initial meeting
Background & Reference Checks:	10 weeks from initial meeting
Recommend Slate of Candidates:	10 weeks from initial meeting
Oral Board Interviews:	11 weeks from initial meeting
Coordinate Second Interviews:	12 weeks from initial meeting
Negotiate Terms of Employment:	13 weeks from initial meeting
Offer of Employment:	14 weeks from initial meeting



# General Manager Recruitment

## Pleasant Hill Recreation & Park District

### COST

**Our professional all-inclusive lump-sum fee for the services described above for the General Manager of Pleasant Hill Recreation & Park District position is \$25,000, including expenses.**

Expenses include newspaper, Internet and journal advertisements, recruitment brochure set-up and printing, postage, telephone, security and credit check, clerical support, and travel.

Professional reference checks would be conducted at no additional cost. We consider those to be a critical component of the recruiting process and presenting qualified candidates to the District.

We would expect the following method of payment of our professional fee:

Completion of all advertising efforts:	25% of professional fee
Completion of application review:	25% of professional fee
Completion of entire interview process:	25% of professional fee
Once offer of employment is made:	25% of professional fee

### K&A PROMISE

K&A is committed to finding only the most qualified candidates for the position who not only meet all the necessary requirements and qualifications but are also a cultural fit for the District, and its staff. We strive to work until the ideal candidate is placed.

We therefore promise to present a slate of candidates to the District that includes only those individuals who have passed through all of our screening processes and have been identified as potential ideal matches for the position requirements. Should the key decision-makers disapprove of all final candidates and/or should none of the final candidates pass the final interview and reference check process, we will work to find a new slate of candidates.

In addition, we promise to find a replacement should the incumbent leave the position or be terminated from employment within twelve (12) months of hire due to performance issues. In either case, as described above, we will identify a replacement and only charge through related expenses as described in the Cost Proposal.



## General Manager Recruitment Pleasant Hill Recreation & Park District

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### *Proposal Signature Page*

**Koff & Associates intends to adhere to all of the provisions described in the Proposal above.**

**This proposal is valid for ninety (90) days.**

**Respectfully submitted,**

**By: KOFF & ASSOCIATES  
State of California**

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**January 26, 2016**

**Georg S. Krammer  
Chief Executive Officer**

**Date**



**Koff & Associates**  
Solving the Human Resources Puzzle for 30 Years

**APPENDIX:**

**RESUMES  
FOR STAFF ASSIGNED  
TO THIS EXECUTIVE RECRUITMENT**

## Georg S. Krammer

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### KEY ACHIEVEMENTS AND HIGHLIGHTS

- **Chief Executive Officer:** At HR consulting firm, Koff & Associates, moved from junior role to Senior Project Manager position and, subsequently, became CEO and one of two principals of the firm; worked with over 200 clients on projects with a 100% success and implementation rate. Led company in all recruitment efforts for clients (ongoing).
  - **Human Resources Director/Recruiter:** At IT and e-commerce consultancy, Primitive Logic, was part of building the team from 20 employees to 50; implemented entirely new HR infrastructure.
  - **Administrative Officer:** As a member of Senior Management team of Mission National Bank, turned Bank around from years of losses to profits within six months, as well as substantially improved rating with regulatory authorities. Established smoothly running HR department.
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### PROFESSIONAL EXPERIENCE

#### ***Koff & Associates, Berkeley, CA***

#### **Associate and Senior Project Manager, 2000-2005**

#### **Chief Executive Officer, 2005-Present**

- Serve as Project Director in conducting hundreds of classification, compensation, and organizational studies; provide strategic planning services for agencies; provide offsite human resource function; recruit executive level positions for special districts, courts, counties, cities and other statewide and local agencies.
- Develop complex, detailed proposals for cities, counties, courts, and special districts, such as housing, school, healthcare, air quality, vector control, transportation, water, and wastewater agencies to provide professional Human Resources consulting services.
- Represent Koff & Associates with clients, write and approve final project reports and lead presentations in front of City Councils, Boards of Commissioners, Boards of Supervisors, and Boards of Directors.
- Manage and develop staff of project managers, data specialists, firm associates, marketing and administrative analysts in Berkeley office and work closely with Senior Project Manager in San Diego office.
- Grew company from serving approximately 100 clients to 250 clients and grew staff from 4 to 14 in period of ten years.
- Contributed to and maintained 100% successful implementation rate of studies performed for clients.

#### ***Primitive Logic, Inc., San Francisco, CA***

#### **Human Resources Director, 1998-2000**

- Supported 50 employees, focusing on organizational development, program implementation, and coaching, resulting in an efficient and healthy organization.
- Pulled all HR functions under one umbrella, thereby allowing executive management to focus on company operations.
- Managed entire recruiting process and coordination resulting in the company's growth of over 100% within one year.
- Planned, directed and carried out employment policies with the goal of reducing cost, safeguarding company culture, and keeping employee morale high.

- Handled all employee relations issues to ensure a productive work environment and to minimize company liability: grievances; counseling; workplace investigations; terminations. Created a structured termination process resulting in smoothly administered workforce reductions.
- Managed and redesigned all employee services: new-hire orientation; benefits; employee reviews; employee mentoring program; training; employee morale; record-keeping.
- Created all employment related contracts: offer letters, non-disclosure agreements, stock option agreements, independent consultant contracts; separation/release-of-claims agreements.
- Managed applications for immigration visas, including H-1B's and Labor Certifications.

***Mission National Bank, San Francisco, CA***

**HR Manager/Administrative Officer, 1996-1998**

- As Executive Officer and member of Senior Management team, served in HR Manager; Bank Security Officer; Bank Secrecy Act Officer; Administrative Officer; Supervisor of Merchant Credit Card Program; Supervisor of Research, ACH and check processing; back-up for MIS troubleshooting and other technical issues; supervised two people.
- As head of HR department, redesigned HR infrastructure, and the following HR functions: training, payroll, compensation, benefits administration, employee grievance and conflict resolution.
- Maintained and implemented updated employment policies. Responsible for hiring, new-hire orientation, and terminations. Advised Senior Management and Board of Directors on HR issues, labor law updates, business conduct and ethics, as well as compensation structure to ensure legal compliance, adherence to overall business goals, reduction of cost, and employee retention.

**PROFESSIONAL AFFILIATIONS**

- California Public Employer Labor Relations Association
- National Public Employer Labor Relations Association
- Public Employer Labor Relations Association of California
- International Public Management Association
- Society of Human Resource Management
- Northern California Human Resource Association
- California Chamber of Commerce

**EDUCATION**

**MBA** - International Business, University of San Francisco, Beta Gamma Sigma Honorary Society

**MA** - English and Russian languages, literature and linguistics; University of Vienna, Austria

**SPHR** – Senior Professional Human Resource Certificate

## Barbara M. Davis

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### PROFESSIONAL EXPERIENCE

***Koff & Associates, Berkeley, CA***  
**Senior Consultant, August 2015 - Present**

- Performs full-cycle recruitment and placement for technical, financial, senior management, compliance management candidates.
- Provide analytical support on classification and compensation studies for public sector clients, including cities, counties, and special districts.

***Lafayette School District, Lafayette, CA***  
**HR Manager, 2011 - 2015**

- **Talent Acquisition:** Performed full-cycle recruiting for all open positions ranging from custodian to school principal.
- **Benefits:** Administered leaves of absence and workers' compensation program. Led effort to reduce healthcare costs. Selected new program and achieved a significant decrease in the total cost.
- **Compliance:** Ensured compliance with employment law, education code, board policies and collective bargaining agreements.
- **Labor Relations:** Served on negotiating team. Communicated changes and requirements to union representatives.

***Moraga School District, Moraga, CA***  
**Personnel Representative, 2007 – 2011**

- **Talent Acquisition:** Performed full-cycle recruiting for all open positions ranging from custodian to payroll to school principal.
- **HRIS:** Kept all electronic and paper personnel records. Ensured timely filing of required government reports.

***Various Clients, East Bay, CA***  
**Independent Consultant, 1993 – 2006**

- **Recruitment:** Providing contract recruitment for a major law firm and start-up internet company. Sourced and qualified candidates for a number of Silicon Valley firms.
- **Benefits:** Performed plan analyses for a major law firm. Managed benefits programs and led RIF counseling meetings for an alternative energy supply company.
- **Facilitation:** Led employee opinion meetings for two schools that were merging.

***World Savings, Oakland, CA***

***AVP and Director, Compensation, Benefits & HRIS Department, 1984-1993***

- **Benefits:** Managed benefits programs including leaves of absence, health insurance plans and Workers' Compensation with total budget of over \$5 million. Proposed, set up and led project to implement 401(k) plan and terminate pension plan.
- **HRIS:** Served as HR lead on team to implement new HRIS system.
- **Compensation:** Administered pay programs affecting salary budget of over \$100 million. Worked with managers to ensure equitable pay practices and resolve employee relations problems. Restructured merit increase guidelines, geographic pay differentials and variable compensation salary structures. Wrote performance appraisal training module. Developed job families. Created and delivered training program for salary structure and performance reviews.

## **EDUCATION**

**San Francisco State University, San Francisco, CA**

M.B.A., Finance, 1984

**University of California, Riverside, Riverside, CA**

Bachelor of Arts, cum laude, Dance; 1980

Bachelor of Arts, cum laude, Linguistics and Spanish; 1979

## Ricki R. Akiwenzie

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### SUMMARY

Human Resources Professional with twelve years of extensive experience in all functional areas of HR including recruitment, benefits, employee relations, compensation, HRIS/Applicant Tracking systems and strategic change management.

### KEY ACHIEVEMENTS & HIGHLIGHTS

- **Consultant at Koff & Associates:** Led close to twenty hard-to-fill technical, financial, strategic planning, compliance management, etc., recruitments in 2014-2015 in cities, special districts (water and wastewater districts, etc.), housing, transportation and public health agencies.
- **Sr. HR Advisor at Tetra Tech DPK:** Opened new office for international consulting firm in Monrovia, Liberia; conducted all recruiting, staffing and training of Liberian nationals creating a successful startup in overseas office.
- **HR Associate at LFR:** Served in key role as advisor during sensitive corporate acquisition and merger process.

### PROFESSIONAL EXPERIENCE

#### ***Koff & Associates, Berkeley, CA*** **Consultant, 2014-Present**

- Serve as lead recruiter in executive and staff recruitments for public sector clients across variety of jurisdictions and authorities.
- Provide full cycle recruitment efforts for public sector clients.
- Provide analytical support on classification and compensation studies for public sector clients, including cities, counties, and special districts.
- Develop performance management systems and strategic management tools; develop policy/procedure and employee handbooks; provide consultation and custom services in strategic planning for the management of human resources.

#### ***Tetra Tech DPK, San Francisco, CA*** **Senior Human Resources Advisor, 2010-2012**

- Advised program staff on personnel contract management issues for international new hires and home office staff.
- Analyzed compensation history for new hires and aligned with internal compensation policies.
- Supported recruitment and on-boarding of new employees.
- Ensured document integrity and compliance with grant requirements.

***LFR Inc. (acquired by ARCADIS US), Emeryville, CA***

**Human Resources Associate, 2007-2009**

- Planned and prioritized full cycle recruitment efforts including advertising, candidate selection, salary recommendations, and offer negotiations. Primarily recruited engineers and geologists.
- Researched complex benefits inquiries related to costs and policy during pre- and post-acquisition period.
- Assisted VP of Human Resources with annual performance evaluation program and compensation increase analysis.
- Interpreted personnel policies to conduct payroll reconciliation.
- Analyzed and created statistical compliance spreadsheets and reports including the EEO-1, Affirmative Action Plans, FMLA/LOA and project proposal reports.
- Managed timelines, expenses, and communications with international employees and immigration attorneys to assure legal work authorization.

***Friendship House Association of American Indians, Inc., San Francisco, CA***

**Project Manager, 2001-2007**

- Supported CEO and managers in all areas of human resources including recruiting and administration.
- Managed national accreditation process for facility resulting in a 3-year accreditation period, the longest and most desirable designation.
- Attained multiple promotions including Management Associate and Project Manager.

**EDUCATION**

**MBA – Lorry I. Lokey Graduate School of Business, Mills College, Oakland, CA**

**BA – Psychology, University of California, Berkeley, CA**

**PROFESSIONAL AFFILIATIONS**

- Professional in Human Resources Certification (PHR)
- Certificate in Human Resource Management (Awarded with Distinction) - U.C. Berkeley Extension Program



## **MEMORANDUM**

TO: Board of Directors  
FROM: General Manager  
DATE: February 3, 2016  
RE: February 11, 2016 Board Meeting

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**To Review the Spring/Summer Spotlight**  
**a. Review Program Highlights**  
**b. Review Spotlight Cover**

The Program Committee consisting of Board Members Dennis Donaghu and Sherry Sterrett had a meeting on Monday, February 8 and reviewed the Spring/Summer 2016 Spotlight. The information is included and for your review as well. Board Members Donaghu and Sterrett will give a report on the Spring/Summer Spotlight.



# Board of Directors AGENDA

PLEASANT HILL RECREATION & PARK DISTRICT

147 Gregory Lane  
Pleasant Hill, CA 94523  
(925) 682-0896  
(925) 682-1633 fax  
pleasanthillrec.com

## MISSION STATEMENT

*In order to serve the diverse recreational needs of individuals and families and to enrich the quality of life for all residents, the Pleasant Hill Recreation & Park District is committed to providing park facilities, open space, and programs and activities for all ages.*

**Pleasant Hill Recreation & Park District  
Board of Directors  
Program Committee  
Monday, February 8, 2015  
4:00 p.m.  
Administration Office  
147 Gregory Lane, Pleasant Hill**

**Chair: Dennis Donaghu  
Member: Sherry Sterrett**

1. Public Comment

Five minutes may be allotted to each speaker and a maximum of twenty (20) minutes to each subject matter. The public may speak regarding agenda items at the time the matter is taken up. Non-agenda items can be addressed under Public Comment.

2. Spring/Summer 2016 Spotlight Review

Teen Activities and Special Events	Hunn
Seniors and Trips	Luke
Adult Classes	Frates
Preschool Activities	Young
Youth Activities and KIDSTOP	Young/Lischeske
Youth/Adult Sports and Fitness	Hurtado/Kubota
Aquatics	Riley
Front and Back Covers	Thoits

*Documents that are disclosable public records required to be made available under California Government Code Section 54957.5 (b) (1) and (2) are available to the public for inspection at no charge during business hours at our administrative office located at 147 Gregory Lane, Pleasant Hill, California.*

*The Pleasant Hill Recreation & Park District will provide reasonable disability-related modification or accommodation to a person with a disability who requires a modification or accommodation in order to participate in the meeting of the Board of Directors. Please contact Susie Kubota (925) 682-0896 at least 48 hours before the meeting if you require such modification or accommodation.*

Spring/Summer  
2016

# the Spotlight

DRAFT

Wine Women & Shoes  
Fundraiser

page 35

Summer Camps

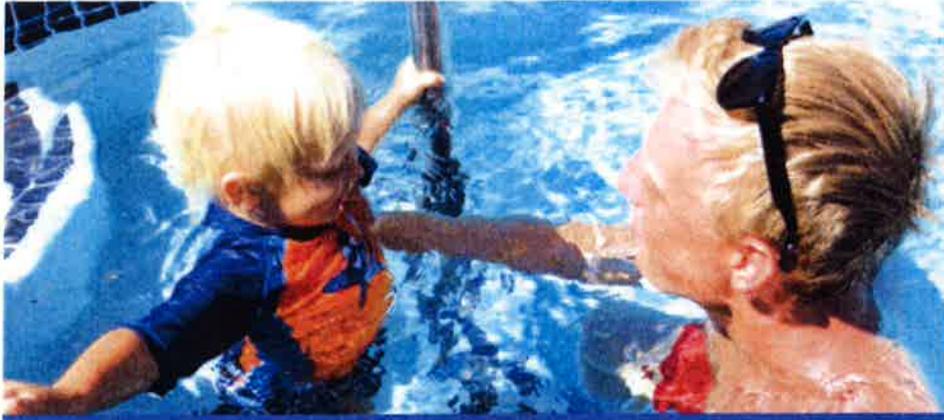
pages 3-10

Swim Lessons  
& Activities

pages 2, 11-15



[pleasanthillrec.com](http://pleasanthillrec.com)



## Swim Lessons Save Lives!

**Pleasant Hill Recreation & Park District offers a wide variety of swim lessons from 6-month tots to adults.**

- **Private & Group Lessons Available:**  
Spring classes start April 2, Summer classes start June 13
- Flexible Schedules (Weekdays/Weekends/AM/PM)
- Personable & Experienced Instructors
- Economical
- Healthy Summer Fun!
- Lessons held at PH Aquatic Park: 147 Gregory Lane

**NEW!**  
**SCHEDULES & REGISTRATION NOW ONLINE**

Visit [pleasanthillrec.com/aquatics/swimlessons.html](http://pleasanthillrec.com/aquatics/swimlessons.html)

**SIGN UP NOW!**

Swim lesson sessions fill up quickly in summer months. Questions? Contact (925) 682-0896.



*"Drowning is the second leading cause of unintentional injury-related death for children ages 1-14. It can and should be prevented. Teaching children to swim is a vital skill for drowning prevention along with other key water safety measures that everyone can take to stay safe in and around the water."*

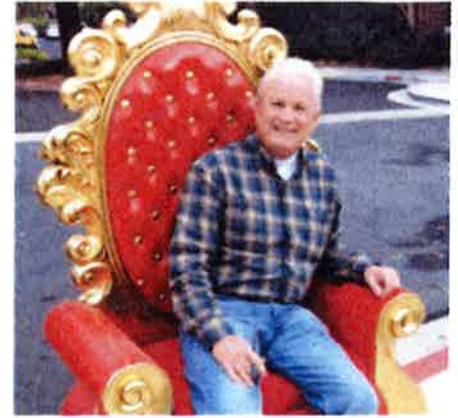
—WORLD'S LARGEST SWIMMING LESSON,  
COALITION OF THE NATION'S WATER SAFETY AND TRAINING ORGANIZATIONS

### Registration Begins March 1. See page 34.

**NO ONLINE REGISTRATION FEES!**

**The Spotlight, Spring/Summer 2016:** Published three times/year; next issue August 2016. Circulation: 68,000 per issue; sent to homes and businesses in Pleasant Hill and surrounding areas. Copies available at District Office, local libraries and businesses.

On the cover: Wine Women & Shoes Fundraiser



## Big Shoes

After 40 years with Pleasant Hill Recreation & Park District, Bob Berggren, General Manager, will retire at the end of May 2016. His decision is bittersweet. Bob has had an incredibly rewarding experience in his position and will miss the daily interaction with District staff members and community peers. He admits, however, that verdant golf courses beckon and looks forward to spending more time with his beautiful wife, Donna, two children and three grandchildren.

During his years of service, Bob's leadership was instrumental in improving many aspects of life here in Pleasant Hill. He played a key role in the implementation of Bond Measure E that brought three new District facilities to the community and the complete renovation of Pleasant Oaks Park sports complex. Bob hired all of the current District staff members who serve the community in providing outstanding recreation programs and beautiful parks to enjoy. The District was also twice awarded the top Recreation & Park District in the state during Bob's years of service.

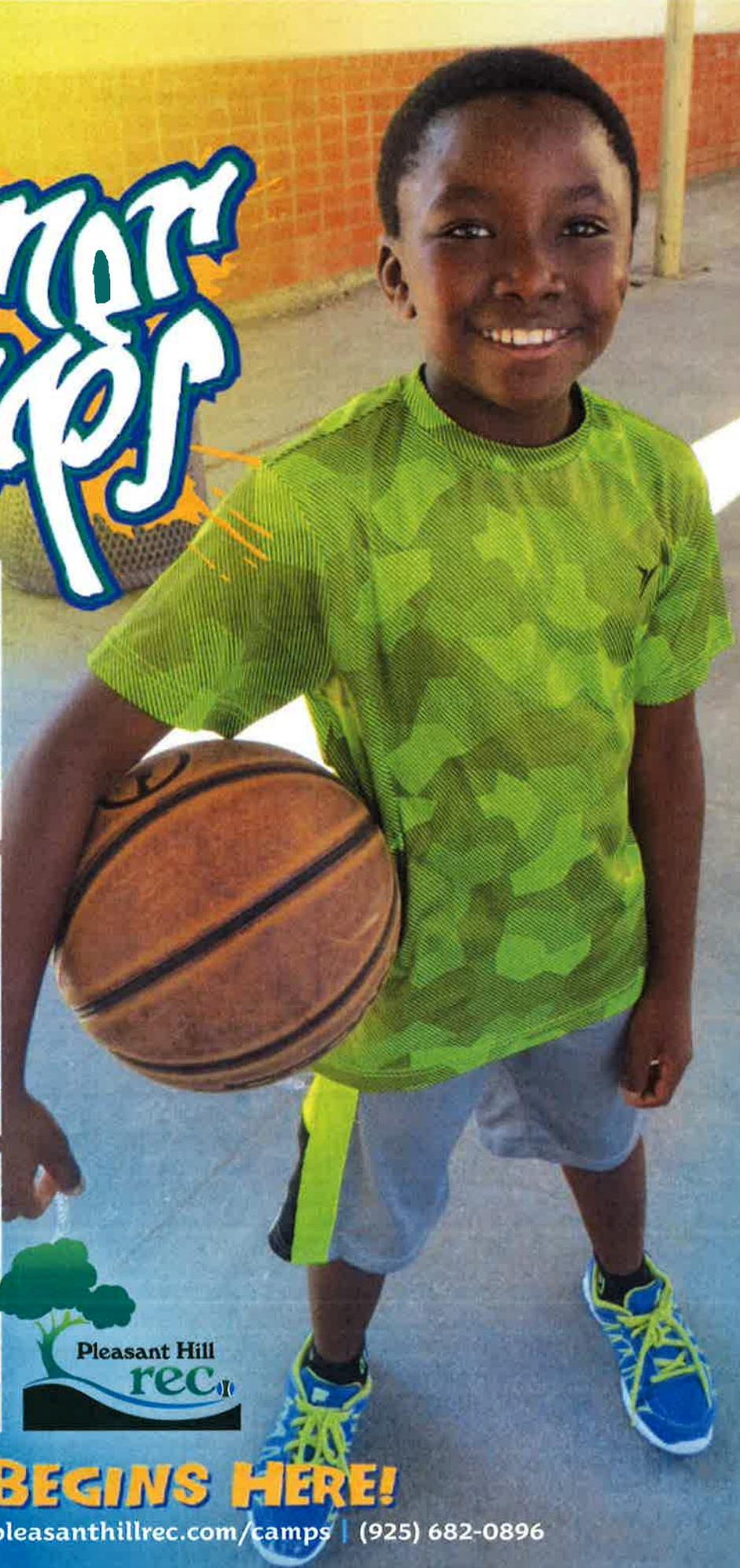
Post retirement, Bob will continue to serve as a part-time instructor at Diablo Valley College and will maintain his involvement in community groups including the Pleasant Hill Rotary Club and Pleasant Hill Community Foundation. He also plans to visit more National Parks and explore other parts of the United States.

With deep appreciation for 40 tremendous years of service, we wish Bob all the best in his retirement. He will leave very big shoes to fill.

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# 2016 Summer Camps



**ADVENTURE BEGINS HERE!**

Register online now! [www.pleasanthillrec.com/camps](http://www.pleasanthillrec.com/camps) | (925) 682-0896

2016

# Summer Camps

ADVENTURE BEGINS HERE!

## preschool camps

### Gymnastics and More Summer Camp

4-6 yrs

Campers will flip over this camp. Introduction to beginning gymnastics and tumbling skills, working on bars, low balance beams, mini trampolines, vaulting blocks, barrels and more. Includes group activities, parachute and relay/circuit games, strength and flexibility exercises, and hands-on fun games.

Instructor: CGS Gymnastic Services, Inc.

**Community Center: Soroptimist Room**

1 week | \$215/\$200 (Dist. Res.)

6606.901 6/20-6/24 M-F 1:00-4:00 pm

### Mad Science Camps

4-6 yrs

Instructor: Mad Science Staff

**Winslow Center: Room 1 & 2**

#### PLANET EARTH EXPLORERS

Become a junior Mad Scientist! Campers use their sense of sight, sound, smell, taste and touch to explore earth science. Learn about creepy crawlies and discover interesting facts about the ocean and the amazing creatures who live there.

1 week | \$270/\$255 (Dist. Res.)

6630.901 7/18-7/22 M-F 9:00 am-12:00 pm  
\$20 lab fee payable to instructor at first class.

#### FUTURE GENIUSES

Inspire young minds with this hands-on science program! Tailored for preschool and kindergartners. This camp will use the scientific method to uncover the mysteries of motion and energy. We will experiment with everything from color to structures and from music to space.

1 week | \$270/\$255 (Dist. Res.)

6630.902 8/8-8/12 M-F 9:00 am-12:00 pm  
\$20 lab fee payable to instructor at first class.

### Spanish Immersion Preschool Camp

3-5 yrs

Hola amigos! Vamos a divertirnos con los animales del oceano y los piratas. Hello friends! We are going to have fun with ocean animals and pirates! Scavenger hunts, outdoor games and treasure hunting. Your child will be introduced to Spanish though this hands-on, interactive and engaging program. Sing, create art and enjoy time with friends. All activities are done in Spanish. Bring snack.

Instructor: XXXXXXXXXX

**Winslow Center: Room 3**

3 Days | \$137/\$122 (Dist. Res.)

6632.901 7/6-7/8 W-F 9:00 am-12:00 pm  
\$10 supply fee payable to instructor at first class.

1 week | \$215/\$200 (Dist. Res.)

6632.902 7/11-7/15 M-F 1:30-4:30 pm  
\$10 supply fee payable to instructor at first class.

### Castle Tales Musical Theater Camp

3½-6 yrs

Follow multi-award-winning instructor, Andrea Gaspari into the land of magical fairy tales. Build a snowman with Elsa and Anna, Tame the Dragon with St. George & Princess Una. Go to the Ball with Cinderella and turn the frog into a Prince. Dress up, tea parties, craft costumes and props. Performance for family and friends the last hour on Friday.

Instructor: Andrea Gaspari, *over 15 years teaching and performing in the Bay*

**Winslow Center: Room 3**

1 week | \$205/\$190 (Dist. Res.)

6633.901 6/27-7/1 M-F 9:00 am-12:00 pm

6633.902 6/27-7/1 M-F 1:30 pm-4:30 pm

6634.901 8/1-8/5 M-F 9:00 am-12:00 pm

6634.902 8/1-8/5 M-F 1:30 pm-4:30 pm

\$10 lab fee payable to instructor at first class.

### Preschool Summer Camp

3-5 yrs

Back by popular demand! Join us for summer fun! Recreation themes include: Camping, Under the Sea, Circus and lots of water play. Children must be 3-5 years old by 6/1/16 and fully potty-trained. Send a nut-free snack, lunch and water bottle daily.

Instructor: Preschool Staff

**Community Center: Preschool Room 3**

2 weeks | \$175/\$160 (Dist. Res.)

6650.901 6/21-6/30 Tu-Th 9:00 am-1:00 pm

6650.902 7/5-7/14 Tu-Th 9:00 am-1:00 pm

6650.903 7/19-7/28 Tu-Th 9:00 am-1:00 pm

6650.904 8/2-8/11 Tu-Th 9:00 am-1:00 pm

### Explorer Day Camp

4-7 yrs

Afternoon adventures await your preschooler! Summer recreation themes include: Camping, Under the Sea, Circus and lots of water play. Children must be 4-7 years old by 6/1/16 and fully potty trained to attend this camp. Send a nut-free snack and water bottle daily.

Instructor: Preschool Staff

**Community Center: Preschool Room 2**

2 weeks | \$205/\$190 (Dist. Res.)

6651.901 6/20-6/30 M-Th 12:30-3:30 pm

6651.903 7/18-7/28 M-Th 12:30-3:30 pm

6651.904 8/1-8/11 M-Th 12:30-3:30 pm

2 weeks | \$181/\$166 (Dist. Res.)

6651.902 7/5-7/14 M-Th 12:30-3:30 pm

No camp 7/4



### Preschool Prep Camp

2-4 yrs

Welcome to preschool! This special camp is for incoming preschoolers enrolled in our Priority Preschool 2016-2017 session. Meet new friends and get acquainted with our teachers. Children must be 2.3-4 years old by 6/1/16. Send a nut-free snack, water bottle daily, diapers if needed and change of clothes daily.

Instructor: Preschool Staff

**Winslow Center: Preschool Room 3**

1 week | \$105/\$90 (Dist. Res.)

6652.901 8/9-8/11 Tu-Th 9:30 am-12:00 pm

### Kindergarten Prep Camp

5-7 yrs

Get ready for the exciting world of Kindergarten! Our teachers will prepare your child for the daily routine and curriculum they will soon be experiencing. Pre-reading and pre-math skills are presented through fun and developmentally-appropriate activities. Pack a nut-free snack and a refillable water bottle. Children must be 5 by 9/1/16.

Instructor: Preschool Staff

**Community Center: Preschool Room 2**

1 week | \$165/\$150 (Dist. Res.)

6653.901 8/8-8/12 M-F 9:00 am-12:00 pm

## adventure kids summer camp

Entering Grades 1-5 **Full Day Option**  
June 15-August 17, Monday-Friday

Get ready for summer fun and adventure at Adventure Kids Camp!

- Take weekly adventures to local kid fun spots (site closed on Thursday Trip days)
- Stay active with sport activities and onsite "Wheel Fun Days" (Tuesday)
- Explore science, music, dance and arts & crafts
- Keep cool on weekly Swim days (Monday/Wednesday)

Adventure Kids Camp offers a wide-variety of unique experiences for your child. Activities are structured to be healthy, engaging, educational and most of all, fun. The camp is supervised by a highly trained, enthusiastic staff that ensures your child is safe, happy and making positive relationships with fellow campers. Adventure Kids Camp is economical and provides families with flexible options to best fit summer time schedules. Bring lunch and drink daily. Two snacks provided.

### Schedule Options & Fees:

**Full Days: 7:00 am-6:00 pm**  
**\$70/\$65 (Dist. Res.) per day**

**Rec Days: any 6-hour block of time**  
**\$60/\$55 (Dist. Res.) per day**

Sign up for one week (3 day minimum) or multiple weeks. 10% sibling discount available!

### Additional Fees:

\$15/week fee is applied in additional to daily rates for Non-District residents only.

\$12/week fee is applied for Swim Days for Rec Day campers who only attend the three-day minimum. *Swim Day fees are waived for Full-Day campers.*

\$75 non-refundable deposit is required upon registration to hold your child's place in the camp. This fee is deducted from the first month's bill.

**Camp Location—KIDSTOP Children's Center at Gregory Gardens Elementary School: 1 Corritone Court**



### REGISTRATION INFORMATION

In person registration begins March 1 (Hurry! Space is limited).

Registration packets are available at three District locations:

Administration office: 147 Gregory Lane  
Community Center: 320 Civic Drive  
KIDSTOP Children's Center at Gregory Gardens Elementary School: 1 Corritone Court

Packets need to be completed and returned to one of the three District locations prior to camp participation. For additional registration information, visit [pleasanthillrec.com/camps](http://pleasanthillrec.com/camps).

If enrolling in multiple weeks, the enrollment form must be returned by the 15th of the month preceding attendance.

### Questions? Contact

**Adventure Kids Camp Director,**  
**Danny Martinez at (925) 680-5298**  
**or [dmartinez@pleasanthillrec.com](mailto:dmartinez@pleasanthillrec.com).**



## youth camps

### LEGO® Camps!

Instructor: Play-Well TEKologies

**Community Center: Republic Services Room**

### PRE-ENGINEERING

4.9-6 yrs

Let your imagination run wild with tens of thousands of LEGO®! Build engineer-designed projects such as boats, bridges, mazes and motorized cars, and use special pieces to create your own unique design! Explore the endless possibilities of LEGO® with an experienced instructor. This is an ideal way to prepare young builders for the challenge of Engineering FUNDAMENTALS.

**1 week | \$237/\$222 (Dist. Res.)**

**6062.901 8/15-8/19 M-F 9:00 am-12:00 pm**

### ENGINEERING FUNDAMENTALS

7-10 yrs

Power up your engineering skills with Play-Well TEKologies and thousands of LEGO®! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and the Battletrack! Design, build and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level.

**1 week | \$235/\$220 (Dist. Res.)**

**6062.902 8/15-8/19 M-F 1:00-4:00 pm**

### LEGO® PLANESWALKER ACADEMY **NEW!**

10-14 yrs

Become a Planeswalker! Learn to play Magic: the Gathering, a collectable card game with the strategic depth of chess and the bluffing potential of poker. First-time players and veterans alike will learn new strategies, tips, and tricks in this camp focused on one of the most successful and challenging games of the last 20 years.

**1 week | \$237/\$222 (Dist. Res.)**

**6066.901 7/11-7/15 M-F 1:00-4:00 pm**

# 2016 Summer Camps

ADVENTURE  
BEGINS HERE!

## Summer Rec Camp

June 21–July 28

**Full Day Option**

### Summer Recreation Camp

Entering grades 3–8

Create the perfect summer camp unique to your child's interests! Summer Rec Camp gives you the opportunity to choose from a variety of exciting enrichment, sports and recreation activities to build a camp that will keep your child happy, healthy and engaged all summer long. SRC also offers the ultimate program flexibility to meet your family's summertime schedule. See SRC Additional Schedule Options below.

#### HOW REGISTRATION WORKS:

Select two classes from the Activity List online based on what your child likes to do. Classes run approximately 80 minutes each and rotate mid-morning. Register early! Activity choices are on a first come, first serve basis. Activity List: [www.pleasanthillrec.com/camps](http://www.pleasanthillrec.com/camps).

Instructors: Rec Staff

**College Park High School: 201 Viking Drive**

6 weeks | \$325/\$310 (Dist. Res.)

3010.900 6/21–7/28 Tu–Th 9:30 am–12:20 pm

### Summer Rec Rookie Camp

Entering Grades 1–2

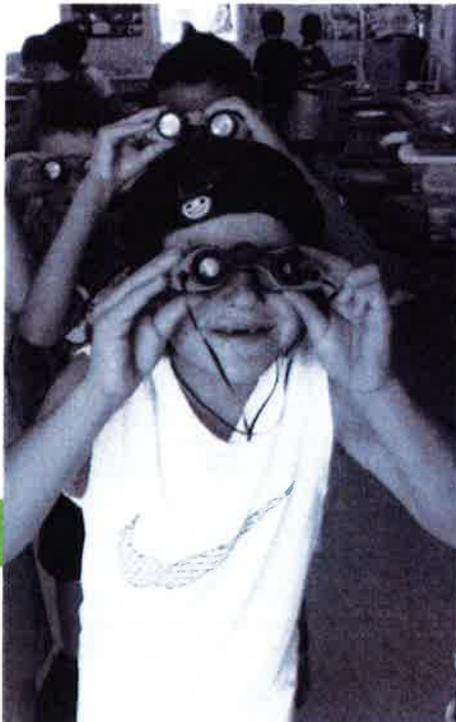
Give younger campers the opportunity to explore fun and exciting recreation activities. It is an ideal option for younger siblings of campers participating in Rec Summer Camp. Program includes sports, arts & crafts, LEGO building and more. Activities are organized and structured for the entire group (no class sessions).

Instructors: Rec Staff

**College Park High School: 201 Viking Dr.**

6 weeks | \$335/\$320 (Dist. Res.) per camper

3050.900 6/21–7/28 Tu–Th 9:30 am–12:20 pm



#### Additional Schedule Options:

Available for both Summer Rec Camp and Rookie Camp.

#### EARLY MORNING CARE

6 weeks | \$205/\$190 (Dist. Res.) per camper

3063.900 6/21–7/28 Tu–Th 7:00–9:30 am

#### AFTERNOON REC

Supervised field trips, planned activities, swim days, and fun at PH Park.

6 weeks | \$400/\$385 (Dist. Res.) per camper  
(trip fees included)

3064.900 6/21–7/28 Tu–Th 12:30–5:30 pm

#### EXTRA WEEKDAYS

Structured morning activities (no individual classes). Supervised field trips swim days, local hikes and more!

6 weeks | \$525/\$510 (Dist. Res.) per camper  
(trip fees included)

3040.900 6/21–7/28 M/F 8:00 am–5:30 pm

### Endless Summer Camp

Grades 1–8

Wish summer camp would last forever? Enjoy two more weeks of endless summer fun with fresh, exciting trips, sports games and a variety of recreation activities.

Instructor: Rec Staff

Location TBD

1 week | \$265/\$250 (Dist. Res.)

3070.900 8/1–8/5 M–F 8:00 am–5:30 pm

3070.901 8/8–8/12 M–F 8:00 am–5:30 pm

### Mad Science Camps

6–11 yrs

Instructor: Mad Science Staff

Community Center: Republic Services Room

#### HOW THINGS WORK

How do plants grow, live and eat? How do we travel into outer space? What powers humans and our homes? All the greatest scientific advancements started with a question. In this camp, young scientists set out to find answers! Students will learn how animals track scents and follow a trail of amazing aromas.

1 week | \$270/\$255 (Dist. Res.)

6066.903 6/20–6/24 M–F 1:00–4:00 pm

\$25 lab fee payable to instructor on first day of camp.

#### MAKE IT GO

Time to get moving! From rowing to robots, Make It Go! camp moves and grooves! Leap into tennis, check out the fancy footwork of football and design a crash helmet to keep your new friend, Eggbert, safe. Pull, roll and catapult your way to fun with six simple machines.

1 week | \$270/\$255 (Dist. Res.)

6066.902 8/1–8/5 M–F 9:00 am–12:00 pm

\$30 lab fee payable to instructor on first day of camp.

### Incrediflix Film Camps

7–12 yrs

All flix downloadable within a month after camp ends.

Instructor: Incrediflix Film Staff

Community Center: Republic Services Room

#### LIVE ACTION FLIX

Have a blast making a movie! We'll guide you through 'Action' to 'That's a wrap!' as you brainstorm, location scout, bring in props and costumes, act and direct in a collaborative movie.

1 week | \$180/\$165 (Dist. Res.)

6066.906 7/5–7/8 Tu–F 9:00 am–12:00 pm

\$30 lab fee payable to instructor on first day of camp.

#### MINECRAFT FLIX

Turn the popular video game into an exciting Minecraft world! Using stop-motion animation to bring Steve, the creepers and villagers to life. Students will write, storyboard, shoot and add voice-overs. Work in age-appropriate teams.

1 week | \$180/\$165 (Dist. Res.)

6072.901 7/5–7/8 Tu–F 1:00–4:00 pm

\$30 lab fee payable to instructor on first day of camp.

## LIVE ACTION & MINECRAFT COMBO FLIX (FULL DAY)

A full day of IncrediFlix! 10% discount for enrollment in both classes. Lunch supervision provided during break between camps! Bring your own sack lunch.

**1 week | \$311/\$296 (Dist. Res.)**

6059.901 7/5-7/8 Tu-F 9:00 am-4:00 pm  
\$60 lab fee payable to instructor on first day of camp.

## LEGO® FLIX

Bring LEGO® worlds to life with stop-motion animation! Create a LEGO® set with LEGO® characters for a movie you storyboard, write, shoot, and add voice-over in age-appropriate teams.

**1 week | \$220/\$205 (Dist. Res.)**

6066.904 7/25-7/29 M-F 9:00 am-12:00 pm  
\$30 lab fee payable to instructor on first day of camp.

## IMAGINATION FLIX

Your imagination is limitless in this exciting stop-motion animation camp. Take characters underwater or to outer space! Brainstorm, create clay characters, choose backgrounds, film your movies and add voice-overs. Young filmmakers work in age-appropriate groups.

**1 week | \$220/\$205 (Dist. Res.)**

6066.905 7/25-7/29 M-F 1:00-4:00 pm  
\$30 lab fee payable to instructor on first day of camp.

## LEGO® & IMAGINATION COMBO FLIX (FULL DAY)

A full day of IncrediFlix! 10% discount for enrollment in both classes. Lunch supervision provided during break between camps! Bring your own sack lunch.

**1 week | \$380/\$365 (Dist. Res.)**

6055.903 7/25-7/29 M-F 9:00 am-4:00 pm  
\$60 lab fee payable to instructor on first day of camp.

## Critters 'n Clay™ Camp

5-10 yrs

Enrich your child's world with a delightful hour of integrating science, sculpting, and literature! Learn about a different animal each day, sculpt it out of clay, and hear a story about the 'critter du jour.' Basic sculpting and glazing techniques are taught to assist in the creation of four family heirlooms. Students attend class four consecutive days, Monday-Thursday, then will return to glaze the following week.

Instructor: Hilary Ford

**Winslow Center: Rooms 1 & 2**

**5 days | \$109/\$94 (Dist. Res.)**

6055.901 7/11-7/14 M-Th 2:00-3:00 pm  
Return to glaze 7/22.

6055.902 8/1-8/4 M-Th 11:00 am-12:00 pm  
Return to glaze 8/8.

\$25 lab fee payable to instructor on first day of camp.

## Nature Camps

Instructor: Kelly Bradley

**Rodgers Ranch Heritage Center**

### LITTLE HOUSE ON PLEASANT HILL

Grades 1-5

Have you read the Little House series and loved the Early American settler lifestyle? Come and try out these settler's everyday skills! Make a candle, writing quill and rag rug. Play old-fashioned games and make recipes from the Little House Cookbook.

**1 week | \$210/\$195 (Dist. Res.)**

6079.902 7/11-7/15 M-F 9:00 am-2:00 pm  
\$25 lab fee payable to instructor on first day of camp.

### COOKING IN & FROM THE GARDEN

Grades 1-7

Grow it and eat it! Make salsa, stir-fry or salad from your fresh harvested veggies. Campers will build their own garden box to grow their favorite produce at home.

**1 week | \$210/\$195 (Dist. Res.)**

6079.903 7/25-7/29 M-F 9:00 am-2:00 pm  
\$25 lab fee payable to instructor on first day of camp.

### POLLINATORS AND MORE

Grades 1-5

Is that a bee or a fly? How is a native bee different than a honey bee? How do you harvest honey from a hive? What flowers help bees? Which flowers attract butterflies? Which bats pollinate flowers? Learn these answers, complete a Citizen Science project, make beeswax cream and take home bee- and butterfly-friendly flower seedlings.

**1 week | \$210/\$195 (Dist. Res.)**

6079.905 6/20-6/25 M-F 9:00 am-2:00 pm  
\$25 lab fee payable to instructor on first day of camp.

## Spanish Camp

5-10 yrs

Hola amigos! Vamos a divertirnos con los animales del oceano y los piratas. Hello friends! We are going to have fun with ocean animals and pirates! Scavenger hunts, outdoor games and treasure hunting. Introduces Spanish through a hands-on, interactive and engaging program. Sing, create art and enjoy time with friends. All activities are in Spanish. Please bring snack.

Instructor: Spanish 4 Children

**Winslow Center: Rooms 1 & 2**

**1 week | \$132/\$117 (Dist. Res.)**

6075.902 7/6-7/8 W-F 1:30-4:30 pm  
\$10 lab fee payable to instructor on first day of camp.

**Winslow Center: Room 3**

**1 week | \$213/\$198 (Dist. Res.)**

6075.903 7/11-7/15 M-F 9:00 am-12:00 pm  
\$10 lab fee payable to instructor on first day of camp.



## Sciensational Workshops

Instructor: Sciensational Workshops  
For Kids

**Community Center: Republic Services Room**

### CREATIVE ENGINEERING

7-12 yrs

Design and build simple or complex models of a vehicle, a robot or buildings with a three dimensional construction kit. Power up a moveable Radar Surveyor with 3-volt geared motor. Take home both kit and motor. Learn how motors run. Build from directions and your own imagination!

**1 week | \$240/\$225 (Dist. Res.)**

6076.901 7/11-7/15 M-F 9:00 am-12:00 pm

### HARRY POTTER

6-11 yrs

Join in the escapades of Harry and friends. Play quidditch. Make an edible wand. Brew and sample some fantastic potions. Create and watch some amazing chemical reactions. Watch a mirage appear. Make cool crystals. Experiment with colored magic sand. See a mysterious glowing ball. You won't believe it! Come join us where the magic of science, art and literature meet.

**1 week | \$229/\$214 (Dist. Res.)**

6076.902 8/8-8/12 M-F 9:00 am-12:00 pm

## Building Public Speaking Confidence

6-9 yrs

This course teaches the beginning building blocks of public speaking starting with being ready, practiced and focused. Children learn the importance of body language and variation in their voice within the fun milieu of show and tell, storytelling and poetry recitals. The goal is to start developing confidence and skill expressing themselves to a group.

Instructor: Gurus Education

**Community Center: Republic Services Room**

**1 week | \$240/\$225 (Dist. Res.)**

6075.901 6/20-6/24 M-F 9:00 am-12:00 pm

2016

# Summer Camps

ADVENTURE BEGINS HERE!

## teen summer camps



### Teen Xtreme Camp: June 14–August 18 **Full Day**

Entering Grades 6–10

Experience EXTREME fun this summer with Teen Xtreme camp! Every Monday includes on-site activities, free time and swimming. Tuesday, Wednesday, and Thursday are jam packed with exciting field trips. Friday includes a potluck BBQ and swimming. Bring a snack, lunch and water unless specified by the Program Leaders. Trips are subject to change. Waiver and Emergency Health Information Sheet required first day of camp.

#### Teen Center (drop off/pick up)

Full week: \$255/\$240 (Dist. Res.) | Weeks 1 & 4: \$207/\$192 (Dist. Res.)

10% sibling discounts available

Monday–Friday, 9:00 am–6:00 pm | Extended care available: 7:30–9:00 am, \$6/day

No camp 6/13, 7/4

Wk	Dates	Tuesday	Wednesday	Thursday
1	5174.901	6/14–6/16	Bowling	Waterworld
2	5174.902	6/21–6/23	Roller Skating	Boomers
3	5174.903	6/28–6/30	Movies	Alameda County Fair
4	5174.904	7/5–7/7	Scavenger Hunt & Lunch	Great America
5	5174.905	7/12–7/14	Sky High Sport	Discovery Kingdom
6	5174.906	7/19–7/21	Scandia	A's Game
7	5174.907	7/26–7/28	Circus School	Paintball
8	5174.908	8/2–8/4	Qzar	Cowell Pool
9	5174.909	8/9–8/11	Bowling	Discovery Kingdom
10	5174.910	8/16–8/18	Antioch Water Park	SF Giants Game

### Kidz Love Soccer Half-Day Camps

4½–10 yrs

Spend a week learning soccer skills including: dribbling, passing, receiving, and shooting. Everyone is a winner as the week's fun culminates in an age-appropriate "World Cup" tournament. All campers will receive a Kidz Love Soccer jersey and soccer ball. Campers should bring a full water bottle. A healthy snack and sunscreen are recommended. **Shin guards are required.**

Instructor: Kidz Love Soccer Staff

Rodgers-Smith Park, 736 Grayson Road (Turf behind Bocce Courts and Blacktop area)

1 wk: Monday–Friday, 9:00 am–12:00 pm

\$162/\$147 (Dist. Res.)

5039.900 Level 1: 4½–6 yrs 6/13–6/17

5039.901 Level 2: 7–8 yrs 6/13–6/17

5039.902 Level 3: 9–10 yrs 6/13–6/17

1 wk: Tuesday–Friday, 9:00 am–12:00 pm

\$142/\$127 (Dist. Res.)

5039.903 Level 1: 4½–6 yrs 7/5–7/8

5039.904 Level 2: 7–8 yrs 7/5–7/8

5039.905 Level 3: 9–10 yrs 7/5–7/8

### Youth Tennis Summer Camp

6–12 yrs

Activities and games are age-appropriate and the campers are sure to have fun learning a lifetime sport. Wear tennis shoes, bring racquet, one unopened can of tennis balls and a snack. Lunch is NOT provided.

Instructor: Joey Martinez

College Park High School Tennis Courts, 320 Civic Drive (adjacent to Community Center parking lot)

1 week | \$135/\$120 (Dist. Res.)

5589.900 6/20–6/24 M–F 9:00 am–12:00 pm

5589.901 6/27–7/1 M–F 9:00 am–12:00 pm

5589.902 7/5–7/8 Tu–F 9:00 am–12:00 pm

5589.903 7/11–7/15 M–F 9:00 am–12:00 pm

5589.904 7/18–7/22 M–F 9:00 am–12:00 pm

5589.905 7/25–7/29 M–F 9:00 am–12:00 pm

5589.906 8/1–8/5 M–F 9:00 am–12:00 pm

5589.907 8/8–8/12 M–F 9:00 am–12:00 pm

### Ala Carte EXTREME Day Trips/Excursions

11–17 yrs

Want to join us for just one (or more) of the Teen Scene EXTREME Camp Wednesday trips? You can! Choose from a wide variety of exciting excursions around the Bay Area and sign up just for one day. Registration is required for each individual trip. All day trips meet at the Pleasant Hill Teen Center. More details will be emailed to registered participants prior to trip.

Instructor: Rec Staff

#### Teen Center (depart/pick up)

Waterworld | \$61/\$50 (Dist. Res.)

5153.901 6/15 W 9:00 am–5:00 pm

Boomers | \$61/\$50 (Dist. Res.)

5153.908 6/22 W 9:00 am–5:00 pm

Alameda County Fair | \$61/\$50 (Dist. Res.)

5153.903 6/29 W 9:00 am–5:00 pm

Great America | \$67/\$55 (Dist. Res.)

5153.904 7/6 W 9:00 am–5:00 pm

Discovery Kingdom | \$67/\$55 (Dist. Res.)

5153.905 7/13 W 9:00 am–5:00 pm

5153.909 8/10 W 9:00 am–5:00 pm

A's Game | \$61/\$50 (Dist. Res.)

5153.906 7/20 W 9:00 am–5:00 pm



Paintball | \$85/\$70 (Dist. Res.)

5153.902 7/27 W 9:00 am–5:00 pm

Cowell Pool | \$61/\$50 (Dist. Res.)

5153.907 8/3 W 9:00 am–5:00 pm

SF Giants Game | \$61/\$50 (Dist. Res.)

5153.910 8/17 W 9:00 am–5:00 pm

TBD | \$48/\$40 (Dist. Res.)

5153.911 8/24 W 9:00 am–5:00 pm

## Monday and/or Friday Camp

Boredom-busting activities, creative arts and crafts, free time and swimming.

**1 Day | \$40/\$35 (Dist. Res.)**

5175.901	6/17	F	9:00 am–6:00 pm
5175.902	6/20	M	9:00 am–5:00 pm
5175.903	6/24	F	9:00 am–6:00 pm
5175.904	6/27	M	9:00 am–5:00 pm
5175.905	7/1	F	9:00 am–6:00 pm
5175.906	7/8	F	9:00 am–6:00 pm
5175.907	7/11	M	9:00 am–5:00 pm
5175.908	7/15	F	9:00 am–6:00 pm
5175.909	7/18	M	9:00 am–5:00 pm
5175.910	7/22	F	9:00 am–6:00 pm
5175.911	7/25	M	9:00 am–5:00 pm
5175.912	7/29	F	9:00 am–6:00 pm
5175.913	8/1	M	9:00 am–5:00 pm
5175.914	8/5	F	9:00 am–6:00 pm
5175.915	8/8	M	9:00 am–5:00 pm
5175.916	8/12	F	9:00 am–6:00 pm
5175.917	8/15	M	9:00 am–5:00 pm
5175.918	8/19	F	9:00 am–6:00 pm
5175.919	8/22	M	9:00 am–5:00 pm
5175.920	8/26	F	9:00 am–6:00 pm

## Teen Culinary Camp

A “hands-on” entry level culinary camp that introduces students to working in small group in a commercial kitchen. The students will learn egg cookery, salad making, vegetable cookery, simple entrees, and desserts. They will be able to eat everything they cook! Students will learn about food safety and sanitation, how to use professional cooking equipment, knife skills, basic cooking techniques, and culinary terminology. This program will build confidence while teaching students to efficiently prepare and cook food at home in an organized manner.

Instructor: Kellie Joe

**College Park High School: Cooking Room**

**3 days | \$210/\$195 (Dist. Res.)**

5107.904 8/2–8/4 Tu–Th 9:00 am–12:00 pm

\$20 lab fee payable to instructor at first class.

## Essentials of Debating Camp

10–14 yrs

This camp teaches the essentials of debating. Students learn how to make strong arguments, use tools like flow and practice note taking. It will instill critical thinking in students by providing reasoning and evidence. Participants debate on a variety of their age-appropriate topics in various formats.

Instructor: Gurus Education

**Community Center: Republic Room**

**1 week | \$219/\$204 (Dist. Res.)**

5114.901 8/8–8/12 M–F 1:00–4:00 pm

## aquatic camps

### Junior Lifeguard Camp

11–14 yrs

Build a valuable foundation to becoming a lifeguard and swim instructor! Learn basic water safety skills, how to prevent aquatic accidents and how to recognize hazards. Participants must be able to swim 50 yards crawl stroke with face in the water and rhythmic breathing. After completing the course, you will be eligible to provide volunteer assistance as a swim lesson aide and Junior Lifeguard during recreation swim throughout the summer. All participants will receive a Junior Lifeguard t-shirt.

Instructor: Aquatics Staff

**PH Aquatic Park: 147 Gregory Lane**

**1 week | \$185/\$170 (Dist. Res.)**

8720.902 6/20–6/24 M–F 8:30 am–1:30 pm

### Junior Lifeguards! Back to the Pool

12–14 yrs

For returning junior guards who have taken Junior Lifeguard Camp within the past two years. Review material from your junior lifeguard camp and discuss summer volunteer availability/commitments. Participants will receive a Junior Lifeguard t-shirt. Bring swim suit.

Instructor: Aquatics Staff

**PH Aquatic Park: 147 Gregory Lane**

**1 day | \$50/\$40 (Dist. Res.)**

8720.901 6/15 W 10:00 am–1:00 pm



### High School Water Polo Camp

Grade 9–12

New students are introduced to the sport and returning students prepare for the upcoming season. Focus is on physical conditioning and basic skills, including passing, shooting, counter attacks, offense and defense. Open to all students entering high school in Fall 2016.

Instructor: Lauren Seidemann

**PH Education Center Pool:**

**1 Santa Barbara Road**

**2 weeks | \$95/\$80 (Dist. Res.)**

8752.901 8/1–8/11 M–Th 7:30–9:00 pm

### Youth Water Polo Camp

Grade 4–8

Program introduces basic skills to students new to the sport, including passing, shooting, offense, defense, the rules of the game and physical conditioning. Class is held in deep water.

Instructor: Aquatics Staff

**PH Education Center Pool:**

**1 Santa Barbara Road**

**3 weeks | \$95/\$80 (Dist. Res.)**

8751.901 6/14–6/30 Tu/Th 1:00–2:30 pm

8751.902 7/5–7/21 Tu/Th 1:00–2:30 pm

8751.903 7/26–8/11 Tu/Th 1:00–2:30 pm

photo?

## 2016 SUMMER CAMPS-AT-A-GLANCE

PRESCHOOL	6/13-6/17	6/20-6/24	6/27-7/1	7/4-7/8	7/11-7/15	7/18-7/22	7/25-7/29	8/1-8/5	8/8-8/12	8/15-8/19
Castle Tales Musical Theatre Camp (3.5-6y)			9:00 session 1:30 session					9:00 session 1:30 session		
Explorer Day Camp M-Th (4-7y)										
Gymnastics & More Camp (4-6y)										
Kidz Love Soccer Half-Day Camps (4.5-6y)										
Kindergarten Prep Camp M-F (5-6y)										
LEGO: Pre-Engineering (4.9-6y)										
Mad Science Camps (4-6y)						Planet Earth Explorers			Future Geniuses	
Preschool Summer Camp T/W/Th (3-5 y)										
Preschool Prep Camp T/W/Th (2-4y)										
Spanish Immersion Camp (3-5y)										
Tiny Tot Morning Care M-Th (1-2.9y)										
YOUTH	6/13-6/17	6/20-6/24	6/27-7/1	7/4-7/8	7/11-7/15	7/18-7/22	7/25-7/29	8/1-8/5	8/8-8/12	8/15-8/19
Adventure Kids Camp (Gr 1-5) <i>Full or half day options</i>										
Creative Engineering (7-12y)										
Critters 'n Clay Camp (5-10y)										
Endless Summer Camp (Gr 1-8) M-F										
Harry Potter Camp (6-11y)										
Imagination Flix & LEGO (7-12y)										
Incrediflix Imagination Flix (7-12y)										
Incrediflix LEGO Flix (7-12y)										
Incrediflix Live Action Flix										
Incrediflix Minecraft Flix (7-12y)										
Incrediflix Live Action & Minecraft (7-12y)										
Kidz Love Soccer Camp (7-8y, 9-10y)										
LEGO: Engineering FUNDamentals (7-11y)										
LEGO: Planeswalker Academy (10-14y)										
Mad Science Camps (6-11y)		How Things Work						Make It Go		
Nature: Lil' House on Pleasant Hill (Gr 1-5)										
Nature: Cooking In/From the Garden (Gr 1-7)										
Nature: Pollinators & More (Gr 1-5)										
Public Speaking Confidence Camp (6-9y)										
Spanish Immersion Camp (5-10y)										
Summer Recreation Camp (Gr 3-8) T-Th										
Summer Rookie Camp (Gr 1-2) T-Th										
Tennis Camps, Youth (6-12y)										
Water Polo Youth Camp (Gr 4-8)										
TEEN	6/13-6/17	6/20-6/24	6/27-7/1	7/4-7/8	7/11-7/15	7/18-7/22	7/25-7/29	8/1-8/5	8/8-8/12	8/15-8/19
Culinary Camp (Gr 7-9)										
Essentials of Debating Camp (10-14y)										
Jr. Lifeguard Camp (11-14y)										
Jr. Lifeguards! Back to the Pool (12-14y)										
Water Polo HS Camp (Gr 9-12)										
XTREME Summer Camp (Gr 6-10) <i>Full-Day available</i>										
Ala Carte Trips (11-17y) <i>(Every Wednesday only)</i>	6/15	6/22	6/29	7/6	7/13	7/20	7/27	8/3	8/10	8/17

► **SWIM LESSONS** for all ages, all levels: June 7–August 28



**Sign up now!** [www.pleasanthillrec.com/camps](http://www.pleasanthillrec.com/camps)



## swim lessons

Pleasant Hill Recreation & Park District offers a wide variety of swim lessons from 6-month tots to adults.

▶ **NEW! LESSON SCHEDULES & REGISTRATION NOW ONLINE!**

Visit [pleasanthillrec.com/aquatics/swimlessons.html](http://pleasanthillrec.com/aquatics/swimlessons.html)

▶ **Sign Up Early!**

Swim lesson sessions fill up quickly in summer months.

▶ **Questions?**

Contact (925) 682-0896.

## aquatics rentals

**Make your next party a big splash!**

Reservation and \$100 refundable security deposit, with use fees for pool picnics and parties are required to confirm your reservation. A minimum of two weeks advance reservation is required. Forms are available at the District Office, 147 Gregory Lane, call 682-0896.



## public swimming

### Pleasant Hill Aquatic Park

147 Gregory Lane, Pleasant Hill, 682-7830

**The facility includes:**

- 25-yard pool with two diving boards
- 20-yard shallow water training pool
- Sprayground
- Changing rooms with showers and restrooms
- Two picnic areas, with BBQ pit/two tables, on lawn area off the pool deck (available for reservation).

All persons entering the pool must pay admission. 15-minute rest breaks are observed every hour. Attendance determines availability of the training pool. If attendance is low, the facility may be closed after 3:00 pm. No refunds if pool closes early. Coast Guard approved flotation devices allowed with adult supervision.

### PUBLIC SWIMMING ADMISSION

Under 2 yrs . . . . .	Free
2-6 yrs . . . . .	\$4.00
7-17 yrs . . . . .	\$4.50
18 yrs/older. . . . .	\$5.00
Seniors 55 yrs/older. . . . .	\$4.00

*Children 8 years and under must be accompanied in the water by a paying adult (18 years and older). Children 12 years and under must be accompanied in the facility by a paying adult.*

*Note: Pools are subject to closure without warning, based on attendance, weather, emergencies and training, maintenance or safety issues.*

### PUBLIC SWIMMING HOURS

**Spring:** May 28-June 12

Saturday/Sunday, 1:00-5:00 pm

**Summer:** June 13-August 21

Monday-Thursday, 1:15-4:15 pm

Friday/Saturday/Sunday, 1:00-5:00 pm

**Late Summer:** August 27-September 5

Saturday/Sunday, 1:00-5:00 pm

**Holidays:** May 30, 1:00-5:00 pm

July 4, 11:00-5:00 pm,

September 5, 1:00-5:00 pm

**Friday Night Family Swimming:**

June 24, 6:00-9:00 pm

### PUBLIC SWIMMING PASSES

Come play at the pool; it's a great way to spend the summer! Swim passes save money and are valid 5/28-9/5 during public swimming hours. Passes cannot be shared, are non-transferable and non-refundable.

#### 15-Visit Swim Pass:

2-6 yrs . . . . .	\$55
7-17 yrs . . . . .	\$60
18 yrs/older. . . . .	\$65
Seniors 55 yrs/older. . . . .	\$55

#### Family Swim Pass:

*Unlimited use during public swim hours.*

1 Person . . . . .	\$90
2 Persons . . . . .	\$135
3 Persons . . . . .	\$180
4 Persons . . . . .	\$225
5 Persons . . . . .	\$270

Each additional person over five: \$45

### Aquatic Park Picnics

Reserve the Aquatic Park picnic area for any special occasion. Rental fee includes barbecue grill, two picnic tables and pool admission for 20 people. Additional guests pay regular pool admission.

**Spring:** May 28-June 12

Saturday/Sunday, 1:00-5:00 pm

**Summer:** June 13-August 21

Monday-Thursday, 1:15-4:15 pm

Friday/Saturday/Sunday, 1:00-5:00 pm

**Late Summer:** August 27-September 5

Saturday/Sunday, 1:00-5:00 pm

**Holidays:** May 30, 1:00-5:00 pm

July 4, 11:00-5:00 pm,

September 5, 1:00-5:00 pm

**Friday Night Family Swimming:** June

24, 6:00-9:00 pm

**Fee: \$160/\$130 (Dist. Res.)**

### Private Aquatic Park Parties

Reserve the pool for your own private party! Minimum two-hour rental includes lifeguards. No alcohol or smoking permitted in the pool area. Fees are based on the number of guests and portions of the facility used. Call the District Office at 682-0896 or visit [www.pleasanthillrec.com](http://www.pleasanthillrec.com) for more information.

**Available: April 2-October 30,**

**Friday/Saturday/Sunday, 5:30-7:30 pm**

## pleasant hill dolphins swim team

Have fun! Swim fast! Founded in 1964, the Pleasant Hill Dolphins is a summer recreational swim team. Daily practice with instruction in all four competitive strokes, racing starts and turns and swim meets in the summer. The team also offers special activities for swimmers and their families. Swimmers must be able to swim 15 yards of freestyle (face in the water with rhythmic breathing).

Coaches: Head Coach Talli Pitcher, Assistant Head Coach Vicky Dewey, Kenan Tugcu, Beth Heinen, Carol Madsen, Clare Alden

**Tryouts: Friday, April 22, 4:00 pm** at PH Aquatic Park, 147 Gregory Lane. For new 8 yrs & under swimmers ONLY.

### Practice Schedule (Season runs 4/25-8/1)

Spring practice held at PH Aquatic Park: 147 Gregory Lane;

Practice moves to PH Education Center Pool: 1 Santa Barbara Road on May 16;

Summer practice at PH Education Center Pool: 1 Santa Barbara Road



## clinics and classes

### Pre-Swim Team

4-13 yrs

Designed for swimmers who want to join a swim team. Students must be able to take breaths on their own while "swimming." Repeat students welcome. There will be a parent meeting and try-outs on the first day. Instructor: Talli Pitcher

**PH Aquatic Park: 147 Gregory Lane**

3 weeks | 4-5 years | \$65/\$52 (Dist. Res.)

8208.801 4/5-4/21 Tu/Th 4:00-4:30 pm

3 weeks | 6-8 years | \$80/\$65 (Dist. Res.)

8209.801 4/5-4/21 Tu/Th 4:30-5:15 pm

For those without swim team experience who would like to learn the skills to be on a swim team or to further develop their swimming skills. Focus will be in developing the four competitive strokes, starts and turns.

Instructor: Carol Madsen

3 weeks | 9-13 years | \$80/\$65 (Dist. Res.)

8210.801 4/5-4/21 Tu/Th 5:15-6:00 pm

### Spring Swim Clinics

6-13 yrs

For the summer recreation swimmer. Focus is on stroke technique and drill progressions for competitive swimming. Not training sessions; must have prior competitive experience. This clinic does not conflict with County guidelines for Recreation Swim Teams.

Instructor: Talli Pitcher

**PH Education Center Pool:**

1 Santa Barbara Road

2 weeks | \$66/\$53 (Dist. Res.)

8727.804 3/15-3/24 Tu/Th 6:00-6:45 pm

8727.805 4/5-4/14 Tu/Th 6:00-6:45 pm

### Summer Competitive Stroke Instruction

One-on-one instruction in the latest stroke, turn and starting techniques with Dolphins Coaches to help improve ability in competitive swimming. For details and to register, call (925) 682-0896 or visit [www.pleasanthillrec.com](http://www.pleasanthillrec.com).

Age as of 6/15/16	Activity Code	Spring: 4/25-6/9 M-Th	Summer: 6/13-8/1 M/Tu/Th/F
6 & under	8223.901	3:30-4:00 pm	2:30-3:15 pm
7-8	8224.901	4:00-4:45 pm	3:15-4:00 pm
9-10	8225.901	4:45-5:45 pm	4:00-5:00 pm
11-12*	8226.901	6:00-7:00 pm*	9:30-10:30 am or 5:00-6:00 pm
13-14*	8227.901	6:00-7:00 pm*	8:00-9:30 am or 5:00-6:00 pm
15-18*	8228.901	6:00-7:00 pm*	8:00-9:30 am or 5:00-6:00 pm

\*For 11-18 swimmers: all practices are at PH Education Center. In the summer, their primary practice is in the morning. The evening practice for 11-18 swimmers is offered for those who cannot make the morning practice.

No practice May 30, June 30-July 4. Practice for County meet qualifying swimmers, August 1-12.

### Registration through

**May 20, 2016** at the District Office (M-F, 9:00 am-5:00 pm) or online at [www.pleasanthillrec.com](http://www.pleasanthillrec.com). For more information, call 682-0896.

### Registration Fees:

3/1-4/8 | \$330/\$315 (Dist. Res.)

4/9-5/20 | \$375/\$360 (Dist. Res.)

High School Swimmers:  
\$215/\$200 (Dist. Res.)

Fee includes team t-shirt. Register early to take advantage of the payment plan.

### Work Assignments:

Parents/families play a vital role in the success of this program and parent participation is required. \$200 Family Fee (per family) must be paid at the time of registration to the Pleasant Hill Dolphins Parent Club. Family Fees will be refunded in the fall if all work assignments were completed. See [www.pleasanthilldolphins.com](http://www.pleasanthilldolphins.com) for more information.

### Mini-Dolphins

7 yrs and under

A program for young swimmers who are not quite ready for the Dolphins Swim Team. Swimmers will be instructed in all competitive skills. Depending on progress/ability, participants may join the Dolphins. Summer Mini-Dolphins participate in end-of-season and age-group parties and receive a team t-shirt.

### SPRING

Tryouts: Friday, 4/22, 4:00 pm

**PH Aquatic Park: 147 Gregory Lane**

\$125/\$110 (Dist. Res.)

8200.801 4/26-6/9 Tu/Th 3:30-4:00 pm

Practice moves to PH Education Center 5/17

### SUMMER

Tryouts: Friday, 6/3, 4:00 pm

Registration Deadline: Wednesday, 6/8

\$30 discount when you also register for Spring Mini-Dolphins.

**PH Education Center Pool:  
1 Santa Barbara Road**

\$210/\$195 (Dist. Res.)

8200.901 6/13-8/1 M/Tu/Th/F 2:00-2:30 pm

No practice 6/30-7/4

## Summer Swim Clinics

Weekly clinics provide an extra opportunity for recreational swimmers to enhance their skills in a classroom and pool setting, with a focus on a specific skill each week. Late registration begins two days prior to clinic start date: additional \$7.

Instructor: Vicky Dewey & Dolphins Swim Team Coaching Staff

### PH Education Center Pool: 1 Santa Barbara Road

#### 1 clinic, AM | \$30/\$25 (Dist. Res.)

8285.901	11 & up	Dives	6/15	W	8:30-9:15 am
8286.901	10 & under	Dives	6/15	W	9:15-10:00 am
8285.903	9 & up	Maximizing Underwater Speed: Flip Turns	6/22	W	9:15-10:00 am
8285.905	11 & up	Defining the Rules: Open Turns	7/6	W	8:30-9:15 am
8286.905	7-10 yrs	Defining the Rules: Open Turns	7/6	W	9:15-10:00 am

#### 1 clinic, PM | \$30/\$25 (Dist. Res.)

8286.902	10 & under	Dives	6/21	Tu	6:15-7:00 pm
8285.902	11 & up	Dives	6/21	Tu	7:00-7:45 pm
8285.904	9 & up	Maximizing Underwater Speed: Flip Turns	6/28	Tu	6:15-7:00 pm
8286.906	7-10 yrs	Defining the Rules: Open Turns	7/12	Tu	6:15-7:00 pm
8285.906	11 & up	Defining the Rules: Open Turns	7/12	Tu	7:00-7:45 pm

#### 1 clinic, AM | \$43/\$35 (Dist. Res.)

8285.907	7-19 yrs	Race Day Prep	7/27	W	9:30-10:30 am
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## Lifeguard Training

15 yrs & up

Become an American Red Cross certified Lifeguard! After successful completion, the American Red Cross will issue certificates in Lifeguarding/First Aid/CPR/AED and Administering Emergency Oxygen. Bring lunch each day. Visit [www.pleasanthillrec.com](http://www.pleasanthillrec.com) for the required pre-requisites, which must be successfully completed on the first day of class.

Instructor: Aquatics Staff

### PH Aquatic Park: 147 Gregory Lane

\$225/\$210 (Dist. Res.)

8715.801	3/29-4/1	Tu-F	9:00 am-5:00 pm
8715.803	4/8-4/23	F	5:00 pm-8:00 pm
		Sa	9:00 am-5:00 pm
8715.802	5/6-5/21	F	5:00 pm-8:00 pm
		Sa	9:00 am-5:00 pm

## Lifeguard Training Review

16 yrs & up

For those who have taken a lifeguard training course and need to renew their certifications. Course includes lecture and video review, skills practice and testing (written and skills). Upon successful completion the American Red Cross will issue certificates in Lifeguarding/First Aid/CPR/AED. Bring lunch. Must provide proof of current certification.

Instructor: Aquatics Staff

### PH Aquatic Park: 147 Gregory Lane

\$145/\$130 (Dist. Res.)

8717.801	4/29-4/30	F	5:00-9:00 pm
		Sa	9:00 am-5:00 pm
8717.802	6/3-6/4	F	5:00-9:00 pm
		Sa	9:00 am-5:00 pm

## PADI Openwater Scuba Diver

15 yrs & up

**NEW!**

Learn to become a confident scuba diver at a relaxed pace. Discover the mystery of the aquatic realm. A combination of study and pool work will culminate in a weekend of diving in Monterey (transportation to/from and accommodations in Monterey are not included in course fee). Be prepared to take a swim test on the first day.

Instructor: James Blair

### PH Education Center Pool:

1 Santa Barbara Road

5 weeks + Monterey Weekend

\$414/\$399 (Dist. Res.)

8770.801	4/3-5/1	Su	8:00 am-12:00 pm
	5/14 & 5/15		Monterey Weekend
8770.901	7/10-8/7	Su	8:00 am-12:00 pm
	8/13 & 8/14		Monterey Weekend

\$75 lab fee payable at first class. No class 5/8



Adult classes with this symbol qualify for Senior Club member discount. Interested in a Senior (50+) Club Membership? Call (925) 798-8788.



## Splashball

6-11 yrs

Splashball is a "t-ball" version of water polo designed to introduce the sport of water polo to children.

This fun, dynamic class teaches basic skills and understanding of the sport of water polo in a recreational format while providing social development through participation in a team sport. Students should be comfortable in the water. Strong swimming skills a plus!

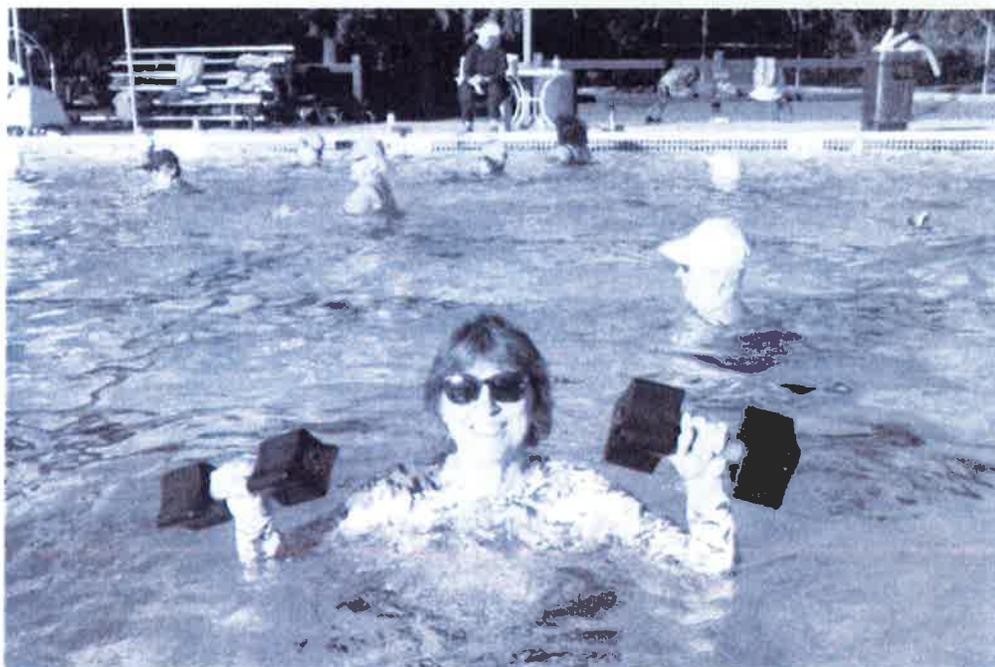
Instructor: Aquatics Staff



**PH Aquatic Park: 147 Gregory Lane**

6 weeks | \$85/\$70 (Dist. Res.)

8750.801 4/10-5/15 Su 5:00-6:00 pm



## Springboard Diving

5 yrs & up

Each participant will advance at their own pace through individually tailored progressive skills in classes designed for **everyone** from total beginners to the most advanced divers. Learn and practice all of diving's basic skills, including Hurdle, Press, Take-Off, 4-Step Approach, and more. Students must be comfortable touching the bottom of the pool in deep water, wear one-piece swimsuit, and bring tennis shoes and towel to class. **Lab fee payable online BEFORE first class at: [www.AAUsports.org](http://www.AAUsports.org)—sign up as an athlete (\$14-youth, \$24-adult). Only pay one lab fee for the entire Summer.**

Instructor: Cal Diving Club

**PH Aquatic Park: 147 Gregory Lane**

1 week | \$90/\$75 (Dist. Res.)

Date	11:00-11:30 am	11:30 am-12:00 pm
6/13-6/16	8801.901	8802.901
6/20-6/23	8801.902	8802.902
6/27-6/30	8801.903	8802.903
7/11-7/14	<b>8801.904</b>	8802.904
7/18-7/21	<b>8801.905</b>	8802.905
7/25-7/28	<b>8801.906</b>	8802.906
8/1-8/4	<b>8801.907</b>	8802.907
8/8-8/11	<b>8801.908</b>	8802.908
8/15-8/18	8801.909	8802.909

## water exercise

### Aqua Zumba® Monday & Wednesday

16 yrs & up

Aqua Zumba integrates the Zumba philosophy and its exotic rhythms with traditional aqua fitness. AZ is great for people who have joint problems, mobility issues, chronic conditions, weight issues, pregnant women or any healthy adult who wants a complete workout without stressing the joints. It is a fun cardio-conditioning and body toning class that feels like a party! No swimming skills required. Water shoes recommended.

Instructor: Sandra Franklin, *Licensed Aqua Zumba® instructor*

**PH Aquatic Park: 147 Gregory Lane**

3 weeks | \$54/\$44 (Dist. Res.) | Drop-In: \$10

8124.801 4/11-4/27 M/W 7:00-8:00 pm

8124.903 8/1-8/17 M/W 7:00-8:00 pm

4 weeks | \$72/\$58 (Dist. Res.) | Drop-In: \$10

8124.802 5/2-5/25 M/W 7:00-8:00 pm

8124.901 6/6-6/29 M/W 7:00-8:00 pm

7 classes | \$63/\$51 (Dist. Res.) | Drop-In: \$10

8124.902 7/6-7/27 M/W 7:00-8:00 pm



## Lap Swim

15 yrs & up

Monthly Pass gives you unlimited access to Lap Swim hours during the calendar month. Stay fit, work on your stroke technique, improve your endurance; rejuvenate and energize your mind/body while you swim your way to a healthier life! To purchase a monthly pass online, search "Membership".

Instructors: Staci Lindsay, Carol Madsen

**PH Education Center Pool:  
1 Santa Barbara Road**

Monthly Pass: \$62/\$50 (Dist. Res.)

Senior 55+ Monthly Pass: \$48/\$38 (Dist. Res.)

8-swim "Anytime" Punch card: \$50

**Lap Swim Hours\*:**

M/W/F 6:00-7:00 am, 8:30-9:30 am, 1:00-2:00 pm  
(changes to 12:00-1:00 pm 5/16-8/19)

M/Tu/Th 7:00-8:00 pm

**Weekends at PH Aquatic Park:**

Sa (starting 6/11) 10:00 am-12:00 pm

Su (starting 4/3) 10:00 am-12:00 pm

Holidays: 3/28, 5/29, 5/30, 7/2-7/4, 9/3-9/5

\*Visit [www.pleasanthillrec.com](http://www.pleasanthillrec.com) for a calendar to confirm hours and location.

**NEW! LESSON SCHEDULES & REGISTRATION NOW ONLINE!**

Visit [pleasanthillrec.com/aquatics/swimlessons.html](http://pleasanthillrec.com/aquatics/swimlessons.html)

**Aquatic Summer Camps,  
see page 9.**

 Adult classes with this symbol qualify for Senior Club member discount. Interested in a Senior (50+) Club Membership? Call (925) 798-8788.

## Water Aerobics

18 yrs & up

The ultimate in low-impact aerobics for men & women! Classes offer all the benefits of land aerobics while cushioning the body from impact and providing resistance during exercise. Emphasis is on cardiovascular workout while toning muscles and slimming the body. Swimming skills are not required.

Instructors: Bryce Halliday,  
Mary Beth McCarthy

**Year-round classes | Drop-in \$8**  
**Water Aerobics Punch Card: \$45**  
**(8 classes)**

**PH Education Center Pool:**  
**1 Santa Barbara Road**

Mary Beth	thru 3/25	W	7:20–8:20 am
Mary Beth	thru 3/25	Tu/Th	8:30–9:30 am
Mary Beth	thru 3/25	Tu/Th	6:00–7:00 pm
Bryce	thru 4/22	M/W/F	8:30–9:30 am

**PH Aquatic Park: 147 Gregory Lane**

Mary Beth	3/28–Nov	W	7:20–8:20 am
Mary Beth	3/28–Nov	Tu/Th	8:30–9:30 am
Mary Beth	3/28–Nov	Tu/Th	7:00–8:00 pm
Bryce	4/25–9/23	M/W/F	8:30–9:30 am

*No class on legal holidays, during the Nov/Dec holiday break and instructor scheduled vacations.*

## Water Walking

18 yrs & up

Water walking is an easy, low-impact exercise that can provide an aerobics workout while also strengthening and building muscles by using the water's resistance. The water's buoyancy supports the body's weight, which reduces stress on the joints and minimizes pain. Pool is heated and ADA accessible. Water shoes recommended. Students may drop-in to Water Walking using the Water Aerobics Punch Card.

Instructor: Nay Albertson

**PH Aquatic Park: 147 Gregory Lane**

**4 weeks | \$50/\$40 (Dist. Res.)**

**Senior Club Members: \$46/\$36 (Dist. Res.)**

### SPRING SESSIONS:

<b>2240.801</b>	3/29–4/21	Tu/Th	8:30–9:30 am
<b>2240.802</b>	4/26–5/19	Tu/Th	8:30–9:30 am
<b>2240.803</b>	5/24–6/16	Tu/Th	8:30–9:30 am

### SUMMER SESSIONS:

<b>2240.901</b>	6/21–7/14	Tu/Th	8:30–9:30 am
<b>2240.902</b>	7/19–8/11	Tu/Th	8:30–9:30 am
<b>2240.903</b>	8/16–9/8	Tu/Th	8:30–9:30 am



## aquatic events

### FREE! Pool Safety Day

Learn about pool safety from your local Lifeguards, Paramedics, Firefighters and Medical Flight Crew! Pools and Sprayground will be open for public swimming, lifeguard demonstrations and more!

**PH Aquatic Park: 147 Gregory Lane**  
**Friday, June 17, 1:00–5:00 pm**

### Friday Night Family Swim

Enjoy an evening of swimming! Public Swim Passes are valid for entry. See Public Swim Section on page 11 for drop-in admission and additional information.

**PH Aquatic Park: 147 Gregory Lane**  
**June 24, 6:00–9:00 pm**



### FREE! 7th Annual World's Largest Swimming Lesson™ New time!

4–14 yrs

Join Pleasant Hill Recreation as facilities around the world attempt to set a Guinness World Record™ for the 7th Annual World's Largest Swimming Lesson™ (WLSL). Swimming is a life-saving skill for children and a vital tool to prevent drowning, the second leading cause of unintended, injury-related death for children ages 1–14. WLSL was created to promote "Swimming Lessons Save Lives.™"

**PH Aquatic Park: 147 Gregory Lane**

**Free | Pre-registration required**

**8550.901** 6/24 F 5:30–6:00 pm

*Check-in begins at 5:00 pm; you must be checked in by 5:25 pm; lesson will begin promptly at 5:30 pm. Free admission to Friday Night Family Swim for participants and their parents after WLSL.*

### Derby Day

*All ages are welcome!* Test your engineering skills and design a boat out of cardboard, recycleables and duct tape. All boats will compete in races across the pool. Wear your swimsuit and prepare to get wet! Pre-registration required by July 13. For rules or information, call (925) 682-0896.

**PH Aquatic Park: 147 Gregory Lane**

**Entry Fee: \$5/boater**

**8780.901** 7/15 F Race starts at 1:00 pm



## Preschool 2016-17 Registration

March 5, 2016 | 9:00 am  
Community Center

The Pleasant Hill Recreation & Park District Preschool has been encouraging the love of learning since 1973. Our Philosophy: A child who is playing is a child who is learning.

Registration is on a first come, first serve basis. Birth certificate, immunization records and proof of residency required for discount. Children must be age-appropriate by 9/1/16. For 2016-17 fees and information please contact director, Sarah Smith at (925) 676-5200 ext. 626 or [ssmith@pleasanthillrec.com](mailto:ssmith@pleasanthillrec.com).

Classes are in session September-June.

### WEE-TOT (2 yrs 6 mos-3 yrs 6 mos)

- Co-op Tu/Th, 9:30 am-12:00 pm, Winslow Center  
**Current Fee: \$220/\$200 (Dist. Res.)**
- Tu/Th, 9:30 am-12:00 pm, Winslow Center  
**Current Fee: \$295/\$275 (Dist. Res.)**

### NEW HORIZONS (3 yrs 3 mos-4 yrs 3 mos)

Students required to be fully potty-trained.

- M/W/F, 8:45-11:45 am, Winslow Center
- Tu/W/Th, 9:00 am-12:00 pm, Community Center  
**Current Fee: \$340/\$320 (Dist. Res.)**

### PRE-K (4-6 yrs)

Students required to be fully potty-trained.

- M/W/F, 12:45-3:45 pm, Community Center
- Tu/W/Th, 8:45-11:45 am, Community Center  
**Current Fee: \$340/\$320 (Dist. Res.)**  
**Registration Fee: \$100 per family**

## preschool activities

### California Gymnastics

California Gymnastic Services offers classes throughout the Bay Area and is structured to bring its innovative instructional program to Pleasant Hill. CGS has been teaching in the Bay Area since 1985.

Instructor: CGS Gymnastic Services, Inc.

### PARENT AND ME GYMNASTICS

18 months-36 months & parents

This popular class, designed for parents and toddlers, will enhance children's motor development and confidence. Emphasis is placed on movement, basic gymnastics skills, rolling, climbing, hanging and jumping in a fun and social environment. Music games and group activities/circle time are introduced in this class. Parent participation is required.

Community Center: Soroptimist Room

5 weeks | \$95/\$80 (Dist. Res.)

<b>6603.901</b>	5/13-6/10	F	9:30-10:15 am
<b>6603.902</b>	6/24-7/29	F	9:30-10:15 am

No class 7/15

### TINY TUMBLER GYMNASTICS

3-5 yrs

This class is designed to enhance your child's motor development skills, balance, coordination and confidence. Emphasis is placed on developing beginning gymnastics skills in a fun, non-competitive environment and also introduces children to learn to participate in a structured class without their parents. Music games and group activities are incorporated into each class.

Community Center: Soroptimist Room

5 weeks | \$95/\$80 (Dist. Res.)

<b>6605.901</b>	5/13-6/10	F	10:20-11:05 am
<b>6605.902</b>	6/24-7/29	F	10:20-11:05 am

No class 7/15

### Pre-Ballet

3-4 yrs

The basics of ballet are presented in a fun atmosphere. Teaches grace and the joy of movement in addition to basic ballet technique. Child must be potty-trained and able to participate without parent's presence. Attire: light pink leotard, tights, ballet shoes. NO skirts or tutus please.

Instructor: Christie Tomlinson, *teacher of preschool/youth dance classes; professional dancer, performer, choreographer*

Community Center: Dance Studio 1

7 weeks | \$104/\$89 (Dist. Res.)

<b>6619.901</b>	5/2-6/20	M	3:00 pm-3:45 pm
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No class 5/20

8 weeks | \$116/\$101 (Dist. Res.)

<b>6619.902</b>	7/11-8/29	M	3:00 pm-3:45 pm
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### Spanish Immersion Preschool

3-6 yrs

Hola amigos, vamos a divertirnos, aprendiendo Español con Maestra Miriam. Hello friends, let's go and have fun learning Spanish with Maestra Miriam. Choose to attend once or twice a week. Join Miriam in this hands-on interactive and stimulating environment. Your child will have fun singing, doing creative art, making puzzles and other wonderful activities. All the activities are in Spanish.

Instructor: Spanish 4 Children

Community Center: Preschool Room 3

5 weeks | \$185/\$170 (Dist. Res.)

<b>6631.901</b>	5/4-6/1	W	9:00 am-12:00 pm
<b>6631.902</b>	5/6-6/3	F	9:00 am-12:00 pm

\$6 supply fee payable to instructor at first class.

5 weeks | \$317/\$302 (Dist. Res.)

<b>6631.903</b>	5/4-6/3	W/F	9:00 am-12:00 pm
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\$6 supply fee payable to instructor at first class.

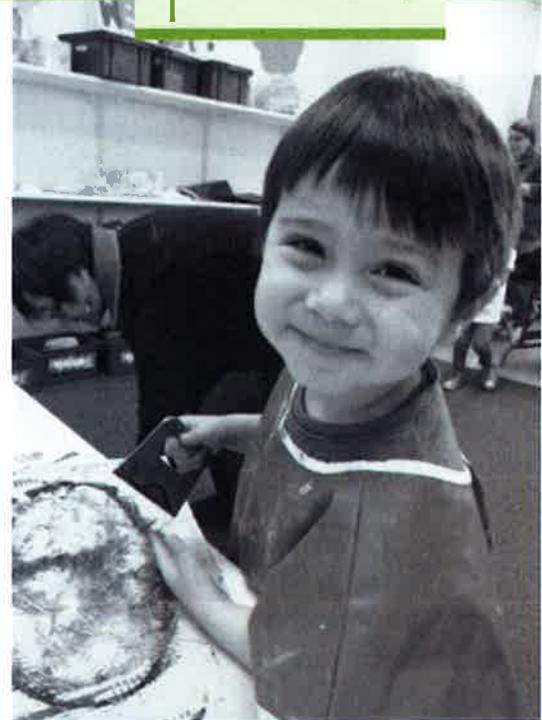
[pleasanthillpreschool.com](http://pleasanthillpreschool.com)



### A Wonderful New World

Every Tuesday and Thursday, Kathy Phalen has the unique opportunity to introduce very young children to a wonderful new world: the classroom. She creates a comfortable, caring and positive learning environment while teaching 2–3 year olds the “basics”—speaking, listening, following simple instructions, playing, taking care of personal needs, making new friends and perhaps the hardest skill for us all, sharing. Kathy gives students the critical life skills they need to build on for both personal growth and future education.

After 27 years with the District, 23 of which she served as Master Teacher for the Wee Tot co-op program at the District priority preschool, Kathy is retiring this spring. She has made a tremendous positive impact not only on the youngest members of our community but also on many parents and co-workers as well. Kathy will be missed by young and old alike.



### Let's Make Music with Andrea Gaspari

18 months–3 yrs

Join this multi award winning teacher and performer in this magical fun filled parent participation music class. You and your child will sing, dance, pretend all while learning to make music together.

Instructor: Andrea Gaspari, over 15 years teaching and performing in the Bay Area

**Winslow Center: Room 2**  
5 weeks | \$105/\$90 (Dist. Res.)

6636.901 4/4–5/2 M 10:30–11:10 am

6636.902 5/9–6/13 M 10:30–11:10 am

\$15 lab fee payable to instructor for at home materials and CD. No class 5/30

### Musical Babies

6 months–18 months

Explore the wonders of the musical language with your baby. Moms, Dads and Caregivers will love spending time watching their baby play with instruments, dance and sing their first songs.

Instructor: Andrea Gaspari, over 15 years teaching and performing in the Bay Area

**Winslow Center: Room 2**  
5 weeks | \$105/\$90 (Dist. Res.)

6637.901 4/4–5/2 M 11:15 am–12:00 pm

6637.902 5/9–6/13 M 11:15 am–12:00 pm

\$15 lab fee payable to instructor for at home materials and CD. No class 5/30

### Parent Tot Preschool Prep

22 months–3 yrs

Family fun! Come with your little one to enjoy songs, activities, and art while preparing your child to attend a class on his/her own. Children will learn to be with others as parents exchange ideas. Bring snack daily. Enrollment is limited. **Parent participant and registered child only.**

Instructor: Stephanie Carson

**Community Center: Preschool Room 2**  
5 weeks | \$100/\$85 (Dist. Res.)

6655.803 5/6–6/3 F 9:00–10:45 am

**Community Center: Preschool Room 3**  
4 weeks | \$90/\$75 (Dist. Res.)

6655.901 6/17–7/8 F 9:00–10:45 am

6655.902 7/22–8/12 F 9:00–10:45 am



### Tiny Tot Morning Care

Walking–2 yrs, 9 months

Parents! Give yourself some time off. Let US watch your children walking to 33 months. Indoor games, story time, snack time and outdoor playground time. Snack provided. Bring beverage. Registration begins at 8:15 am on Wednesday, May 25 for .901 and Wednesday, August 3 at 8:15 am for .601 at the Community Center. After initial registration dates, call (925) 676-5200 for registration information. \$30/day/child, space reserved. You will be billed unless your cancellation has been received by NOON the business day prior to your reservation. NEW families may register for a maximum of two days per week. Current families may register for a maximum of three days per week. Children must be less than 33 months at the start of the session.

Teachers: Jan Ertola and Stephanie Carson

**Community Center: Preschool Room 1**  
10 and 13 weeks  
Standard charge: \$30 per day

.901 6/13–8/18 M–Th 9:15 am–12:15 pm

.601 9/7–11/30 M–F 9:15 am–12:15 pm

No class: 7/4, 11/11, 11/21–11/25

Sign up for Kidz Love Soccer classes, page 20.

## spring break camps and workshops

### KIDSTOP Spring Break Camp

Grades K-5

Our KIDSTOP program is hosting a fabulous filled one-week spring adventure. We will be offering a sports camp, science club, recreation club, along with art, crafting, Lego® building, construction zone, electronics and movie days. Call KIDSTOP at (925) 680-5298, for more information.

Instructor: Rec Staff

#### KIDSTOP Children's Center

1 week | \$275/week (Full Day)

6060.801 3/28-4/1 M-F 7:00 am-6:00 pm

1 week | \$225/week (Rec Day)

6060.802 3/28-4/1 M-F 6 hours or less



### Sciensational Workshops

Instructor: Sciensational Workshops  
For Kids

Community Center: Soroptomist Room

#### EGYPTIAN DIG WORKSHOP

6-11 yrs

Discover the amazing science of Archaeology! Learn about Egyptian life. Excavate with tools like a real archaeologist uses. Find the following artifacts as we excavate a scarab (what's that?): hieroglyphic tablet, ankh symbol and a jackal. Learn about this and take home a booklet and artifacts. Wet the sand that we dig into and create one of two sand sculptures for display. Make a pyramid as well as a sphinx.

1 week | \$240/\$225 (Dist. Res.)

6076.801 3/28-3/29 M/Tu 9:00 am-4:30 pm

#### ELECTRONIC LAB

7-12 yrs

30 different projects and experiments are built with your own electronic kit to keep. The Science Electronics Lab will stimulate kids minds by using easy to understand experiments to increase their knowledge of electronics. The electronics kit is reusable. Kids can proceed at their own pace. Each camper will keep: an 80-page manual, one solderless circuit board, 12 resistors, two capacitors, two light-emitting diodes, two transistors, one battery snap, one diode, one speaker, one timer, one photocell, one rectifier, one potentiometer and one switch. Kids will be grouped by age.

1 week | \$240/\$225 (Dist. Res.)

6076.802 3/30-3/31 W/Th 9:00 am-4:30 pm

### Spring Break Camp at the Teen Center

Grades 6 & up

(and siblings Grade 3 & up)

Keep kids active and engaged over Spring Break for Teens (and younger siblings Grade 3 & up). Camp kicks off with indoor activities, games and group activities in the morning and wraps up with fun local field trips in the afternoon. A great opportunity for teens and siblings to go on adventures and have fun with friends. Field trips include movies, bowling, Sky High Sports, Qzar and rock climbing.

Instructor: Rec Staff

#### Pleasant Hill Teen Center

1 week | \$240/\$225 (Dist. Res.)

5189.801 3/28-4/1 M-F 7:45 am-6:00 pm



### Youth Spring Break Tennis Camp

6-12 yrs

Activities, games and drills are age-appropriate and the campers will have fun learning a lifetime sport! Each camper should bring a tennis racquet, one unopened can of tennis balls, water, a snack, and wear "tennis" shoes.

Instructor: Joey Martinez

#### College Park High School: Tennis Courts

1 week | \$135/\$120 (Dist. Res.)

5589.800 3/28-4/1 M-F 9:00 am-12:00 pm

### Spring Break Soccer Camp

4½-10 yrs

Spend a week learning soccer skills including: dribbling, passing, receiving, and shooting. Everyone is a winner as the week's fun culminates in an age-appropriate "World Cup" tournament. All campers will receive a Kidz Love Soccer jersey and soccer ball. Campers should bring a full water bottle, a healthy snack and sunscreen are recommended. **Shin guards are required.**

Instructor: Kidz Love Soccer Staff

Rodgers-Smith Park, 736 Grayson Road  
(Turf behind Bocce Courts and Blacktop area)

1 week | \$162/\$147 (Dist. Res.)

Monday-Friday, 9:00 am-12:00 pm

5039.800 Level 1: 4½-6 yrs 3/28-4/1

5039.801 Level 2: 7-8 yrs 3/28-4/1

5039.802 Level 3: 9-10 yrs 3/28-4/1

### Lifeguard Training Camp

15 yrs & up

March 29-April 1

See page 13.

## youth classes

**Art with the Masters**

6-10 yrs

Students will work in several mediums to create works by Van Gough, Matisse, Monet and Picasso. This class will cover techniques, composition, color and history.

Instructor: Pat Moseuk

**M.J. Studios**

6 weeks | \$92/\$77 (Dist. Res.)

6049.802 3/11-4/22 F 3:15-4:15 pm

6049.803 4/29-6/3 F 3:15-4:15 pm

\$20 lab fee payable at first class.

**Cartooning & Pokemon**

6-10 yrs

The basics of cartooning are discussed including history, types of cartooning humor, storytelling and creating your own personal style. Hands-on learning, fun guaranteed!

Instructor: Pat Moseuk

**M.J. Studios**

6 weeks | \$92/\$77 (Dist. Res.)

6051.803 4/6-5/11 W 2:00-3:00 pm

\$20 lab fee payable at first class.

**Drawing, Painting & Sculpture**

5-12 yrs

Draw, paint and sculpt a variety of subjects. Learn about elements of art including line, shape, color, form, space, composition and color mixing.

Instructor: Charlene Elliott

**Community Center: Republic Services Room**

4 weeks | \$94/\$79 (Dist. Res.)

6073.803 3/22-4/12 Tu 3:15-4:15 pm

\$25 materials fee payable at first class.

**Learn to Draw Animals**

6-10 yrs

Students will learn to draw by using simple shapes. Explore different medium including graphite, pen & ink, pastels, and charcoal.

Instructor: Pat Moseuk

**M.J. Studios**

6 weeks | \$92/\$77 (Dist. Res.)

6050.803 4/11-5/16 M 3:15-4:15 pm

\$20 lab fee payable at first class.

**Watercolor & Colored Pencil**

6-10 yrs

Learn to draw and have fun with watercolor and colored pencil. Create a color wheel, learn technique, texture and value.

Instructor: Pat Moseuk

**M.J. Studios**

6 weeks | \$92/\$77 (Dist. Res.)

6052.803 4/6-5/11 W 3:15-4:15 pm

\$20 lab fee payable at first class.

**Ballet**

5-10 yrs

This class is designed for the budding ballerina! Floor exercises will increase strength and flexibility. Using the barre will teach basic positions and proper body alignment. Dance steps will be taught to improve coordination and grace. Attire: black leotard, pink tights, pink slippers. (NO skirts or tutus, please, even if attached).

Instructor: Christie Tomlinson

**Community Center: Dance Studio**

7 weeks | \$111/\$96 (Dist. Res.)

6042.802 3/14-4/25 M 3:55-4:55 pm

6042.901 5/2-6/20 M 4:30-5:30 pm

8 weeks | \$124/\$109 (Dist. Res.)

6042.902 7/11-8/29 M 4:30-5:30 pm

**Tap**

5-8 yrs

**Tip tap toe! It's off to tap we go!** In this fun rhythmic energetic class students will learn basic tap steps, such as flaps and shuffles to be combined into a dance routine. Attire: comfortable clothes.

Instructor: Christie Tomlinson

7 weeks | \$90/\$75 (Dist. Res.)

6045.802 3/14-4/25 M 5:00-5:30 pm

**Little Medical School**

Grades 1-5

Calling on future doctors! Explore the world of science and medicine! Designed and developed by board-certified physicians, this class engages students with medical-based hands-on demonstrations, crafts, songs and games. Interactive activities and games will capture every student's curiosity as they explore the human body.

Instructor: Kalgold Technologies

**Community Center: Republic Services Room**

1 week | \$300/\$285 (Dist. Res.)

6047.901 6/27-7/1 M-F 9:00 am-12:00 pm

6047.902 7/18-7/22 M-F 9:00 am-12:00 pm

**Family Yoga**

5-10 yrs

Designed for a parent and up to two kids. Sequences entail breathing, meditation, poses and games to help inspire, have fun, and bond as a family. Comfortable clothing and a Yoga mat are required. Parents are encouraged to participate in the games to help motivate children.

Instructor: Sherry Shifteh Ellingson

**Senior Center: Dance Studio**

5 weeks | \$82.50/\$67.50 (Dist. Res.)

6043.803 3/15-4/12 Tu 5:00-6:00 pm

**Spanish for School Age**

5-10 yrs

Let your child explore a new language with Miriam. Spanish is taught in a hands-on environment using role play games, bingo games, activity pages, scavenger hunts and other fun activities. Children will learn pronunciation, some grammar, everyday conversation. Miriam uses age-appropriate games, followed by songs and art.

Instructor: Spanish 4 Children

**Community Center: Republic Services Room**

4 weeks | \$93/\$78 (Dist. Res.)

6059.902 5/4-5/25 W 3:00-4:30 pm

youth sports

**NFL Youth Flag Football/  
Spring Program**

Co-Ed, Grades 3-5 and 6-8

Join our Youth Flag Football Program sponsored by the National Football League. Week night practices are determined by each coach. Games are on Saturdays. Participants receive a jersey and football.

Instructor: Rec Staff

6 weeks | \$145/\$130 (Dist. Res.)

5050.800 4/16-5/21 Sa 10:00 am-2:00 pm



**Youth Tennis  
Monthly Group Lessons**

6-12 yrs

Classes run four consecutive weeks each month. Classes may be combined or canceled if minimum numbers are not reached. Wear tennis shoes, bring racquet and one can of unopened tennis balls.

**Beginner/Advance Beginner:** minimal skills and playing experience.

Instructor: Joey Martinez

**College Park High School Tennis Courts:  
320 Civic Drive** (adjacent to Community Center parking lot)

4 weeks, Tuesdays | \$64/\$52 (Dist. Res.)

5555.900 5/3-5/24 Tu 6:30-7:30 pm

5555.901 6/7-6/28 Tu 6:30-7:30 pm

5555.902 7/5-7/26 Tu 6:30-7:30 pm

5555.903 8/2-8/23 Tu 6:30-7:30 pm

4 weeks, Wednesdays | \$64/\$52 (Dist. Res.)

5584.900 5/4-5/25 W 6:30-7:30 pm

5584.901 6/1-6/22 W 6:30-7:30 pm

5584.902 7/6-7/27 W 6:30-7:30 pm

5584.903 8/3-8/24 W 6:30-7:30 pm



**Kidz Love Soccer Classes**

2-10 yrs

This soccer 'school' is a recreational setting for children to learn soccer through age-appropriate skill demonstrations, games, and instructional scrimmages in a safe, non-competitive environment. Facilitated by professional coaches in the Kidz Love Soccer method. **Shin guards are required by the second meeting** for all classes except Mommy/Daddy & Me. KLS rain-out hotline number: (888) 372-5803. For information, visit [www.kidzlovesoccer.com](http://www.kidzlovesoccer.com).

Instructor: Kidz Love Soccer Staff

PH Park, 147 Gregory Lane

**8-WEEK SPRING SESSIONS:**

Friday, 4/8-5/27 | \$129/\$114 (Dist. Res.)

5030.800 Mom/Dad & Me: 2-3½ yrs 9:30-10:00 am

5030.801 Mom/Dad & Me: 2-3½ yrs 5:30-6:00 pm

5031.800 Tot/Pre-Soccer: 3½-5 yrs 10:10-10:45 pm

5031.801 Tot/Pre-Soccer: 3½-5 yrs 4:45-5:20 pm

5033.800 Soccer 1: 5-6 yrs 3:15-4:00 pm

5032.801 Soccer 3: 10-12 yrs 6:10-7:10 pm

Saturday, 4/9-6/4 | \$129/\$114 (Dist. Res.)

5030.811 Mom/Dad & Me: 2-3½ yrs 8:30-9:00 am

5030.821 Mom/Dad & Me: 2-3½ yrs 9:05-9:35 am

5031.811 Tot Soccer: 3½-4 yrs 11:05-11:35 am

5032.811 Pre-Soccer: 4-5 yrs 10:30-11:05 am

5033.811 Soccer 1: 5-6 yrs 9:45-10:30 am

No class 5/28

**7-WEEK SUMMER SESSIONS:**

Friday, 7/8-8/26 | \$119/\$104 (Dist. Res.)

5030.900 Mom/Dad & Me: 2-3½ yrs 9:30-10:00 am

5030.901 Mom/Dad & Me: 2-3½ yrs 7:00-7:30 pm

5031.900 Tot/Pre-Soccer: 3½-5 yrs 10:10-10:45 am

5031.901 Tot/Pre-Soccer: 3½-5 yrs 6:15-6:50 pm

5033.900 Soccer 1: 5-6 yrs 5:30-6:15 pm

5034.900 Soccer 2/Skillz & Scrimmages: 7-10 yrs 4:45-5:30 pm

5032.900 Soccer 3/Play Match: 10-12 yrs 3:45-4:45 pm

No class 7/15

Saturday, 7/9-8/27 | \$119/\$104 (Dist. Res.)

5030.911 Mom/Dad & Me: 2-3½ yrs 8:30-9:00 am

5030.921 Mom/Dad & Me: 2-3½ yrs 9:05-9:35 am

5031.911 Tot Soccer: 3½-4 yrs 11:05-11:35 am

5032.911 Pre-Soccer: 4-5 yrs 10:30-11:05 am

5033.911 Soccer 1: 5-6 yrs 9:45-10:30 am

5034.911 Soccer 2/Skillz & Scrimmages: 7-10 yrs 11:35 am-12:20 pm

No class 7/16

# PLEASANT HILL TEEN SCENE

## teen scene

Teen Scene programs are designed for youth in grades 6–12 unless otherwise noted. Some programs are open to youth and adults. Teen Scene Members receive a 10% discount.

### After-School Program

Monday–Friday at the Teen Center, from school dismissal until 6:00 pm. Fall 2016 registration opens May 1. Call (925) 691-5645 or visit [phteenscene.com](http://phteenscene.com) for more information.

### Acting & Modeling Secrets

Grade 5–12

Explore the exciting world of show business! Learn the privy of the industries: movies, television, magazine modeling and stage plays. Open to boys & girls, all body types. Students receive professional photo flyer plus guideline handouts.

**Three sessions, accompanied by adult:**

**Day 1**—Preparing for the all important head shot & resume planning. **Day 2**—Professional head & full length photo shoot. **Day 3**—The “Nuts & Bolts” of the entertainment industry.

Instructor: Roc DeWilde, *award-winning child media photographer and child TV & film drama coach*

**Community Center: Republic Services Room**  
**3 weeks | \$68/\$55 (Dist. Res.)**

5104.901 7/9–7/23 Sa 1:30–3:30 pm  
\$75 lab fee payable to instructor.

### Babysitting 101 for Beginners

10–15 yrs

Become a trusted and responsible babysitter. Learn the basics of child development, bedtime strategies, discipline, how to find jobs and ways to make babysitting fun for you and the kids. Includes basic first aid, general safety, and handling emergencies. Dress to play; bring a lunch.

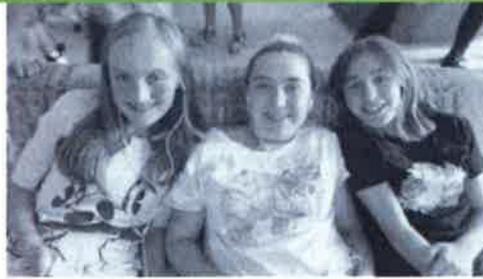
Instructor: Jenny Cooper

**Senior Center: Classroom 1 & 2**

**1 week | \$60/\$49 (Dist. Res.)**

**Teen Scene Member: \$55.60/\$44.60 (Dist. Res.)**

5105.901 5/21 Sa 9:00 am–1:00 pm



### Cooking For Teens **NEW!**

12 yrs & up

Hands-on instruction in small groups. Learn new cooking skills and meet new friends. Chef Kellie is a professional chef who graduated from the New York Culinary Institute, trained under Wolfgang Puck, and has instructed over 2,000 students in the past 14 years!

Instructor: Kellie Joe

**Senior Center: Kitchen**

**1 workshop | \$80/\$65 (Dist. Res.)**

**Teen Scene Member: \$74/\$59 (Dist. Res.)**

\$10 lab fee payable to instructor at first class.

### ARTISAN PIZZA

Learn to prepare handcrafted pizza dough, tomato pizza sauce, pesto sauce, and caramelized onions. Delicious! Wear closed-toed shoes and bring a cutting board and a chef's knife.

5107.901 5/11 W 4:00–7:00 pm

### PIE SHOP

Learn to prepare handmade pie dough, an apple pie and a banana cream pie using all organic ingredients. Yum!

5107.902 5/18 W 4:00–7:00 pm

### BLACK BELT IN BRUNCH

Learn to prepare a tasty weekend brunch—handmade eggs benedict, oven pancakes, fruit platter, and breakfast potatoes.

5107.903 5/25 W 4:00–7:00 pm

### Pleasant Hill Chess & Games Club

Grade 3–7

Join us Friday nights for chess, nightmare chess, circular chess, 3D chess and 4-way chess. Learning and playing chess helps build cognitive and problem solving skills. We also play strategy games like Star Wars stratego and Star Wars miniatures. Chess puzzles, tournaments, contests and prizes.

Instructor: David DeFabio

**Winslow Center: Rooms 1 & 2**

**8 weeks | \$61/\$50 (Dist. Res.)**

5102.901 5/20–7/8 F 6:00–10:00 pm

5102.902 7/15–9/2 F 6:00–10:00 pm

### College Admissions 101

Instructors: Patricia Lamson, MS and Patricia Whalen, MA

### FREE WORKSHOP: HIGH SCHOOL JUNIORS & PARENTS

Having trouble understanding the college admissions process? This free workshop is designed to help students and parents understand entrance requirements, unique majors, application timelines, and costs for Community Colleges, California State Colleges (CSU), University of California (UC) systems, and private colleges.

**Teen Center: Lounge**

**1 workshop | FREE**

5124.901 4/14 Th 6:30–8:00 pm

### YOUR UNIQUE PATH

Grade 11

Take the stress out of the college admission process! Let experts help you understand your transcript and standardized test requirements. Explore college possibilities while developing a step-by-step plan of action. Learn about selecting colleges that are the right fit for you, admissions process requirements and common terminology. Financial aid options and important deadlines also discussed. Bring an unofficial high school transcript to first class.

**Teen Center: Meeting Room**

**3 weeks | \$68/\$55 (Dist. Res.)**

5124.902 4/28–5/12 Th 6:30–7:30 pm

### S.T.A.G.E. Troupe: Musical Theater

Designed to teach children of all ages the joys of musical theater. It will be tailored to meet the specific child's needs from beginner to advanced. They will learn about auditioning, singing, dancing, acting and ultimately how to put it all together.

Instructor: Lisa Cosso

### MUSICAL THEATER I

Grades 3–6

Showcase held Friday, August 12.

**Winslow Center: Rooms 1 & 2 (Tue)**

**Senior Center: Dance Studio (Sat)**

**9 weeks | \$185/\$170 (Dist. Res.)**

5101.901 6/14–8/9 Tu/Sa 5:30–7:30 pm

### MUSICAL THEATER II

Grades 7–12

Showcase held Saturday, August 13.

**Winslow Center: Rooms 1 & 2 (Thu)**

**Senior Center: Dance Studio (Sat)**

**9 weeks | \$185/\$170 (Dist. Res.)**

5100.901 6/16–8/11 Th/Sa 5:30–7:30 pm

**Have your Birthday Party at the Teen Center!**  
Call (925) 676-5200 or visit [phteenscene.com](http://phteenscene.com) for more info.

Adult classes with this symbol qualify for Senior Club member discount.  
Interested in a Senior (50+) Club Membership? Call (925) 798-8788.



## arts and crafts classes

### Art Workshop

This course is for those who have never taken an art class or feel they are lacking in the basic fundamentals of various art applications. Topics include drawing, color theory, composition, light & shadow, perspective, various painting techniques along with info on artists past and present.

Instructor: Mark Jezierny

**Senior Center: Arts & Crafts Room**

4 weeks | \$120/\$105 (Dist. Res.)

4556.901	6/6-6/27	M	7:00-9:00 pm
4556.902	8/8-8/29	M	7:00-9:00 pm

### Drawing: Sketching & Rendering

Learn to draw quickly, accurately and with confidence. Learning how to reduce objects down to their basic shapes and forms and sketching them onto paper will be the focus of this class. Topics include still life, composition, texture, basic perspective, shading along with landscape and figurative themes. Students should bring paper, pencils, ruler and eraser to class. Beginners welcome!

Instructor: Mark Jezierny

**Senior Center: Arts & Crafts Room**

4 weeks | \$120/\$105 (Dist. Res.)

4556.903	5/3-5/24	Tu	7:00-9:00 pm
4556.904	7/5-7/26	Tu	7:00-9:00 pm

### Exploring Watercolor

The perfect class for the artist who wants a fresh start or needs inspiration to continue painting. Students will work together in a series of little paintings using the magic of watercolor to create our own Artists Voice. Beginners pay additional \$25 lab fee payable at first class.

Instructor: Casey Rasmussen White

**Senior Center: Arts & Crafts Room**

5 weeks | \$87/\$72 (Dist. Res.)

Senior Club Members: \$80/\$65 (Dist. Res.)

2231.901	5/3-6/7	Tu	9:30 am-12:00 pm
2231.902	6/21-7/26	Tu	9:30 am-12:00 pm

No class 5/10, 7/12

6 weeks | \$98/\$85 (Dist. Res.)

Senior Club Members: \$89/\$76 (Dist. Res.)

2232.901	5/5-6/9	Th	12:15-2:45 pm
2232.902	6/23-7/28	Th	12:15-2:45 pm

### Fun with Pencil: A Drawing Workshop **NEW!**

Express yourself through pencil drawings. Each student will pick a project to work on and focus on the individual's project/goal. Some project topics include human head and figure, expressions, storytelling in comic format. One-on-one attention will be emphasized. Bring paper, pencils, pencil sharpener, eraser and clipboard.

Instructor: Dennis Yee

**Senior Center: Arts & Crafts Room**

4 weeks | \$140/\$125 (Dist. Res.)

Senior Club Members: \$127/\$112 (Dist. Res.)

2267.901	5/2-5/23	M	1:00-3:00 pm
2267.902	6/6-6/27	M	1:00-3:00 pm

### Braided Rug & Basket Making Intro

Learn the basics of this traditional craft while making useful & decorative objects: rug, seat mat, basket, pet bed and more.

Instructor: Arlene Magarian

**Senior Center: Arts & Crafts Room**

1 workshop | \$35/\$29 (Dist. Res.)

4578.901	7/23	Sa	10:00 am-1:00 pm
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\$10 materials fee payable to instructor.

### Handmade Books

Make and decorate small books using a variety of construction/decorative techniques—origami, movable parts, glued and stitched bindings and/or unusual materials. Decorate your unique books with drawing, painting, collage, prints, fiber & perforation or alter existing books.

Instructor: Jeka Lambert

**Community Center: Soroptimist Room 2**

4 weeks | \$110/\$95 (Dist. Res.)

4577.902	5/5-5/26	Th	1:00-4:00 pm
4577.903	7/7-7/28	Th	1:00-4:00 pm

### Seed Bead Jewelry

Make beautiful jewelry using needle and thread to stitch together tiny glass beads (beads smaller than 1/8"). Ever-changing projects, tips and techniques from an instructor whose beaded jewelry has been in international exhibits, books and magazines. Students provide their own materials. All levels welcome.

Instructor: Jeka Lambert

**Community Center: Soroptimist Room 2**

4 weeks | \$110/\$95 (Dist. Res.)

4577.901	6/2-6/23	Th	1:00-4:00 pm
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### Quilting

Instructor: Carol Madsen

#### QUILTING: BASICS +

Quilting class topics include: use of color, picking out fabrics, piecing techniques, rotary cutting, introduction to machine quilting, basting, binding & more. Beginners work on a lap sized quilt using basic techniques while more advanced techniques will be taught to those with more experience. Supply list will be given at the first class.

**Senior Center: Chateau Room**

11 weeks | \$74/\$65 (Dist. Res.)

Senior Club Members: \$68/\$59 (Dist. Res.)

2245.901	6/7-8/23	Tu	6:45-9:15 pm
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No class 7/5

10 weeks | \$74/\$65 (Dist. Res.)

Senior Club Members: \$68/\$59 (Dist. Res.)

2245.902	6/20-8/29	M	9:00 am-12:00 pm
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No class 7/4

#### SUMMER QUILTING WORKSHOP

**Senior Center: Chateau Room**

5 weeks | \$46/\$40 (Dist. Res.)

Senior Club Members: \$42/\$36 (Dist. Res.)

2246.901	8/1-8/29	M	12:30-3:00 pm
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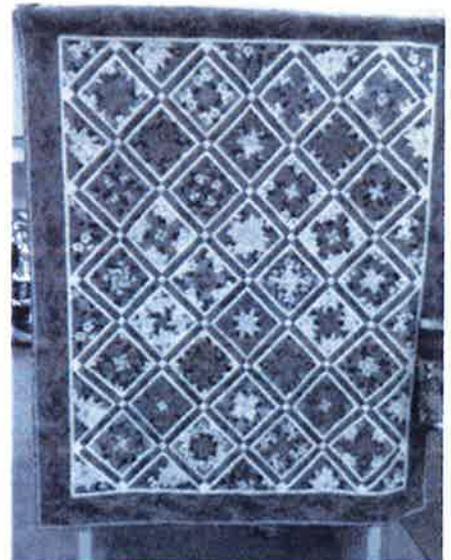
#### SATURDAY QUILT-IN

Join fellow quilters on one Saturday each month. Focus on quilting and other related projects. Instructor will be on site for help if needed.

**Senior Center: Classroom 1 & 2**

5-class punchcard: \$50 or drop in: \$15

5/14, 6/18, 7/9, 8/20	Sa	8:30 am-1:30 pm
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Adult classes with this symbol qualify for Senior Club member discount. Interested in a Senior (50+) Club Membership? Call (925) 798-8788.

## Culinary and wine classes

### Cooking Classes **NEW!**

Chef Kellie is a professional chef who graduated from the Culinary Institute in New York, trained under Wolfgang Puck, cooked in Thailand and has instructed over 2,000 students in Culinary Arts over the past 14 years!

Instructor: Kellie Joe  
Senior Center: Kitchen

#### RISOTTO REVELATION

Once you learn how to prepare three elegant risotto recipes including wild mushroom risotto and Arancini di Riso (crispy fried risotto balls), you won't ever want to pay for it in a restaurant again! Students will be hands on, in small groups and eat everything that they cook!

1 class | \$80/\$65 (Dist. Res.)

4570.901 5/4 W 6:00-9:00 pm  
\$10 lab fee payable to instructor at class.

#### AMAZING ASIAN APPETIZERS

Chef Kellie's Chinese grandmother inspired her to become a chef, now Chef Kellie teaches students how to make three appetizers including Chinese pot stickers and egg rolls. Students will be hands on, in small groups and eat everything that they cook!

1 class | \$80/\$65 (Dist. Res.)

4570.902 6/1 W 6:00-9:00 pm  
\$10 lab fee payable to instructor at class.

#### TANTALIZING THAI

Learn to prepare three favorite authentic Thai recipes, including Pad Thai noodles! Students will be hands on, in small groups and eat everything that they cook!

1 class | \$80/\$65 (Dist. Res.)

4570.903 7/6 W 6:00-9:00 pm  
\$10 lab fee payable to instructor at class.

#### PASTA PERFECTION

Learn to prepare fresh pasta dough, angel hair with lemon butter garlic sauce and fettuccine pesto primavera and a salad. Students will be hands on, in small groups and eat everything that they cook!

1 class | \$80/\$65 (Dist. Res.)

4570.904 8/3 W 6:00-9:00 pm  
\$10 lab fee payable to instructor at class.



### Fingertip Nutrition **NEW!**

Imagine enjoying delicious, vibrant FRESH food every day with minimal time and effort! In this workshop you will learn how to grow sprouts and microgreens with only a windowsill and minimal supplies (you may already own). Leave the class set up for success and in four days you'll have your own crop! Students should bring a 1-quart mason jar, notepaper and writing utensil.

Instructor: Marian Woodard

Senior Center: Arts & Crafts Room

1 workshop | \$36/\$30 (Dist. Res.)

2264.901 5/11 W 6:30-8:00pm  
2264.902 7/13 W 6:30-8:00pm

### Wine Tasting Analysis

Learn to identify and describe the five major components of wine by tasting five very specific wines that exemplify each component of wine's structure. Learn the proper technique for tasting wine in addition to understanding best practices of serving-temperature, stemware, etc. Must be 21 years or older.

Instructor: Bob Becker

Senior Center: Arts & Crafts Room

1 class | \$61/\$50 (Dist. Res.)

4206.901 5/28 Sa 3:00-5:00 pm  
4206.902 6/11 Sa 3:00-5:00 pm  
4206.903 7/23 Sa 3:00-5:00 pm  
4206.904 8/20 Sa 3:00-5:00 pm

## music classes

### Drumming Intensive with John Waller

Instructor: John Waller

#### INTENSIVE DRUMMING

Intermediate to advanced level drumming.

Winslow Center: Rooms 1 & 2

Drop In: \$11 | 8-class Punch card: \$80\*

5/17-8/30 Tu 7:30-8:30 pm

#### BEGINNING HAND DRUMMING

Basic drumming and rhythm skills will get your hands dancing in no time. Focus is on building the basics for new beginners on hand drums, bells and shakers with African and Latin rhythms. Fun and energetic!

Drop In: \$11 | 8-class punch card \$80\*

5/17-8/30 Tu 8:30-9:30 pm

\*8-class punchcard is good for any of John Waller's Adult Drumming Intensives. The punchcards do not expire. The District is not responsible for lost or stolen cards. No class 7/5

### Beginning Ukulele

The basics of playing the ukulele. Focus on learning chords, strumming and melodies through playing contemporary and traditional Hawaiian songs. Notes in the open position will be covered as well.

Instructor: Glenn Staller

Senior Center: Game Room

6 weeks | \$109/\$95 (Dist. Res.)

Senior Club Members: \$100/\$86 (Dist. Res.)

2236.901 5/4-6/8 W 11:00 am-12:00 pm

Additional \$20 lab fee will be collected in class for a book with CD.

### Ukulele Strum and Sing

A continuation of the beginning class with focus on songs, various styles and "putting it all together." We'll learn a new song each week and practicing playing together. Guaranteed to be a fun class for everyone.

Instructor: Glenn Staller

Senior Center: Game Room

6 weeks | \$109/\$95 (Dist. Res.)

Senior Club Members: \$100/\$86 (Dist. Res.)

2236.902 6/15-7/27 W 11:00 am-12:00 pm

\$15 lab fee payable at first class. No class 6/29



## safety classes

### BLS for Healthcare Providers

This course is for healthcare professionals who need to know how to perform CPR, as well as other lifesaving skills, in a wide variety of in-hospital and out-of-hospital settings. Ideal for EMTs, nurses, dental, RTs, MAs and more. Two-year AHA certification and card available upon successful completion. Bring Lunch.

Instructor: Joshua Sauberman

**Community Center: Republic Services Room**  
1 workshop | \$80/\$70 (Dist. Res.)

4701.901 7/12 Tu 9:00 am–1:30 pm  
\$15 fee payable to instructor (waived with current BLS manual).

### CPR/AED—Adult & Pediatric

Learn CPR & AED for adults, children and infants. Choking relief also taught. Ideal for the general public including fitness trainers, teachers and those in most general workplaces, not for healthcare workers or those needing EMSA certs hours. Card available upon successful completion.

Instructor: Joshua Sauberman

**Community Center: Republic Services Room**  
1 workshop | \$75/\$65 (Dist. Res.)

4701.902 5/17 Tu 9:00 am–12:30 pm  
\$15 fee payable to instructor for two-year certification card and book covering course content.

### CPR Essentials

Learn what you really need to know about saving the life of anybody, anytime, anywhere. This three-hour course is real and raw, providing insight into the realities of handling an emergency situation. You'll learn what to do, how to do it effectively and how best to manage varying situations. Non-certification course.

Instructor: Joshua Sauberman

**Community Center: Republic Services Room**  
1 workshop | \$65/\$55 (Dist. Res.)

4701.903 5/23 M 9:00 am–12:30 pm

### First-Aid & CPR/AED

This comprehensive American Heart Association course covers CPR, AED use and general First-Aid for adults, children and infants. Great for coaches, troop leaders, outdoor enthusiasts, babysitters and anybody wanting to be prepared for emergency situations. Card available upon successful completion. Bring lunch.

Instructor: Joshua Sauberman

**Community Center: Republic Services Room**  
1 workshop | \$140/\$125 (Dist. Res.)

4701.904 6/22 W 9:00 am–3:00 pm  
\$15 fee payable to instructor for two-year certification card and book covering course content.

### Pediatric First-Aid & CPR/AED Essentials

Ideal for new and expecting parents or anybody who wants to learn CPR and basic First-Aid for the most common pediatric and infant emergencies including drowning, choking, asthma, seizures, bites/stings, cuts/bruises and much more. Non-certification course questions encouraged!

Instructor: Joshua Sauberman

**Community Center: Republic Services Room**  
1 workshop | \$95/\$85 (Dist. Res.)

4701.905 8/10 W 9:00 am–12:00 pm

### First-Aid

Be prepared! Learn how to respond to most common medical, injury and environmental emergencies, including heart-attacks, strokes, seizures, asthma, allergies, bleeding, bites and stings, poisoning, heat stroke and many more. Ideal for hunters, coaches, scouts and troop leaders, hikers anyone able to respond in an emergency. Card available upon successful completion.

Instructor: Joshua Sauberman

**Community Center: Republic Services Room**  
1 workshop | \$75/\$65 (Dist. Res.)

4701.906 9/2 F 9:00 am–12:30 pm  
\$15 fee payable to instructor for two-year certification card and book covering course content.

### Guide To A Healthier Home

There is nothing nicer than a beautiful, clean home, yet cleaning products, furniture, carpet, paint, etc. can contain chemicals that can be harmful to our families. Learn how to reduce this exposure by maintaining a clean home with natural products, which products are the worst and how to limit exposure.

Instructor: Denise Koroslev

**Senior Center: Classroom**  
1 workshop | \$30/\$25 (Dist. Res.)

4572.901 7/30 Sa 10:00 am–12:00 pm

### Pepper Spray Clinic

Using equipment and drills, this course teaches awareness, prevention, dealing with verbal confrontation, and legal information. Learn what to do in a physical assault and how to use your Pepper Spray.

Instructor: John Castro

**Community Center: Soroptimist Room**  
1 workshop | \$30/\$25 (Dist. Res.)

4684.901 9/6 Tu 7:00–8:10 pm

## enrichment classes

### Sustainable Living Workshops

Discover exciting Sustainable Living Workshops at Rodgers Ranch Heritage Center, 315 Cortsen Road, Pleasant Hill. [www.rodgersranch.org](http://www.rodgersranch.org)

### Finding Meaning in our Retirement Years

What gives our lives meaning in retirement years? This four-week course delves into the unique characteristics of retirement years, and the skills and attitudes that can help us become fully the person we've had the potential to be all along. The time is now! This course is highly experiential and interactive. The text is not a book—it's your life!

Instructor: Mark Batenburg



**Senior Center: Classrooms**  
4 weeks | \$56/\$45 (Dist. Res.)

**Senior Club Members: \$51/\$40 (Dist. Res.)**

2261.901 6/2–6/23 Th 10:00 am–12:00 pm

 Adult classes with this symbol qualify for Senior Club member discount. Interested in a Senior (50+) Club Membership? Call (925) 798-8788.



**Retirement Book Club** **NEW!**

If you're in the first few years of retirement or are on the verge of retiring, join us for a discussion of *Second Wind: Navigating the Passage to a Slower, Deeper and More Connected Life* by Dr. Bill Thomas. An "exquisite treasure of meaning and purpose" awaits us but only if we venture into new territory. We'll read and discuss approximately 75 pages per week to learn how to apply these ideas to our own life.

Instructor: Mark Batenburg

**Senior Center: Classrooms**

**5 weeks | \$31/\$25 (Dist. Res.)**

**Senior Club Members: \$28/\$22 (Dist. Res.)**

**2261.902** 6/30-7/28 Th 10:30 am-12:00 pm

**The Healing Power of Compassion**

Learn skills to increase your compassion for self and others to feel happier, more peaceful, decrease stress and increase resilience.

Instructor: Julie Levin

**Senior Center: Game Room**

**1 workshop | \$20/\$15 (Dist. Res.)**

**4576.901** 6/4 Sa 10:30 am-12:30 pm

**4576.902** 8/6 Sa 10:30 am-12:30 pm

**Techniques to Relieve Stress, Anger & Anxiety**

Learn guided visualization and gentle, easy exercises to reset your "fight or flight" system and relieve stress, anxiety and anger.

Instructor: Julie Levin

**Senior Center: Game Room**

**1 workshop | \$20/\$15 (Dist. Res.)**

**4576.903** 5/19 Th 7:00-9:00 pm

**4576.904** 6/16 Th 7:00-9:00 pm

**4576.905** 7/14 Th 7:00-9:00 pm

**adult dance**

**Level 2 Belly Dance Technique**

Take your dance performance to another level! Focus will be on solo improvisation and choreography covering anything from props and balancing, to cymbals, modern and traditional style of belly dance. Must have mastered beginning level 1 or equivalent, as prerequisite.

Instructor: Sharifa

**Senior Center: Dance Studio**

**6 weeks | \$74/\$60 (Dist. Res.)**

**4133.901** 5/3-5/31 Tu 8:00-9:00 pm

**4133.902** 6/7-7/5 Tu 8:00-9:00 pm

**Spring Belly Dance Hafila!**

Join the students of Sharifa's belly dance classes to celebrate Spring. Potluck and bazaar with entertainment by students and special guests. Doors open 7:00 pm, showcase 7:30-9:30 pm

**Senior Center: Chateau Room**

**\$10 for adults, \$5 seniors over 65, children 12 & under free**

**4132.803** 4/15 F 7:00-9:30 pm

**Bollywood/Belly Dance Fusion**

16 yrs & up

A fusion mix of both Bollywood Dance and Belly Dance. Top hits of India's Bollywood dances as well as popular Middle Eastern music will be used to get a great cardio dance workout. Bring your hip scarves and come join the fun! No experience necessary.

Instructor: Layla Habib

**Community Center: Dance Studio 1**

**5 weeks | \$62/\$50 (Dist. Res.)**

**4660.901** 4/20-5/18 W 6:25-7:20 pm

**6 weeks | \$74/\$60 (Dist. Res.)**

**4660.902** 7/13-8/17 W 6:25-7:20 pm

**Let's Dance—Ballroom**

16 yrs & up

Are you looking for a fun hobby, weekly date night or a place to meet new people? Then this class is for you! Let us show you what a great dancer you can become. Bring your favorite partner and learn to dance to the music you've always loved. Feel comfortable and confident to join the dance floor at parties, cruises, and weddings. This class will provide students with all the easy basics needed in Ballroom and Latin style dancing. **Partner recommended.**

Instructor: Alberta Bagneschi

**Senior Center: Dance Studio**

**5 weeks, Wednesdays | \$68/\$55 (Dist. Res.)**

**Waltz, Cha Cha Cha**

**4114.901** Beginning 5/18-6/15 7:35-8:30 pm

**4116.901** Intermediate 5/18-6/15 8:35-9:30 pm

**Fox Trot, Swing**

**4114.902** Beginning 6/22-7/20 7:35-8:30 pm

**4116.902** Intermediate 6/22-7/20 8:35-9:30 pm

**Mambo Workshop**

Wish you could dance to all that great Latin music? In this workshop you will learn to move to the beat of the music. Basic step and easy variations will make you and your partner a hit on the dance floor.

Instructor: Alberta Bagneschi

**Community Center: Dance Studio**

**2 weeks | \$65/\$54 (Dist. Res.)**

**4114.903** 8/3-8/10 W 7:30-10:00 pm

**Salsa Dancing with Soul & Spirit**

Learn basic and advanced routines based on choreography from the instructor's Salsa Championships (1973-2014). Do not wear sandals or tennis shoes. No alcohol based perfumes/scents due to instructor's allergy.

Instructor: Ron Bermudez

**Community Center: Dance Studio**

**Drop-in Fee: \$10 (past participants)**

**5 weeks, Tuesdays | \$62/\$50 (Dist. Res.)**

**4155.901** Beginning 5/3-5/31 7:30-8:30 pm

**4156.901** Intermediate 5/3-5/31 8:30-9:30 pm

5/17 class in Soroptimist Room.

**6 weeks, Tuesdays | \$74/\$60 (Dist. Res.)**

**4155.902** Beginning 6/7-7/19 7:30-8:30 pm

**4156.902** Intermediate 6/7-7/19 8:30-9:30 pm

**4155.903** Beginning 7/26-8/30 7:30-8:30 pm

**4156.903** Intermediate 7/26-8/30 8:30-9:30 pm

No class 6/14

Adult classes with this symbol qualify for Senior Club member discount.  
Interested in a Senior (50+) Club Membership? Call (925) 798-8788. 

## Line Dance

A combination of country-western, polkas, waltzes and Latin line dances for men and women. Partners are not required! Basics: for those brand new to Line Dance.

Beginners: must know basic steps. Note: please refrain from wearing heavy perfumes and scents. Instructor experiences perfume allergies.

Instructor: Millie Dusha

**Senior Center: Dance Studio**

**Drop in: 1 class \$5, 2 classes \$8, 3 classes \$10 (same day)**

Basics	Sa	8:15-9:00 am
Beginners	Sa	9:00-10:00 am
Improver	Sa	10:00-11:00 am
Intermediate	Sa	11:15 am-12:30 pm
No class 5/28, 6/4, 7/2, 7/30		

## Line Dance Socials

A combination of country-western, polkas, waltzes and Latin line dances for men and women. Partners are not required!

Instructor: Millie Dusha

**Senior Center: Chateau Hall**

**Admission: \$10 Drop-in**

5/22	Su	3:00-6:00 pm
7/17	Su	3:00-6:00 pm

## adult health & fitness

### Capoeira

Capoeira is Afro-Brazilian Martial Arts that combines music, fitness, acrobatics and self-defense. This is a fun way to get fit and learn a new culture. No experience necessary, wear comfortable clothes and bring water.

Instructor: Uriel Arauz

**Community Center: Dance Studio**

**8 weeks | \$112/\$97 (Dist. Res.)**

4631.901	5/4-6/22	W	7:30-8:45 pm
4631.902	6/29-8/17	W	7:30-8:45 pm

## Get Fit with Alison

Purchase a multi-fitness punch card and use it for any of the fitness classes offered by Alison Raphael-Klippel including Barre Plus, Pilates, Stretching for Everyone and Weight Training listed below. Do you have a vacation planned? Try a new class or work out more than once a week. Buy a punch card! Need to bring punchcard to class.

Instructor: Alison Raphael-Klippel, *Certified instructor in Barre, Pilates, Weight Training, Zumba and Group X*

**Punch cards (6 classes): \$81**

### BARRE PLUS

45-minute version of Strengthen from Within-Barre Plus combines the best of the Lottie Berk Method, ballet techniques and Pilates movement principles to provide an energizing, dance-based workout that strengthens, stretches and tones the whole body. It will leave you energized from head to toe. Bring mat, light weights (1-3 lbs) and sneakers.

**Community Center: Dance Studio 1**

**7 weeks | \$113/\$98 (Dist. Res.)**

4634.911	5/4-6/29	W	5:30-6:15 pm
4634.912	7/6-8/31	W	5:30-6:15 pm
No class 6/15, 6/22, 8/3, 8/24			

### PILATES

*14 yrs & up*

A new challenging workout that's fun and exciting! Bring the mind, body and breathing together while learning the fundamentals of Pilates. Learn muscular control, core awareness, coordination, flexibility and posture. Comfortable clothing; no shorts. Bring padded mat. Ball is optional. All levels.

Instructor: Alison Raphael-Klippel

**Community Center: McHale Room**

**6 weeks | \$80/\$65 (Dist. Res.)**

4688.901	5/9-7/11	M	5:30-6:30 pm
4688.902	7/18-8/29	M	5:30-6:30 pm
No class 5/30, 6/13, 6/20, 7/4, 8/1			

**Community Center: Dance Studio 1**

**7 weeks | \$90/\$75 (Dist. Res.)**

4690.901	5/5-6/30	Th	9:10-10:10 am
4690.902	7/7-8/25	Th	9:10-10:10 am
No class 6/16, 6/23, 8/4			

### STRETCHING FOR EVERYONE

Improve the health of your body by increasing the flexibility of your hips, shoulders, core and hamstrings. Improve the length of your muscles and range of motion in your hands and feet, fingers and toes, ankles and wrists. Open up and loosen your back and neck. Rejuvenate, refresh and re-energize the mind body and soul. Please bring a mat, pillowcase and water.

**Community Center, Dance Studio**

**7 weeks | \$90/\$75 (Dist. Res.)**

4634.901	5/5-6/30	Th	10:15-10:45 am
4634.902	7/7-8/25	Th	10:15-10:45 am
No class 6/16, 6/23, 8/4			

### WEIGHT TRAINING

Sculpt a better and healthier you with this total body workout. Wear workout clothes and shoes; bring two sets of hand weights.

**Winslow Center: Assembly Room**

**5 weeks | \$68/\$55 (Dist. Res.)**

4643.901	5/6-6/3	F	10:30-11:30 am
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**8 weeks | \$100/\$85 (Dist. Res.)**

4643.902	7/1-8/26	F	10:30-11:30 am
No class 8/5			



 Adult classes with this symbol qualify for Senior Club member discount. Interested in a Senior (50+) Club Membership? Call (925) 798-8788.

**Dance Mixx Jazzercise**

*Co-Ed (Ongoing, all levels)*  
Jazzercise is a pulse-pounding, beat-pumping fitness program that gets you results...fast. It's a calorie-torching, hip swiveling, Sharkira'd-be-proud dance party with a hot playlist to distract you from the burn. Customers can incinerate up to 800 calories in a 60 minute class. Additional class formats: Interval, Strike, Fusion and Core. Wear aerobic shoes and bring a mat.

**Winslow Center: Assembly Room**

AM M-Sa 9:00-10:00 am  
PM M-Th 5:45-6:45 pm

**Strength45**

Forge the tight, lean body you're looking for while the pulse-pounding playlist distracts you from the burn. Fire up the muscles, all of them, in this 45-minute hard core muscle sculpting strength workout. Register at class only.

Class owner: Annemieke Howsepan, call for fee information (925) 323-2522

**Winslow Center: Assembly Room**

M/W/Sa 8:05-8:50 am

**Fencing: The Ultimate Sport**

Fencing is a physical and mental challenge, developing mind and body while improving agility, alertness, balance, coordination, and competitiveness. Foils, plastrons/masks provided; bring equipment if possible. Teen 16-17, welcome with parent.

Instructor: James Parker

**Winslow Center: Assembly Room**

**Experienced Fencers**  
**Drop-in: \$7 per night/person**

4630.904 5/2-8/29 M 7:45-10:00 pm  
No class 5/30, 7/4

**Flex for Fitness**

Stretching and band resistance exercises. Can be done in a chair.

Instructor: Varies

**Senior Center: Classroom 1 & 2**  
**12 class "Anytime" Punch card: \$15**  
**Senior Club Members: \$12**

**Gentle Pilates**

Stretch and strengthen your body and mind with gentle therapeutic Pilates movements and sequences to help improve balance and coordination, build core strength and maintain muscle tone. Breathing exercises calm the mind, alleviate stress and anxiety and increase mobility and range of motion. Bring light weights, a pillow case and water.

Instructor: Alison Raphael-Klippel

**Senior Center: Dance Studio**

**7 weeks | \$90/\$75 (Dist. Res.)**  
**Senior Club Members: \$83/\$68 (Dist. Res.)**

2238.901 5/4-6/29 W 1:00-2:00 pm  
No class 6/8, 6/15

**8 weeks | \$100/\$85 (Dist. Res.)**  
**Senior Club Members: \$92/\$77 (Dist. Res.)**

2238.902 7/6-8/31 W 1:00-2:00 pm  
No class 8/3

**Goddess Fitness Workout**

A complete workout for any level of fitness, incorporating a cardio belly dance segment for heart health; pilates for strengthening and lengthening; and yoga stretches and poses for balance and well-being. No dance, pilates or yoga training is required!

Instructor: Sharifa

**Senior Center: Dance Studio**

**5 weeks | \$68/\$55 (Dist. Res.)**

4132.901 5/3-5/31 Tu 7:00-8:00 pm  
4132.902 6/7-7/5 Tu 7:00-8:00 pm

**Kick Boxing for Women**

Focus is on fitness and correct form. Learn stance, punch, kick, parry, and block techniques. Contact is on focus gloves, pads, and air-shields only. Includes stretching, shadow boxing, and drills. Plan to purchase 12-ounce boxing gloves (\$35) at first class. Wear sweats/running shoes; NO perfumes.

Instructor: John Castro

**Community Center: Soroptimist Room**

**6 weeks | \$74/\$60 (Dist. Res.)**  
4648.901 5/16-6/27 M 6:40-7:40 pm  
4648.902 7/11-8/15 M 6:40-7:40 pm  
No class 5/30, 7/4

**La Blast**

16 yrs & up

La Blast was created by Louis Van Amstel of "Dancing with the Stars" and "So You Think You Can Dance". It's Cardio Ballroom disguised as exercise! A variety of dances will be used...Salsa, Cha, Cha, Cha, Rumba, Tango, Swing Waltz as well as other dances to give you a great cardio dance workout. No experience necessary, no partner needed.

Instructor: Lois Davis, Certified LaBlast® instructor

**Senior Center: Dance Studio**

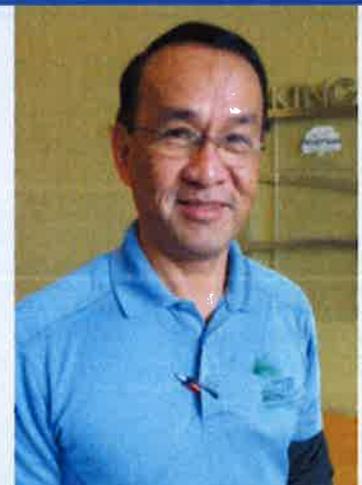
**5 weeks | \$68/\$55 (Dist. Res.)**  
4662.901 4/21-5/19 Th 7:15-8:10 pm

**6 weeks | \$80/\$65 (Dist. Res.)**  
4662.902 7/14-8/18 Th 7:15-8:10 pm

**Greatness Behind the Scenes**

Behind every beautiful District facility is a whole team of people who work all hours of the day and night to ensure our buildings are sparkling clean, well-maintained, set up and ready for the next meeting or event.

Rico Ross, Lead Custodian, is an outstanding member of this 'behind-the-scenes' Building Maintenance team. Since 2012, Rico, a former Technical Engineer, has taken great pride in keeping our facilities in top shape. He recently designed and implemented several new procedures and processes at the new Community Center to improve building maintenance scheduling and work flow management. His efforts have made a big impact on team communication and quality of service. Rico is dedicated to making difference in our community by maintaining beautiful spaces for us to come together.



Adult classes with this symbol qualify for Senior Club member discount. Interested in a Senior (50+) Club Membership? Call (925) 798-8788.



### Living Tai Chi

Instructor: Jasmine-rose Kam  
Senior Center: Dance Studio

#### FOUNDATIONS

For both beginners and experienced students. Strengthen and relax with tai chi and qigong. Healing movement and meditation promote balance and resilience throughout life.

8 classes | \$80/\$65 (Dist. Res.)  
Senior Club Members: \$73/\$58 (Dist. Res.)



2210.901 6/6-8/8 M 10:00 am-12:00 pm  
No class 6/27, 7/4

#### FOUNDATIONS & FORMS

Strengthen and relax with tai chi and qigong. Healing movement and meditation promote balance and resilience throughout life. With gentleness and grace we learn to harmonize mind, body and spirit with the art and discipline of tai chi movement. This class is for experienced students only. Prerequisite: Foundations Class.

8 classes | \$108/\$93 (Dist. Res.)  
Senior Club Members: \$99/\$84 (Dist. Res.)



2213.901 6/8-8/10 W 9:30 am-12:30 pm  
No class 6/29, 7/6

#### FOUNDATIONS & FORMS PACKAGE

Attend both Monday and Wednesday classes. Five hours a week of supervised practice provide ideal conditions to jumpstart your own daily practice.

4 weeks | \$94/\$79 (Dist. Res.)  
Senior Club Members: \$86/\$71 (Dist. Res.)



2218.901 6/6-7/13 M/W See times above  
2218.902 7/18-8/10 M/W See times above  
No class 6/27, 6/29, 7/4, 7/6

### Fit for Life

Low impact easy dance moves for a good cardio workout. Have lots of FUN while burning calories. Muscle conditioning and stretching are a key part of the program. Appropriate for all fitness levels.

Instructor: Tari Nicholson

Senior Center: Dance Studio  
5 weeks | \$40/\$35 (Dist. Res.)  
Senior Club Members: \$36/\$31 (Dist. Res.)



2214.901 5/3-5/31 Tu/Th 9:00-10:00 am  
2214.902 6/2-6/30 Tu/Th 9:00-10:00 am  
2214.903 7/5-7/28 Tu/Th 9:00-10:00 am  
2214.904 8/2-8/30 Tu/Th 9:00-10:00 am

Pepper Spray Clinic,  
see page 24



### Mixed Martial Arts

Bring out your cat-like attributes of speed, flexibility, endurance, timing, power, coordination, balance, and fluid motion! Non-classical combative martial arts training emphasizes physical fitness and self-defense. Methods incorporated: Kung-Fu, Boxing, Kick Boxing, Karate, and more. Contact is on pads and kicking shields. Wear sweats and running shoes. Plan to purchase 12-ounce boxing gloves (\$35).

Instructor: John Castro

Senior Center: Chateau Room  
5 weeks | \$62/\$50 (Dist. Res.)

4652.901 5/11-6/8 W 7:20-8:20 pm  
4652.902 6/15-7/20 W 7:20-8:20 pm  
4652.903 7/27-8/24 W 7:20-8:20 pm  
5/25 class in Senior Center, Classrooms.  
No class 7/13

### Nia® Body-Mind-Spirit Exercise

You'll be HOOKED! Get back in shape, maintain, or challenge your fitness level! Nia is cardiovascular fitness blending movements from dance, martial arts, and the healing arts. Full-body conditioning to increase flexibility, agility, and strength. Set to music ranging from new age, electronic, world music, and pop. Optional: towel or mat for cool down.

Instructor: Janet Kaufman

Community Center: Dance Studio 2  
6 weeks | \$80/\$65 (Dist. Res.)

4692.901 5/3-6/7 Tu 6:00-7:00 pm  
4692.902 6/21-7/26 Tu 6:00-7:00 pm  
4692.903 8/2-9/6 Tu 6:00-7:00 pm  
5/17 class in Community Center, Soroptimist Room.

### Stretch and Be Fit... With A Smile!

Designed to improve your balance and coordination with a wide variety of exercises including floor warm ups, resistance bands, simple yoga poses and dance moves. Energize your body, improve flexibility while developing mind-body concentration and releasing stress. Class ends with peaceful relaxation.

Instructor: Darlene Roth

Senior Center: Dance Studio  
8-week "any time" punch card  
8 weeks | \$66/\$57 (Dist. Res.)  
Senior Club Members: \$60/\$51 (Dist. Res.)



2230.901 6/14-8/16 Tu 11:00 am-12:00 pm  
2230.902 8/23-10/25 Tu 11:00 am-12:00 pm  
No class 7/5, 8/2, 9/6, 10/4

### Total Fitness

#### The Way to Energize & Vitalize

Work your body from head to toe, inside and out! A 10-minute warm-up; a 30-minute aerobic (cardiovascular) segment; then toning and strength training. Last, a cool down/stretch. Modifications given so every BODY can work at its own pace! Bring mat/towel, water bottle, hand weights.

Instructor: Christie Tomlinson

Community Center: Dance Studio 1  
7 weeks | \$111/\$96 (Dist. Res.)

4636.901 5/9-6/27 M 5:45-7:15 pm  
8 weeks | \$124/\$109 (Dist. Res.)  
4636.902 7/11-8/29 M 5:45-7:15 pm  
No class 5/30

### Touch for Health: Accupressure Self Care

Optimize your body's natural capacities to heal itself and stay healthy. Heal your body by activating its natural healing powers. Learn exercises to stabilize and maintain your energies. Discover how to stay grounded and protect yourself from negative energies (pollution, etc.). Increase your vitality by improving your energy, balance and posture. Boost your attitude awareness and presence to truly appreciate and enjoy what is happening in your life. This is a hands-on interactive class.

Instructor: Tra Boxer

Senior Center: Game Room  
8 weeks | \$98/\$85 (Dist. Res.)  
Senior Club Members: \$89/\$76 (Dist. Res.)



2220.901 6/6-7/25 M 6:00-7:15 pm



Adult classes with this symbol qualify for Senior Club member discount. Interested in a Senior (50+) Club Membership? Call (925) 798-8788.

## Weight & Strength

Enjoy the best combination of low impact training and strengthening all in one fun session. Improve your flexibility, strength, balance and well being. Appropriate for all fitness levels! Students should bring their own weights and floor mats. Try it out!

Instructor: Debbie Murdock

**Senior Center: Varies**

**6-class "Anytime" punch card: \$60**

**6 classes | \$60/\$48 (Dist. Res.)**

**Senior Club Members: \$55/\$43 (Dist. Res.)**

**2201.901** 5/2-5/19 M/Th 8:15-9:15 am

**2202.901** 5/2-5/19 M/Th 9:30-10:30 am

**2205.901** 5/2-5/19 M/Th 5:30-6:30 pm

*5/5 PM class will be held in Community Center, Republic Services Room*

**9 classes | \$87/\$72 (Dist. Res.)**

**Senior Club Members: \$80/\$65 (Dist. Res.)**

**2201.902** 6/2-6/30 M/Th 8:15-9:15 am

**2202.902** 6/2-6/30 M/Th 9:30-10:30 am

**2205.902** 6/2-6/30 M/Th 5:30-6:30 pm

**7 classes | \$70/\$56 (Dist. Res.)**

**Senior Club Members: \$64/\$50 (Dist. Res.)**

**2201.903** 7/7-7/28 M/Th 8:15-9:15 am

**2202.903** 7/7-7/28 M/Th 9:30-10:30 am

**2205.903** 7/7-7/28 M/Th 5:30-6:30 pm

**8 classes | \$79/\$64 (Dist. Res.)**

**Senior Club Members: \$73/\$58 (Dist. Res.)**

**2201.904** 8/1-8/29 M/Th 8:15-9:15 am

**2202.904** 8/1-8/29 M/Th 9:30-10:30 am

**2205.904** 8/1-8/29 M/Th 5:30-6:30 pm

*No class on 8/18*



## YOGA

### GENTLE YOGA

Get a complete workout of all your muscles while promoting healthy joint movement and challenging your balance. Yoga practice builds strength, improves flexibility, balance and promotes a sense of calm. Breathing naturally becomes deeper, slower and more regular, benefiting the cardiovascular and immune system. Bring a yoga mat and a light blanket, wear loose clothing.

Instructor: Maxine Davis

**Senior Center: Dance Studio**

**6 weeks | \$101/\$86 (Dist. Res.)**

**Senior Club Members: \$92/\$77 (Dist. Res.)**

**2235.901** 5/5-6/9 Th 10:30-11:30 am

**2235.902** 7/14-8/18 Th 10:30-11:30 am



### HATHA YOGA

Hatha Yoga is a path toward creating balance and uniting opposites. In our physical bodies we develop a balance of strength and flexibility. We learn to balance our effort and surrender in each pose. Offers powerful tools for self-transformation. Learn to bring attention to our breath, which helps us to still the fluctuations of the mind and be more present in the unfolding of each moment. All welcome. Great for beginners and advanced students.

Instructor: Linda Burkard

**Senior Center: Chateau Room**

**6 weeks | \$86/\$71 (Dist. Res.)**

**4656.901** 5/4-6/8 W 6:00-7:15 pm

**4656.902** 6/15-7/20 W 6:00-7:15 pm

**4656.903** 7/27-8/31 W 6:00-7:15 pm

*5/25 class in Senior Center, Dance Studio.*

## SUGI YOGA/GENTLE YOGA & MOVEMENT

ANYONE can do Sugi Yoga, even you! This non-traditional yoga style is a combination of Hatha Yoga and the Feldenkrais technique of movement. Learn gentle yoga postures, breathing exercises, and deep relaxation help relieve stress on three levels: spirit, mind, and body. Wear comfortable clothing; bring Yoga mat and pillow.

Instructor: Nancy Guzzaldo

**Winslow Center: Assembly Room**

**5 week sessions | \$68/\$55 (Dist. Res.)**

**Punch cards: \$72 (6 classes)**

**Drop-ins welcome: \$12**

**4637** 5/2-8/31 M-Th, Sa 10:30-11:45 am

*See website to review each session date.*

*No class 5/30, 7/4*

### YOGA STRETCH

You are as old as your spine is flexible. A regular yoga practice will improve and maintain flexibility, improve posture, prevent injury and relieve stress. Integrate basic yogic principles with modifications given to accommodate all levels. Yoga balances body, mind and spirit to reach optimal health and well-being. All abilities and beginners welcome. Wear loose clothing and bring a mat.

Instructor: Maxine Younger

**Community Center: Dance Studio 1**

**5 weeks | \$68/\$55 (Dist. Res.)**

**4649.901** 5/5-6/2 Th 6:00-7:10 pm

**4649.902** 6/9-7/7 Th 6:00-7:10 pm

**4649.903** 7/14-8/11 Th 6:00-7:10 pm

*5/26 and 8/4 class in Community Center,*

*McHale Room.*

## Online Classes

**PHRPD has teamed up with Ed2Go to offer you exceptional online educational opportunities.**

Enhance your skills at work, school and home. Certificates upon completion.

Courses include Accounting & Finance, Business, College Prep, Computer Technology, Health Care, Language & Arts, Teaching & Education and Personal Development.

**Register at:**

**[www.ed2go.com/pleasanthillrec](http://www.ed2go.com/pleasanthillrec)**



## Zumba® Dance Fitness

Let the music move your body for a super fun workout! We will use dance as well as fitness moves for a total body toning and cardio workout to rhythms from around the world as well as current pop hits! No previous experience required.

Instructor: Elaine Price, Zumba® Licensed Instructor

**Community Center: Dance Studio**

**Punch card: \$50 (6 classes) | Drop-in: \$10**

**4694** 5/6-8/26 F 10:00-11:00 am

*No class 5/27, 7/1, 7/8, 8/19*

## Zumba® Gold

Zumba® Gold is the low-impact version of this popular dance-fitness program. With easy-to-follow moves and exhilarating Latin rhythms, dance your way to improved cardiovascular fitness, balance and agility. Toning elements added to every class using weighted toning sticks (provided by instructor) to enhance rhythm, build strength and tone up! All fitness levels. Wear shoes without a heavy tread.

Instructor: Barbara Ward

**Senior Center: Dance Studio**

**8-class "anytime" Punch Card: \$60**

**1st timers trial class: \$5**

Monday 9:00-9:50 am

Friday 10:00-10:50 am

*No class 5/6, 5/30, 6/3, 7/4*



## adult sports and leagues

### Monthly Group Tennis Lessons

13 yrs & up

Top-quality classes begin on the first day of the month and run four consecutive weeks through the end of the month. Wear tennis shoes, bring racket and one unopened can of tennis balls.

Instructor: Joey Martinez

**College Park High School: Tennis Courts**  
320 Civic Drive (adjacent to Community Center parking lot)

#### BEGINNER/ADVANCED BEGINNER

Minimal skills and playing experience.

4 weeks | \$64/\$52 (Dist. Res.)

5565.803	4/7-4/28	Th	6:30-7:30 pm
5565.900	5/5-5/26	Th	6:30-7:30 pm
5565.901	6/2-6/23	Th	6:30-7:30 pm
5565.902	7/7-7/28	Th	6:30-7:30 pm
5565.903	8/4-8/25	Th	6:30-7:30 pm

#### INTERMEDIATE

Familiar with all basic strokes. Must be able to serve and maintain a rally. Improve consistency, learn placement and spin. Finish with a friendly competitive match to develop match toughness.

4 weeks | \$64/\$52 (Dist. Res.)

5566.803	4/7-4/28	Th	7:30-8:30 pm
5566.900	5/5-5/26	Th	7:30-8:30 pm
5566.901	6/2-6/23	Th	7:30-8:30 pm
5566.902	7/7-7/28	Th	7:30-8:30 pm
5566.903	8/4-8/25	Th	7:30-8:30 pm

### Private Tennis Lessons

Can't make our scheduled classes? Tell us when you and/or your partner are available for either one or six hours of instruction. To arrange lessons, call/email (925) 682-0896, [sgeorge@pleasanthillrec.com](mailto:sgeorge@pleasanthillrec.com).

Instructor: Joey Martinez

**College Park High School: Tennis Courts**  
320 Civic Drive (adjacent to Community Center parking lot)

#### PRIVATE LESSONS

Per hour, any age/level: \$71/\$57 (Dist. Res.)

Six 1-hour classes, any age/level:  
\$346/\$277 (Dist. Res.)

#### SEMI-PRIVATE LESSONS

Two per/same level; must register together.

Per person, per hour: \$38/\$30 (Dist. Res.)

Per person, six 1-hour classes:  
\$155/\$140 (Dist. Res.)

### Badminton Clinic for Beginners

Learn the correct basic skills and techniques of badminton: Basic gripping, footwork, strokes, serve and stance. Bring your own racket and feather birds required.

Instructor: Randy Piona

**PH Education Center Gym,**  
1 Santa Barbara Rd  
8 weeks | \$49/\$40 (Dist. Res.)

5720.xxx 4/26-6/14 Tu 6:00-7:00 pm



### 2nd Annual Cornhole Bag Toss Tournament

**Saturday, July 23, 2:00-10:00 pm**

Pleasant Hill Park, 147 Gregory Lane

- Two-Person Teams
- Individuals will be paired tournament day
- Three (3) matches guaranteed per team

#### Pre-Register Fees (by 7/18):

2 Person Team, \$20 / Individuals \$10

#### Event Day Registration Fees (after 7/19):

2 Person Team, \$30 / Individuals \$15

For more tournament information and registration forms visit [www.pleasanthillrecsports.com](http://www.pleasanthillrecsports.com).

For Youth Tennis, see page 20.

### Visit Sports Website: [pleasanthillrecsports.com](http://pleasanthillrecsports.com)

Get league registration packets, schedules, roster addition forms, field conditions, etc. from our sports website.

#### Leagues

- Basketball (3 on 3)
- Bocce
- Cornhole Bag Toss
- Flag Football
- Soccer (5 on 5)
- Softball
- Volleyball

For details, visit [pleasanthillrecsports.com](http://pleasanthillrecsports.com), call (925) 682-0896 or email [sgeorge@pleasanthillrec.com](mailto:sgeorge@pleasanthillrec.com)

### Drop-In Adult Sports

#### Basketball: \$5 per person

**PH Education Center Gym,**  
1 Santa Barbara Road

- Monday-Friday, 6:00-8:00 pm
- Sunday, 8:00-10:00 pm

#### Badminton: \$5 per person

**PH Education Center Gym,**  
1 Santa Barbara Road

- Sunday, 10:00 am-12:00 pm

#### Volleyball: \$5 per person

**PH Education Center Gym,**  
1 Santa Barbara Road

- Tuesday, 7:30-9:30 pm

#### Cornhole: \$5 per person

**Winslow Center, 2590 Pleasant Hill Road**

- Tuesday, 7:00-9:00 pm

## Explore your world with us!

Pleasant Hill Recreation & Park District Travel Services offer a variety of exciting adventures that allow you to experience unique cultures, gain broader perspectives and make new friendships in amazing, beautiful places in our great big world. We make traveling easy for all with all-inclusive, organized trips that optimize your travel experience.

No planning. No hassles. Just adventure.

**Where in the world do you want to go?**

Call our Travel Coordinator who will be happy to help you with your next travel adventure.

### TRAVEL OFFICE INFORMATION:

Travel Coordinator: Cassie Eternal

Phone: (925) 771-7636

Location: Senior Center, 233 Gregory Lane

Hours: Monday, Tuesday, Friday, 9:30 am–3:30 pm

Wednesday & Thursday, 9:30 am–12:30 pm



## From Exotic to Elegant NEW!

Travel to some of the most exotic and elegant places in the world!

### Wonders of Newfoundland

Discover a blend of natural beauty, quaint villages, stunning ocean views and friendly people on your exploration through Newfoundland. Taste flavors of the region during a lobster dinner on the beach and a traditional Jig's dinner. Board a cruise of Witless Bay Ecological Reserve in search of whales, puffins and other marine life. In Gros Morne National park, set off on an unforgettable cruise on a rare freshwater fjord. You will also take a pause at Point Amour and Long Point lighthouse to take in the sweeping views—you might even spot an iceberg! *Trip Option: Add a pre-night in Providence, Rhode Island, before your tour begins. Extra charges incurred. Call Travel Desk.*

**August 4–5, 2016**

**Cost: \$5,439 pp/double; \$6,239 pp/single**

### Tropical Costa Rica

Spend 10 days immersed in the vibrancy of the jungle! Dazzle your senses with experiential tours surrounding coffee, farm-to-table cuisine, craft beer, and spice cultivation. Enjoy an exhilarating Corobici River rafting adventure. Overnight at the foot of Tenorio Volcano. Discover Costa Rica's little-known indigenous population with a visit to the Maleku Indigenous Reserve. Explore the white sandy beaches of Manuel Antonio National Park, just minutes from your hotel. Behold the spectacle of the Villa Blanca Cloud Forest from your individual casitas. *Special Trip Option: Add 3-night Jungle Adventure post tour! Extra charges incurred. Call Travel Desk.*

**October 29–November 6, 2016**

**Cost: \$2,959 pp/double; \$3,409 pp/single**

### Elegant Ireland

See majestic castles, experience the rich Irish culture, meet the locals and behold those famous shades of green that stretch as far as the eye can see. This is Ireland. Enjoy two nights at Dromoland Castle including a formal evening that will truly make you feel like a royal! Overnight in the country at the Castlemartyr Resort and explore some of its 220 stunning acres. Gaze down upon the mighty Atlantic from the 700-foot Cliffs of Moher. Come to know Dublin and experience the world-famous beauty of the Ring of Kerry. Journey to Blarney Castle, lean back and kiss its famous stone! Book before September 23, 2016 and receive a \$200 discount per person.

**March 23–31, 2017**

**Cost: \$4,159 pp/double; \$4,859 pp/single**



### Experience the Best in American History: **NEW!** Exciting Travel Excursions Across North America

#### ROUTE 66—GET THOSE KICKS!

Travel down the historical “Main Street of America,” Route 66. Stop at Will Rogers Memorial Museum, listen to live music in Branson, view the infamous Cadillac Ranch installations and travel to Grand Canyon. Continue your Route 66 history lesson at Route 66 Association Hall of Fame and Museum. This guided 15-day cross-country Americana experience starts in Chicago and ends in Los Angeles, CA.

**May 22–June 5, 2016**

**Cost: \$4,495 pp/double; \$5,890 pp/single**

**ALASKA CRUISE**

Experience the best of Alaska on this 10-night cruise. First-time visitors and long time Alaska lovers alike will enjoy the breathtaking Alaskan scenery and abundant wildlife. Port of calls include Juneau and Skagway as well as many other exciting destinations. Extensive off-boat excursion options available. Experience summer in the land that "Looks North to the Future."

**August 9-19, 2016**

**Cost: Starting at \$2,839 pp/double for an Ocean View Stateroom**

**SAN DIEGO ADVENTURE**

Experience an Endless Summer with four nights in San Diego! Say 'hello' to a Panda, Arctic Fox and clouded leopard at the San Diego Zoo. Enjoy narrated Harbor Cruise of San Diego Bay. Explore Catalina Island and shop until you drop. Tour Avalon City and spend an evening to remember on the Queen Mary including dinner and overnight cabin aboard this historical vessel. Prices below reflect a motor coach trip; if you would like to fly, please call Travel Desk.

**September 5-9, 2016**

**Cost: \$1,599 pp/double; \$1,999 pp/single**

**ISLANDS OF NEW ENGLAND**

September 29-October 6, 2016

Take a leisurely tour of the East Coast beginning in beautiful Rhode Island. Visit a cranberry bog, Plymouth Rock, Martha's Vineyard and Plymouth Plantation. Choose between visiting the sand dunes or whale watching. Enjoy an authentic fresh lobster dinner! Limited re-packing required—stay in only two hotels along the way.

**September 29-October 6, 2016**

**Cost: \$2,999 pp/double; \$3,499 pp/single**

**COLORFUL TRAILS OF THE SOUTHWEST**

Includes Albuquerque Balloon Fiesta! Relive the Old West Days on this 10-day adventure! Enjoy quaint Western towns, scenic drives through National Parks and authentic western hotels. Meet Southwest eclectic artist, [who?] and visit his/her studio and see how the colorful back drop of the South West landscape is captured on canvas. Visit the Grand Canyon, Monument Valley, Arches National Park and Sangre de Cristo Mountains. Complete your tour with the famous Albuquerque Balloon Fiesta where thousands of colorful hot air balloons will fill in the sky.

**Dates TBD**

**Cost: \$3,595 pp/double; \$4,890 pp/single**



**NASHVILLE NEW YEARS**

Ring in 2017 in Nashville, Tennessee! Stay four nights at the fabulous Opryland Hotel decorated from top to bottom with electric lights for New Years. Tour the Studio "B" where Elvis first recorded a record, visit Johnny Cash Museum and take the Country Hall of Fame tour. Enjoy a hosted dinner at Wild Horse Saloon and party into the New Year on General Jackson Riverboat for dinner and dancing. Prices below include a Deluxe View of the Opryland Hotel decorations through the Courtyard.

Discounts available for opting out of this deluxe view package. This trip includes home pickup to and from the airport!

**Dates TBD**

**Cost: \$2,380 pp/double; \$2,980 pp/single**

**AMERICA'S MUSIC CITIES**

Enjoy a finger-snapping, toe-tapping time on a 8-day tour of America's most famed musical cities. Visit New Orleans, Memphis and Nashville as you revel in the sounds of the blues, jazz, country, and good old rock 'n' roll. Experience America's most singular city in New Orleans, home to the French Quarter and the world's great jazz musicians. Tour options: stroll through New Orleans' famous French Quarter with a local expert or take a city tour on a panoramic motor coach. Spend two nights in Memphis, "birthplace of the blues," tour Elvis Presley's Graceland and indulge in award-winning barbecue. Enjoy reserved seats at the Grand Ole Opry in Nashville, Tennessee and a backstage tour. Tour historic RCA Studio B and see where country legends recorded hit songs. A visit to the Country Music Hall of Fame is sure to have you humming long after you return home.

**April 21-28, 2017**

**Cost: \$3,169 pp/double; \$3,889 pp/single**

**50+ travel**

Pleasant Hill Recreation & Park District Travel Services offer special day trips and excursions for 50+ seniors. Meet new friends and have fun as you explore Northern California in the company of fellow travel enthusiasts. Non-Senior Club Members pay an additional \$10 for daytrips. **Not a Senior Club member yet? Stop by the Senior Center and sign up!**

**Senior Trip Meeting**

Want to learn more about senior trips? Attend a monthly Senior Trip Meeting to get a first look at our upcoming day trips, casino excursions and all-inclusive Air & Sea Travel Adventures. Many day trips and excursions sell out at the trip meeting! A waiting list is available in case of additional accommodations or cancellations. Meetings are the first Tuesday of the month, unless noted. We love suggestions to improve our travel program; bring your ideas to the meeting so we can continue to offer exciting adventures.

**Senior Center: Chateau Room**

**First Tuesday of the month, 1:00 pm**

**Please call Travel office at (925) 798-8747 (TRIP) to confirm dates.**

**50+ Day Trips & Excursions**

*Trips will be announced @ Trip Meeting, tickets go on sale three months before trip.*

- 8/28 . . . . Elkhorn Slough Safari
  - 9/3 . . . . Carmel Trip
  - 9/9 . . . . Campo Di Bocce
  - 9/17 . . . . Santa Cruz Follies
  - 9/23 . . . . Sausalito Floating Homes Tour
  - 10/3 . . . . Phantom of the Opera
  - 10/10 . . . . Fleet Week
  - 10/14 . . . . Patsy Cline... Always
  - 11/30 . . . . Poinsettia Farm & McHenry Mansion
  - 12/6 . . . . Beach Blanket Babylon Holiday
- Mystery Trips and Casino Trips are monthly.

**All senior enrichment, fitness and dance classes have been moved to the Adult section. See pages 22–30.** Look for classes with this symbol for “senior friendly” classes that qualify for a Senior Club Member discount. Interested in a Senior (50+) Club Membership? Call (925) 798-8788 to sign up.



## senior programs & events

### Pancake Breakfasts

Our monthly pancake breakfasts feature pancakes or French toast, eggs, sausage, orange juice and coffee. All ages welcome!

**1st Sunday of the month, 8:30–10:30 am**

May 1, June 5, August 7, September 4

**Tickets: Adults 11+: \$5**

**Children 5–10 yrs: \$3 • 4 & under Free!**

**Senior Center: Chateau Room**

### Laugh, Love & Learn

Senior Live Well Forum: A day full of educational and uplifting speakers, plus lunch. All funds raised benefit the Senior Center Care Management Program. For registration and more information, call the Senior Center at (925)798-8788. Buy tickets now! Event is a sell-out!

#### 2016 Featured Speaker:

“Bullying Doesn’t Just Happen in High School Anymore”

*Marsha Frankel, Clinical Director of Senior Services at JFCS.*

**Friday, May 6, 9:30 am–1:00 pm**

**Tickets: \$25 if registered by 4/22;**

**\$35 after 4/22**

**Senior Center: Chateau Room**

*Come Early for the Free Ultimate Senior Resource Fair from 8:30 am–1:00 pm.*

*Over 50 vendors from the local area and free giveaways!*

### FREE! Care Management Series

The Care Management Series brings a variety of topics from experts in our community. This series is sponsored by the Chateaus of Pleasant Hill. Presentations are free however space is limited so please reserve your spot by calling 798-8788.

**May 12:** Family Justice Center, presented by Usha Ramachandran, Site Director. This is a warm and welcoming one-stop center for people affected by domestic violence, sexual assault, elder abuse and other forms of abuse. If you think you know someone affected, come to the presentation to learn about valuable resources in our community.

### Vagabond Players

The Vagabond Players are back! Grab lunch before the play at our Chef’s Lunch (not included in ticket price), then watch this award-winning live theater group put on a show.

**June 3:** “LUV”

**September 2:** “The Trip to Bountiful”

**November 4:** “Jack Benny Isn’t 39 Anymore”

**Fridays, 1:30 pm**

**Tickets: Pre-sale: \$10; Day of: \$15**

**Senior Center: Chateau Room**

### 4th of July Pancake Breakfast & Boutique

All you can eat pancakes plus more. After breakfast, shop at our boutique sale filled with lots of handmade treasures.

**Monday, July 4, 8:00–10:00 am**

**Tickets: Adults 11+: \$5**

**Children 5–10 yrs: \$3 • 4 & under Free!**

**Senior Center: Chateau Room**

### Taste of the Vine—Summer Style

Kick off the weekend early! Wine, Margaritas, & light hors d’oeuvres will be served. Non-alcoholic beverages also available. Sponsored by The Chateaus of Pleasant Hill.

**Friday, July 29, 4:00–6:00 pm**

**Tickets: Pre-sale \$10;**

**Day of \$15 (based on availability)**

**Senior Center: Chateau Room**

**June 9:** If I drink that much water, I’ll have to go to the bathroom, presented by Lori Bastian, Chateau PH. Learn which fruits and veggies provide as much hydration as water without all the hassles. Samplings will be available as well as recipe ideas.

**July 14, August 11, September 8:** TBD

**2nd Thursday each month, 2:00–3:30 pm**

**Senior Center: Dining Room**

### Pleasant Hill Senior Center

233 Gregory Lane • (925) 798-8788

[www.phseniorcenter.com](http://www.phseniorcenter.com)

The award-winning Pleasant Hill Senior Club, sponsored by the Pleasant Hill Recreation & Park District, operates as a non-profit organization with an elected Board of Directors. Annual membership is open to men & women 50 years and over for \$15. Members receive a monthly newsletter and discounts on numerous classes and special events.

For more details on days and times of the following services and activities please visit the website at [www.phseniorcenter.com](http://www.phseniorcenter.com) and download a copy of the Senior Sounds monthly newsletter.

#### Senior Services:

- Care Management Program
- Consult an Attorney Program
- County Nutrition Program (CC Café/Meals on Wheels)
- iHelp (help for Mac, iPad, iPhone users)
- Medicare & Supplemental Insurance
- Policy Counseling (HICAP)
- Memory Screening
- Movie Library
- Notary Service
- Open Computer Lab
- Senior Peer Counseling
- Simple Wills Clinic
- County Connection Bus Tickets

#### Senior Center Activities:

- Amistad—Spanish Resource Group
- American Mah Jongg
- Boutique Group
- Bingo
- Bunco
- Chef’s Lunches
- Explorers Hiking Group
- Friday Flicks
- Marathon Bridge
- Men’s Corner—men’s discussion group
- Pathfinders Walking Group
- Pinochle
- Senior Bridge
- Tea Dance
- Tuesday Talkers—co-ed discussion group
- Wisdom Circles

## 3 Ways to Register Now!



**Online at [www.pleasanthillrec.com](http://www.pleasanthillrec.com)**  
Visa/MasterCard/American Express accepted.  
**No convenience fees for online registration!**



**Phone: 682-0896** M-F, 9:00 am-5:00 pm,  
VISA/MasterCard/American Express accepted.



**Walk-in:**  
Administration Office, 147 Gregory Lane, M-F, 9:00 am-5:00 pm.

## Registration Begins March 1

See class listings for exceptions to registration dates. **For refund info, visit [pleasanthillrec.com](http://pleasanthillrec.com).**

### ADMINISTRATIVE STAFF

Bob Berggren, *General Manager*  
Mark Blair, *Accounting Supervisor*  
Tom Bradley, *Park Superintendent*  
Katrina Hunn, *Recreation Supervisor*  
Lance Hurtado, *Recreation & Parks Manager*  
Susie Kubota, *Executive Secretary*  
Kendra Luke, *Senior Services Supervisor*  
Carrie Miller, *Building Maintenance Superintendent*  
Korey Riley, *Aquatics Supervisor*  
Tina Young, *Recreation Superintendent*

### CO-SPONSORED CLUBS & ORGANIZATIONS

For club information, visit [pleasanthillrec.com/clubs.html](http://pleasanthillrec.com/clubs.html)

- American Legion #331
- Contra Costa Camera Club
- Diablo Valley Track & Field
- Diablo Valley Macintosh User Group
- East Bay Artists Guild
- Friends of PH Library
- Guild of Quilters
- Las Juntas Artists
- Onstage Theatre
- PH Baseball Association
- PH DOG Owners Group
- PH 4th of July Commission
- PH Garden Study Club
- PH Historical Society
- PHMSA-AYSO Soccer
- PH Tennis Club
- P.H./W.C. Mothers' Club
- Rodgers Ranch Heritage Center
- Society of Young Magicians
- Veterans of Foreign Wars

### FACILITY & PARK LOCATIONS

**Administration:** 147 Gregory Lane  
M-F, 9:00 am-5:00 pm  
682-0896 • Fax 682-1633

**Community Center:** 320 Civic Drive  
M-F, 9:00 am-4:30 pm  
676-5200 • Fax 246-9842

**Senior Center:** 233 Gregory Lane  
M-Th, 9:00 am-4:00 pm; F, 9:00 am-3:00 pm  
798-8788 • Fax 798-8837

**Teen Center:** 147 Gregory Lane • 691-5645

**Park Maintenance Operations:**  
310 Civic Drive • M-F, 6:30 am-3:00 pm  
671-4649 • Fax 676-7628

**Paso Nogal Off-Leash Dog Park:**  
on Paso Nogal Road

**Rodgers Ranch Heritage Center:**  
315 Cortsen Road • [www.rodgersranch.org](http://www.rodgersranch.org)

**Winslow Center:** 2590 Pleasant Hill Road

Map of District Parks & Facilities available at [pleasanthillrec.com](http://pleasanthillrec.com).



### The Pleasant Hill Community

**Foundation** was founded in 1987 to promote and support educational, recreational, cultural and other activities for people living and working in the Pleasant Hill area. In addition to its other funds, the Foundation created the "Park Development Fund" to provide the Pleasant Hill Recreation & Park District monies to develop, protect, restore, and conserve our parks. It is organized under section 501(c)(3) of the Internal Revenue Code. Contributions are tax-deductible.  
**Details: [info@phcommunityfoundation.org](mailto:info@phcommunityfoundation.org)**



### AMERICANS WITH DISABILITIES ACT (ADA)

5% of rental fees and \$1 per person per class will be designated for facilities improvements and services to comply with the ADA. PHR&PD welcomes persons with disabilities. For information, call 682-0896.



Dear Friends of Pleasant Hill Recreation & Park District,

With mixed emotions, I write this last letter for The Spotlight. I will be retiring as Pleasant Hill Recreation & Park District General Manager at the end of May this year. I have been General Manager since 1987 and enjoyed every minute of serving the

District and our community. It has been a tremendous "run."

I was very fortunate to be able to take over the General Manager position from Ted Winslow, a great community supporter and mentor of mine. I was able to learn so much from him and would like to recognize his efforts for all he accomplished while serving the District. I would like to say a special thank you to the Board of Directors who have been so supportive of my position. And also thank the District staff for all their outstanding efforts in providing us with recreational programs, services, events and beautiful parks and facilities for the community to enjoy. What an excellent and hard-working group of people we have here at the District.

As I sign off for the final time, I encourage you to register early for our youth/teen summer camps—they will fill up quickly. I also highly recommend you attend our one-of-a-kind 'fabulous' fundraiser, Wine, Women and Shoes on Sunday, May 15th in the beautiful Perera Pavilion at the Community Center. Ticket information is on our website.

Thank you for your on-going support of the District. I look forward to seeing you around our community.

Sincerely,

Robert B. Berggren  
General Manager

### Mission Statement

*In order to serve the diverse recreational needs of individuals and families and to enrich the quality of life for all residents, the Pleasant Hill Recreation & Park District is committed to providing park facilities, open space, programs, and activities.*

### BOARD OF DIRECTORS

Sandra Bonato, *Chair* 938-5433  
Zac Shess, *Vice Chair* 212-6572  
Dennis Donaghu, *Secretary* 937-8283  
Bobby Glover, *Member* 954-7070  
Sherry Sterrett, *Member* 687-2888

### Board Meetings:

2nd & 4th Thursdays; 7:00 pm  
Administration Office, Conference Room,  
147 Gregory Lane

## MARK YOUR CALENDAR! Community Activities

For special event details and pre-registration deadlines, visit [pleasanthillrec.com](http://pleasanthillrec.com)

### Breakfast with Bunny

Saturday, March 19, 8:30-9:30 am  
1-10 yrs with parent. Enjoy pancakes and crafts with Bunny! Parent and child must both register by March 18.  
*Senior Center: Dining Room*  
**Admission: \$9.50/\$8.50 (Dist. Res.)**

### Easter Pancake Breakfast & Boutique

Saturday, March 26, 9:00-11:00 am  
*Senior Center: Chateau Room*  
**Admission: Adults (1+) \$5;  
Children (5-10) \$3; 4 & under Free!**

## "Egg" Citing Egg Hunt! SATURDAY, MARCH 26

### Pleasant Hill Park

**9:30 am-12:00 pm, rain or shine**  
Pre-registration required March XX by noon. Bring camera and Easter basket. Enjoy visits with the Easter Bunny, facepainting and more. Catch the Pleasant Hill Express running all morning. Find the GOLDEN TICKET to win a special prize! Dana Smith, Juggler and Music by Strawberry Fields.

Sponsored by Pleasant Hill Recreation & Park District and Pleasant Hill Lions Club

### Egg Hunt | \$6 per child

Check-in begins for all ages: 9:30 am

6160.801	0-3 yrs	10:30-10:45 am
6160.802	0-3 yrs	10:50-11:05 am
6160.803	4-6 yrs	11:15-11:30 am
6160.804	7-10 yrs	11:30-11:45 am

### Special Recreation Dances

Friday, April 8, 7:00-9:00 pm  
Dances specifically designed for adults with developmental disabilities.  
*Senior Center: Chateau Room*  
**Admission: \$7 per person (Caregivers free)**

### Literary Women

Saturday, April 16, 9:30 am-3:00 pm  
*Community Center: Perera Pavilion*  
**Purchase tickets:  
[literarywomen16.eventbrite.com](http://literarywomen16.eventbrite.com)**

### Laugh, Love and Learn

Friday, May 6, 2016  
See page 33.



## wine women & shoes®

Benefitting Pleasant Hill Recreation & Rehabilitation Services of Northern California

*Be there.  
Be fabulous!*

**Sunday, May 15, 2016**

2:00-6:00 pm • Pleasant Hill  
Community Center's Perera Pavilion

- Sip divine wines
- Savor delicious food bites
- Shop the latest in shoes & accessories
- Mingle with Shoe Guys
- Bid on one-of-a-kind auction items
- Kick up your heels for a fashion show

For more information, call  
(925) 771-7650 or email  
[Kluke@pleasanthillrec.com](mailto:Kluke@pleasanthillrec.com).



**Tickets now available**  
[winewomenandshoes.com/contracosta](http://winewomenandshoes.com/contracosta)

Thank you to our event sponsors:



### PHRec 4th of July Festivities

FREE! Fun & Games in PH Park,  
10:30 am-2:30 pm

**Keep Cool at the Pool**, 11:00 am-5:00 pm  
Splash ground open.  
*PH Aquatic Park*

**Special 4th Pancake Breakfast  
& Boutique**, 8:00-10:00 am  
*Senior Center: Chateau Room*

### Pleasant Hill Star Quest

Saturday, April 25, 7:00 pm  
Sunday, April 26, 2:00 pm  
*DVC: Performing Arts Center*  
**Admission:  
\$10 advance / \$5 (18 yrs & under)  
\$15 at door / \$10 (18 yrs & under)**

### Monthly Sunday Pancake Breakfasts

All ages welcome! See page 33.

### Summer Aquatic Events

See page 15.

**FREE! Pool Safety Day**  
Friday, June 17, 1:00-5:00 pm

**Friday Night Family Swim**  
June 24, 6:00-9:00 pm

**FREE! 7th Annual  
World's Largest Swimming Lesson™**  
Thursday, June 24,  
5:30-6:00 pm (*new time!*)

**Derby Day**  
July 15, race starts at 1:00 pm



147 Gregory Lane  
Pleasant Hill, CA 94523

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## AMERICAN IRON *Car Show*

**Sunday, August 14**  
**10:00 am–3:00 pm**

Pleasant Hill Recreation & Park District celebrates the 15th annual American Iron Car Show. Register your pre-80s car and enter competition. Entry fee: \$28

Register early! Downtown space is limited. Please call (925) 682-0896 for entry form and more details.

**Downtown Pleasant Hill**

## Family Camp Out

**Saturday, June 18**

Join us as Pleasant Hill Park becomes Camp Pleasant Hill. Celebrate Father's Day weekend with time outdoors as you introduce your kids to camping. Fun for the whole family! Includes activities, crafts, campfire with s'mores, music, and an outdoor movie. Includes hot dogs and hamburgers for dinner and donuts, juice and coffee for breakfast. Bring: tent, sleeping bags, chairs, flashlights, snacks, change of clothes, and personal items. NO pets. Call 682-0896, or visit [pleasanthillrec.com](http://pleasanthillrec.com).

**Check In: Saturday, 3:00 pm**

**Activities Begin 4:30 pm**

**Check-out: Sunday, 10:00 am**

**Pleasant Hill Park**

**Fee: \$15 per person**

6164.901 6/18 Sa/Su 3:00 pm–9:00 am



## Pleasant Hill's 7th Annual Blues & Brews Festival

**Friday, July 15**

**6:00–9:00 pm**

**Pre-Party Concert**

**Saturday, July 16**

**12:00–6:00 pm**

**Pleasant Hill Park**

**147 Gregory Lane**

Enjoy live blues music and draft brew tasting. Sign up by June 1 to participate in NEW Home Brew Making Competition. Winner selected at the event.

**Co-sponsors: PHR&PD  
and the Pleasant Hill  
Chamber of Commerce.**

**SEE WHAT'S NEW FOR 2016 AT:  
[www.bluesandbrewsfestival.com](http://www.bluesandbrewsfestival.com)**



## **MEMORANDUM**

TO: Board of Directors  
FROM: General Manager  
DATE: February 3, 2016  
RE: February 11, 2016 Board Meeting

---

### **To Establish an AD HOC Committee Regarding the Acquisition of Oak Park Boulevard Properties and Appointment of Two Directors to Serve on the Committee (ACTION)**

The General Manager is recommending that the District Board appoint an AD HOC Committee of two board members to work with the City of Pleasant Hill in the acquisition of the Oak Park property. It should be set up as an AD HOC Committee and the purpose would be short term to work with the City of Pleasant in the acquisition of the Oak Park property.



## **MEMORANDUM**

TO: Board of Directors

FROM: General Manager

DATE: February 4, 2016

RE: February 11, 2016 Board Meeting

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### **To Approve Going Out to Bid for the Pleasant Hill Park Pathway Renovation Project (ACTION)**

The Budget and Finance Committee met on Wednesday, February 3 and were presented various options regarding the pathway project at Pleasant Hill Park. These options included:

1. Concrete
2. A combination of asphalt and concrete
3. All asphalt

The committee discussed the various options including even consideration of going in-house to complete the work. The committee recommended that the best choice of this application for the pathways at Pleasant Hill Park is to go with the concrete option. This estimate has a cost of \$378,000 as the estimate. The committee and the General Manager at this time is recommending to go out to bid for the Pleasant Hill Park Pathway Project with concrete.

# MEMO

---

January 19, 2016

To: Bob Berggren, General Manager

From: Tom Bradley, Park Superintendent

Re: Pleasant Hill Park Pathway Replacement

Due to the estimates of over \$630K to repave the damaged pathways at Pleasant Hill Park with interlocking pavers, I have had estimates done for the repaving in concrete, concrete and asphalt combination and an all asphalt replacement.

1. 100% Concrete (27,000sq ft) \$378,000.
2. Concrete/Asphalt Combination (18,000sq ft concrete/ 9,000sq ft asphalt) \$315,000.
3. 100% Asphalt (27,000sq ft) \$189,000.

I have attached the estimates for this work and at this time I recommend that we go out to bid on options one and two.

# APCO

Lic. #808048

## PAVING COMPANY

(925) 827-9850 P.O. Box 6203  
(925) 680-0905 Fax Concord, CA  
94524-1203

### SERVICE PROPOSAL AND AGREEMENT

Phone: Submitted to: Pleasant Hill  
Rec.

Attn: Tom Bradley

Phone: 925. 671. 4649

Fax: 925. 285. 9484

Email: tbradley@pleasanthillrec.com

Work to be Performed at:  
310 Civic Dr  
Pleasant Hill , CA

Date: 12.17.2015

Proposal # 310

APCO Paving Company ("Service Provider") submits the following Proposal\* (including materials and labor\*\*) for grading, paving and/or related services:

1. Remove approx. 27,000 sf of asphalt in concrete area.
2. Install Rebar reinforcement , 18" inches on center.
3. Form and pour 27,000 sf, with 6" inches of concrete, light broom finish with deep joints and expansion joints in tree areas.

If you have any questions, please contact Tim @ (510) 586-9400.

Permits & bond not included – Petromat found in asphalt removal would be an additional dump charge.

All material is guaranteed to be specified and the above work to be performed in accordance with the drawings and specifications submitted for the above work and completed in a substantial workman like manner for the sum of:

**Total Cost: \$ 378,000.00 (payment due upon job completion)**

Any alteration or deviation from the above specifications involving extra costs will be executed only upon written orders and will become an extra charge over and above the estimate. All agreements contingent upon strikes, accidents or delays beyond our control. Owner to carry fire, tornado and other necessary insurance on above work. Worker's Compensation and Public Liability Insurance on above work to be taken out by APCO Paving.

**This Proposal may be withdrawn by us if not accepted within 90 days.**

"Notice to Owners" (Section 7019-Contractors License Law) Under the Mechanic's Lien Law, any contractor, subcontractor, laborer, material man or other person who helps to improve your property and is not paid for his labor, services or material has the right to enforce his claim against your property. Under the law, you may protect yourself against such claims by filing, before commencing such work or improvement, an original contract for the work or improvement or modification thereof, in the office of the county recorder of the county where the property is situated and requiring that a contractor's payment bond be recorded in such office. Said bond shall be in an amount not less than 50% of the contract price and shall, in addition to any conditions for the performance of the contract, be conditioned for payment in full of the claims of all persons furnishing labor, services, equipment or materials for the work described inside contract.

*Respectfully Submitted:*

### ACCEPTANCE OF PROPOSAL

The above Prices, specifications and conditions are satisfactory and are hereby accepted You are authorized to do the work as specified.

Payment will be made as outlined above.

SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

NAME: \_\_\_\_\_

COMPANY: \_\_\_\_\_

# APCO

Lic. #808048

## PAVING COMPANY

(925) 827-9850 P.O. Box 6203  
(925) 680-0905 Fax Concord, CA  
94524-1203

<b>SERVICE PROPOSAL AND AGREEMENT</b>
Submitted to: Pleasant Hill Rec. Attn: Tom Bradley Phone: 925.671.4649 Fax: 925.285.9484 Email: tbradley@pleasanthillrec.com
Work to be Performed at: 310 Civic Dr. Pleasant Hill, CA

**Date: 12.17.2015**

**Proposal # 310a**

APCO Paving Company ("Service Provider") submits the following Proposal\* (including materials and labor\*\*) for grading, paving and/or related services:

1. Remove approx. 9000 sf of asphalt in concrete area.
2. Install Rebar reinforcement , 18" inches on center.
3. Form and pour 18000 sf, with 6" inches of concrete, light broom finish with deep joints and expansion joints in tree areas.

If you have any questions, please contact Tim @ (510) 586-9400.

Permits & bond not included – Petromat found in asphalt removal would be an additional dump charge.

All material is guaranteed to be specified and the above work to be performed in accordance with the drawings and specifications submitted for the above work and completed in a substantial workman like manner for the sum of:

**Total Cost: \$ 315,000.00 (payment due upon job completion)**

Any alteration or deviation from the above specifications involving extra costs will be executed only upon written orders and will become an extra charge over and above the estimate. All agreements contingent upon strikes, accidents or delays beyond our control. Owner to carry fire, tornado and other necessary insurance on above work. Worker's Compensation and Public Liability Insurance on above work to be taken out by APCO Paving.

**This Proposal may be withdrawn by us if not accepted within 90 days.**

"Notice to Owners" (Section 7019-Contractors License Law) Under the Mechanic's Lien Law, any contractor, subcontractor, laborer, material man or other person who helps to improve your property and is not paid for his labor, services or material has the right to enforce his claim against your property. Under the law, you may protect yourself against such claims by filing, before commencing such work or improvement, an original contract for the work or improvement or modification thereof, in the office of the county recorder of the county where the property is situated and requiring that a contractor's payment bond be recorded in such office. Said bond shall be in an amount not less than 50% of the contract price and shall, in addition to any conditions for the performance of the contract, be conditioned for payment in full of the claims of all persons furnishing labor, services, equipment or materials for the work described inside contract.

*Respectfully Submitted:*

### ACCEPTANCE OF PROPOSAL

The above Prices, specifications and conditions are satisfactory and are hereby accepted You are authorized to do the work as specified.

Payment will be made as outlined above.

**SIGNATURE:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

**NAME:** \_\_\_\_\_

**COMPANY:** \_\_\_\_\_

# APCO

Lic. #808048

## PAVING COMPANY

(925) 827-9850 P.O. Box 6203  
(925) 680-0905 Fax Concord, CA  
94524-1203

### SERVICE PROPOSAL AND AGREEMENT

Submitted to: Pleasant Hill Rec.  
Attn: Tom Bradley  
Phone: 925.671.4649  
Fax: 925.285.9484  
Email: tbradley@pleasanthillrec.com

Work to be Performed at:  
310 Civic Dr.  
Pleasant Hill, CA

Date: 12.17.2015

Proposal # 310b

APCO Paving Company ("Service Provider") submits the following Proposal\* (including materials and labor\*\*) for grading, paving and/or related services:

1. Remove asphalt and concrete. Establish a minimum of 4" inches of road base
2. Install header boards.
3. Compact all base.
4. Install 3" inches of asphalt over 27,000 sf,

If you have any questions, please contact Tim @ (510) 586-9400.

Permits & bond not included – Petromat found in asphalt removal would be an additional dump charge.

All material is guaranteed to be specified and the above work to be performed in accordance with the drawings and specifications submitted for the above work and completed in a substantial workman like manner for the sum of:

**Total Cost: \$ 189,000.00 (payment due upon job completion)**

Any alteration or deviation from the above specifications involving extra costs will be executed only upon written orders and will become an extra charge over and above the estimate. All agreements contingent upon strikes, accidents or delays beyond our control. Owner to carry fire, tornado and other necessary insurance on above work. Worker's Compensation and Public Liability Insurance on above work to be taken out by APCO Paving.

**This Proposal may be withdrawn by us if not accepted within 90 days.**

"Notice to Owners" (Section 7019-Contractors License Law) Under the Mechanic's Lien Law, any contractor, subcontractor, laborer, material man or other person who helps to improve your property and is not paid for his labor, services or material has the right to enforce his claim against your property. Under the law, you may protect yourself against such claims by filing, before commencing such work or improvement, an original contract for the work or improvement or modification thereof, in the office of the county recorder of the county where the property is situated and requiring that a contractor's payment bond be recorded in such office. Said bond shall be in an amount not less than 50% of the contract price and shall, in addition to any conditions for the performance of the contract, be conditioned for payment in full of the claims of all persons furnishings labor, services, equipment or materials for the work described inside contract.

*Respectfully Submitted:*

### ACCEPTANCE OF PROPOSAL

The above Prices, specifications and conditions are satisfactory and are hereby accepted You are authorized to do the work as specified.

Payment will be made as outlined above.

SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

NAME: \_\_\_\_\_

COMPANY: \_\_\_\_\_



## **MEMORANDUM**

TO: Board of Directors  
FROM: General Manager  
DATE: February 4, 2016  
RE: February 11, 2016 Board Meeting

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### **To Approve Going Out to Bid for the Pleasant Hill Aquatic Park Pool Lighting (ACTION)**

The Budget and Finance Committee reviewed the replacement of the pool deck project and the General Manager indicated at this time we are submitting to the Land and Water Conservation grant program to split the costs of the renovation project for the pool. If awarded, the grant would start next winter. Aquatic Supervisor Korey Riley reported to get us through this year, we need replacement of three lights in the pool for approximately \$20,000. The Budget and Finance Committee recommended to go out to bid for the lighting project. The lighting project would have been part of the overall project for the deck renovation, but this won't affect next year's renovation. It will be less the cost of the three underwater lights.

The General Manager is recommending that the Board approve going out to bid for the underwater lights at the Pleasant Hill Aquatic Park.

# Memo

To: Robert B. Berggren, General Manager  
From: Korey Riley, Aquatics Supervisor II  
Date: January 27, 2016  
Re: Pool Deck Project Alternates

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I spoke with Nachi Madhavan of Jones & Madhavan for alternates to complete repairs to the Dive Pool underwater lights this winter. The lack of working underwater lights in the Dive Pool is a safety issue that must be addressed before programs resume in the spring. If we do not repair the Dive Pool underwater lights, we will have to modify programs to use only the Training Pool at dusk and beyond.

The cost estimate from Jones & Madhavan is \$19,600 to replace the 3 underwater lights on the west side of the Dive Pool. This is based on a design build project, with selected demolition of the deck for trenching and excavating the three existing lights, laying conduit, backfilling and covering with concrete. The project would also include a trench for conduit to connect the underwater lights to the existing electrical box near the filter room for power.

I received a previous estimate from National Aquatic Services for replacing all 5 Dive Pool lights for \$37,045.

Staff recommends proceeding with replacing the underwater lights before spring programs while pursuing grant funding and other sources for the pool deck replacement next winter.

**PLEASANT HILL AQUATIC PARK UNDERWATER LIGHT COST ESTIMATE**

DESCRIPTION	QNTY	UNITS	UNIT COST	SUB TOTAL	DIVISION TOTAL
<b>02 - SITE WORK</b>					
Concrete removal - 6" reinf exterior slab	240	SF	2.74	\$658	
Excavation & fill - hand to 6'	10	CY	47.73	\$477	
Excavation, fill & structural compaction	10	CY	31.28	\$313	
Concrete disposal - 5 miles	5	CY	14.55	\$73	
Sawcut - h surf 6" deck	480	LF	4.18	\$2,006	
					<b>\$3,527</b>
<b>03 - CONCRETE</b>					
Conc - 5" reinf SOG	240	SF	10.73	\$2,575	
Dowel - 5/8"	120	EA	31.13	\$3,736	
					<b>\$6,311</b>
<b>13 - SPECIAL CONSTRUCTION</b>					
Expansion joint & backer rod - 1/2"	20	LF	4.95	\$99	
Underwater light	3	EA	276.00	\$828	
					<b>\$927</b>
<b>16 - ELECTRICAL</b>					
Pool light conduit	240	LF	5.00	\$1,200	
					<b>\$1,200</b>
<b>DIVISION TOTAL</b>					<b>\$11,965</b>
<b>REGIONAL COST ADJUSTMENT</b>	<b>20%</b>				<b>\$2,393</b>
<b>SUB-TOTAL</b>					<b>\$14,358</b>
<b>DESIGNER'S CONTINGENCY</b>	<b>5%</b>				<b>\$718</b>
<b>SUB-TOTAL</b>					<b>\$15,076</b>
<b>OVERHEAD &amp; PROFIT</b>	<b>30%</b>				<b>\$4,523</b>
<b>TOTAL</b>					<b>\$19,598</b>

National Aquatic Services, Inc.  
 PO Box 2168  
 Brentwood, CA 94513



# Sales Quote

Sales Quote Number:

SQ-695

Sales Quote Date:

5/21/2015

Name / Address

Job Site

Pleasant Hill Park & Rec  
 147 Gregory Lane  
 Pleasant Hill, CA 94523

Pleasant Hill Recreation  
 Pleasant Hill Aquatic Park  
 147 Gregory Lane  
 Pleasant Hill, CA 94523

Description	Qty	Rate	Quote Total
Prevailing wage labor and materials to saw cut deck, trench for new pool light conduits, place new conduit, wiring, and j-boxes with monuments, and pull new lights. Customer has two new LED fixtures on site. Customer can provide the additional three lights or NAS can provide as option below.	1	34,000.00	34,000.00
LED 100' 120V FIXTURE (INCLUDES TAX) - NOTE CUSTOMER MAY PURCHASE THESE DIRECTLY.	3	515.00	1,545.00
Estimated Permits and Fees	1	1,500.00	1,500.00

Quote is valid for thirty days.  
 Permits and fees are the responsibility of the owner. Permit process can be facilitated by NAS on a time and materials basis.

**Quote Total** \$37,045.00

Please sign and return if approved.

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone #	E-mail	Fax #	Web Site
925-513-9025	coordinator@naspools.com	925-513-4941	NASpools.com



## **MEMORANDUM**

TO: Board of Directors

FROM: General Manager

DATE: February 4, 2016

RE: February 11, 2016 - Board Meeting

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### **To Approve Resolution 2016-02-11A, Finding the Pleasant Hill Aquatic Park Renovation Project to be Exempt from the Provisions of the California Environmental Quality Act (ACTION)**

In conjunction with the submittal of the grant to the Land and Water Conservation grant program, the Board of Directors need to approve the resolution and file a notice of exemption with the County on the pool decking renovation, electrical lighting, and the ADA requirements.

The General Manager is recommending approval of the notice of exemption and resolution.



# Board of Directors Resolution

PLEASANT HILL RECREATION & PARK DISTRICT  
COUNTY OF CONTRA COSTA, STATE OF CALIFORNIA  
BOARD OF DIRECTORS

**IN THE MATTER OF** **RESOLUTION 2016-02-11**  
**FINDING THE PLEASANT HILL AQUATIC PARK RENOVATION PROJECT TO BE EXEMPT**  
**FROM THE PROVISIONS OF THE CALIFORNIA ENVIRONMENTAL QUALITY ACT**

**THE PLEASANT HILL RECREATION & PARK DISTRICT BOARD OF DIRECTORS DOES FIND:**

**WHEREAS**, the Pleasant Hill Recreation & Park District (“District”) is a special district duly organized and validly existing under the laws of the State of California; and

**WHEREAS**, at a meeting of the Board of Directors of the District held on the 11<sup>th</sup> day of February, 2016 at 147 Gregory Lane, Pleasant Hill, California, a quorum being present, the following Resolution was adopted; and

**WHEREAS**, the District Board has reviewed the written material and oral presentation of staff concerning the proposed Pleasant Hill Aquatic Park Renovation Project; and

**WHEREAS**, the District Board has considered any written and oral comments of the public concerning such project,

**NOW THEREFORE, LET IT BE RESOLVED, DETERMINED AND ORDERED BY THE PLEASANT HILL RECREATION AND PARK DISTRICT BOARD OF DIRECTORS AS FOLLOWS:**

**SECTION 1.** The District Board finds that the Pleasant Hill Aquatic Park Renovation Project is exempt from the provisions of the California Environmental Quality Act (CEQA) pursuant to 14 CCR Section 15301. That section exempts from CEQA the minor alteration of existing public or private structures, facilities, mechanical equipment, or topographical features, involving negligible or no expansion of use beyond that existing at the time of the agency's determination of exemption, including restoration or rehabilitation of deteriorated or damaged structures, facilities, or mechanical equipment to meet current standards of public health and safety.

**SECTION 2.** District staff is authorized and directed to file with the Clerk of Contra Costa County a Notice of Exemption in accordance with the provisions of CEQA.

**PASSED, APPROVED AND ADOPTED** this 11th day of February 2016, by the following roll call vote

**AYES:**

**NOES:**

**ABSENT:**

\_\_\_\_\_  
Zac Shess, Chair

I hereby certify that the foregoing resolution was approved by the vote indicated herein above at the regular meeting of the Board of Directors on February 11, 2016.

\_\_\_\_\_  
Robert B. Berggren, Clerk of the Board

# NOTICE OF EXEMPTION

To: County Clerk  
County of Contra Costa

From: Pleasant Hill Recreation &  
Park District  
147 Gregory Lane  
Pleasant Hill, CA 94523

PROJECT TITLE: Pleasant Hill Aquatic Park Renovation Project

PROJECT LOCATION: Pleasant Hill Aquatic Park  
147 Gregory Lane  
Pleasant Hill,  
Contra Costa County, CA 94523

PROJECT DESCRIPTION: Renovation of pool decking, electrical lighting and ADA requirements.

PUBLIC AGENCY  
APPROVING PROJECT: Pleasant Hill Recreation & Park District

PUBLIC AGENCY CON-  
DUCTING PROJECT: Pleasant Hill Recreation & Park District

EXEMPT STATUS: Categorically exempt under 14 CCR Section 15301

REASON EXEMPT: The project is a renovation of the Pleasant Hill Aquatic Park existing at 147 Gregory Lane, a public facility site, involving negligible or no expansion of use, to renovate the pool deck, electrical lighting and ADA requirements to meet current standards of public health and safety.

LEAD AGENCY  
CONTACT: Robert B. Berggren, General Manager

TELEPHONE: (925) 682-0896

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Robert B. Berggren  
General Manager  
Pleasant Hill Recreation and Park District



## **MEMORANDUM**

TO: Board of Directors  
FROM: General Manager  
DATE: February 4, 2016  
RE: February 11, 2016 Board Meeting

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### **Local Agency Formation Commission (LAFCO) Elections**

There are two areas concerning the LAFCO election:

**a. To Approve Resolution, 2016-02-11B, Nominating Mike McGill of Central Costa County Sanitary District to Contra Costa Local Agency Formation Commission (LAFCO) (ACTION)**

Currently, Mike McGill is the LAFCO representative and is up for re-election. It was requested by Board Member Glover to place this on the agenda for consideration of support for Mike McGill in his re-election.

**b. To Select District's Voting Representative and Alternate to the LAFCO Election to be held April 18, 2016 (ACTION)**

Board Chair Zac is the normal representative, however, due to his schedule, he is recommending that Sherry Sterrett be selected as the voting representative and the Board needs to approve an alternate for the LAFCO election.



January 11, 2016

**TO:** Each Board Member and General Manager of Each Independent Special District in Contra Costa County

**FROM:** Lou Ann Texeira, LAFCO Executive Officer

**SUBJECT:** **Announcement of Upcoming Special District Vacancy on LAFCO, Call for Nominations and for Names of Voting Delegates**

This is to advise all independent special districts that the term of one special district member on the Contra Costa Local Agency Formation Commission (LAFCO) will expire on May 2, 2016. We are currently accepting nominations for this seat. The vacancy is for a regular member seat currently held by Michael McGill (Central Contra Costa Sanitary District), who will seek re-appointment.

Pursuant to Government Code Section 56332 and the Procedures for the Special District Selection Committee, both of which are enclosed, I am announcing the election and calling for nominations for the vacancy to be submitted to the LAFCO office by **March 6, 2016**. Please see attached 2016 Election Schedule.

The following summarizes the process.

**Selection Committee:** The Independent Special District Selection Committee (ISDSC) consists of the presiding officer (or his/her designee) of the legislative body of each independent special district. This group appoints the special district members of LAFCO.

Attached please find the current roster of the ISDSC, which was used in conjunction with the 2015 election. Please review and provide us with your designated voting representative for 2016. For those who did not respond in 2015, please provide us with the name of your District's presiding officer or voting designee (must be a board/trustee member). Please respond by **March 6, 2016**. Board action is not necessary to name your voting representative.

**Nominations:** Each candidate must be nominated by a Special District Board resolution and must be a board member/trustee of an independent special district. The nomination should include the name of the nominee and the district they serve. The nominating resolution must be submitted to LAFCO by the deadline of **March 6, 2016**. Each independent special district is entitled to nominate a maximum of one board member.

In accordance with established Procedures for the Special District Selection Committee, nominations (by Board resolution) may be made from the floor during the Selection Committee meeting, *but only if no prior nominations by resolution were submitted by any of the independent special districts.*

**Election Procedures:** A publicly noticed meeting of the Independent Special District Selection Committee is scheduled for **Monday, April 18, 2016 at 10:00 a.m.** in conjunction with the quarterly meeting of the Contra Costa Special Districts Association, to be held at the Central Contra Costa Sanitary District Multipurpose Room, located at 5019 Imhoff Place in Martinez.

Prior to the meeting, a list of candidates and nominating resolutions will be sent to each special district.

Official ballots will be distributed at the meeting on April 18. Please ensure that the presiding officer/designated alternate for your district will attend this meeting. . Only the presiding officer, or his/her Board designee can vote; staff members/counsel are not authorized to vote. ***Without a quorum of Independent Special Districts no action can be taken at the meeting to fill the vacancy, which would delay the election and inconvenience all parties.***

Prior to or at the election meeting, eligible nominated candidates may circulate a statement of qualifications. At the Selection Committee meeting, each candidate will be given an opportunity to make a brief presentation to the Selection Committee.

**Majority Vote:** For the Selection Committee to transact business on April 18, a quorum (50% plus one) of independent special districts must be present. Each district is entitled to one vote. We encourage presiding officers to attend; but if they cannot, we encourage each District to designate more than one Board member as a voting delegate in order to assure a quorum.

**Obligations of Service on LAFCO:** The Commission typically meets monthly on the second Wednesday. Meetings start at 1:30 p.m. and are generally over before 5:00 p.m. Most meetings are held in the County Administration Building in Martinez. A packet of materials to review for each meeting is distributed to Commissioners approximately one week prior to the meeting.

The Commission consists of two city members, two county members, two special district members and one public member, and an alternate member in each category. Alternates generally attend Commission meetings, participate in the deliberations and vote when a regular member in their category is absent or excused from voting. Commissioners are expected to represent all members of the public when sitting on LAFCO.

Please contact the LAFCO office if you have any questions or need additional information.

c: Each Member of the Commission

#### Attachments

1. Government Code Section 56332
2. Procedures for the Special District Selection Committee
3. 2016 Election Schedule
4. 2015 ISDSC Voting Delegates



# Board of Directors RESOLUTION

PLEASANT HILL RECREATION & PARK DISTRICT

147 Gregory Lane  
Pleasant Hill, CA 94523  
(925) 682-0896  
(925) 682-1633 fax  
pleasanthillrec.com

**PLEASANT HILL RECREATION & PARK DISTRICT  
COUNTY OF CONTRA COSTA, STATE OF CALIFORNIA  
BOARD OF DIRECTORS**

**IN THE MATTER OF** **RESOLUTION 2016-02-11B**  
**NOMINATING MIKE MCGILL OF CENTRAL COSTA COUNTY SANITARY DISTRICT TO  
CONTRA COSTA LOCAL AGENCY FORMATION COMMISSION (LAFCO)**

**THE PLEASANT HILL RECREATION & PARK DISTRICT BOARD OF DIRECTORS DOES  
FIND:**

**WHEREAS**, the Pleasant Hill Recreation & Park District is a member of Contra Costa Special District Association (CCSDA); and

**WHEREAS**, the Contra Costa Special District Association Representative is hereby nominated to serve on the Commission which adopts policy and governs the affairs of the Contra Costa Local Agency Formation Commission (LAFCO); and

**WHEREAS**, because Mike McGill has experience serving on LAFCO representing special districts and he is a resident of the Pleasant Hill Recreation & Park District, Mike will be a positive representative on the Commission of Contra Costa Local Agency Formation Commission (LAFCO); and

**THEREFORE, BE IT RESOLVED THAT** Mike McGill, Central Contra Costa Sanitary District Board Member, is hereby being nominated to serve for special district regular seat on LAFCO.

**PASSED AND ADOPTED ON** February 11, 2016, by the following vote:

**AYES:**  
**NOES:**  
**ABSENT:**

\_\_\_\_\_  
Zac Shess, Chair

I hereby certify that the foregoing resolution was approved by the vote indicated herein above at the regular meeting of the Board of Directors on February 11, 2016.

\_\_\_\_\_  
Robert B. Berggren, Clerk of the Board



## **MEMORANDUM**

TO: Board of Directors

FROM: General Manager

DATE: February 4, 2016

RE: February 11, 2016 Board Meeting

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### **Reports and To Set Board Committee Meeting Dates**

**a. Land and Facility Development Committee** - The Land and Facility Development Committee agenda is enclosed in your packet. They will be meeting on Feb. 9, 2016.

**b. Personnel Committee**

**c. Budget & Finance Committee** - The Budget and Finance Committee met on February 3, 2016

**d. Program Committee** - The Program Committee will be meeting on Monday, February 8, 2016.



147 Gregory Lane  
Pleasant Hill, CA 94523  
(925) 682-0896  
(925) 682-1633 fax  
pleasanthillrec.com

# Board of Directors AGENDA

PLEASANT HILL RECREATION & PARK DISTRICT

## MISSION STATEMENT

In order to serve the diverse recreational needs of individuals and families and to enrich the quality of life for all residents, the Pleasant Hill Recreation & Park District is committed to providing park facilities, open space, and programs and activities for all ages.

**Pleasant Hill Recreation & Park District  
Board of Directors  
Land and Facility Development Committee  
Tuesday, February 9, 2016  
3:00 p.m.  
Administration Office  
147 Gregory Lane, Pleasant Hill**

Chair: Bobby Glover  
Member: Sandy Bonato

1. Public Comment  
Five minutes may be allotted to each speaker and a maximum of twenty (20) minutes to each subject matter. The public may speak regarding agenda items at the time the matter is taken up. Non-agenda items can be addressed under Public Comment.
2. Presentation on Morning Harvest Farm
3. To Discuss Status of the School House, Chilpancingo Park, and the Winslow Center
4. Update on Gate at Dinosaur Hill Park

*Documents that are disclosable public records required to be made available under California Government Code Section 54957.5 (b) (1) and (2) are available to the public for inspection at no charge during business hours at our administrative office located at 147 Gregory Lane, Pleasant Hill, California.*

*The Pleasant Hill Recreation & Park District will provide reasonable disability-related modification or accommodations to a person who requires such in order to participate in the meeting of the Board of Directors. Please contact Susie Kubota (925) 682-0896 at least 48 hours before the meeting.*



# Board of Directors AGENDA

PLEASANT HILL RECREATION & PARK DISTRICT

147 Gregory Lane  
Pleasant Hill, CA 94523  
(925) 682-0896  
(925) 682-1633 fax  
pleasanthillrec.com

## MISSION STATEMENT

*In order to serve the diverse recreational needs of individuals and families and to enrich the quality of life for all residents, the Pleasant Hill Recreation & Park District is committed to providing park facilities, open space, and programs and activities for all ages.*

**Pleasant Hill Recreation & Park District  
Board of Directors  
Budget and Finance Committee  
Wednesday, February 3  
3:00 PM  
Administration Office  
147 Gregory Lane, Pleasant Hill**

**Chair: Zac Shess**  
**Member: Sandy Bonato**

1. Public Comment
2. To Consider Benefits for New Full Time Employees **(Action)**
3. To Consider Capital Projects **(Action)**
  - a. To Review Estimated Expenses for Pleasant Hill Park Pathway Renovation Project
  - b. To Review Estimated Expenses for Pool Deck Replacement Project

*Documents that are disclosable public records required to be made available under California Government Code Section 54957.5 (b) (1) and (2) are available to the public for inspection at no charge during business hours at our administrative office located at 147 Gregory Lane, Pleasant Hill, California.*

*The Pleasant Hill Recreation & Park District will provide reasonable disability-related modification or accommodation to a person with a disability who requires a modification or accommodation in order to participate in the meeting of the Board of Directors. Please contact Susie Kubota (925) 682-0896 at least 48 hours before the meeting if you require such modification or accommodation.*



# Board of Directors AGENDA

PLEASANT HILL RECREATION & PARK DISTRICT

147 Gregory Lane  
Pleasant Hill, CA 94523  
(925) 682-0896  
(925) 682-1633 fax  
pleasanthillrec.com

## MISSION STATEMENT

*In order to serve the diverse recreational needs of individuals and families and to enrich the quality of life for all residents, the Pleasant Hill Recreation & Park District is committed to providing park facilities, open space, and programs and activities for all ages.*

**Pleasant Hill Recreation & Park District  
Board of Directors  
Program Committee  
Monday, February 8, 2015  
4:00 p.m.  
Administration Office  
147 Gregory Lane, Pleasant Hill**

**Chair: Dennis Donaghu**  
**Member: Sherry Sterrett**

1. Public Comment

Five minutes may be allotted to each speaker and a maximum of twenty (20) minutes to each subject matter. The public may speak regarding agenda items at the time the matter is taken up. Non-agenda items can be addressed under Public Comment.

2. Spring/Summer 2016 Spotlight Review

Teen Activities and Special Events	Hunn
Seniors and Trips	Luke
Adult Classes	Frates
Preschool Activities	Young
Youth Activities and KIDSTOP	Young/Lischeske
Youth/Adult Sports and Fitness	Hurtado/Kubota
Aquatics	Riley
Front and Back Covers	Thoits

*Documents that are disclosable public records required to be made available under California Government Code Section 54957.5 (b) (1) and (2) are available to the public for inspection at no charge during business hours at our administrative office located at 147 Gregory Lane, Pleasant Hill, California.*

*The Pleasant Hill Recreation & Park District will provide reasonable disability-related modification or accommodation to a person with a disability who requires a modification or accommodation in order to participate in the meeting of the Board of Directors. Please contact Susie Kubota (925) 682-0896 at least 48 hours before the meeting if you require such modification or accommodation.*